The Creative Center's Art Workshop Program is free-of-charge for people living with or beyond cancer and other chronic illness, as well as their caregivers. Workshops will be presented both remotely and in person. All workshops require that you register in advance.

We offer both webinars and live classes on Zoom listed in our calendar. A standard Zoom meeting is fully interactive and allows all participants the ability to see, speak, hear, and screen-share with each other.

Our in-person classes are located at either our 184 Eldrige Street or 273 Bowery spaces. Please check your registration email for details of location.

Registration assures accurate attendance and that participants receive all emails pertaining to the workshops. Masks are not required but are encouraged for participants at in-person workshops. Workshops may be recorded.

**PLEASE NOTE:** If you do not pre-register, there is no guarantee there will be space for you in class. If you register for a class and don’t receive confirmation, please email workshops@thecreativecenter.org.

Click any blue underlined text to be taken to the registration page for that class.

A suggested donation of $25 per workshop is greatly appreciated.

Many thanks to the Robin Mindy Glassman Memorial Fund and the NYC Department of Cultural Affairs for their generous support of The Creative Center at University Settlement’s Arts Workshop Program for people with cancer and other chronic illnesses.
March

Knitting TLC: Texture, Lace, Color

LACE

Lisa Daehlin
VIRTUAL on ZOOM
Fridays, March 1, 8, 15, 22 (4 Sessions)
11:00 - 1:00 PM ET

Registration: https://forms.gle/vFVViCtqLQLAtbPh7

VIRTUAL on ZOOM
Fridays, March 1, 8, 15, 22 (4 Sessions)
11:00 - 1:00 PM ET

Description: This workshop is part of a 3-part series titled "Knitting TLC: Texture, Lace, Color." The technique of knitting allows for so many variations. Join us on an exploration of those variations as we dine on this banquet of different techniques. Each 4-week workshop focuses on a different aspect of knitting: Texture, Lace, Color. Sign up for any one, two, or all three Knitting TLC workshops… the progression of these workshops is not linear. Prerequisite: Before the first class, participants should be comfortable with how to cast-on, knit, purl, bind-off.

WORKSHOP 2: LACE

Knitting Lace is an exploration of positive and negative space. The sinewy lines created when using relatively simple knitting maneuvers (yarn-over increases paired with different types of decreases) lead the yarn (and your eye) through the landscape of a fabric composed of lines, holes, shapes, motifs — both organic and geometric. In this workshop learn how to: make these various paired increases/decreases; knit (and how to read, in words and charts) some specific stitch patterns designed...
to focus on the various elements of knitted lace; incorporate beads into the stitches; knit an edging and how to attach it to a non-bound-off edge; create the formulas for using this decorative (yarn-over) increase to create rectangular, circular, and triangular shapes. Prerequisite: Before the first class, participants should be comfortable with how to cast-on, knit, purl, bind-off.

**Materials:** Yarn: worsted weight yarn, smooth texture, NOT cotton (1 in a light-colored yarn, the other in a contrasting not-too-dark color). Minimum of 2 balls/skeins of worsted/similar weight yarn. Tools: 1 pair knitting needles (size 8 or similar), 1 set double-point needles (size 7 or 8 or similar), 1 crochet hook (size G or similar), blunt-tipped darning/sewing needle (with large “eye” for yarn), recommended brand: Clover. Scissors. Note pad and pencil or pen.

Lisa Daehlin (MA in Music and Music Education, Columbia University, Teachers College ‘12) is a knitting designer and opera chanteuse. Her project of #LovePeopleBeKind has as its goal bringing the world together in seemingly small ways (one heart at a time) that can grow more plentiful than any we can imagine. The expanding imagery of hearts, roots, and sinews finds its way into her body of work in the form of mandalas, circles, concentric imagery, emanating outward and onward through heart, thought, hands, materials, and tools. Lisa’s artistic identities as a singer and a stitch wielder often blend together in her performance of art song on the concert stage, in cabarets, and in windows of yarn shops. One such example, her OperaKnit Cabaret, rears its head in various incarnations. Her designs can be found gracing the pages of numerous publications: Interweave Knits, Knit.1, Knit Simple, and Vogue Knitting; Lace Style, Bag Style, The New Tunisian Crochet, Vogue Knitting Lace: 40 Bold and Delicate Knits, Vogue Knitting: Ultimate Hat Book, and Vogue Knitting: Shawls and Wraps. Over the past two decades, Lisa has taught at several venues including: 92NY, The Cooper Union, The Creative Center, Newark Museum of Art, PS122 Gallery, Harlem Knitting Circle, University Settlement, Vogue Knitting LIVE, and the American Folk Art Museum in New York. lisadaehlin.wordpress.com
Drawn to Each Other
Maxine Levinson
VIRTUAL on ZOOM
Tuesday, March 5, 12, 19 and 26
11: 00 – 12:30 pm ET

