

The Evergreen

Providing News and Information for Pelham, NH and Surrounding Communities
Including Hudson, Salem, and Windham

DECEMBER, 2023 • Vol. II No 12 • www.theevergreennewspaper.com

ARTISAN HOTEL AND TUSCAN KITCHEN GRAND OPENING

by Emily Bilodeau, Southern New Hampshire Chamber of Commerce

As the sun set, the ribbon was cut, celebrating the opening of the new Artisan Hotel located at 17 Via Toscana and Tuscan Kitchen located at 19 Via Toscana, Salem, NH. The night was filled with excitement and a good time was had by all. The Southern New Hampshire Chamber of Commerce wants to congratulate Tuscan Brands on this huge accomplishment. *Continued on page 7.*



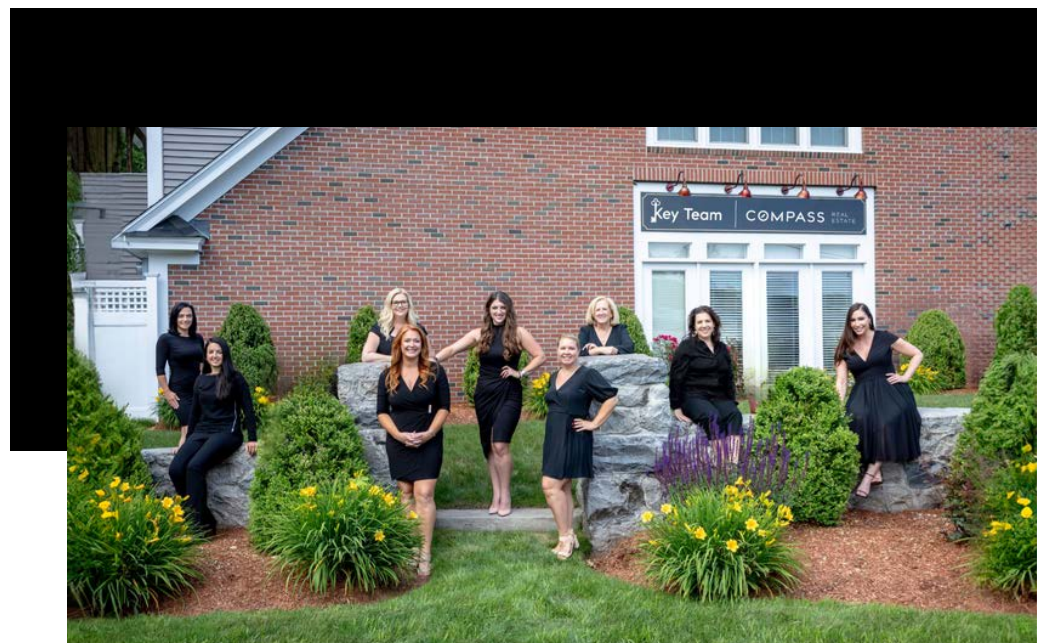
BRIDGE STREET HARDWARE

Your Community Hardware Store
122 Bridge Street • Pelham, NH
603-635-1521

WINTER SPECIALS

- Wood Pellets
- Shovels
- Rock Salt





You Deserve an Agent Who Will Do More Than Just Sell Your Home.

Learn why sellers say that working with Key Team was the difference between success and stress.



25 Indian Rock Road, Suite 4 Windham NH 03087 O: 603.965.2265

Compass is a licensed real estate broker in Massachusetts and Compass Real Estate is a licensed real estate brokerage firm in New Hampshire, Maine, and Vermont and each abides by Equal Housing Opportunity laws. All material presented herein is intended for informational purposes only. Information is compiled from sources deemed reliable but is subject to errors, omissions, changes in price, condition, sale, or withdrawal without notice. Photos may be virtually staged or digitally enhanced and may not reflect actual property conditions.

Letter From the Editor:



Hello Neighbors,
In our continuing effort to supply our readers with useful information, I am happy to announce the addition of four new monthly columns, starting with this issue. The new columns include: *The Insurance Corner* by Al Haghdan, *What's Happening With Our Lakes and Ponds* by Tanya Donnelly, *Armed With Knowledge* by Charity Willis, and *This is IT* by AVIT Managed Service Provider.

In addition, we have started a new series titled *Nonprofit Spotlight*, where we will focus on a local nonprofit organization – giving them added exposure within the communities we serve.

Great news for our advertisers... Because of the high demand for The Evergreen at news stands located throughout Pelham, Salem, Windham, and Hudson, we have increased our circulation to 11,000 copies each month. For information how you can advertise your business in The Evergreen, please email us at theevergreennewspaper@gmail.com. And, if you are a Southern New Hampshire Chamber of Commerce member, you can receive special advertising rates.

As always, thank you to the many article contributors and advertisers that make The Evergreen possible each month. Happy holidays.

Respectfully,
Fred Young – Editor/Art Director

Founder – Kimberly Abare
theevergreennewspaper.com
Editor/Art Director – Fred Young
fyong@ydesign.com

The Evergreen is published by The Pelham Evergreen, LLC, 39 Parkside Drive, Pelham, NH 03076. ©2023 The Pelham Evergreen, LLC. All rights reserved. Contents may not be reproduced in any manner without advance written permission by the publisher. The publisher and its agents assume no liability for contents or claims made by those interviewed for any articles or any articles submitted. Any opinions expressed are those of the person(s) making the statements and do not necessarily reflect the opinion of the publisher, its agents, or The Pelham Evergreen, LLC.

Sara Landry Departs as Director of the Hobbs Community Center

by Kimberly Abare

A farewell gathering took place on the afternoon of Friday, October 27, 2023, for Sara Landry. Approximately 100 individuals assembled to bid adieu to Landry, who has been the dedicated Director of Senior Programs at the Hobbs Community Center. Landry is embarking on a new chapter as the Director of Senior Programs in Newburyport, MA, after faithfully serving the Pelham community for nearly 14 years.

During this heartfelt event, Yvonne La-Garde, Chairwoman of the Council on Aging, shared her thoughts. Kimberly Abare, NH State Representative, also delivered remarks. Town Administrator Joe Roark presented Landry with a plaque on behalf of the Selectboard, and Chief of Police Anne Perriello offered her well wishes and appreciation. Landry took the microphone and thanked everyone for all of the support during her time in Pelham.

There were three tables of desserts lining the hall and a table full of cards and gifts.



Financing your kid's college education?

Ask about a Home Equity Line of Credit.
10 Year Draw, 10 Year Repayment

HERE FOR YOU. WE ARE YOU.



MAIN OFFICE
(603) 893-3333
3 South Broadway
Salem, NH

METHUEN OFFICE
(978) 682-1010
284 Merrimack Street
Methuen, MA

Visit us online at: www.salemcoop.com

*Subject to credit approval. Other restrictions may apply.
Equal Housing Lender Member FDIC NMLS ID# 543601

Pelham Water Commission Update

Pennichuck, as you may or may not know, has three divisions:

1. Pennichuck Water Works, Inc. – Regulated Water Utility
- Established in 1852 – serves 11 cities and towns. Serving approximately 28,000 customers, which comprises approximately 10% of the households in NH.
2. Pennichuck East Utility, Inc. – Regulated Water Utility
- Established in 1998 – serves 19 cities and towns; located throughout southern and central NH, approximately 7,300 customers.
3. Pittsfield Aqueduct Company, Inc. – Regulated Water Utility
- Acquired in 1998 – serves the town of Pittsfield, NH, approximately 650 customers.

