

**SUNDAY
SEPT 18
2022**

12th Annual
**BOSTON
LOCAL
FOOD**



FESTIVAL



**Digital Program
100% Clickable!**

New England's Largest One-Day Farmer's Market

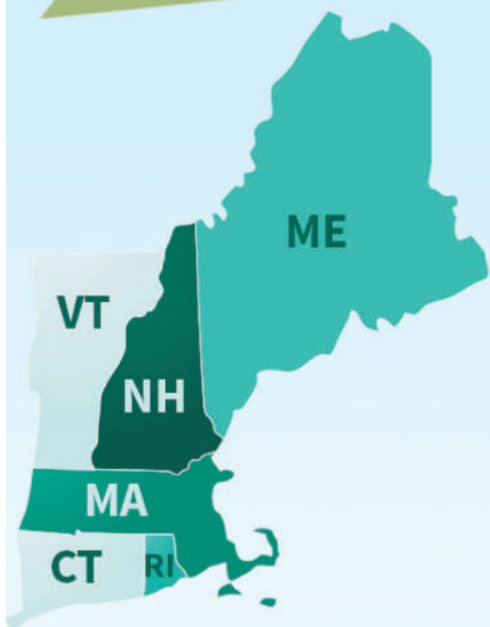


bostonlocalfoodfestival.com . #blff22

Why Buy Local?

Local Businesses...

- are more likely to choose local banks, media & suppliers
- create more, higher quality jobs & provide better service
- lessen environmental impact by decreasing shipping distance
- are committed to the long-term success of their community



A **5%** increase in New England food consumption would translate into a net benefit of **\$100 million**



How much stays in the local economy when you spend **\$100** at...

Local Store: **\$48**
Chain Store: **\$14**
Online Store: **\$1**



When you spend **\$1** on food, how much goes to the farmer?

Local Food: **90 cents**
Non Local: **27 cents**





BOSTON LOCAL FOOD

Healthy Local Food for All!

A Program of Sustainable Business Network (SBN)

SCHEDULE

- 11:00 - 11:30am** Cooking Demo - *Vanessa Kazadi, Beraka Juice: Smoothies*
- 12:00 - 12:30pm** Cooking Demo - *Kalpna K, Kay's Curries: One-pot Masala Kichadi*
- 12:30 - 2:30pm** Seafood Throwdown
- 1:00 - 1:30pm** New England Village- *Meet the Authors of Food Solutions New England's New England Food Vision*
- 1:00 - 1:30pm** Cooking Demo - *Brian Ruhlmann, Craic Sauce: Homemade Hot Sauce*
- 2:00 - 2:30pm** Family Fun Zone - *Afro Dance Session*
- 2:00 - 2:30pm** Cooking Demo - *Suman Rathore Shah, Fork on a Road: Vegetarian Meals*
- 3:00 - 3:30pm** Cooking Demo - *Lei Nichols, Wise Mouth Teas - Chinese Medicinal Teas*

Activities presented by:



←
Scan for the
full schedule!
[Click here!](#)

[Click here!](#)
Follow along
on Instagram!





Presented by





Map Key

① New England Village	i Information	🚲 Bike Racks
② Family Fun Zone	P Parking	R Restaurants
③ Seafood Throwdown	SF Specialty Food	EX Exhibitors
④ Chef Demos	FT Food Trucks	💧 Water Fountain
	♿ Restrooms	
W.M.A Food Processing Center	Genuine Local	



VENDOR LISTING BY ZONE



ZONE A

Boston Area Gleaners
Cambridge Naturals
Craic Sauce
Edible Boston
Galactic Hobo Hot Sauce
KOY
Mosi Vegan Catering
Nana's Special Sauce
NOBL Beverages
Planted Donuts
Prophecy Chocolate
Quicksilver Baking Company
Raja Rani
Soul Good Confections
Tea Station
Wicked Bess
Wise Mouth

ZONE B

Ackermann Maple Farm
Backyard Garlic
Beth Bakes
Boston Food Forest Coalition
Crooked Stick Pops
Family Fun Zone
Flat Mentor
50by60 Gallery
Green Crab
Heiwa Tofu
Kays Curries
Kuya's Cooking
Massachusetts Healthy School
Lunch Coalition
New England Village
Painting As Art & Ritual
Red Apple Farm
Sisters of Anarchy Ice Cream
Tasty Tops
The NADA Cart
The Trustees
Yamacu
Young Burna Dancing
Zaaki