Registration: https://forms.gle/TdqcD5kE0Cdl8p7

Description: Drawn to Each Other is a weekly zoom gathering to see, to develop, practice and draw faces...each other's faces. We will draw each other to tracks of music, each about 2-5 minutes long. Ideas will be generated, but there is no instruction. Results can discussed but there is no criticism. You do not need any previous drawing experience to join the sessions. Beginners or more experienced artists are welcome. You do not need any special material. Any paper and any drawing implements you have on hand ...pen, pencil crayon ...will do.

Materials: Participants do not need any special material. Any paper and drawing materials thye have on hand ...pens, pencils, crayons, charcoal...will do. As time goes in, we will explore different drawing materials.

Maxine Levinson was a television executive and producer for 30 years. Following that career, she became a teaching artist and has taught knitting, beading and bookmarking at Mt. Sinai's Child Life Department and with The Creative Center. She has been involved with portrait drawing for many years and participates in many portrait drawing groups.
Follow me at: @craftymax15
ARTiculation: Talking About Art and Sharing Works-In-Progress
Maria Fernanda Hubeaut and Liz Rubel
VIRTUAL on ZOOM
Wednesday, March 6th
6:00 - 8:00 PM ET

Registration: https://forms.gle/PXNaMQEqrGsFpnDJ9

Description: ARTiculation is a space where we can talk freely and honestly about our art processes, our inspirations, muses, concerns, hiccups, accomplishments, and more. It is a monthly drop-in style two hour workshop that has created a tight knit community as we share finished pieces, works in progress, ideas for future work, and everything in between. Some sessions we have 1-2 artists present a body of work and some sessions are more roundtable sharing for all.

Maria Fernanda Hubeaut is an Argentine-American photographer and performance artist whose rich ethnic background and roots in Eastern philosophy inform her life and her work. Nothing is as it appears, and Hubeaut’s composition and timing capture those encounters in which superficial societal constructs break to reveal our human story of survival and joy, and our astounding capacity to hope, grow, and create beyond our self imposed limits.
The Moving Pen
Frank Haberle
ONGOING - VIRTUAL
Mondays, March 11, 18, and 25
6:00 - 8:00 PM EDT

Description: This prompt-based creative writing workshop is designed to help you discover your voice, develop new material and be part of a community of other writers in a supportive environment led by writer Frank Haberle from the NY WRITERS COALITION, a community-based organization that provides free creative writing workshops to New Yorkers, including the formerly voiceless and disenfranchised. http://nywriterscoalition.org/

NOTE: This program is currently full but we are accepting waiting list registration. Participants must commit to writing each Monday to retain group membership.
Sign up for this writing class via email! Zoom instructions will be sent to you directly.

Contact: workshops@thecreativecenter.org

FRANK HABERLE’S latest book, Downlanders, is an adventure story that follows five ill-equipped 1980s misfits into ‘the last great wilderness’ in search of adventure, or fortune, or redemption. His stories have won awards from Pen Parentis (2011) and the Sustainable Arts Foundation (2013) and appeared in magazines including Stockholm Literary Review, Necessary Fiction, the Adirondack Review, Smokelong Quarterly, and the Baltimore Review.
April

The Moving Pen
Frank Haberle
ONGOING - VIRTUAL
Mondays, April 1, 8, 15, 22 and 29
6:00 - 8:00 PM EDT