Pelham does business with Pennichuck East Utility (PEU).

Pennichuck will be restructuring their corporate structure to be one entity – instead of three.

We were told that this consolidation will not include any computer upgrade or any change in personnel. Apparently, it is only corporate. They believe that this merger will reflect in a decrease in rates as they will be leaning out their processes. All of the hearings are held in front of the Public Utilities Commission.

A Consolidated Rate Case hearing will be set shortly. Pennichuck will be releasing notice to all customers at that time, along with a list of frequently asked questions.

*Respectfully submitted,
Kimberly Abare,
Water Commission Chair*

SUPPORT OUR ADVERTISERS...
and tell them you saw their ad in *The Evergreen*.

ARROW PROVIDING CONVENIENT DUMPSTER SERVICES

**House/Apartment/Estate Clean-Out
Yard Clean Up • Additions
Remodeling • New Construction
10-40 Yard Open Top Roll-Off Containers**

Arrow Container Services LLC is an established company providing effective residential and commercial waste removal and dumpster rental services. You can always rely on us for your dumpster rentals at competitive prices.

ARROW CONTAINER SERVICES

603-635-4555 • 877-322-7769

16 Pulpit Rock Road • Suite #1 • Pelham, NH

www.arrowcontainerservices.com

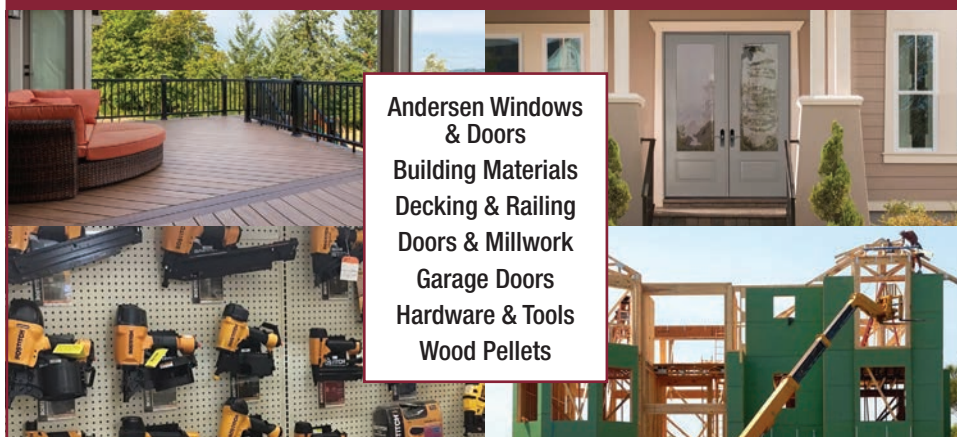
arrowcontainerservices@gmail.com

**\$25 OFF+
ANY DUMPSTER
starting at \$475 and up with
this ad. New customers only
on their first dumpster.**

Not to be combined with any other offers. Expires 3/31/23. Must mention this ad when ordering.



For over 35 years, Pelham Building Supply has prided itself on offering customers the finest selection of home improvement and building products at affordable prices.



Andersen Windows & Doors
Building Materials
Decking & Railing
Doors & Millwork
Garage Doors
Hardware & Tools
Wood Pellets

Pelham Building Supply

6 Atwood Road Ext. • Pelham, NH 03076 • (603) 635-7555

pelhambuildingsupply.com • info@pelhambuildingsupply.com

Thumbs Up!



Thumbs Up to: Chief Anne Perriello for keeping Pelham safe. As the details of the New England Pentecostal Church come to light at trial, Chief Perriello's courage and fortitude shined through. — *Lori S.*

Thumbs Up to: Pelham Town Employees (Teachers and Administrators). Pelham Public School Teachers and Administrators, you go above and beyond for the benefit of our children (they are the future). Your efforts are appreciated, valued, and deserve to be celebrated. Thank you for all you do. — *Mike A.*

Thumbs Up to: Pelham High School Wrestling Team. Thanks to all of the Pelham High School athletes who joined the wrestling team to make sure the team is competitive in all weight classes. It's a great way to stay in top shape and to represent Pelham. — *Jay B.*

Please submit your positive Thumbs Up comments in one of two ways:

www.theevergreennewspaper.com/thumbs-up or mail to: Thumbs Up, 39 Parkside Drive, Pelham, NH 03076

The Evergreen reserves the right to print or not print the comment.

The Evergreen will print your first name and last name initial unless you request differently.

Scams and Phishing

by Ashley Milinazzo, Media Specialist, Pelham Police Department



With the holiday season already upon us, the Pelham Police Department would like to remind everyone to be alert to internet scams when shopping online. We have seen an increase in fraudulent online activity. Protect your devices by keeping the software up-to-date using complex passwords or two-factor authentication. Do not click any links or download attachments unless you're confident of where they came from. Another very important tip, that many people don't think about is to save your online shopping and mobile banking for when you are at home or on a friend or relatives' trusted Wi-Fi. Do not shop or enter banking or credit card information when using a public Wi-Fi connection.

Scams and phishing are a real problem when it comes to online browsing. Social media marketing uses formulas to target their audience, based on your search history or even how long you hover over ads. The information is gathered to narrow what you see or what is advertised to you and can also be known as "click-bait." Although there are many small businesses that are great to shop with online, many others could be scams. We just hope to bring awareness for shoppers to slow down and pay attention to the signs. Before providing any personal or financial information, make sure that you are interacting with a reputable, established vendor. Be smart, stay safe, and have fun. Happy holidays from the Pelham Police Department.

A Smoother You

Cosmetic Injectables • Body Contouring • Skin Rejuvenation

**Here's a great Christmas Idea!
Give that someone special
a gift certificate from A Smoother You.
Order online at asmootheryou.com,
stop by our spa, or call 603-860-3893.**

Visit our web site at
asmootheryou.com

to learn how A Smoother You can make a difference in your life.

A Smoother You
1794 Bridge Street, Unit #4 • Dracut, Massachusetts 01826
(Just over the Pelham/Dracut line)
(603) 860-3893
maureen.robidoux@comcast.net

Gage Hill Farm CONVENIENCE

Gage Hill Farm Convenience Store
1015 Bridge Street • Pelham, NH 03076
603.898.6776

Fast & Friendly Service
Beer and wine • Our famous homemade popcorn
Convenience goods • Propane filling station
Deli counter • Fresh farm produce • NH Lottery

Pelham Council on Aging (COA) Corner by Yvonne La-Garde

Pickleball Extravaganza Makes a Smash Hit: Community Unites for a Day of Fun and Charity

In a display of community spirit and sporting prowess, the pickleball tournament held on October 28 at our brand-new courts built on the grounds of Hobbs Community Center at 8 Nashua Road in Pelham by the Pelham NH Council on Aging, proved to be an unparalleled success. The event, coordinated by volunteer Lynne Hildreth, brought together seasoned players and newcomers alike for an exhilarating day of action on the courts. While the exact financial results are still being tallied, it's estimated that approximately \$3,700 was raised. What's more, this figure could rise as some donations and contributions are yet to be recorded.

