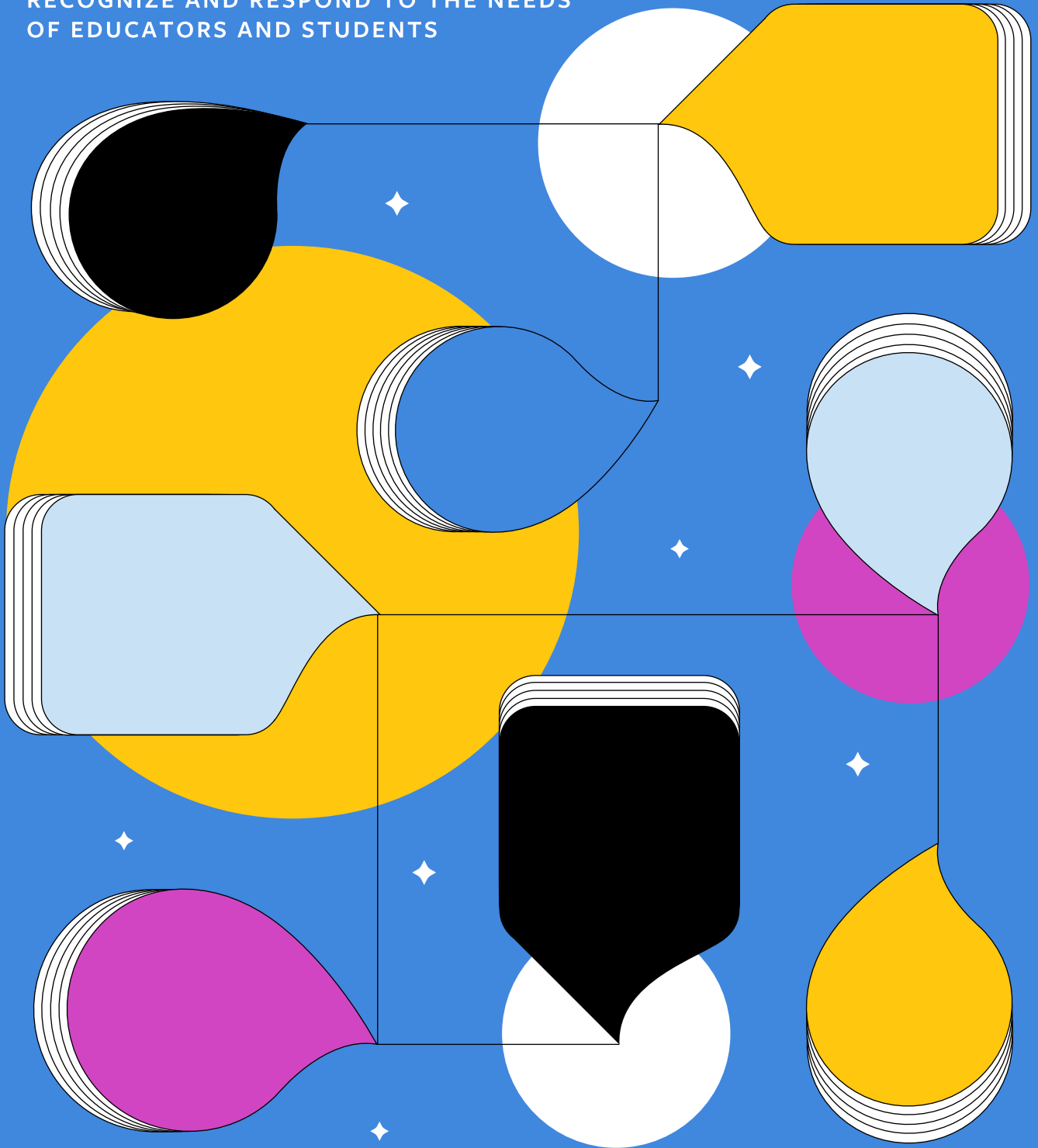

COALITION FOR COMPASSIONATE SCHOOLS

ENHANCING SCHOOL CAPACITY TO
RECOGNIZE AND RESPOND TO THE NEEDS
OF EDUCATORS AND STUDENTS



2015 - 2022

IMPACT REPORT

NEW ORLEANS

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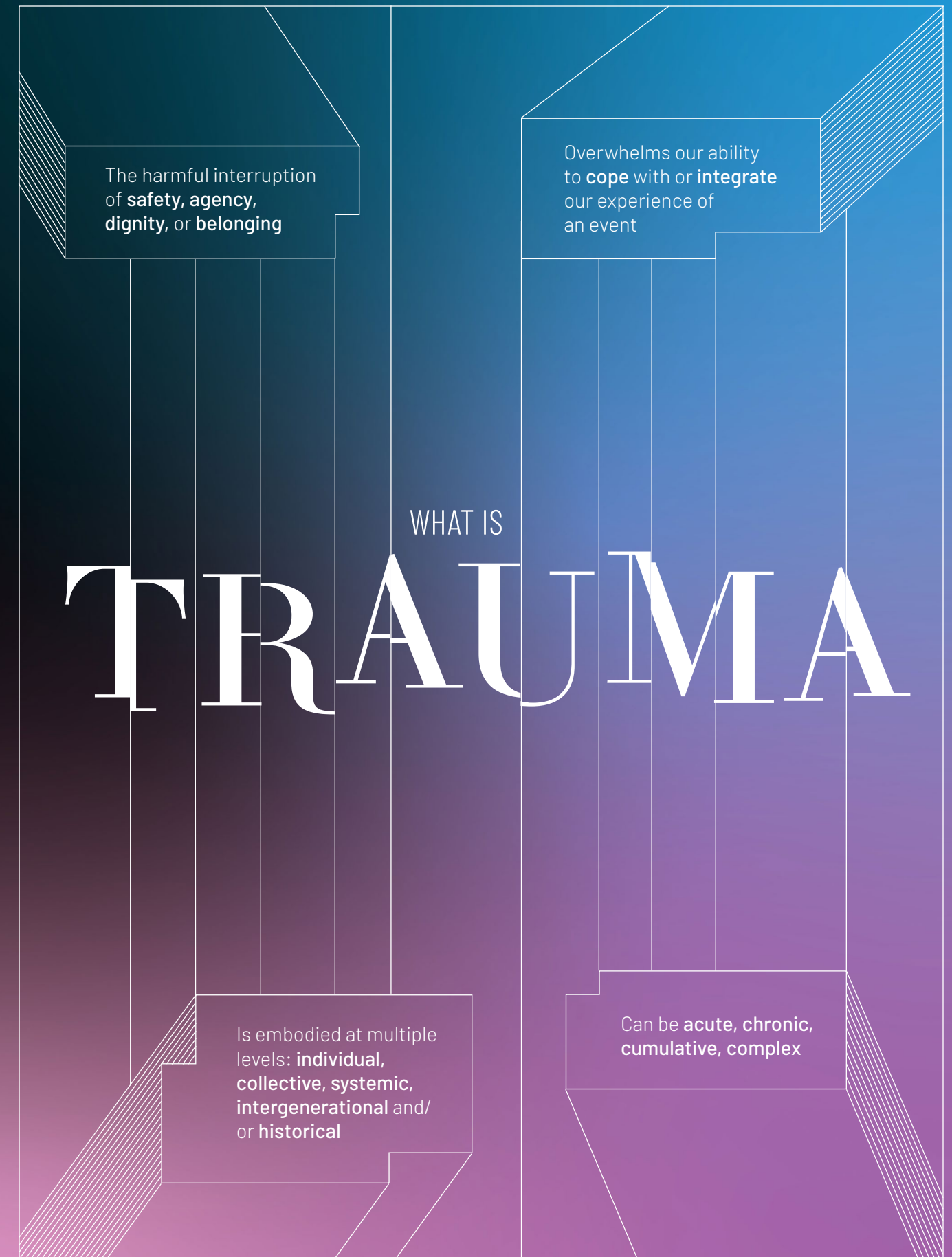
TRAUMATIC EXPERIENCES IMPACT LEARNING, BEHAVIOR, & RELATIONSHIPS



Trauma is often understood as a personal experience. For children of color and other marginalized groups, however, individual trauma experiences are nested in the context of collective trauma experienced by their communities and driven by racist and oppressive practices or policies implemented by institutions, including schools. In order for schools to realize their role as a potential source of systemic trauma, it is important to contextualize trauma within a sociopolitical framework. It is then that they can begin to reattribute responsibility for the outcomes associated with social marginalization away from the students, and to the system itself.

