

- Please do not measure yourself. Have someone measure you but not a tailor.
- Wear tight fitting comfortable clothing while measuring.
- Use a cloth measuring tape. Can be purchased at Wal-Mart
- Round up to the nearest 1/4 inch.
- Use the top of your belt as waist line. Dont wear belt while measuring
- When measuring "O" Hold arm in racing position and measure from shoulder tip to wrist, while taking the longest route you can, from shoulder tip, under elbow, then to wrist
- When measuring crotch, hold tight to body for all measurments

Name: _____

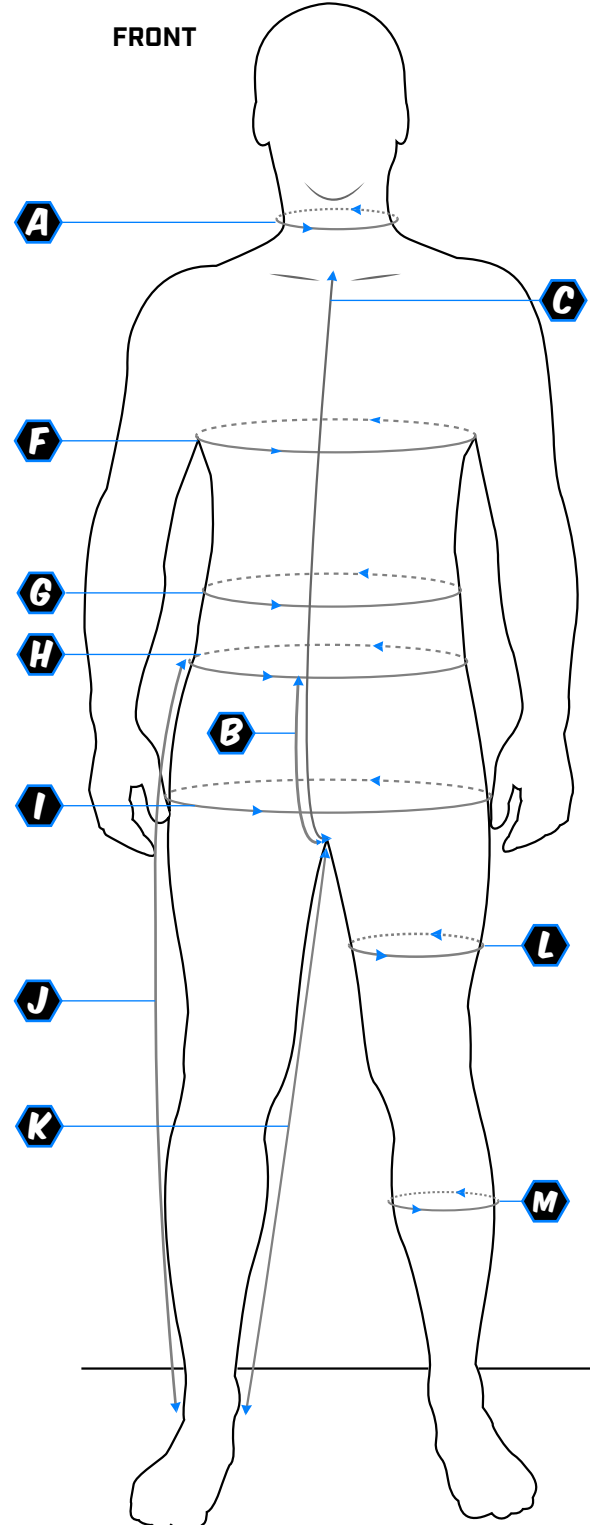
Height: _____ ft _____ in Weight: _____ lbs

- Nomex Sublimated Non Nomex
 Male Female Child
 Arm Restrants

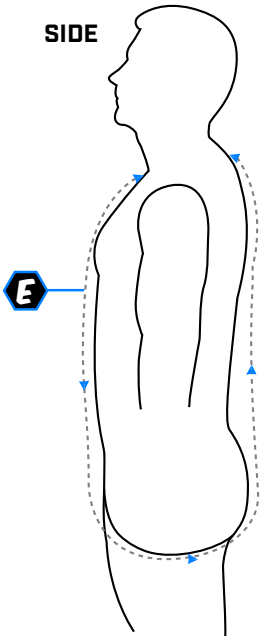
- A** _____ **Neck Circumference**- Measure around base of neck
B _____ **Front Rise**- Crotch seam to waist line
C _____ **Torso Length**- Crotch seam to middle of collar bones
D _____ **Back Length**- Crotch seam to base of neck from behind
E _____ **Loop Torso Length**- From middle of collar bone, down and around crotch seam up to base of neck
F _____ **Chest Circumference**- Around chest, arms down, deep breath
G _____ **Stomach Circumference**- Around widest part of stomach
H _____ **Waist Circumference**- Feet together, around waist at widest part
I _____ **Hips Circumference**- Feet together, around hips at widest part
J _____ **Outseam**- Waistband to ankle bone
K _____ **Inseam**- Crotch seam to ankle bone
L _____ **Upper Thigh**- Measure thigh paralell to floor
M _____ **Calf**- Measure around calf at widest part
N _____ **Shoulder tip to shoulder tip**- Across shoulders
O _____ **Shoulder tip to wrist**- Tip of shoulder to wrist bone. Driving Pos.
P _____ **Bicep**- Around the bicep flexed
Q _____ **Forearm**- Around the forearm

***WE ARE NOT responsible for client measurment mistake. Read instructions carefully, contact us with any questions.**

FRONT



SIDE



BACK