The event, which attracted 48 enthusiastic players, was especially notable for the fact that two-thirds of them had taken up the sport only since the spring. The pickleball community has been growing, and the tournament provided an excellent platform for these newcomers to showcase their burgeoning skills.

What truly made this tournament stand out was the tremendous support from volunteers and spectators. Over a dozen individuals selflessly dedicated their time and energy to ensure the event's smooth operation while more than 30 spectators gathered to cheer on the participants. Additionally, the tournament drew curious onlookers, inspiring them to join the frenzy of pickleball madness.

Competing at three different skill levels, from beginners to intermediates and advanced players, there was no shortage of thrilling matches to be witnessed. In the end, eight deserving champions were crowned and awarded with visors and drink bottles generously donated by Donna and Michael Yopp.

The excitement didn't end on the courts. Spectators and participants alike had the chance to win prizes through raffles. Lucky winners also had the opportunity to indulge in a pickleball lesson for four, personally conducted by pro, Michael Messier. Furthermore, wine baskets were up for grabs, providing the perfect way to celebrate the day's achievements, and a Dunkin' Basket offered a delightful boost to kick-start mornings.

If you missed out on the event but still want to show your support, don't worry. There are around 20 tournament-themed T-shirts available for purchase, allowing

you to wear your pickleball pride wherever you go.

In terms of expenses, the tournament managed to keep them at a minimum, with the main cost incurred in the production of T-shirts. The overwhelming generosity of the players, volunteers, and donors ensured that the event remained financially healthy and was able to contribute to a worthy cause.

The success of this pickleball tournament was not just about the sport but also a testament to the power of community engagement and support. With a blend of competition, camaraderie, and charitable giving, it was an event that truly encapsulated the spirit of our town. As we eagerly await the final tally of funds raised, one thing is certain: the pickleball madness has firmly cemented its place in our community's heart, and we look forward to even more successful events in the future.

See pickleball tournament photos on page 47.

SilverSneakers: Empowering Older Adults on Medicare for a Healthier Tomorrow

As we age, staying active and maintaining our physical and mental well-being becomes increasingly important. The SilverSneakers program is a remarkable initiative that helps older adults who purchase Medicare Advantage Plans (not original Medicare or Medicare Supplemental plans) to get active, connect with others, and improve their overall quality of life. In this article, we will explore what SilverSneakers is all about, who is eligible for it, and how it can benefit older adults in our community.

What is SilverSneakers? SilverSneakers is a fitness program offered at no additional cost to older adults on Medicare Advantage plans. This program provides access to a wide range of resources to help older adults lead healthier and more ac-

tive lives. It includes live online fitness classes, on-demand videos, and access to thousands of gyms across the country.

Medicare Plans That Cover SilverSneakers. Most Medicare Advantage (Part C) plans include a SilverSneakers membership. To become eligible, you must first be signed up for Original Medicare. After that, you can select a Medicare Advantage Plan that includes SilverSneakers. Aetna, Anthem, Bankers Life, Blue Cross Blue Shield, Care Plus, Clover, Eon Health, and Humana insurance companies offer SilverSneakers as part of their plan benefits).

The Cost of SilverSneakers. The great news is that there is no cost to you if you have SilverSneakers included in your Medicare Advantage plan. This means you can access fitness and wellness resources without any financial burden.

Eligibility for SilverSneakers. If you're 65 or older and have Original Medicare, you're eligible for SilverSneakers. Just be sure you're enrolled in a Part C Medicare Advantage plan that includes SilverSneakers benefits.

How SilverSneakers Works. Once you've enrolled in a Medicare Advantage plan that includes SilverSneakers, you can easily sign up on the SilverSneakers website. Here, you will receive a 16-digit ID number, granting you access to SilverSneakers LIVE classes online, on-demand videos, and valuable health and wellness articles. Alternatively, you can take your 16-digit ID number to one of the thousands of SilverSneakers locations nationwide to kick-start your fitness journey.

Benefits for Older Adults on Medicare. SilverSneakers focus on critical aspects of health and wellness for seniors, including:

1. Stamina: Improving stamina through aerobic or cardio training, which increases heart rate, helps maintain healthy weight levels, and enhances mobility.

2. Strength: Strength training can help prevent various health conditions, and it doesn't require heavy lifting. Simple exercises like chair squats and wall pushups can build and tone muscles.

3. Flexibility: Flexibility exercises improve movement, warm up muscles, and reduce the risk of injury. Gentle stretches can help alleviate common discomforts like neck cricks and backaches.

4. Balance: Balance exercises enhance mobility and physical control, reducing the risk of falls.

SilverSneakers and the FLEX Community Program If you're enrolled in SilverSneakers, you also gain access to FLEX Community workout classes. These classes are held at community centers, parks, and online, led by local instructors. They offer a diverse array of activities, including yoga, tai chi, Zumba, and more, all led by professional instructors who understand the unique fitness needs of older adults.

In conclusion, SilverSneakers is a fantastic opportunity for older adults on Medicare to enhance their physical and mental well-being. It empowers our older community members to lead healthier, more active lives, and the best part is that it comes at no additional cost. So, if you or a loved one is eligible, don't miss out on this fantastic opportunity to stay fit and connected. If you are a pickleball player and want to play pickleball indoors during the winter months, check out Westwood Park YMCA in Nashua. Pickleball is open for everyone and SilverSneakers pays for your gym membership. For more information, contact: SilverSneakers.com or call 1-888-423-4632.

Submitted by Yvonne La-Garde
Pelham NH Council on Aging
pelhamnhcoa.org
ylg52@comcast.net • 603-635-3168

The "Pelham Council on Aging (COA) Corner" is sponsored by:

Julie D'Arcangelo & CO
Coldwell Banker Realty

9 Main Street • Pelham, NH 03076
O: 603.508.6581 • C: 978.490.8465
Julie.DArcangelo@NEMoves.com

Proud to be your trusted Real Estate source. Licensed in MA and NH.

KUDOS TO WHO?

If you would like to give a "Thumbs Up" to someone or something, please go to <https://evergreennewspaper.com/thumbs-up>



December Events - Pelham Public Library

Visit our website at pelhampubliclibrary.org for more information on how to participate in our summer reading challenges.

Adult Events

Saturday, December 2, 12:00pm – Adult Holiday Needle Felting Workshop*

Tuesday, December 5, 6pm – Science Fiction Book Club

Tuesday, December 12, 7pm – Holiday Handbell Music*

Thursday, December 14, 6:30pm – Adult Book Discussion

Tuesday, December 19, 6:30pm – Adult Embroidery Club: Felt Embroidery*

Children's Events

Storytimes every Monday, Tuesday, and Thursday at 10:15am and alternating Saturdays at 10:30am

Wednesday, December 6, 4pm – Tween Time: Paint and Sip (ages 10 and up)*

Wednesday, December 13 and 27, 4pm – Pick a Brick LEGO Time

Thursday, December 14, 4pm – Ceramic Gingerbread House Painting*

Friday, December 15, 11am – Homeschool Hangout*

Wednesday, December 20, 4pm – Chapter Chats Book Group

Teen Events

Snack Attack every Tuesday at 2:30pm

Monday, December 4, 2:30pm – Writer's Club Wrap-Up

Thursday, December 2, 2:30pm – Happy Crafters: Teen Embroidery *

Thursday, December 14, 2:30pm – Teen Time: Ceramic Gingerbread House Painting

Thursday, December 21, 4pm – Teen Book Club

***To register for events, go to Pelhampubliclibrary.org or call 603-635-7581**



Each month, *The Evergreen* will be featuring a favorite recipe from a Pelham-area resident. If you would like to submit a recipe, please email it to theevergreennewspaper@gmail.com. We cannot guarantee that every recipe will be published, but we will do the best we can.