Experiences of trauma are associated with long-term, negative psychological, behavioral, and physical health consequences for our youth. However, resilience is also nested within collective and systemic contexts.

Schools can foster resilience when they own their responsibility as a potential source of trauma for students and families and then work to dismantle systems of privilege, discrimination, and oppression that result in inequities for students of color and other groups marginalized by their social identities. By definition, trauma-informed schools are a mechanism to promote collective resilience and to disrupt the systemic trauma that is often perpetuated by schools. When schools own their responsibility as a potential source of trauma - for both students and families - they can work to dismantle systems of privilege, discrimination, and oppression that result in inequities for students of color and other marginalized groups.



Among all US states, Louisiana has the *3rd* highest number of children per capita who have experienced two or more traumatic life events¹. In New Orleans, *90%* of children have experienced community violence, *54%* had someone close to them murdered, *42%* had seen someone shot, stabbed, or beaten².

¹KIDS COUNT Data Center from the Annie E. Casey Foundation

²Gollub et al. (2019). PLoS ONE.

EDUCATOR STRESS & WELLNESS IMPACT

Students' exposure to traumatic events also impacts the lives and work of the educators who serve them. The highly interpersonal nature of educators' work paired with their daily interactions with students and families means that educators have ample opportunities to learn about student traumatic experiences and experience secondary traumatic stress (STS). Educators in New Orleans describe STS symptoms as worrying about student's safety and well-being, having difficulty concentrating, and feeling helpless, anxious, and irritable¹.

The COVID-19 pandemic made working conditions even more stressful for teachers as they struggled to learn new modes of teaching, feared for their health, and juggled family demands. Pandemic-related stressors have been associated with significant declines in teacher mental health and significant increases in burnout, resulting in an exodus from the profession.

Findings from our **COVID-19 Impacts on Educator Well-Being** report indicate that the mental health toll associated with the additional impact of COVID-19 is substantial and should not be overlooked by policy makers and school leaders as they plan for greater support and improved retention of educators moving forward.

Educators reported rates of emotional distress similar to or higher than those observed in a national sample of health care workers during COVID-19³.

Teaching has long been recognized as one of the most stressful jobs in the U.S., so supporting teachers is critical and creating trauma-informed schools may be one way to do that.

36% screened positive for anxiety (vs. 33% of health care workers).

35% screened positive for depression (vs. 17% of health care workers).

The rate of depression among educators is also higher than the rate observed in the US population (27.8%) in the middle of the COVID pandemic

19% screened positive for PTSD (vs. 14% of health care workers).

Consistent with findings from our educator survey at the beginning of the pandemic, Black educators rated their mental health more positively than White educators

¹Fleckman et al. (2022). School Mental Health. <https://doi.org/10.1007/s12310-022-09515-4>

³Young et al. (2021). Psychiatric Services. <https://doi.org/10.1176/appi.ps.202000424>

In a July 22, 2018, Times-Picayune op-ed, it was noted that the Orleans Parish School Board and then State Superintendent of Education John White "should look for funding to expand the trauma-informed learning collaborative launched in 2015 by the city health department with Tulane University's psychology department and social service agencies [and that] that should be a goal for the City Council and the Cantrell administration as well."

TRAUMA-INFORMED SCHOOLS

THE COALITION FOR COMPASSIONATE SCHOOLS

Trauma-informed schools acknowledge and recognize the reality and impacts of individual, collective, and systemic trauma. They adopt policies and practices to create a safe and supportive school climate that promotes healing and prevents future trauma. Trauma-informed schools are designed to transform the school climate to promote: feelings of physical, social, and emotional safety among students; positive student-teacher relationships; and culturally responsive discipline policies and practices. At the heart of this transformation is a mindset shift

to

“I wonder what this student needs.”

and

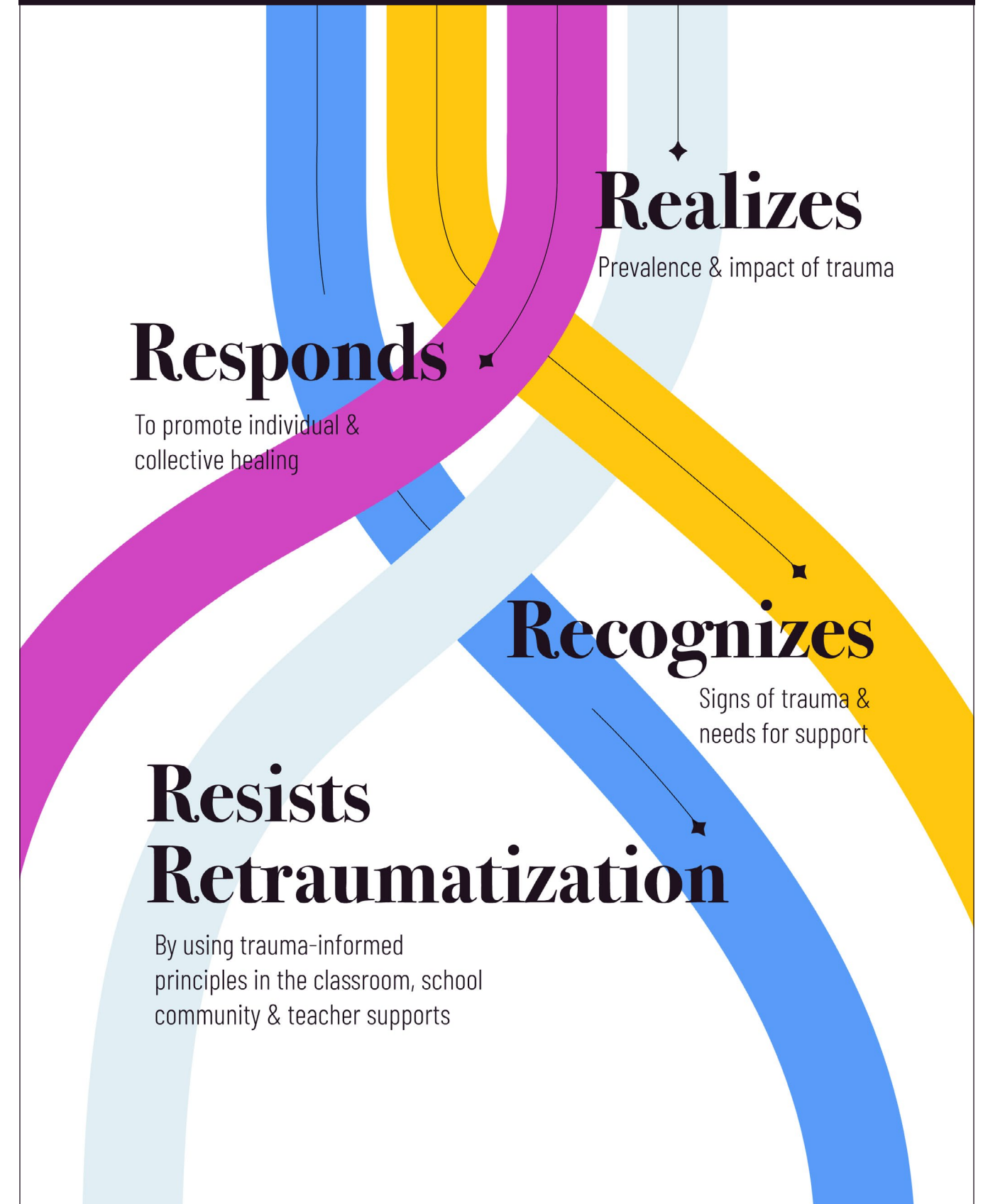
“What’s possible for this student?”