ZONE C

Curio Spice
 Del Sur, LLC
 Double Chin
 Eloti Street Corn
 Fork on a Road
 Gentles Cuisine
 Hale Bone Broth
 Matunuck Oyster Bar
 Mocha Connection
 Nirvana Restaurant
 Onebitesweet
 Progressive Investors Network
 Seafood Throwdown
 Shrubblly
 The Local Scoop
 Town Farm Tonics

ZONE D

American Vinegar Works
 Aqua ViTea
 Barry's Hot Sauce
 Beraka Juice
 C.R.E.A.M.
 Cooking Demos
 Enviro-Tote
 Forestopia
 Ginger Gems
 Griffin Hall
 Hometown Poke
 Little Leaf Farm
 Little Maven Lemonade
 Lost Art Cultured Foods
 MDAR
 Mela Restaurant
 Natural Awakenings
 New City Microcreamery
 Pollard's Texas Que
 R&S Jamaican
 Rock Harbor Shellfish Co.
 Sakonnet River Company
 Simple Sips Cocktail Mix
 Tasting Counter

The Bone Sauce
 Taza Chocolate
 Whoo(pie) Wagon

SHARED TENTS

W. MA Food Processing -



Greenfield, MA - Members:

Cape Cod Howlin Hot sauce
 Everything Cheeze
 Joe Czajkowski's Farm
 La Cebolla Roja
 Manyi Juice
 Smokey Divas
 Unk's Island Blend
 Yvesta Dor/GoodieKrunch

Genuine Local



Laconia, NH - Members:

Big Dog Sauce Company
 Dandido Sauce
 Lemongrass by Chef Ooh
 New England Mustard Co.
 Waldo's Pepper Hot Sauce
 Winnepesaukee Woods Farm

VENDOR LISTING

Ackermann Maple Farm – Cabot, VT

Maple Syrup, Sugar, and Cream

Sourcing: From their own farm

American Vinegar – Worcester, MA

Vinegars - small batch, barrel aged

Sourcing: Harpoon Brewery, Mayflower Brewery, Pony Shack Cidery

Aqua ViTea – Middlebury, VT

Kombucha and Infused Seltzers

Sourcing: Champlain Apples, Stone Leaf Teahouse

Backyard Garlic – Eliot, ME

Garlic and Garlic Powders

Sourcing: Fat Peach Farm, Willoughby Farm

Barry's Hot Sauce – Cambridge, MA

Hot Sauces

Sourcing: Christina's Spice Store, Holden Produce, Hutchins Farm

Beraka Juice – Winthrop, MA

Organic juices, acai bowls and smoothies

Sourcing: Old Friends Farm

Beth Bakes – Warren, RI

Artisinal Crackers

Sourcing: Newport Sea Salt, Stonybrook Farms,

Big Dog Sauce Co. – Hillsborough, NH

BBQ Sauces

Sourcing: McClure's, Mike Beam, Wyman's

The Bone Sauce – Shrewsbury, MA

Chicken Wing Sauce - national award-winning

Sourcing: Backyard Garlic, Cabot Creamery

Boston Area Gleaners – Acton, MA

Food Recovery Volunteer Opportunities

Sourcing: Local Farms

Boston Food Forest Coalition – Cabot, VT

Neighborhood food gardens - apple press

C.R.E.A.M. – Stoneham, MA

Ice Cream Cake Slices

Sourcing: Cabot Creamery, Hood Milk, Red Apple Farm

Cambridge Naturals – Cambridge, MA

Locally-sourced Grocery Items

Cape Cod Howlin Sauce – Orleans, MA

Hot Sauce

Sourcing: Marty's Local

Craic Sauce – Lowell, MA

Flavor-forward Hot Sauces

Sourcing: Hudson Hives, Hutchin's Farm, North of Boston Farm

Crooked Stick Pops – Easthampton, MA

Ice Pops - from natural, local ingredients

Sourcing: Apex Orchards, Burn Hill Farm, Warner Farm

Curio Spice – Cambridge, MA

Spices & spice blends

Dandido Sauce – Manchester, NH

Hot sauce

Sourcing: McClure's Honey, Old Dutch Vinegar, Western Harvest

Del Sur – Lowell, MA

Empanadas - Argentine style
Sourcing: American Vinegar Works, Chase Hill Farm, Fatmoon Mushroom Farm