Submitted by Lori Safford

SWEDISH APPLE PIE

Ingredients:

- 3/4 cup melted butter
- 1 cup flour
- 1 cup sugar
- 1 egg
- 1/2 cup chopped nuts
- Pinch of salt

Directions:

Mix all ingredients and let the mixture sit while peeling and slicing enough apples to fill a pie plate (I suggest mixing Macintosh, Cortland, and Granny Smith apples). Spray the plate with nonstick spray first. You can squeeze a little fresh lemon juice and add to the apples but that's optional.

Mix 1 tablespoon of sugar with 1 teaspoon of cinnamon and sprinkle over the apples. Spread the batter over the apples and bake at 350 degrees for 45 minutes.

Thank you, Lori.



Candria Foot and Ankle Specialists

Welcome to our new podiatry office located at 32 Stiles Road, Salem, NH, bordering Pelham, NH, and just minutes from the Massachusetts border.

Candria Foot and Ankle Specialists and Wound Care Center

Our practice provides every patient with compassionate excellence in foot and ankle care. We use some of the newest cutting-edge technology to help solve any foot and ankle ailment. Every patient will receive a thorough examination and accurate diagnosis at each visit in a confidential and comfortable environment. In the event of an emergency, we offer same-day visits at both our Salem and Londonderry locations.



Meet our Podiatrist, Dr. Pasquale Cancelliere

Dr. Pasquale Cancelliere is a board certified, fellowship-trained podiatrist. He completed a trauma and reconstructive foot and ankle surgical residency at Beth Israel Deaconess Medical Center in Boston, MA. Dr. Cancelliere also served a 3-month intensive fellowship orthopedic rotation at Sinai Hospital in Baltimore, MD.

We treat a wide range of foot and ankle conditions

- Hallux Valgus/Bunions
- Hammer Toe
- Heel Pain/Plantar Fasciitis
- Fractures
- Tarsal Tunnel Syndrome
- Morton's Neuroma
- Diabetic Foot Ulcers
- Charcot Arthropathy
- Flat Foot
- Osteoarthritis of the Foot and Ankle
- Gout
- Peripheral Leg and Foot Edema
- Ingrown Nails
- Nail and Foot Fungus
- Athletes Foot
- Diabetic Foot Care
- Routine Foot Care
- Wound Care

Candria Foot and Ankle Specialists

Londonderry, NH

25 Buttrick Road, Londonderry, NH 03053

Phone (appointments): 603-216-2972

Phone (general inquiries): 603-216-2972

Salem, NH

32 Stiles Road, Suite 102, Salem, NH 03079

Phone (appointments): 603-912-5473

Phone (general inquiries): 603-912-5473

candriafas.com



BOUFFORD INSURANCE AGENCY

Boufford Insurance Agency offers a broad range of insurance products and services to individuals and businesses in New Hampshire and Massachusetts. The professional staff at Boufford Insurance takes the complexity out of the insurance contract by matching each customer with the company that best fits his or her needs. Price and coverage are important considerations when buying insurance, and we strive to achieve the right balance for each individual and business. People do business with Boufford Insurance Agency because they trust the choices we make.

Give Shannon Whiting, our licensed agent and Pelham resident, a call and let her show you how Boufford Insurance can be your one-stop agency for all your personal and business insurance needs.

BOUFFORD INSURANCE AGENCY

167 South River Road, Unit 10 • Bedford, NH 03110

603-673-7228

Artisan Hotel and Tuscan Kitchen Grand Opening... continued from page 1.

The Artisan Hotel is the first Marriott Tribute Portfolio hotel in New Hampshire. The Artisan Hotel offers 165 guest rooms with a modern vintage design aesthetic offering a dreamy and welcoming stay. The property features a full fitness facility, luxury pool and lounge area, 12,000-square-foot banquet and event space, multiple dining concepts and rooftop bar as well as walkable amenities, including restaurants, retail, health and fitness, and an upcoming entertainment district.

Experience the new Tuscan Kitchen, check out the views at The Rooftop at The Artisan, indulge in delights at Caffe Artisan Espresso Bar & Coffee Co., and discover the warmth of The Artisan Hotel. Make your reservation today by going to <https://www.theartisanhotelattuscancanvillage.com/>.

We love to support our local family businesses. It is the best feeling to see them succeed and make connections in our community. We wish them much success and happiness with their business. The Southern New Hampshire Chamber of Commerce is organized to foster an environment that promotes and supports business relationships and community involvement in the area. For more information on the Chamber, please call 603-893-3177 or visit their website at southernnhchamber.com.

ARE YOU CONSIDERING SELLING LAND?

Keep Pelham Rural!
Contact Al Steward at asteward@pelhamweb.com

We are looking for open land for conservation use!

Need a Meeting Room Here in Pelham?

Historical Ambiance: Immerse yourself in the unique charm of our historic venue. Located within the heart of Pelham's rich heritage, our meeting room offers an inspiring backdrop that's sure to spark creativity and engage up to 25 participants.

Call or email Bill Scanzani for details at BScanzani@earthlink.net or 508-878-8165

Council on Aging Pelham NH

Donations Appreciated

THANK YOU for being part of our age friendly community!

@PelhamNHCOA

venmo

SUPPORT OUR ADVERTISERS...
and tell them you saw their ad in *The Evergreen.*

Happenings at the Hobbs Community Center – December 2023

For a full schedule of programs and additional information on special programs at the Hobbs Community Center, make sure to check out our bimonthly newsletter. Newsletters are available for pickup at the Hobbs Community Center (HCC), or they can be viewed on the Town of Pelham NH’s website. As always, for more information, we welcome you to stop into the Hobbs Community Center during Senior Program hours: Monday-Friday 8:30am to 3pm or call us at 603-635-3800. All programs require preregistration and space is limited in most, so please sign up early so as not to be disappointed! Call the Hobbs Community Center to register.

Important Program Notes

The Hobbs Community Center is closed on Friday, December 1, Tuesday, December 5, Monday, December 25, and Tuesday, December 26. The Hobbs Community Center will be closing at noon on Friday, December 22.

Coffee with the Captain

Building relationships, one cup at a time. Coffee with the Captain brings police officers and the community members they serve together – over coffee – to discuss issues and learn more about each other. No agendas. Events are relaxed, informal, and open for discussions about the issues community residents feel are important. Pelham’s Coffee with the Captain will take place at the Hobbs Community Center on Wednesday, December 13 at 9am.

State Representative Kim Abare

Tuesday, December 12 – Hobbs Office Hour 9:30am to 10:30am. Kim will be onsite at the Hobbs CC for office hours to discuss your concerns, upcoming legislation, etc., for the Town of Pelham. Private discussions can be on a one-on-one basis in the PCOA office. No appointment needed.

Team Trivia

It’s easy to play, just gather up your team, register with the main office, and bring your thinking caps. This fun game has 20 questions divided into two halves. Categories include sports, history, television, movies, music, geography, and more.