from

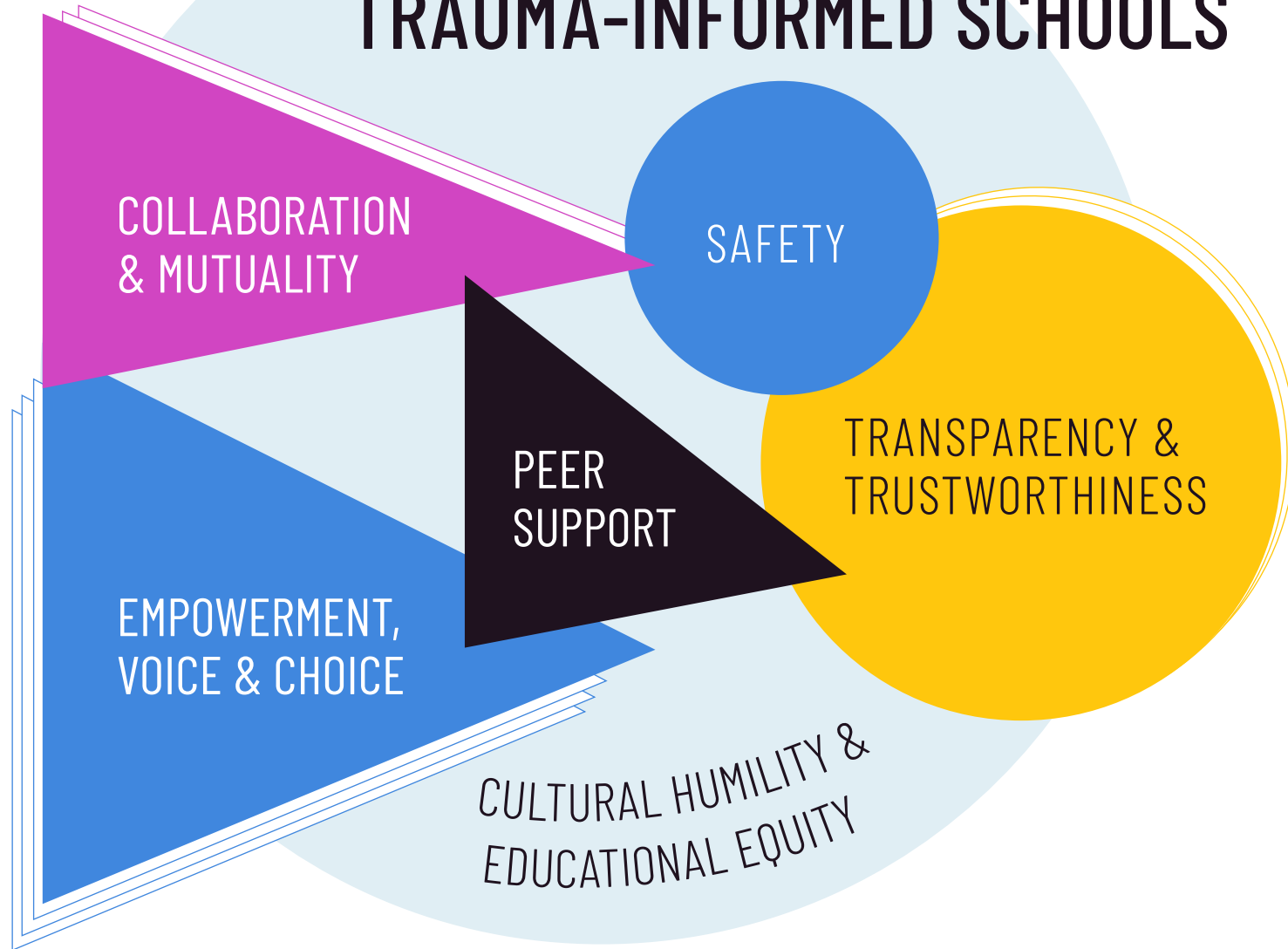
“What’s wrong with you?”

With school systems and staff stretched thin, we prioritize mindset shifts and concrete strategies that increase individual and system-level capacity to respond to traumatic conditions. This increased capacity enables educators to realize, recognize, and respond to resist re-traumatization.

A TRAUMA-INFORMED SCHOOL



6 PRINCIPLES OF TRAUMA-INFORMED SCHOOLS

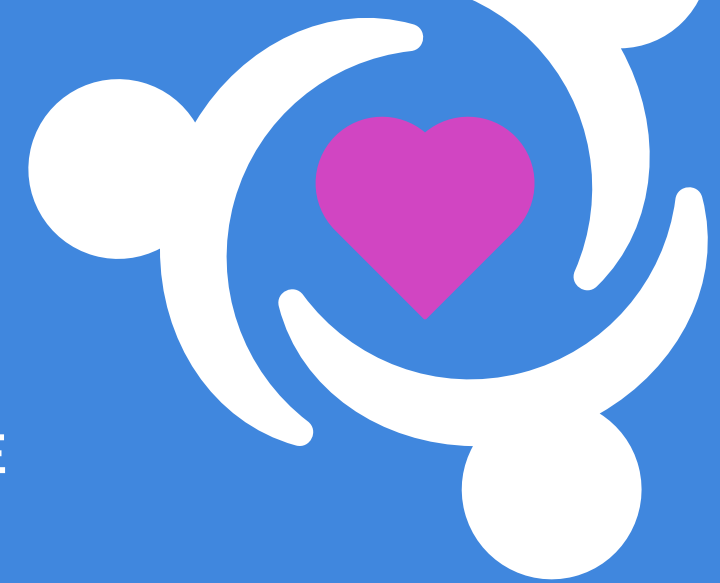


The Substance Abuse and Mental Health Services Administration (2014) worked with trauma survivors to develop six key principles of trauma-informed care. We have adapted the key principles for use in our work with schools to illustrate a foundation in cultural humility and educational equity. Our goal is to create safe, trustworthy, and transparent school environments through the utilization of peer support, mutuality and collaboration, and empowerment, voice, and choice.

Although the principles were developed in collaboration with trauma survivors, most frameworks for trauma-informed schools,

including ours, have failed to partner meaningfully with the students they serve to develop, adopt, and implement trauma-informed approaches. To truly embody the key principles of trauma-informed care, we must empower students to be a part of all aspects of planning for, adopting, and evaluating trauma-informed approaches. This includes incorporating their perspectives of trauma, healing, and resilience. As an organization doing trauma-informed work in schools, our work must also be grounded in the direct experiences of young people. As we move forward, we will engage young people directly and indirectly to shape our work.

COALITION FOR COMPASSIONATE SCHOOLS



In 2013 as part of the NOLA FOR LIFE initiative, the New Orleans Health Department assembled several community agencies to provide crisis response and clinical services to schools following student-involved violence and other public-facing traumatic events. The Health Department led these efforts because New Orleans is a portfolio school district comprised of autonomous charter schools without a centralized system to coordinate school crisis response.

In 2014, we coalesced as the New Orleans Trauma-Informed Schools Learning Collaborative (TIS-LC) under the leadership of Chris Gunther, Manager of Strategic Initiatives at the New Orleans Health Department. The objectives of the TIS-LC were to provide support to schools as they transitioned to trauma-informed frameworks and to build schools' organizational capacities to implement, sustain, and continue to improve the delivery of trauma-informed approaches. In 2016, we received funding from the

National Institute of Justice to rigorously test whether the strategies we were using were effective in helping schools move forward with trauma-informed practices. That project, Safe Schools NOLA (SSNOLA), allowed us to expand the work of the collaborative to six additional schools.

In 2021, we began a strategic planning process to align our partners, our name, and our efforts with our current and future directions; thus we became the Coalition for Compassionate Schools. Our new name positively reflects our mission to build the capacity of schools, students, and parents to create transformative change in education through the adoption, implementation, and sustainment of trauma-informed, healing-centered practices. The new logo was designed to emphasize the collaborative and compassionate nature of the work.

VISION

Flourishing school systems that are rooted in community, healing, and human-centered approaches.

MISSION

Build the capacity of schools, students, and parents to create transformative change in education through the adoption, implementation, and sustainment of trauma-informed, healing-centered practices.

VALUES

The following core values inspire and guide our work, its operation and how we engage our community.