Double Chin – Boston, MA

Noodles, fried rice, smoothies, & moon cakes
Sourcing: Wilson Farm, Chang Farm, Crescent Ridge Dairy, Belmont Acres Farm

Edible Boston – Boston, MA

Culinary Magazine

Eloti Street Corn – Revere, MA

Mexican corn on the cob & drinks
Sourcing: Stillman's Farm

Enviro-Tote – Londonderry, NH

Sustainable Canvas Bags

Everything Cheeze – Waltham, MA

Cashew-based parmesan alternative

Flats Mentor Farm – Lancaster, MA

Produce from World Farmers
Sourcing: From their own Farms

Forestopia – Brattleboro, VT

Nuts, Flours, Oils, Teas, Syrups, & Spices

Fork on a Road – Boston, MA

Ready-to-Cook Meal Kits
Sourcing: Curio Spice Co., Baer's Best Beans, Seven Hills Pasta Co.

Galactic Hobo Sauce – W. Springfield, MA

Hot Sauces with Unique Tastes
Sourcing: Andler Packaging Group, Gooseberry Farms, Simos Produce

Find local food & farms near you

Eat Local MA

Massachusetts grown...and fresher!

SCAN ME

www.bostonlocalfood.org

FISH & MEN

October 18th 6:30 pm

FRESH SUSTAINABLE

BYCATCH IMPORTED FROZEN LOCAL SUPPLY DEMAND

presented by SBN

The Brattle

SCAN ME

THE HIGH COST OF CHEAP FISH

FISH & MEN PRODUCTIONS PRESENTS A FILM BY DARBY DUFFIN & ADAM JONES

www.bostonlocalfood.org

Gentles Cuisine – Lowell, MA
Caribbean, Italian, African, and Mexican Meals

Ginger Gems – Watertown, MA
Candied ginger

Griffin Hall Farms – Townsend, MA
Microgreens
Sourcing: From their own Farms

Green Crab – Providence, RI
Developing culinary markets for the invasive green crab - Touch Tank

Hale Bone Broth – Hanover, MA
Beef Bone Broth - 100% grass-fed

Heiwa Tofu – Rockport, ME
Grilled Tofu with Sesame Garlic Sauce
Sourcing: Aurora Mills

Hometown Poke – Providence, RI
Poke Bowls - Hawaiian-inspired

Joe Czajkowski's Farm – Hadley, MA
Veg noodles and Diced Butternut Squash

Kays Curries – Melrose, MA
Ready-to-cook Kits for Delicious Indian food

KOY – Boston, MA
Street Noodles, Dumplings, & More
Sourcing: Ingaldsby Farm, Smolak Farms

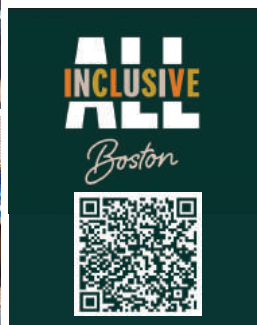
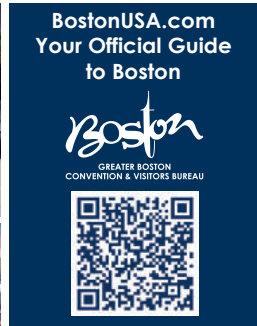
Kuya's Cooking – Everett, MA
Filipino Cuisine - Fast-Casual

La Cebolla Roja – Scarborough, ME
Pickled Red Onions

Lemongrass – Moultonborough, NH
Salad Dressings & Sauces - by Chef Ooh
Sourcing: McClure's, Western Harvest

Little Leaf Farm – Devens, MA
Lettuce
Sourcing: Ken's Dressing

Little Maven Lemonade – Warren, RI
Multicultural lemonade



The Local Scoop – Orleans, MA

Ice Cream & Frozen Yogurt Bars -
Sourcing: CBI Farm Mint, Chequessett, Cabot
Candy, Cape Cod Beer, Cape Cod Sea Salt, E&T
Honey, Truro Vineyards