The winning team will leave with a token prize and bragging rights. Teams can include up to four members. Rules are simple: scoring is on the honor system – cheating is not tolerated, and your team will be disqualified if you cheat. Reference materials and cell phones are not allowed, no shouting out answers, and answers must be written in pen. Team Trivia will take place on **Friday, December 15 at 1pm.**

Team Pictionary

This team game will pair two teams working back-to-back to see who can guess the word first. Teams will be chosen at random at the start of the game and everyone will have at least one chance to be a drawer. Drawers pick a word at random. The winning team will have bragging rights for the week. Anyone who wants to play should register at the

Hobbs Community Center or online in the MyActiveCenter portal. For more information, please see Susan in the main office. This program is free. Team Pictionary will take place on **Friday, December 8 at 1pm.**

Labelle Lights Bus Trip

Tuesday, December 12, 2023, with the bus pickup at 4pm at Hobbs CC and the expected return is approximately 6:40pm. The cost of the trip has also been reduced to \$35 per person and still includes admission to the beautiful holiday lights walking display and bus transportation with tip. You do not want to miss this wonderful event that the entire family can enjoy together. (There is a maximum of 40 seats available for this event). This trip is open to all ages.

BSRC Wellness and Recreation Center Open House

Monday, December 11 from 10am to noon at The Bishop Stanley and Ruth Choate Wellness and Recreation Center, located at 955 Bridge Street, Pelham, NH. The Hobbs CC and BSRC have been working hard behind the scenes to develop a partnership that would benefit both aging adults in Pelham and the youth. This partnership would enlist senior volunteers to help during the youth program, and those volunteers would get free access during senior hours to the BSRC center. The Youth After School Programs: 2:30pm to 7pm, Monday-Friday. Seniors’ access to activities: 9am to noon, Monday-Friday (except during youth out-of-school time/days).

Volunteer opportunities during youth program time – monitoring of certain areas, café attendant, check in and check out students, instructor for programs in which you have expertise and experience, participant in mentoring, and participant in book/poetry clubs (with the youth

members). Activities accessible to seniors will be (must have a signed liability waiver on file): space for indoor walking, use of two indoor pickleball courts, access and use to fitness room (equipment and weights), three ping pong tables, two air hockey tables, two pool tables, two foosball tables, two cornholes, gardening (seasonal), quiet reading room, and coffee and pastry café. Make sure to check it out during the open house.

The activities above will be accessible at no cost to all senior volunteers (age 50-plus) who commit to six hours of volunteering per week in the youth center. Non-volunteers, who are members of the Pelham Council on Aging, can use the facilities during senior activity hours for \$5 per visit. (Must have a liability waiver on file.) Other programs for seniors may be offered at a cost. The cost of the programs will vary depending on a number of factors, including space, and the cost of the instructors, just to name a few considerations.

Travel With Us in 2024

Southern Charm: April 15-21, 2024, if booked before October 14, 2023: \$2,999 Double, \$3,999 Single, \$2,949 Triple (all rates are per person and subject to change). Highlights: Historic Charleston, SC, choice on tour: Walking Tour or Fort Sumter Cruise in Charleston, Boone Hall Plantation & Gardens, Savannah, St. Simons Island, Jekyll Island, and Sea Turtle Hospital. Itinerary-at-a-glance: Days 1 and 2: Courtyard Historic Distruce, Charleston, SC; Days 3 and 4: Hilton Garden Inn, Savannah, GA; Days 5 and 6: Jekyll Island Club, Jekyll Island, GA. 7 days, 9 meals: 6 breakfasts, and 3 dinners. For more information visit https://gateway.gocollette.com/link/1161037.

Greece Island Hopper: September 28-October 8, 2024, with Collette Tours; If booked before January 28, 2024:

\$4,999 Double, \$6,299 Single, \$4,949 Triple (all rates are per person and subject to change). Please join us as we are on our way to Greece, where Mediterranean sunshine and bright, blue waters meet eons of creative ingenuity and an everlasting legacy. Feel the energy of the past and allow the ocean breeze to ruffle your hair – this is the picture-perfect getaway you’ve always dreamed of. 11 days and 14 meals: 9 breakfasts, 1 lunch, and 4 dinners. Highlights: Athens, Taverna Dinner Show, Acropolis, the Parthenon, Mykonos Old Town, Santorini Island, Oia Village, Ancient Akrotiri, and wine tasting. For more information, visit https://gateway.gocollette.com/link/1160970

Sunny Portugal: October 27-November 5, 2024, with Collette Tours; If booked before April 27, 2024: \$3,699 Double and \$4,499 Single (all rates are per person and subject to change.) Ancient castles and Roman ruins, groves of orange and almond trees, quiet white-washed villages, and welcoming locals – Portugal is waiting for you. 10 days, 14 meals: 8 breakfasts, 3 lunches, and 3 dinners. Highlights: Lisbon, Choice on Tour: “Calcadas” walking Tour or “The Way of the Cod” Tour, Belem, Cork Factory, Evora, Winery Visit, Alentejo, Lagos, Algarve, Silves, Setubal, Portuguese Riviera, Obidos, Sintra, Choice of tour: National Palace of Sintra or free time, UNESCO World Heritage Sites. For more information, visit https://gateway.gocollette.com/link 1202292.

For more travel information, please call Cyndi at 603-635-3800, ext. 3.

We look forward to seeing you at the center in November.

Submitted by the Hobbs Community Center and Town of Pelham’s Senior Program

Pelham Parks and Recreation Upcoming Programs

by Janine Cabral, Pelham Parks & Recreation

Register at pelhamnh.recdesk.com if you have a household account, call 603-635-2721 or stop by our Village Green office where we are happy to assist you. Visit our website at www.pelhamweb.com/recreation.