EQUITY

CONTINUOUS LEARNING

COLLABORATION & MUTUALITY

COMPASSION & HOLISTIC WELL-BEING

ADVOCACY

COALITION MEMBERS



COURTNEY BAKER
Tulane University



TORRIE HARRIS
New Orleans
Health Department



AVERY BREWTON
Tulane University &
Training of Trainers for
Trauma-Informed Schools



KELLI JORDAN
NOLA Public Schools



BERRE BURCH
Children's Bureau
of New Orleans



**TEDDY
MCGLYNN-WRIGHT**
Tulane University &
Training of Trainers for
Trauma-Informed Schools



CHARLOTTE CUNLIFFE
Children's Bureau
of New Orleans



STACY OVERSTREET
Tulane University



LAURA DANNA
Project Fleur-de-lis,
Mercy Family Center



DENESE SHERVINGTON
Institute of Women
and Ethnic Studies



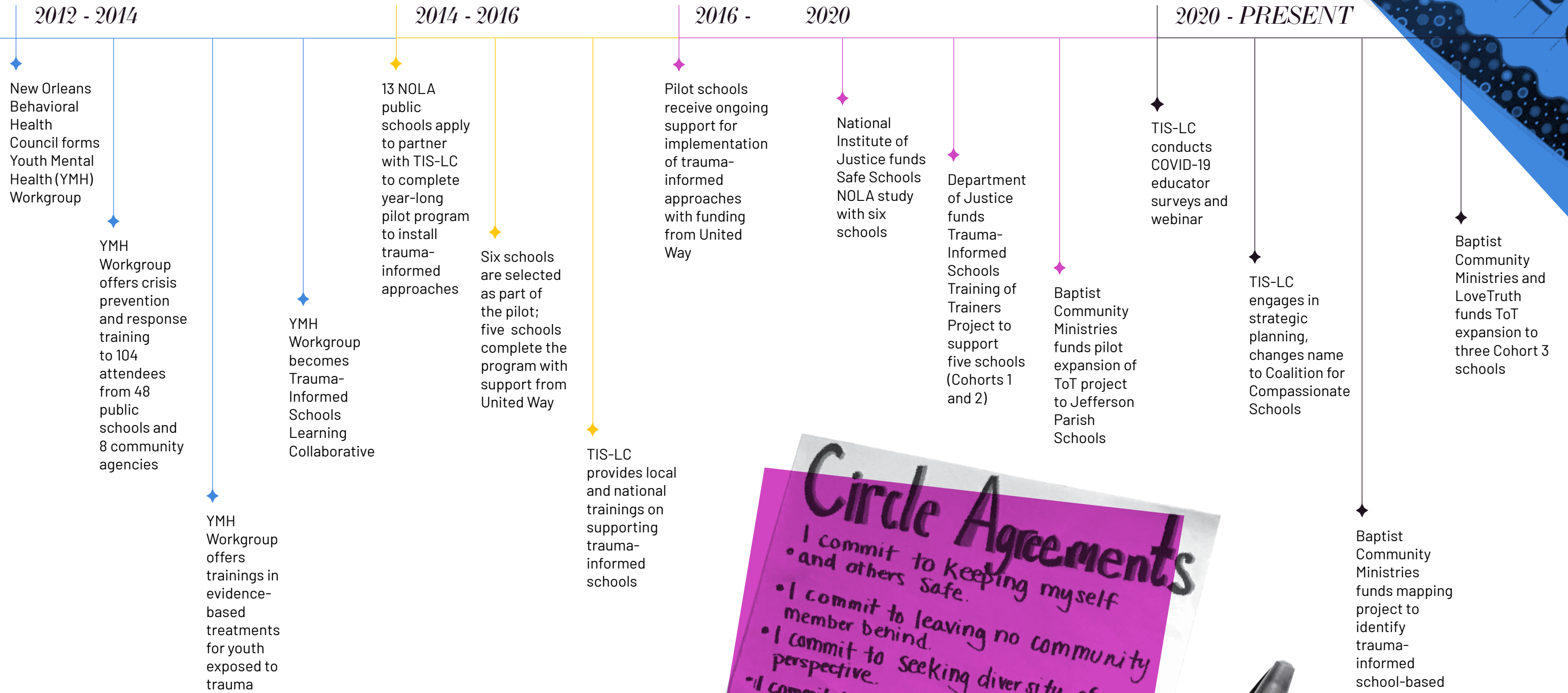
ALPHA GEBRIE
Louisiana Public
Health Institute



KATHLEEN WHALEN
Tulane University &
Safe Schools NOLA

Evolution of the

COALITION FOR COMPASSIONATE SCHOOLS



Ways to Calm Down
Tell the person, or a friend, or a grown-up, the problem.

We are here to learn + grow
to our family!

Circle Agreements

- I commit to keeping myself and others safe.
- I commit to leaving no community member behind.
- I commit to seeking diversity of perspective.
- I commit to speaking to the person, not about the person.
- I commit to speaking from my heart but using my head.
- I commit to walking my talk.

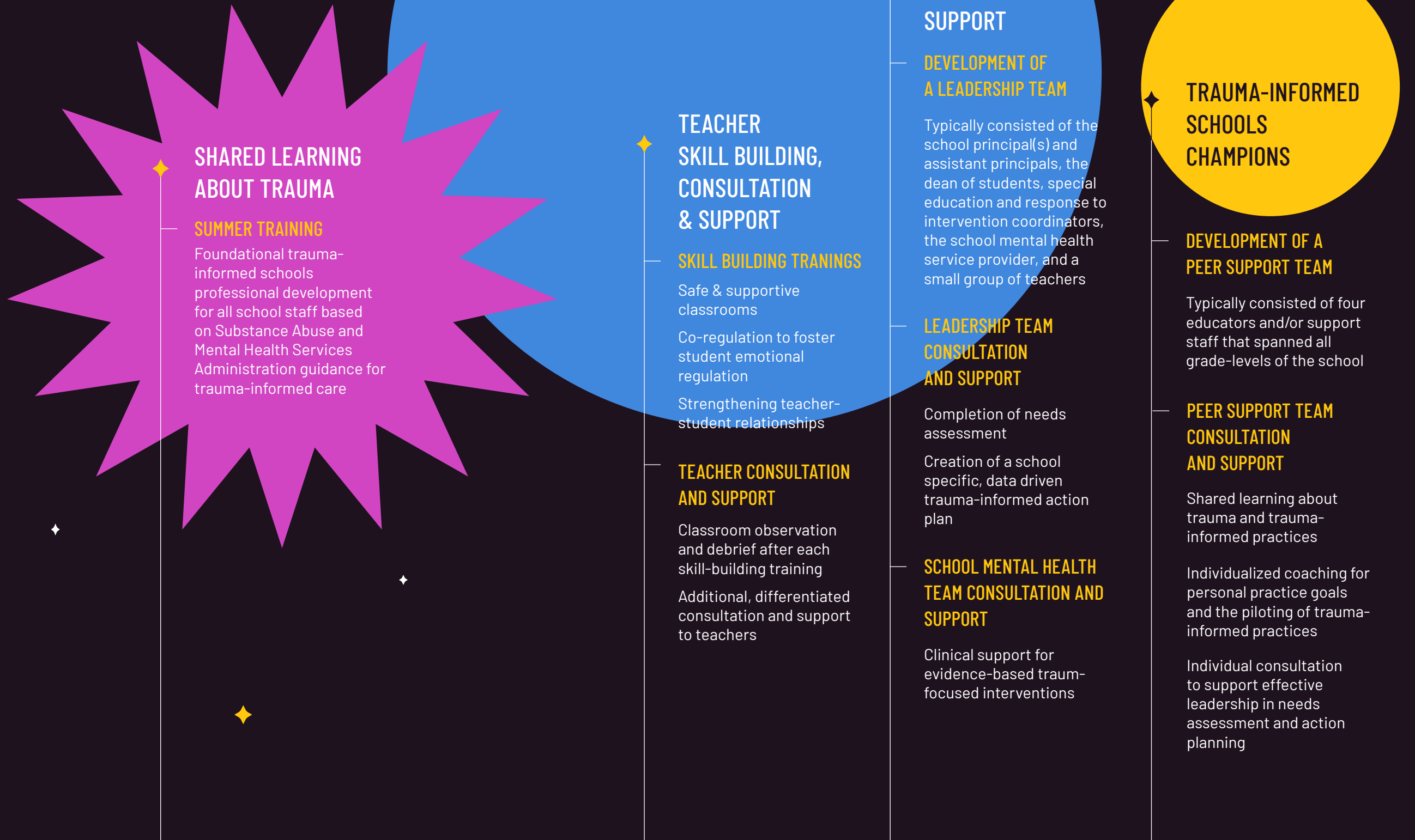
What should we do if we get scared at

CCS IS CREATING A POSITIVE IMPACT

SAFE SCHOOLS NOLA

Safe Schools NOLA (SSNOLA) was funded by the National Institute of Justice (2015-CK-BX-0020; Co-PIs: Stacy Overstreet and Courtney Baker) to determine the best strategies to support schools in the adoption and implementation of trauma-informed approaches.