Description: This prompt-based creative writing workshop is designed to help you discover your voice, develop new material and be part of a community of other writers in a supportive environment led by writer Frank Haberle from the NY WRITERS COALITION, a community-based organization that provides free creative writing workshops to New Yorkers, including the formerly voiceless and disenfranchised. http://nywriterscoalition.org/

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Drawn to Each Other
Maxine Levinson
VIRTUAL on ZOOM
Tuesday, April 2, 9, and 23
11: 00 - 12:30 pm ET

Registration: https://forms.gle/TdqcD5kEOCdULj8p7

Description: Drawn to Each Other is a weekly zoom gathering to see, to develop, practice and draw faces...each other's faces. We will draw each other to tracks of music, each about 2-5 minutes long. Ideas will be generated, but there is no instruction. Results can discussed but there is no criticism. You do not need any previous drawing experience to join the sessions. Beginners or more experienced artists are welcome. You do not need any special material. Any paper and any drawing implements you have on hand ...pen, pencil crayon ...will do.

Materials: Participants do not need any special material. Any paper and drawing materials thye have on hand ...pens, pencils, crayons, charcoal...will do. As time goes in, we will explore different drawing materials.

Maxine Levinson was a television executive and producer for 30 years. Following that career, she became a teaching artist and has taught knitting, beading and bookmarking at Mt. Sinai's Child Life Department and with The Creative Center. She has been involved with portrait drawing for many years and participates in many portrait drawing groups.
Follow me at: @craftymax15
ARTiculation: Talking About Art and Sharing Works-In-Progress

*Maria Fernanda Hubeaut and Liz Rubel*

VIRTUAL on ZOOM  
Wednesday, April 3rd  
6:00 - 8:00 PM ET

**Registration:** [https://forms.gle/U2r3hAm3HT1goNUe6](https://forms.gle/U2r3hAm3HT1goNUe6)

**Description:** ARTiculation is a space where we can talk freely and honestly about our art processes, our inspirations, muses, concerns, hiccups, accomplishments, and more. It is a monthly drop-in style two hour workshop that has created a tight knit community as we share finished pieces, works in progress, ideas for future work, and everything in between. Some sessions we have 1-2 artists present a body of work and some sessions are more roundtable sharing for all.

**Maria Fernanda Hubeaut** is an Argentine-American photographer and performance artist whose rich ethnic background and roots in Eastern philosophy inform her life and her work. Nothing is as it appears, and Hubeaut’s composition and timing capture those encounters in which superficial societal constructs break to reveal our human story of survival and joy, and our astounding capacity to hope, grow, and create beyond our self imposed limits.
In Our Bodies: Creative Movement for Building Connection

Sammie Sachs  
IN-PERSON at 273 Bowery  
Wednesdays, April 3, 10, 17 and 24 (4 sessions)  
6:00 – 7:30 PM ET

Registration: https://forms.gle/qpq4LAr3M3vEKXbn9

Description: Our bodies contain eons of inherited wisdom that is often disregarded in our hyper-rationalist society, even though moving our bodies is the first way we interact with and learn from the world, as babies. To move in an expressive, intuitive, and conscious way can deepen our connection to ourselves, to others, and to the world around us. This workshop will explore a variety of creative movement practices in a non-judgmental, welcoming atmosphere where your unique movement expression can be a pathway to knowledge, growth, vitality, and transformation.

Materials will be provided.

Sammie Sachs is a lifelong dancer who loves nothing more than moving to music on an energizing dancefloor. Weaving together many dance, theater, and performance traditions throughout her life—including tap, jazz, modern, postmodern, house, Caribbean dance, Authentic Movement, musical theater, and more—her soul is driven by expressive movement. She is currently training in dance/movement therapy, seeking to support others in using movement for individual and collective healing.
Spring Light: Shadow Puppets, Lightboxes, Action!

