



## Support Groups

- Grief Share
- While We're Waiting
- Full Circle Grief Center (Richmond, VA)



## Websites

- [www.bereavedparentsusa.org/](http://www.bereavedparentsusa.org/)
- [www.compassionatefriends.org](http://www.compassionatefriends.org)
- [www.hamiltonsfuneralhome.com](http://www.hamiltonsfuneralhome.com)
- <https://nationalshare.org/>  
(Pregnancy and infant loss support)



## Podcasts

- *While We're Waiting*
- *Find Joy...No Matter What*
- *My Child Left Home For Heaven*
- *What's Your Grief*
- *Surprised by Grief*
- *This Thing Called Grief*



## Books

- *Heaven* by Randy Alcorn
- *Heaven for Kids* by Randy Alcorn
- *Rare Bird* by Anna Donaldson
- *Through the Eyes of a Lion* by Levi Lusko
- *Holding on to Hope* by Nancy Guthrie
- *Choosing to See* by MaryBeth Chapman
- *My Messy Grief Journal: Activities and ideas for sorting and sifting feelings after loss* by Cindy Shufflebarger (Good for all ages)
- *40 Days of Prayer for Grieving Parents* by Cindy Shufflebarger
- *I'll Hold You in Heaven* by Jack Hayford (For infant, stillborn, and miscarriage loss)



## Group Retreats

- While We're Waiting (Free)  
<https://whilewerewaiting.org/>
- Faith's Lodge (\$) - <https://faithslodge.org>
- Respite Retreat (\$)   
[www.nancyguthrie.com/respire-retreat](http://www.nancyguthrie.com/respire-retreat)