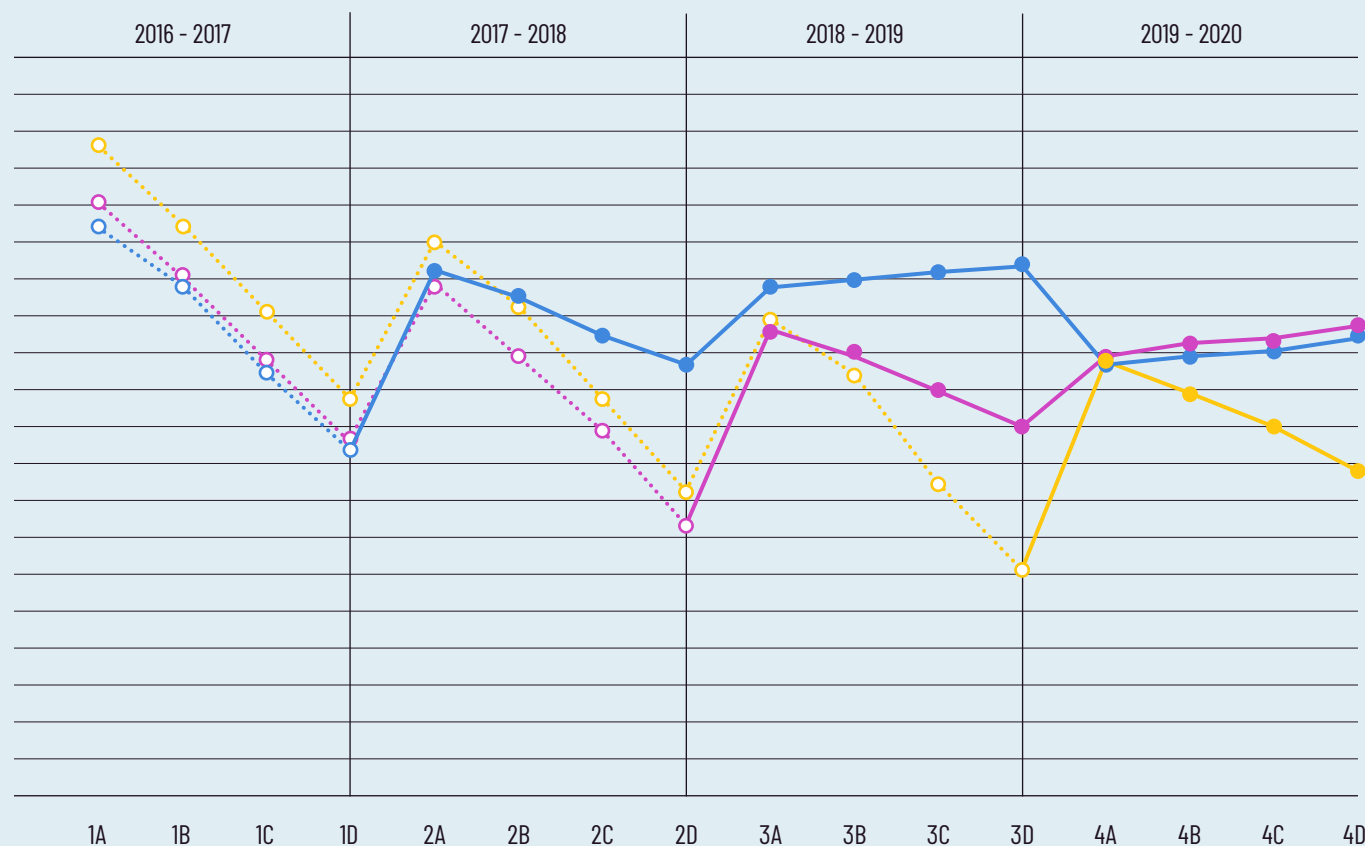
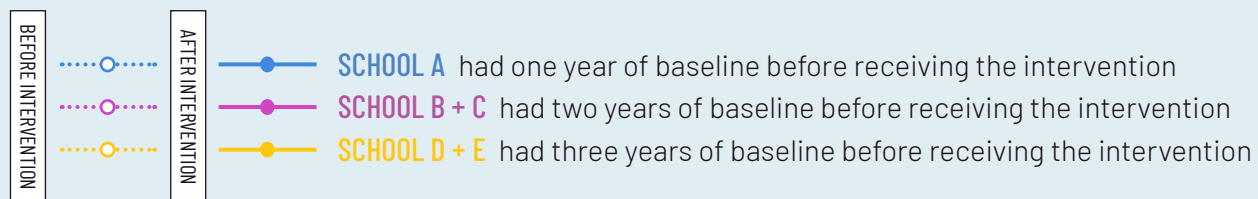
Schools participated in a year-long intervention designed to build educator and organizational capacity to integrate trauma-informed approaches within the universal level of their existing multitiered systems of student support. The intervention was delivered by a full-time Teacher Support Specialist embedded in the school and through monthly consultation with the project team.



MULTIPLE BASELINE DESIGN

A multiple baseline design was used to evaluate the effectiveness of the intervention. Following a baseline year (2016-17), six schools were randomly assigned to receive the intervention in 2017-18, 2018-19, or 2019-20. One school was dropped from analyses and did not receive the intervention because it lost its charter during the course of the study.

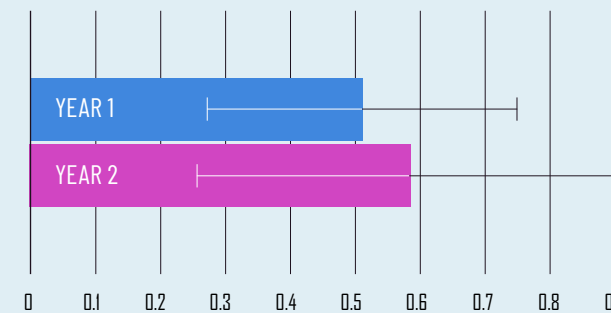
Analyses examined the extent to which the intervention resulted in changes in teacher and school capacity to adopt and implement trauma-informed approaches relative to the baseline year. Year 1 effects represent the average effect across all schools at the end of the intervention year relative to the end of the baseline year. Years 2/3 effects represent the average effect across all schools at the end of school years following the intervention relative to the end of the baseline year.



ORGANIZATIONAL CAPACITY IMPACT

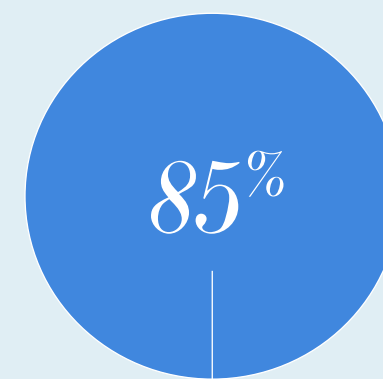
Educator responses on the Trauma-Sensitive Schools Checklist indicated significant improvements from baseline in schoolwide policies and practices that support trauma-informed approaches. For example, school staff reported shifts from baseline in:

- Discipline policies that balanced accountability with an understanding of trauma;
- Opportunities for professional development determined by their needs
- The availability of consultation with a trauma expert, classroom observations, and opportunities for team work.

