



**FULL**  
(POWER/  
WATER/  
MEDICAL)

**MIN.**  
(NO  
RESOURCES)

<b>PADDLE (W/PRO)</b>	<b>BIKE (W/PRO)</b>	<b>TREK (W/PRO)</b>
<b>PADDLE (MANDATORY)</b>	<b>BIKE (MANDATORY)</b>	<b>TREK (MANDATORY)</b>

\*M = MILES, H = HOURS