Lost Art Cultured Foods – Charlestown, MA

Organic Sauerkraut and Ferments

Manyi Juice Co. - Boston, MA

Juices - Iron Boosting Health Drinks

**Massachusetts Healthy School Lunch
Coalition**

Family Fun Zone Activities

Matunuck Oyster Bar – S. Kingstown, RI

Oysters, Clams, Shrimp, Lobster rolls
Sourcing: Twin Shellfish,

**Massachusetts Department of
Agriculture – Boston, MA**

MELA Restaurant – Boston, MA

Indian Cuisine

Mocha Connection – Westford, MA

Coffees - Roasted Whole-bean/Pre-packaged

Mosi Vegan Catering – Stoneham, MA

Natural Spice and Sauces
Sourcing: Dick's Market Gardens

The NADA Cart – Boston, MA

Empanadas
Sourcing: Laughing Bird Organic, LINGUIÇA

Nana's Special Sauce – Boston, MA

Maple Syrup-Based Breakfast Sauce

Natural Awakenings – Boston, MA

Health Magazine

New City Microcreamery – Hudson, MA

Ice Cream - Hand-scooped

New England Mustard Co. – Laconia, NH
Mustards

Sourcing: Mike Beam, Ocean Spray, Old Dutch
Vinegar

Nirvana Restaurant – Cambridge, MA

Indian Cuisine

NOBL Beverages – Seabrook, NH

Coffee, Tea, & Specialty Drinks - Cold-Brew
Sourcing: Brannon Family Farms, Hood Dairy

Onebitesweet – Sherborn, MA

Turkish Baked Goods & Coffee
Sourcing: Cabot Creamery, King Arthur Flour

Painting As Art & Ritual – Cambridge, MA

Face Painting

Planted Donuts – Lowell, MA

Donuts - plant-based, vegan-friendly
Sourcing: King Arthur Flour, Taza Chocolate,
Vermont Village

Pollard's Texas Que – Medfield, MA

Mouth-watering Texas classics

Progressive Investors Network

Proud Sponsor

Prophecy Chocolate – Boston, MA

Sourcing: Healing Spirits Herb Farm, Lands
Sake Farm, New Leaf Tree Saps

Quicksilver Baking Co. – Waltham, MA

Rugelach Baked Goods - Frozen
Sourcing: Baldor Foods, Cabot Creamery, King
Arthur Flour

R&S Jamaican – Boston, MA

Caribbean Cuisine

Raja Rani – Quincy, MA

Indian cuisine

Red Apple Farm – Boston, MA

Cider Donuts, Apples, Kettle Corn, & more

Rock Harbor Shellfish Co. – Orleans, MA

Sea Scallops - Fresh from their Day-boat

Sourcing: Their Boats and The Outlaw

**Sakonnet River Company –
Warren, RI**

Hand Carved Wine Trays

Shrubby – Hinesburg, VT

Sparkling Shrubs Sodas

Sourcing: From their own Farm

Simple Sips – North Andover, MA

Cocktail Mixes - pre-made, non-alcoholic

Sisters of Anarchy – Burlington, VT

Ice Cream - farm-to-cone

Sourcing: Champlain Valley Apiaries, Fisher Brother Farms, Kingdom Creamery, Wellness Syrups

Smokey Divas – Pittsfield, MA

BBQ Sauce - mild, medium, & hot varieties

Soul Good Confections – Saugus, MA

Caramel candies & Dessert Sauces - Gluten-free, vegan, dairy, & preservative free

Sourcing: Andler Packaging, Jedwards International

Tasting Counter – Somerville, MA

Misos, Hot Sauces, Preserves, Vinegars, Beverages, Sweeteners, & More

Tasty Tops – Cambridge, MA

Indian Dosas with Savory Toppings

Taza Chocolate – Somerville, MA

Chocolate Discs and Bars - stone-ground

Tea Station – Boston, MA

Bubble tea & Smoothies

Sourcing: Boston Honey Company

Town Farm Tonics – Westport, MA

Small-batch Elderberry Syrup & Fire Cider

Sourcing: Merrimack Valley Apiary, Robert's Precut

The Trustees – Boston, MA

Lawn Games & Nature Crafts

Unk's Island Blend – New London, CT

Caribbean Jerk Seasoning

Sourcing: Pezzello Brothers Market, The Spice Mill



Waldo's Pepper – Effingham, NH

Craft Hot Sauce
Sourcing: Mike Beam, Old Dutch Vinegar,
Western Harvest

Whoo(pie) Wagon – Topsfield, MA

Moon Pies
Sourcing: Local Creameries

Wicked Bess – Revere, MA

Shrub Sodas and Cocktail Mixers

Winnepesaukee Woods – Alton Bay, NH

Dressings, Salsas, Relishes & Sauces
Sourcing: Picnic Rock Farm, Red Manse Organic
Farm