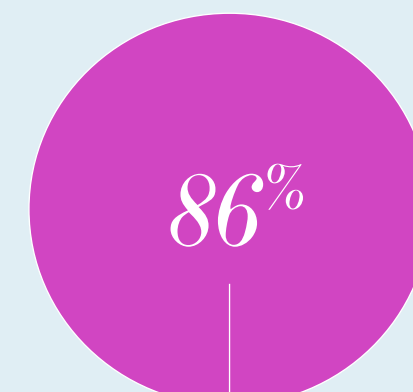


EDUCATIONAL CAPACITY IMPACT

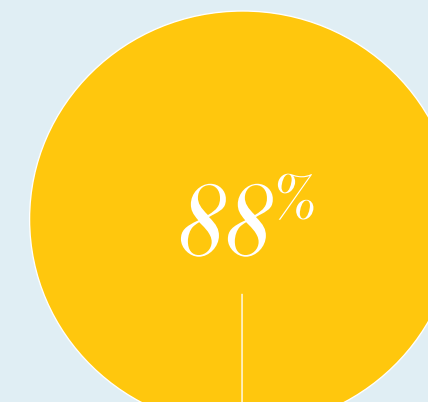
- 5/6 schools completed the intervention year and developed a trauma-informed action plan to guide implementation in the year following the project.



Agreed or strongly agreed that the foundational training increased their knowledge.



Agreed or strongly agreed that they would be able to apply the knowledge and skills taught in the foundational training.



Of school staff agreed or strongly agreed that trauma-informed approaches were acceptable.

CLASSROOM OBSERVATIONS

The use of explicit trauma-informed strategies for student engagement and classroom management was evaluated using the Assessing School Settings: Interactions of Students and Teachers Observation System, an observational coding system that tracks both teacher and student behavior. Findings from classroom observations indicated that the intervention had large positive effects on educator and student behavior. The positive changes were even greater in the years following the intervention.

Large effect sizes are considered exceptional for interventions that target populations (like a school community) versus individuals*.

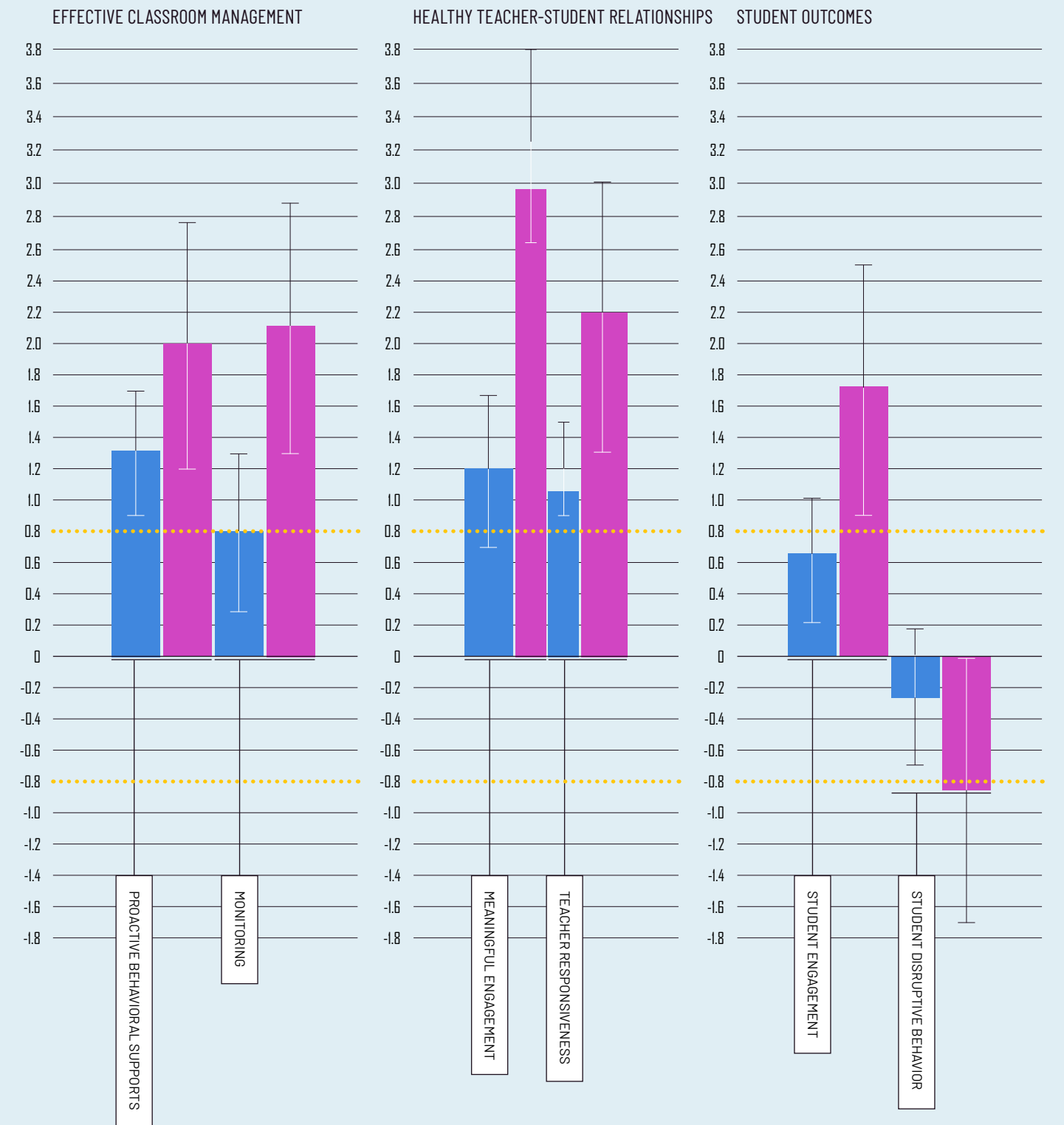
Educators demonstrated meaningful positive changes in their ability to engage their students and manage their classrooms during the intervention year and in subsequent years. As educators provided more proactive and responsive supports and engaged their students, students demonstrated higher levels of engagement and lower levels of disruptive behaviors in the classroom. These positive shifts in the classroom climate are particularly important for students exposed to trauma. Supportive and engaging classroom environments can diminish the alarm response of students exposed to trauma and allow them to focus on learning.

Findings are encouraging because an improved school climate is critical for school satisfaction, student well-being, student engagement, academic motivation, and achievement. It also decreases disruptive behaviors, peer victimization, absenteeism, and suspensions. However, we can't rely solely on teacher reports or classroom observations to evaluate the impact of trauma-informed approaches on school climate. To truly embody the key principles of trauma-informed care, we must empower students to be a part of all aspects of planning for and adopting trauma-informed approaches, including: incorporating their perspectives of trauma, healing, and resilience in trainings provided to educators; involving them in the needs-assessment process and action planning that guides initial implementation of trauma-informed approaches; and drawing on their voices to define indicators of success.

*Matthay EC, Hagan E, Gottlieb LM, Tan ML, Vlahov D, Adler N, Glymour MM. Powering population health research: Considerations for plausible and actionable effect sizes. SSM Popul Health. 2021 Apr 6;14:100789. doi: 10.1016/j.ssmph.2021.100789. PMID: 33898730; PMCID: PMC8059081.

EDUCATOR & STUDENT CLASSROOM BEHAVIOR

Large Effect
YEAR 1 YEAR 2/3





TRAINING-OF-TRAINERS

The SSNOLA model relied on an external project team to lead the school through a series of capacity-building activities to integrate trauma-informed approaches within the universal level of their existing multitiered systems of student support.

Given that the successful adoption, implementation, and sustainment of trauma-informed approaches is a multi-year process, reliance on an external team to support the work is not practical. However, due to a lack of centralized services within New Orleans' portfolio school district of charter schools, there was no mechanism for the district to provide training and support to schools. Furthermore, there was limited professional capacity to meet the demand to support trauma-informed schools; community agencies supporting this work were being pushed beyond capacity.

