WEEK 2 DEVOTIONALS



DAY 2



Admitting Powerlessness

2 Corinthians 12:9

"But he said to me, 'My grace is sufficient for you, for my power is made perfect in weakness.'

Admitting powerlessness is not defeat-it is the doorway to God's grace. When we stop relying on our strength, we create space for His power. Today, think about an area where you feel weakest and allow God to fill that gap with His grace.

Application:

Reflect on one weakness that makes you feel vulnerable. Ask Jesus to meet you in that place.

Prayer: Jesus, I lay down my weaknesses before You. Let Your grace cover me and strengthen me. Amen.



Acknowledging the Need for Change

Romans 7:18

"For I know that good itself does not dwell in me, that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out."

Paul's admission resonates with all of us who strive to change but consistently fall short. We often try to fix our problems by ourselves, only to realize that true transformation begins when we admit we cannot do it alone. What areas of your life reflect this struggle? Reflect on how your own strength has fallen short.

Application:

Identify one habit or behavior that you have tried to change without success. Write it down and offer it to God in prayer today.

Lord, I acknowledge that I cannot make lasting change without You. Help me surrender this area to You. Amen.

DAY 3



Recognizing God's Role in Healing

Philippians 1:6

"...being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus.

God is faithful to complete the work He starts. Sometimes healing takes longer than we expect, but He is always at work. Trust His process and recognize that the change you desire is part of His greater plan. What small signs of progress can you celebrate today?

Application:

Write down one area where you have seen progress, no matter how small. Thank God for this step forward.

Prayer:

Lord, thank You for beginning the work of healing in me. I trust You to complete it. Amen.

DAY 4



Letting Go of Control

Matthew 11:28

"Come to me, all you who are weary and burdened, and I will give you rest."

Control can be exhausting. When we release our burdens to Jesus, we find rest. Consider what burdens you are carrying that feel too heavy. What would it look like to trust Jesus with those today?

Application:

Identify one burden you are holding onto. Write a prayer releasing it to Jesus.

Praver:

Jesus, I surrender my burdens to You. Give me rest as I trust in Your care. Amen.

DAY 6



Declaring God's Power Over Your Life

Ephesians 3:20

"Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us..."

God's power far exceeds our imagination. He can transform every part of your life if you let Him. Today, declare His power over the areas you identified throughout this week.

Application:

Write a declaration of trust in God's power over the area you desire healing or change.

Prayer:

Father, I believe that You can do more than I can imagine. I trust in Your power to transform my life. Amen.

DAY 5



Seeking God's Strength Daily

Isaiah 40:31

"...but those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint."

Seeking God daily renews our strength. As you reflect today, consider how relying on His strength each day can sustain lasting change. How can you build a habit of seeking Him more consistently?

Application:

Set aside five minutes to pray and seek God's strength for the day ahead.

Prayer:

Lord, renew my strength each day as I place my hope in You. Help me seek You consistently. Amen.





Week 2 Small Group Lesson: Admitting We Are Powerless

Ice Breakers:

- 1. Share one thing you attempted to change last year but found difficult.
- 2. If you could instantly remove one burden, what would it be and why?

Scripture Readings:

Romans 7:18 2 Corinthians 12:9 Matthew 11:28

Discussion Questions:

- 1. What does Paul's struggle in Romans 7:18 reveal about the human condition? How can you relate?
- 2. How does admitting powerlessness open the door to God's grace, as described in 2 Corinthians 12:9?
 - 3. What burden are you holding onto that Jesus is inviting you to release (Matthew 11:28)?
- 4. How can trusting God daily bring renewal to areas where you feel stuck or exhausted?
 - 5. What is one practical step you can take this week to surrender control to Jesus?

Closing Prayer:

Lord, thank You for reminding us that we are not alone in our struggles. As we admit our powerlessness, fill us with Your strength.

Let Your grace carry us forward and lead us to healing and transformation. Amen.