Program Name	Date(s)	Description
Babysitting Training Class	December 16, 2023	One-day babysitting course on Saturdays for boys and girls ages 11-16 at the Pelham Public Library with instructor Becca Mastropiero, from 10:30am to 2pm. Your child should bring a light snack and drink as well as a pen or pencil. They will receive a booklet to keep and a certificate of completion in the mail. \$65 per person. Please register by December 11, 2023.
Youth Basketball	November 2023 through mid to late March 2024	Winter program offering basketball for boys and girls ages 7-15. Games are on Saturdays at both PES and PMS gyms. Evaluations for ages 9+ on Saturday, November 18. Practices start the week of November 20. Coaches needed for all age groups. \$115 per person.
L'il Dribblers Basketball	January 6, 2024-February 10, 2024	Six midday Saturdays (times TBD). Open to boys and girls ages 4-6 at the Pelham Elementary School. Program offers basketball skills, drills, and competition with games at the end of each session. Coaches are needed to assist with teams. \$55 per player. Register by December 12, 2023.
Holiday Tree Creative Contest	November, 2023	Submissions are welcome from children up to age 10. Submit entries by December 8, 2023. Use your imagination and create a Christmas tree using any art materials you choose. One first-prize winner in each age group. Print template from our web page or stop by our office to pick up the template.
Introduction to Karate	December 5, 2023-January 2, 2024 (skipping Dec. 26)	Registration opens November 7. Introductory (4) lessons at Family Martial Art Studios in Pelham, NH, on Tuesdays. Wear loose comfortable clothing. Open to residents and non-residents ages 4-6. Tuesdays from 5pm-5:30pm. Must register by November 28, 2023. \$25 per session.
Introduction to Pottery	January 12, 2024-February 16, 2024	Registration opens December 8, 2023. Program is offered to kids ages 6-13. 6-week session on Fridays from 4:30pm-5:30pm at the Senior Center. Mixed-fired and kids’ pottery will be explored. Each class is an action-packed hour of creativity. All supplies and instructions are included in each project. Your child should wear covering to protect clothing. Class is taught by Time to Clay staff. Please register by January 5. \$95 per session.
Learn to Ski and Snowboard Program	January 4- February 1, 2024	Program is open to middle and high school students. Five Thursday trips to Pats Peak in Henniker, NH. Lessons and rentals available. Fully chaperoned program/coach bus takes kids to and from the mountain. Runs after school from 2:30pm and returns to school at 9pm. \$190 for coach bus. Must pay separately for ski portion through the Pats Peak website with access code. Visit our website for more details.
Total Body Strength and Sculpt Fitness Class	Tuesdays and Thursdays January 2, 2024-February 6, 2024	Registration begins November 17, 2023. This class is for all levels and is designed to strengthen, sculpt, and tone every muscle group. Participants must be 16 years or older to participate. Class takes place on Tuesdays and Thursdays. Attend one day or both days. \$60 per person for one day a week or \$100 per person for two days a week. Classes take place at the Senior Center on Nashua Road. Led by fitness instructor Alison Fournier. Bring a floor mat, water bottle, and weights and resistance bands (optional). Some classes may be held outside, weather permitting.
Adult Coed Volleyball	September 2023-June 2024	Weekly pickup games on Wednesday nights at PES gym throughout school year for ages 18 and up. Registration ongoing throughout the season. \$40 per person
Womens Volleyball	September 2023-June 2024	Weekly pickup games on Monday evenings at PES gym for adult woman 18 and up. \$40 per person. Registration ongoing throughout the season.
Youth Wrestling	November 2023 through mid to late March 2024	Grades K-5 by November 2023. Monday, Wednesday, and Thursday nights at Pelham Memorial School from 6:30pm-8pm (Thursday nights from 6:30pm-7:30pm) No experience needed. Learn the skills of wrestling. One or two tournaments throughout the year. \$95 per person.
Adult Yoga	Session 3-Starts January 8, 2024	Registration for Session 3 begins late November 2023. Classes offered Monday and Wednesday nights from 6:30pm-7:30pm at the senior center (Hobbs Community Center). This is an active, alignment-focused yoga class combining strength-building poses linked with graceful vinyasas. Open to ages 18 and up. Bring a yoga mat and water bottle. Certified instructors are Melissa Ramsay on Mondays and Daryle Hillsgrove on Wednesdays. Can attend Monday only, Wednesday only, or both nights. \$60 for (6) Monday nights, \$70 for (7) Wednesday nights, \$130 for (13) Monday and Wednesday nights. Skipping January 15.
Kids Yoga	January 7-February 11, 2024	Registration begins early December 2023. Classes offered Sundays at the senior center (Hobbs Community Center) for boys and girls ages 6-12 at 4pm. Certified instructor is Lauren Young. No experience necessary. Bring a yoga mat and water bottle. Space is limited – first come, first served. Dropoff program. Sessions are generally \$80 per child. \$75 per sibling.
Gentle Yoga	December 16, 2023-February 2, 2024 (skipping Dec. 23 & 30, 2023)	Registration opens November 3, 2023. This program is offered for adults 16 and up. Saturday mornings from 8:30am-9:30am at the senior center (Hobbs Community Center). Bring floor mat and water bottle. Slower-paced class for flexibility and strength. (Skipping December 23 and 30, 2023) \$60 per person.
Tour of Lights	Must enter home/address by December 4, 2023	Multitown tour of lights spectacular hosted by a variety of towns in Southern NH. Those who participate must decorate their homes with holiday lights by December 4 and enter their address with parks and recreation. Participants will receive a MapQuest “route” so they may enjoy all the entries. Route available for viewing from December 8 through Christmas Day. Prize awarded by town for best light display.

The “Pelham Parks and Recreation Upcoming Programs” is sponsored by:



Pelham Soccer Club

PO Box 440 Pelham, NH 03076
Pelhamsc@gmail.com

Come support at any of the teams home games!
Raymond Field and Muldoon Field, Pelham, NH
Visit: www.pelhamsoccerclub.com for information
on the most up to date schedule.

The “Happenings at the Hobbs Community Center” is sponsored by:



c: (978) 996-4539 | o: (978) 957-1700
www.SharonNarbonneRealEstate.com
CallSharonToday@Gmail.com
“Let Us Guide You Home”
482 Aiken Avenue • Dracut, MA 01826



THE INSURANCE CORNER

by Al Haghdan
Independent Health insurance Agent

The Medicare Annual Election Period

The Medicare Annual Election Period (AEP) has begun and, as always, will run from October 15 to December 7. This pivotal period offers you a window of time to review and adjust your health care coverage, helping to ensure that you have an optimal plan for the upcoming year. During this period, you can take advantage of the following opportunities.

Embrace Medicare Advantage (Part C) Plans

The Annual Election Period is the opportune moment to enroll in a Medicare Advantage plan, commonly known as Medicare Part C. These plans provide coordinated care often merging coverage from both Medicare Part A and Part B. Additionally, they may include prescription drug coverage (Part D).

Navigate Between Medicare Advantage Plans

For those already enrolled in a Medicare Advantage plan but contemplating a change, the AEP is the perfect time for such transitions. You can smoothly transition to a different Medicare Advantage plan that aligns better with your health care requirements and preferences, such as your network of covered providers or a different prescription drug coverage formula.

Enroll in Prescription Drug Plans (Part D)

The AEP extends the opportunity to enroll in a stand-alone Medicare Prescription Drug Plan (Part D) if you're not currently covered. These plans play a pivotal role in managing health care costs by providing coverage for prescription med-

ications. If you are currently on Original Medicare or an Advantage plan without Part D coverage, considering enrollment in one of these plans is advisable.

Tweak or Alter Your Prescription Drug Plan

For those already enrolled in a Part D plan but find it no longer aligns with their needs or wish to switch to a different plan, the Annual Election Period grants the flexibility to make such adjustments.

Revert to Original Medicare

If you're currently enrolled in a Medicare Advantage plan and wish to return to Original Medicare (Part A and Part B), the Annual Election Period allows for a seamless transition. Moreover, this is the apt moment to enroll in a Medicare Supplement Insurance (Medigap) plan to bridge the coverage gaps left by Original Medicare.

Take this opportunity now, through December 7, and seize the chance to explore your Medicare options for 2024. If you seek guidance or have inquiries regarding Medicare enrollment, call us to consult with one of our licensed insurance agents. Remember, help with your Medicare options is always free, so take advantage of this chance to seek assistance.

Al Haghdan
Independent Health insurance Agent
License #: NPN 7369870
Cell 978-494-2176
Office 603-945-8213
al@seniorinsad.com

CHAMBER CHATTER

by Denise Dolloff, Southern New Hampshire Chamber of Commerce



Welcome to the Chamber, Chatter a column of the Southern New Hampshire Chamber of Commerce. This space will be used to highlight business relationships and community involvement

within our proud member towns of Atkinson, Hampstead, Pelham, Plaistow, Salem, and Windham.