To address these needs, the Training-of-Trainers (ToT) project was developed to increase the capacity of the New Orleans public school system to overcome the structural challenges of

creating and sustaining trauma-informed schools. The project was designed to build professional capacity in our community and provide training and implementation support to schools through our TIS Implementation Model. In addition, the project strategically established a network of support to grow and sustain trauma-informed schools by recruiting trainee dyads from the administrative staff of the Orleans Parish School Board and from charter network organizations. This approach created capacity at the administrative level to ensure organizational capacity to sustain the TIS Implementation Model beyond the year-long ToT project.

“It allowed me to empower students to advocate for themselves. It gave them strategies that made them feel comfortable being who they are in my classroom. She also helped me enhance my self-care.”

**PARTICIPATING TEACHER
SAFESCHOOLSNO LA**

By the Numbers

We certified educators/administrators to deliver foundational training in trauma-informed schools

21 individuals in 5 charter management organizations and at the district level in Orleans Parish



17 individuals in 2 schools and at the district level in Jefferson Parish



We certified educators/administrators to carry out the implementation of the trauma-informed schools model

17 in 5 charter management organizations and at the district level in Orleans Parish & 2 in Jefferson Parish

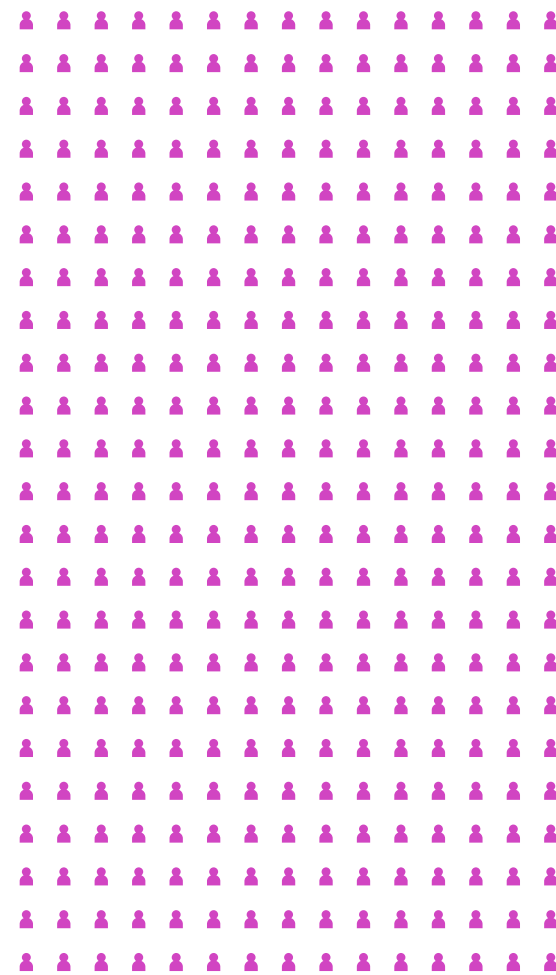


In Turn

THOSE CERTIFIED TRAINED

91% of those trained agreed or strongly agreed that the training increased their knowledge

345 school personnel in Orleans & Jefferson Parishes in foundational training in trauma-informed schools.



91% of those trained agreed or strongly agreed that they would be able to apply the knowledge/strategies in their classrooms.

300 educators in skill-building trainings focused on creating safe & supportive classrooms & supporting student regulation through teacher regulation.



We certified educators/administrators to train others in the implementation of the trauma-informed schools model, and those certified trained: 26 school personnel to deliver foundational training in trauma-informed schools.

90% of those trained agreed or strongly agreed that trauma-informed approaches are acceptable

THOSE CERTIFIED SUPPORTED 6 OF THE 8

partner schools in the development of trauma-informed action plan to carry trauma-informed practices into the next school year, focusing on the implementation of restorative discipline approaches to reduce suspensions and expulsions, and the adoption of social and emotional learning curricula to support the well-being of students.

THOSE CERTIFIED LED EXPANSION 3 NEW SCHOOLS

of trauma-informed approaches into 3 new schools within their respective charter networks.

We have been able to generate system and adult-level capacity in our schools and CMOs to do trauma-informed schools work. Since 2019, our ToT program has partnered with 20% of CMOs in New Orleans (including past & current partners) to expand access to trauma-informed schools. We hope to reach all CMOs in the next 5 years as we expand our model to include student engagement and adaptations for high schools. In our first year, 4 certified trainers certified 26 additional educators and administrators in our model. Our next step is to investigate how young people experience and are affected by this increased system capacity.

RESEARCH ARTICLE

Compassion Satisfaction, Secondary Traumatic Stress, and Burnout: A Mixed Method Analysis in a Sample of Public-School Educators Working in Marginalized Communities

Julia M. Fleckman¹ • Lea Petrovic² • Kathryn Simon³ • Haley Peele⁴ • Courtney N. Baker⁴ • Stacy Overstreet⁴ • New Orleans Trauma-informed Schools Learning Collaborative

RESEARCH ARTICLE

Psychology in the Schools


Centering trauma-informed approaches in schools within a social justice framework

WEBINAR



Trauma-informed Schools Organizational Readiness Assessment

ASSESSMENT TOOL



Attitudes Related to Trauma-Informed Care

FUNDING



Coalition for Compassionate Schools Awarded \$1.17 Million

Coalition for Compassionate Schools awarded \$1.17 million from the Substance Abuse and Mental Health Services Administration to become a National Child Traumatic Stress Treatment and Service Adaptation (TSA) Center. The funding will support the Coalition as it works to provide local, regional, and national expertise for the installation and implementation of trauma-informed practices in schools.

Advancing the National Conversation

Since 2015, we've been invited to share our approach to the work at eight national conferences of professional organizations spanning five different disciplines.

We've published five peer-reviewed journal articles related to trauma-informed schools and two related to the impact of COVID-19 on teachers.

We've created a toolkit designed to serve as an information resource for schools to implement, sustain, and continue to improve the delivery of trauma-focused services.

[DOWNLOAD TOOLKIT*](#)

Convenings were held by federal funding agencies:



*The Coalition for Compassionate Schools toolkit is available on our website: www.cforcs.org



Strategic Direction

WHAT'S NEXT FOR THE COALITION

BUILDING ON OUR SUCCESSES

The Coalition has enjoyed several successful years bringing trauma-informed practices into schools in Orleans and Jefferson Parishes. This is largely due to strong relationships that were formed and maintained over a lengthy period. With that success has come increased requests for engagement beyond our charter members, and expansions beyond the schoolhouse doors. Recent funding from the Substance Abuse and Mental Health Services Administration provides two years of infrastructure support (2023 – 24) allowing us to continue our work with schools and build an active community-based advisory board and expand our programming to afterschool programs.

New Orleans Public Schools is a decentralized 'portfolio district' with high teacher and support staff turnover, so our role of networking with different schools, CMOs, and organizations is vital. Supporting the Coalition directly can accelerate our ability to generate change by sharing resources, information, and even staff.

We have already begun the work of intentionally coordinating the work our various members do while sitting on city- and state-wide councils, roundtables, and coalitions. Supporting the Coalition's role as a convener and coordinator provides the help we need to make our mental and behavioral health systems for young people more efficient.

COMMUNICATION: TELLING OUR STORIES

Supporting this Strategic Direction centers our ability to share our successes and lessons learned in our immediate community, and to our wider set of stakeholders. Our singular focus on doing the work has taken precedence over promoting it to others that could benefit. This needs to change and we have a chance to change it, but we could use some help. We are, by definition, practitioners and researchers, not graphic designers or media experts.

New Orleans is at the leading edge of trauma-informed schools work, and while our work is our best ambassador, we have learned how helpful it is to have experts in communication shaping the messages we share.

In addition to supporting the production of print and electronic materials like this one, funding partners can directly support bringing people together in meaningful ways locally, regionally, and nationally. In addition to convenings, cross-sector trainings have the potential to expedite our dissemination efforts and vastly increase the accessibility of the work.

We will continue to publish scholarly articles and create reports that respond to important events, like our report on how COVID-19 has impacted teacher mental health and wellbeing. What we need is to build communication and dissemination channels and relationships to get the information and practices in the hands of those who need it most.

