L'AVANT-GARDE

# Le Tour de France

A culinary exploration of the regions of France

### To Start

- BURGUNDY, Escargots au Chablis, a dozen escargots cooked in Chablis wine, with garlic butter, basil, and served with croutons -22-
- © ALPES-MARITIMES, Niçoise Salad fresh tuna confit, quail egg, peppers, cherry tomato, and olive Taggiasche -27-
- AUVERGNE, La Soupe à l'oignon Chef Sébastien Giannini uses Bourbon to enhance this soup that was first served to King Louis XV -21-
  - SAVOIE, La Tartiflette (for 2) a traditional French Alpes starter made of potatoes, onions, raclette cheese, lardo and cream -32-

#### The Mains

- PROVENCE, Moules-Frites à la Toulonnaise cooked in tomato coulis, fresh basil, orange zest and cream -32-
- ALSACE, Coq Au Vin Blanc half chicken slow cooked with mushrooms, lardo, baby onions, potatoes in a white wine creamy sauce -39-
- © OCCITANIE, Cassoulet de Toulouse, most famous French stew of jumbo beans, duck leg confit, and Toulouse sausages -41-
  - BURGUNDY, Filet Mignon with Dijon style Green Pepper sauce beef fillet center cut served with herbs potatoes -57-

#### **To End** -14-

Passion Fruit Île Flottante, our floating island is served with passion fruit coulis and whipped egg whites

Authentic Crème Brûlée, this recipe was first served in the 17<sup>th</sup> century, to the brother of King Louis XIV

Gâteau Basque, that we proudly call The French Cheesecake!

Consuming raw or undercooked food may increase risk of foodborne illness.

# To Start

Royal Seafood Tower (for 2-4 persons) oysters, lobster Grilled Egaplant Salad, fresh goat cheese, -165--24claws, prawns, king crab legs, and mango mayonnaise orange segments and zest, mint, pine nuts and honey Ossetra Caviar (25gr) from French Arcachon Bay, -150-Le Foie Gras cooked in terrine with cognac, -28served with its classic fresh accoutrements griottines cherries, toasted brioche Beef Tartare hand knife cut beef fillet, shallots, Lobster Salad, granny smith apples with vanilla bean, -32--24avocado-baby spinach cream, and grapefruit segments fresh mayonnaise, caper berries, and quail egg Tuna Tartare raw and marinated in preserved orange, Iberico Ham thinly sliced Bellota, served with -39--26pine nuts in extra-virgin olive oil, black olives tapenade Medjool date purée, roasted almonds, kumquat jelly La Green Salad of baby gems, baby lettuce, Maryland Crab Tartare, creamy fresh avocado with -36--19feuille de chêne lettuce, classic French vinaigrette fresh basil, chives, and cucumber gazpacho Smoked Salmon, ricotta, egg accoutrements, caper Summer Burrata, strawberries, cherry tomatoes, -29-<del>-</del>29berries chives and brioche bread pistachio, rose blossom water, white balsamic vinegar

> La Bouillabaisse de Pierrette Chef Sébastien Giannini -28 Grandma's recipe

Main Courses Diver Sea Scallops pan seared with thyme and bay Duck Breast seared magret, red cabbage, duck -54leaves, slow-steamed leeks, beurre blanc caviar demi-glace with cloves, caramelized gala apples Le Filet Mignon Rossini beef fillet center cut. Sea bass, plancha seared, served with fresh English pea, -46--64zucchini and sauce vierge foie gras and summer truffle, herbs smashed potatoes Branzino Grenobloise style, botarga slices, mussels Bone-in Ribeye (for 2) served with fries, and fresh -46--145béarnaise, vegetables of the day turned potatoes, candied lemon and capers Lobster Thermidor, oven browned with Parmesan, Lamb Skewer served on chilled roasted egaplant, -49turmeric turned potatoes on a tarragon sabayon orange segment, mint, pine nuts and honey Poulet-Frites, marinated in beer and sweet mustard, Le Filet Mignon herbs potatoes, beef jus, béarnaise, -57haricots verts and Colonnata lardo hint of cumin and garlic, clarified butter frites

## Desserts -17-

Peach Melba, raspberry coulis, roasted almonds, poached peaches in verbena, rosemary and thyme syrup, French Chantilly

Strawberry Pavlova lemon mousseline, strawberry jelly, strawberry marshmallow, and meringue

Ultimate Chocolate on a dacquoise biscuit, citrus jam, mandarin jelly, roasted hazelnuts, milk chocolate mousse

Pistachio and Raspberry Macaron, raspberry sorbet, salted caramel coulis, and mascarpone