Jerise Fogel

IN-PERSON at 273 Bowery
Thursdays, April 4, 11, 18 and 25 (4 sessions)
1:00 PM - 3:00 PM ET

Registration: https://forms.gle/gEVR9zCYGJNZLPe67

Description: Spring is the time to celebrate light! In this workshop, participants will learn some techniques for creating and playing out stories and poems using shadow, light, and paper. Starting with the spring and light stories and poems that participants write, find, or remember (the instructor will also be bringing some to inspire and use if you would like!). Participants will share their stories by dramatizing them with shadow puppets (action! using a theater we create and illuminate), using papercutting and design skills to build a lightweight, layered lightbox that shows a scene of our own design, artwork to remind ourselves to look for the light.

Materials: Materials will be provided.

Jerise Fogel is a sketcher, paper artist, calligrapher, and teacher based in Washington Heights. Her artwork is inspired by the everyday places, people, and moments we take for granted. She does all sorts of papercut and other artwork, and has collaborated with public school students on murals, taught perspective and figure drawing, and shown work across the Heights, including at Buunni (Pinehurst and also Inwood locations), Recirculation (Word Up), and in various venues as part of a print exhibition about gentrification.
Knitting TLC: Texture, Lace, Color
COLOR
Lisa Daehlin
VIRTUAL on ZOOM
Fridays, April 5, 2, 19, 26 (4 Sessions)
11:00 - 1:00 PM ET

Registration: https://forms.gle/7e5db6S5HKoFczR78

Description: This workshop is part of a 3-part series titled “Knitting TLC: Texture, Lace, Color.” The technique of knitting allows for so many variations. Join us on an exploration of those variations as we dine on this banquet of different techniques. Each 4-week workshop focuses on a different aspect of knitting: Texture, Lace, Color. Sign up for any one, two, or all three Knitting TLC workshops… the progression of these workshops is not linear. Prerequisite: Before the first class, participants should be comfortable with how to cast-on, knit, purl, bind-off.

WORKSHOP 3: COLOR

Knitting Colorwork takes many forms. The different colors/types of yarns can seat neatly next to each other, taking their turn to be worked from one needle to the other. Or they can move in unexpected ways and in unanticipated orders, reaching up from or down into the rows below, criss-crossing and jutting across other stitches, creating surprising patterns and images. We explore striping, intarsia, fair isle, slip-stitch and mosaic knitting. The way the yarns connect to each other, wrap around, in front, in back, join to their neighbor stitches provides many expressive options.

Prerequisite: Before the first class, participants should be comfortable with how to cast-on, knit, purl, bind-off.

Materials: Yarn: at least 2 contrasting colors of yarn (this is a great stash-buster, feel free to vary your colors and textures of yarn). Minimum of 2 balls/skeins of worsted/similar weight yarn. Tools: 1 pair knitting needles (size 8 or similar), 1 set double-point needles (size 7 or 8 or similar), 1 crochet hook
(size G or similar), blunt-tipped darning/sewing needle (with large “eye” for yarn), recommended brand: Clover. Scissors. Note pad and pencil or pen.

Lisa Daehlin (MA in Music and Music Education, Columbia University, Teachers College ’12) is a knitting designer and opera chanteuse. Her project of #LovePeopleBeKind has as its goal bringing the world together in seemingly small ways (one heart at a time) that can grow more plentiful than any we can imagine. The expanding imagery of hearts, roots, and sinews finds its way into her body of work in the form of mandalas, circles, concentric imagery, emanating outward and onward through heart, thought, hands, materials, and tools. Lisa’s artistic identities as a singer and a stitch wielder often blend together in her performance of art song on the concert stage, in cabarets, and in windows of yarn shops. One such example, her OperaKnit Cabaret, rears its head in various incarnations. Her designs can be found gracing the pages of numerous publications: Interweave Knits, Knit.1, Knit Simple, and Vogue Knitting; Lace Style, Bag Style, The New Tunisian Crochet, Vogue Knitting Lace: 40 Bold and Delicate Knits, Vogue Knitting: Ultimate Hat Book, and Vogue Knitting: Shawls and Wraps. Over the past two decades, Lisa has taught at several venues including: 92NY, The Cooper Union, The Creative Center, Newark Museum of Art, PS122 Gallery, Harlem Knitting Circle, University Settlement, Vogue Knitting LIVE, and the American Folk Art Museum in New York. lisadaehlin.wordpress.com