INCREASED YOUTH AND PARENT VOICE

In addition to expanding and communicating our work within the provider community, we are also intent on increasing youth voice in the Coalition. We plan to do this in three ways:

- 1 **Expanding into high schools for our ToT programming**
- 2 **Involving the voices of young people and families directly in our decision-making as a Coalition**
- 3 **Engaging/supporting youth participatory action research projects focused on youth safety, trust and transparency.**

We know that our work significantly impacts school culture, teacher-student relationships, and policy. As a whole-school (and ultimately whole-community) approach, we never forget that students are the ultimate beneficiaries of our work.

The next necessary phase of our work involves bringing youth voice directly into the evaluation and shaping of our work.

Supporting this next phase of evolution directly supports youth (and family) engagement in shaping school policy and practice.

SUPPORTING EDUCATORS

As summarized in this report, teacher mental health risk soared during the pandemic. We recognize the time is now for a dramatic shift in how we respect and support teachers. Schools play a unique role in the community; as seen during the pandemic, they were essential to the social, economic, and public health of our communities. Teachers have experienced extraordinary stress during the last two years as they dealt with exposure to COVID-19, shifts in schedules, teaching remotely, and loss of colleagues, family members and students. So impactful were these experiences that they had similar or higher rates of PTSD, anxiety, and depression than healthcare workers. At the same time, we have observed that teachers report lower levels of stress and burnout in schools where SAMHSA's Six Principles are in place.

Our work with teachers will continue to center teacher wellness, since they are "the most trauma-informed tool in the classroom," and expand to advocating for teacher-friendly policies including increased wages, access to mental healthcare, and instructional supports.

We are seeking support for future efforts to partner with local teacher training programs (both traditional and emergency-certification) to ensure that all incoming teachers have at least some exposure to trauma theory and trauma-informed teaching practices.

Acknowledgements

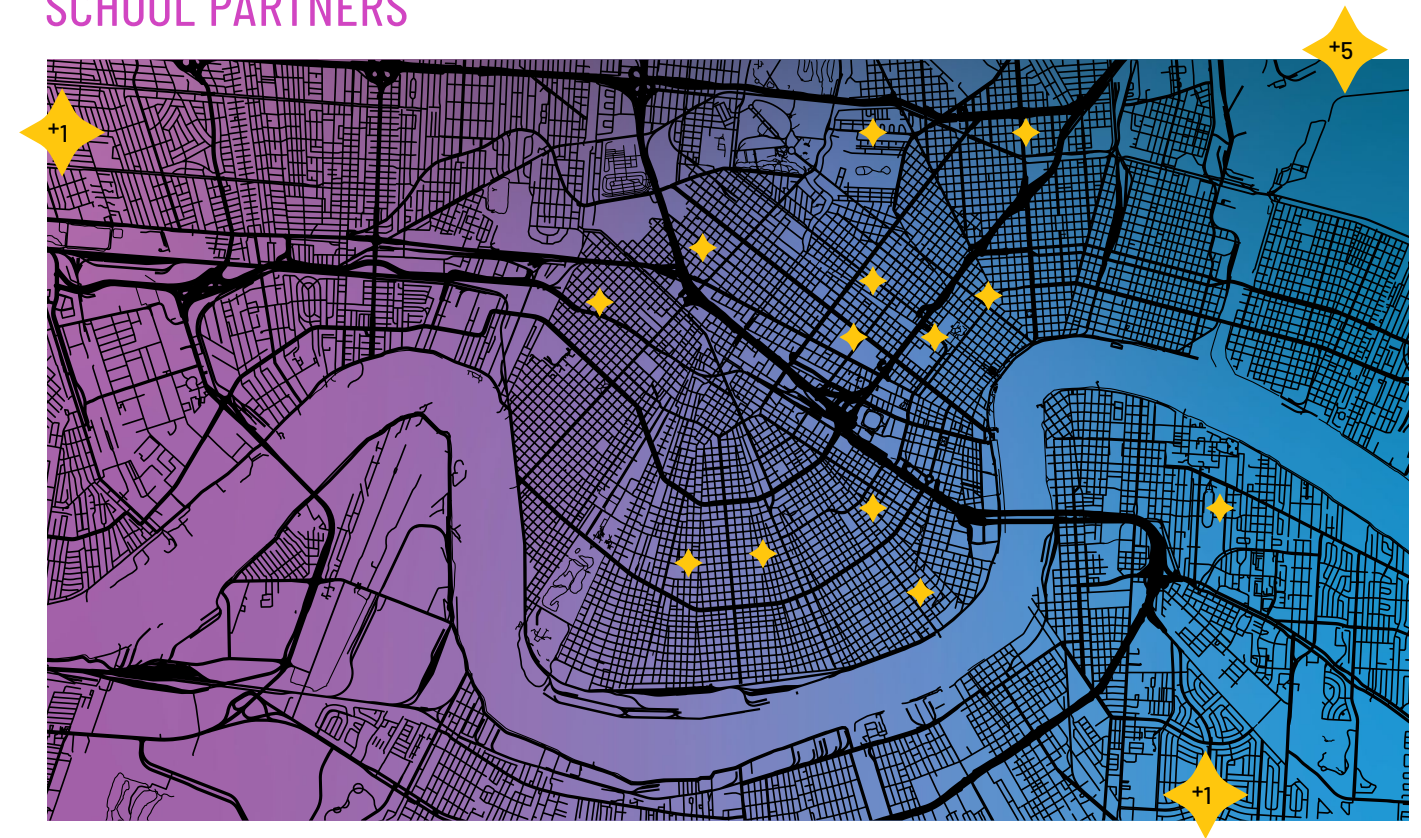
The Coalition couldn't have created this level of impact without the generous support of partners who continue to believe in our work and who know that we are making a difference in the lives of students, families, teachers, schools, and communities.

We are deeply indebted to our school partners who opened their doors - and minds - to us for this work. You have been a constant source of motivation.

FUNDERS

- ◆ Baptist Community Ministries
- ◆ United Way
- ◆ LoveTruth
- ◆ Robert E. Floweree Fund
Department of Psychology
Tulane University
- ◆ U.S. Department of Justice
Office of Justice Programs
National Institute of Justice
Comprehensive School Safety Initiative
- ◆ U.S. Department of Justice
Office of Justice Programs
- ◆ Bureau of Justice Assistance
STOP School Violence Prevention and
Mental Health Training Program

SCHOOL PARTNERS



Pilot Project - Trauma-Informed Schools Learning Collaborative School Partners: 2015-2018

- ◆ KIPP Believe Primary
- ◆ New Orleans Charter Science & Mathematics High School
- ◆ Lawrence D. Crocker College Prep
- ◆ Success Preparatory Academy
- ◆ G.W. Carver High School

Safe Schools NOLA School Partners: 2016-2020

- ◆ Samuel J. Green Charter School
- ◆ ReNEW SciTech Academy
- ◆ Phillis Wheatley Community School
- ◆ Arthur Ashe Charter School
- ◆ ReNEW Schaumburg Elementary

Training of Trainers Cohort 1: 2019-2020

- ◆ Langston Hughes Academy
- ◆ Homer A. Plessy Community School

Training of Trainers Cohort 2: 2020-2021

- ◆ Encore Academy
- ◆ Martin Behrman Charter School
- ◆ Mildred Osborne Charter School
- ◆ Geraldine Boudreaux Elementary School (Jefferson Parish)
- ◆ Greenlawn Terrace Elementary School (Jefferson Parish)

Training of Trainers Cohort 3: 2022-2023

- ◆ KIPP Leadership Academy
- ◆ Lafayette Academy Middle School
- ◆ Sherwood Forest Elementary School



CONTACT & CONNECT

For Information on

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**TRAUMA-INFORMED
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LCSW (she/hers)

Co-Project Director,
Training of Trainers

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**THE COALITION FOR
COMPASSIONATE
SCHOOLS:**

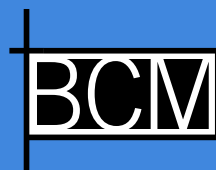
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**A SPECIAL THANKS TO
BAPTIST COMMUNITY MINISTRIES**

DESIGNED BY HEARTSLEEVE