Wise Mouth Teas - Rockland, MA

Chinese Medicinal Teas and Ferments

Yamacu - Dorchester, MA

West-African Fusion Food and Beverages
Sourcing: Freitas Farm, Tangerini's Farm,
Foppemas Farm, Dick's Market Garden, The
Neighborhood Farm, West River Creamery, Red
Fire Farm

Yvesta Dor – Westborough, MA

GoodieKrunch® Coconut Snack

Zaaki – Allston, MA

Middle eastern Koshari
Sourcing: Old Friends Farm

CLARKE IS PLEASED TO SPONSOR
THE BOSTON LOCAL FOOD FESTIVAL

*Without Jeremy, it
wouldn't be Clarke.*



Your time with a Clarke Consultant is the most valuable part of your kitchen journey. While they're not designers, these are the people designers call on when it comes to appliance recommendations. You won't buy anything at Clarke, so there's simply no pressure. What you can do is compare more Sub-Zero, Wolf and Cove models than anywhere in New England. And explore a living portfolio of kitchens created by the region's top designers. You'll leave inspired with new knowledge to make your appliance selections with confidence.

Showroom Manager Jeremy McCulla has been recognized by the design industry as Boston's top customer service professional. His product knowledge and ability to understand the goals of discerning homeowners and designers makes your kitchen design journey a pleasure.



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BOSTON LOCAL FOOD

Healthy Local Food for All!

A Program of Sustainable Business Network (SBN)



The Sustainable Business Network of Massachusetts (SBN) engages business and community leaders in building economies that are local, green, and fair.

SBN was founded in 1988 as the nation's first business trade association with a mission of making business a vehicle for social, environmental, and economic change. Since then, SBN and our allies have raised the bar for what's expected from the business community, while supporting local entrepreneurs.

SBN leads the following programs: Boston Local Food, Sustainable Business of the Year Award, Sustainable Business Leader, Local First Networks, and the Annual Leadership Conference. SBN is a founding member of the Business Alliance for Local Living Economies (BALLE) and the New England Local Business Forum (NELBF), and is proudly affiliated with the American Independent Business Alliance (AMIBA).

About SBN's Local Food Program

"Healthy Local Food for All!" SBN's Boston Local Food Program (Boston Local Food) strives to create a vibrant local food system, ensuring accessibility of healthy food while supporting the growth of local food entrepreneurs and farmers.

SBN defines local as sourcing ingredients as close to home in Boston, then stretching through Massachusetts and New England. Through the Eat Local MA App, the Boston Local Food Festival, Eat Local Month and The Local Food Trade Show, our work builds connections between eaters, farms, fisheries, food makers, distributors, restaurants, grocers, government agencies and nonprofits.

sbnmass.org • bostonlocalfood.org • bostonlocalfoodfestival.org

Click here!



CHANCE TO WIN!
A Free Cabot Giftbox



**Share your experience at the 2022
Boston Local Food Festival, take our survey!**



Nominations are Open for SBN's Sustainable Business Awards Celebration!

Is there a local business you love that values and works for its community? That is conscious of environmental impact and is committed to sustainable business practices? That is inclusive, fair, and champions diversity?

**Nominate a
business or
your own!**



Click here!

12th Annual BOSTON LOCAL FOOD FESTIVAL



Map Key

- New England Village
- Family Fun Zone
- Seafood Throwdown
- Chef Demos
- Information
- Parking
- Specialty Food
- Food Trucks
- Restrooms
- Bike Racks
- Restaurants
- Exhibitors
- Water Fountain
- W.M.A Food Processing Center
- Genuine Local

SOUTH STATION
 30 Rowes Wharf
 Garage at Boston
 Harbor Hotel

Presented by



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