NOVEMBER RIBBON CUTTINGS:

- THE MEDICAL SKIN CLINIC, NOVEMBER 29 AT 4PM
- BERKSHIRE HATHAWAY HOMESERVICES VERANI REALTY, NOVEMBER 30 AT 3:30PM
- BUSINESS BEFORE HOURS (Members Only): SALEM HIGH SCHOOL, NOVEMBER 29 FROM 8AM-9:30AM
- HAPPY HOURS (Members Only): LUNA BISTRO, DECEMBER 11 FROM 5:30PM-7:30PM

SAVE THE DATES:

- TASTE OF SOUTHERN NH, AT CASTLETON, MAY 7, 2024
- CANOBIE LAKE PARK BAH, JUNE 26, 2024 (Members only)

Did you reserve your wreath yet? Coming up December 6 and 7 is our **Festival of Wreaths**. You won't want to miss this fabulous kickoff to the holidays. This event takes place at the enchanted Searles School & Chapel in Windham. **You have an opportunity to decorate a wreath either with a theme related to your business or any other theme you choose.** The community can stroll through the display of over 75 wreaths and purchase tickets for a chance to win their favorite one. We also award prizes for the decorated wreaths in several categories. This is great exposure for your business. Our guests spend a lot of time strolling through the wreaths and talking about their favorite ones. There will be refreshments, music, and photos with Santa and his favorite Elf, Buddy. Check

out our website, southernnhchamber.com for more details. This is the perfect event to give you that nostalgic Christmastime feeling. Last year's wreaths were beautiful, and the event was magical. You can choose a white or green wreath; the cost is just \$25 (\$30 for nonmembers). Call the Chamber today to reserve your wreath at 603-893-3177.

Did you reserve your "Yeti" yet? It's the return of the Yeti Quest!

Participating businesses and organizations will be provided with a 7-foot tall "Yeti" printed on corrugated plastic to display inside their location. They can add elements to their Yeti to give it personality, to make it stand out, and/or promote their business. Folks throughout the community will embark on "The Great Yeti Quest" and visit the various Yetis and take photos and selfies to post on social media. Visitors will be entered to win weekly prizes by taking photos and posting images of the Yeti to the Chamber's specified social media site. This is great exposure for your business. The grand prize is still being decided, but in the past, it's been a cruise for two. The cost for Chamber members is \$250 (\$350 for nonmembers) and if you are a returning business and still have your Yeti, you will receive a \$150 discount to participate. **Would you like a personal Yeti appearance at your business?** The cost is \$250 per hour, please call the Chamber at 603-893-3177 to arrange. Contest rules and grand prize terms and conditions will be posted on our website once the contest is announced at www.southernnhchamber.com.

Please like and share our Facebook page. Check out photos of all Chamber events.

For more information on events, including ribbon cuttings, visit the Southern New Hampshire Chamber of Commerce website (southernnhchamber.com) and click on the upcoming events tab. For membership inquiries, information, and tickets to events, please reach out to Cindi Woodbury at Cindi@southernnhchamber.com.



Southern
New Hampshire
Chamber of Commerce
CONNECTING OUR COMMUNITIES



FLASHOVER

NEWS FROM THE PELHAM FIRE DEPARTMENT



by Lt. Robert Horne – Pelham Fire Dept.

BWARE OF HOLIDAY INJURIES AND ILLNESSES

As we approach the holiday season, let's keep in mind that although these are joyous times, tragedy still lurks around the corners. I know, I know, I'm a Debbie Downer, but our goal here at PFD is to keep people safe. So, let's look at some common holiday season injuries and illnesses.

Fall-related injuries increase around the holidays. Our homes can become cluttered, we have parties, and we decorate. People often fall off ladders while decorating. One rule of thumb is to keep your ladder a good distance from the wall or object you are decorating. For every four feet of height, you must climb, move the base of the ladder one foot away from

the wall. Never stand on the very top of a folding ladder, and if you are still reaching, choose a different ladder. Be careful that wires from Christmas lights don't become a tripping hazard. The holidays also bring increased lifting of packages, trees, grocery bags, etc.

Toys can become a hazard. Believe it or not, almost 150,000 children aged 14 and younger are hospitalized for toy-related injuries. Think scooters, bikes, and choking hazards. Nonmotorized scooters account for 21% of those injuries. Toys that are meant for an older child can easily come into contact with a younger child that could cause choking or other injuries.

I would be remiss as a firefighter if I didn't mention the increased fire risk of the holidays. Extra cooking, overloaded electrical outlets, and Christmas trees pose increased fire risks. Never leave stoves unattended, keep your live Christmas trees watered, purchase a fire-resistant artificial tree if you don't want a live tree, and consider keeping your Christmas and holiday lights on a timer. Christmas trees cause approximately 100 extra fires a year. Candles account for over 1,000 fires a year. When using candles, keep them away from flammable items, don't leave them unattended, and choose wide-based candles instead of tall candle holders, which can easily tip over.

Careful what you eat. Food poisoning increases around the holidays as do allergic reactions to foods. Beware of food that appears to have been left out for too long. If you have allergies, ask the

host if any of the treats could possibly contain ingredients you are allergic to so that you can avoid them. If you have heart problems, such as congestive heart failure, you need to monitor your salt intake. Too much salt can land you in the emergency room or worse. December 25 and 26, and January 1 are the top three days for heart attacks. It even has a name, "Holiday Heart Syndrome." High salt levels are commonly found in processed meats (like that delicious holiday ham), desserts, and side dishes. Often, just going back for seconds can increase the salt intake to dangerous levels for those with certain medical problems. Alcohol poisoning also increases around this time of year. The average American drinks for four days in a row during the holidays. Moderate your alcohol intake and be sure to have enough food and water. For goodness sakes, please do not drink and drive. Most alcohol-related highway deaths occur during the holiday months. Thanksgiving, Christmas Day, and New Years account for almost 400 fatal alcohol related deaths per year.

Despite my terrifying you with these tales of woe, I can assure you that I am a lot of fun at parties. As this wonderful time of year approaches, please enjoy your families, slow down, don't drink and drive, be careful, and be thankful. As always if you have any questions or comment that you would like me to address here, please email me at rhorne@pelhamfire. As always, it is our pleasure and privilege to serve you.

DID YOU KNOW?

Celebrating December

December holidays and observances cover fun foods, educational activities, health awareness, environmental causes, and more. ©The Spruce

- December 1 Rosa Parks Day
- December 2 Special Education Day
- December 3 Make a Gift Day
- December 4 Wildlife Conservation Day
- December 5 International Volunteer Day
- December 6 National Gazpacho Day
- December 7 National Pearl Harbor Remembrance Day and Hanukkah begins at sundown
- December 8 National Christmas Tree Day
- December 9 Christmas Card Day
- December 10 Human Rights Day
- December 11 UNICEF Day for Change
- December 12 Gingerbread House Day



- December 13 National Violin Day
- December 14 Roast Chestnuts Day
- December 15 Bill of Rights Day
- December 16 Boston Tea Party Day
- December 17 Wright Brothers' First Flight Anniversary
- December 18 National Twin Day



- December 19 Holly Day
- December 20 Go Caroling Day
- December 21 First Day of Winter
- December 22 Forefathers' Day
- December 23 National Roots Day
- December 24 National Egg Nog Day
- December 25 Christmas Day
- December 26 Boxing Day
- December 27 National Fruitcake Day
- December 28 National Chocolate Candy Day
- December 29 Still Need To Do Day
- December 30 Bacon Day
- December 31 New Year's Eve

The Evergreen

Providing News and Information for Pelham, NH, and Surrounding Communities Including Salem, Windham, and Hudson

The Evergreen is a monthly publication that keeps everyone up to date on what has happened, what is happening, and what will be happening in our communities.

