



“Within two years of joining this project, I have built a new house, bought an auto bike, paid for my children’s education.”

Lutfa, farmer, Bangladesh



Credits: Transform Trade/
GMB Akash

The story behind a cup of tea...



Lutfa Begum, who farms with her husband Bablu, has recently told us the impact growing tea on their own land has had on their lives.

Despite drinking more than 100 million cups of tea a day in the UK, the origins of this nationally beloved drink often go unnoticed. Tea-growing, historically and often still today, involves the exploitation of extremely low-paid seasonal workers.

But the tea trade doesn’t have to be this way – it can be an opportunity for people to increase their income.

“Before 2018 my husband was a day labourer and I was a housewife. So earlier our monthly income was not more than 5000 takas. Now we are able to earn about 15 to 20 thousand taka per month from this tea garden. We both work in our tea garden now.”



“After working for a whole month, I feel very happy when I get the fair price for my hard work. I feel happy when I see my children studying and getting educated. I feel very happy when scarcity does not affect our life and my family.”