Visit us at
www.TheEvergreenNewspaper.com/editions
to view previous issues of The Evergreen.

"FLASHOVER" News From the Pelham Fire Department is sponsored by:

KIMBERLY ABARE

I take great pride in acknowledging that my husband, father, and brother have all dedicated their lives to the noble profession of firefighting. As a gesture of my unwavering support for the Pelham Fire Department and *The Evergreen*, I am privileged to sponsor *FLASHOVER* each month. This sponsorship serves as a tribute to the brave firefighters who risk their lives for our community.



WHAT'S HAPPENING WITH OUR LAKES AND PONDS

by Tanya Donnelly

We are delighted to introduce Tanya Donnelly as our new columnist for The Evergreen Newspaper. Tanya is not only a successful business owner and a dedicated state representative, but also a passionate advocate for our lakes and ponds. She is the President of the Canobie Lake Protective Association, where she works tirelessly to preserve the lake and ensure clean water for Salem. She also serves on the Salem Budget Committee, where she applies her fiscal responsibility and business acumen.

Tanya has a wealth of knowledge and experience in environmental issues, legislation, and best practices for protecting our water resources. She cares deeply about the health and beauty of our lakes and ponds, which are vital for our communities, recreation, and wildlife. She believes that everyone can play a part in safeguarding our water quality and quantity.

In her monthly column, Tanya will share her insights and updates on "What's happening with our Lakes and Ponds." She will cover topics, such as current challenges, emerging trends, policy implications, and practical tips for lake lovers. She will also invite your feedback and input on topics you would like to see addressed. You can email her at tanya@

tanyadonnely.com with your thoughts and suggestions.

We are excited to have Tanya as part of our team and we look forward to learning from her expertise and enthusiasm. Please join us in welcoming Tanya to The Evergreen.

Let's dive into our first topic, fall/winter tips on how best to serve the lakes.

- Avoid adding lawn leaves, grass clippings, other organic matter into the lake.

- Leaves add nutrients that encourage plant algae and decomposing debris to the lake bed.

- Look for unusual-looking plants, animals, and shells when pulling your docks out.

- Septic homeowners – have your system inspected and address any potential issues.

- Plan for a low-salt and low-sand diet on your property. Hire a Green SnowPro certified professional for snow removal. Nhlakes.org/find-a-professional.

- Salt is toxic to aquatic life and fouls drinking water sources.

- Sand brings phosphorus into lakes.

- Enjoy the different birds and ducks as they stop off on our lakes on their migration flights. My favorite are the hooded merganser.

Veterans Day Program at The Woodbury School in Salem

The Woodbury School in Salem, NH held their 25th Veterans Day Program event on Friday November 3, 2023. Over 200 veterans and guests attended the event sponsored by the sixth-grade students.

Keynote speakers were Greg Getchell, and his grandfather, Joe DiPrima – both are veterans of the United States Navy. Greg is a graduate of Salem, NH High School and is a local business owner.

Speakers included Senator Maggie Hassan and former Senator Kelly Ayotte.

Chuck Morse, former State Senate President led the pledge.

Attendees enjoyed a full course breakfast buffet courtesy of Maddie's, bagels, and cream cheese from Aroma Joe's.

Each veteran, and spouses of deceased veterans, received a challenge coin designed by Doug Seed and donated by The Exchange Club of Salem, NH.

This year was very special for everyone involved in the program – a 25th anniversary celebration in the brand new gym at the Woodbury School.



Municipal Tax Rates

Municipal tax rates have been established for Pelham and Salem by the New Hampshire Department of Revenue Administration while those for Hudson and Windham are still pending at the time of this printing. The Evergreen Newspaper will update this information with the final data as soon as it becomes available.

Town	Date	Valuation	Valuation including Utilities	Municipal Tax Rate	County Tax Rate	State Education Tax Rate	Local Education Tax Rate	Total Tax Rate 2023	Total Tax Commitment	Total Tax Rate 2022	% difference
Pelham	10/20/2023	2,658,306,538	2,737,437,647	5.43	0.97	1.39	10.440	18.19	49,382,916	17.42	+4% increase
Salem	10/18/2023	6,432,345,198	6,559,418,798	5.48	0.73	1.51	9.24	16.96	110,239,362	16.05	+5% increase

To calculate your property taxes based on your tax bill, begin by locating the assessed value. Suppose the assessed value is \$400,000. Take this value and divide it by 1,000. Next, multiply the resulting number by the 2023 total tax rate. This final figure represents your property taxes for the year. If you have any inquiries or require assistance, please don't hesitate to reach out to your Town Tax Assessor. They are available to provide guidance and address any questions you may have.

SUPPORT OUR ADVERTISERS...
and tell them you saw their ad in *The Evergreen*.

Common Sense Approaches to Health and Fitness With Bob Scaccia

Here Come the Holidays

I hope everyone is well and enjoying the beautiful fall. Halloween has come and gone as has my obligatory candy eating binge. It is a killer. Perhaps we will hand out only Butterfingers and Whoppers next year so I won't indulge?

I would like to use this month's column to remind everyone of some little tricks that may make this holiday season a bit less taxing on the waistline and your overall health. Poor diet, busy days, long nights, and the cold weather can really put a strain on your health.

Make sure to keep up with your exercise. Do not put it off until the first of the year. If you were planning on starting a program, do it now. Exercise is a fantastic stress reliever and immunity booster. One of the best ways to ward off illness is via exercise and there are no side effects. The gyms are very quiet at this time of year so, if you are feeling a little intimidated, now is the time to go – less people, and the trainers tend to be less busy as well.

Keeping a healthy diet is difficult to say the least. Try these strategies to avoid overindulging.

1. **Drink water prior to eating or attending a party.** This will help "fill you up" prior to the event.
2. **Fill half your plate with veggies,** at every meal.
3. **Reach for the crudites.** Go easy on the dips of course but the veggies will take up some valuable real estate in your stomach.
4. **Drink alcohol in moderation.** Try to have a glass of water between drinks. It will save you both calories and money.

5. **Eat slowly.** It takes 20 minutes for your brain to alert you of being "full."

6. **Don't go hungry.** Skipping meals to save up for later is a recipe for disaster.

7. **Don't hang around the food table,** it makes it too easy to pick at the food and mindlessly eat.

8. **Get your ZZZs.** Sleep deprivation is a problem for all your body systems. Try to maintain your usual schedule.

9. **Hydrate** throughout the day.

10. **Make sure to eat protein and fiber.** This will keep you satisfied longer and reduce your appetite.

11. **Lastly, don't beat yourself up.** Work hard to stick to your plan but just get back up when you falter. Enjoy your family and friends and avoid worrying about that delicious cannoli or apple pie you had.

Don't allow the frenzy of the holidays to affect your health. Remember, many insurance plans renew at the end of the year which means a reset of deductibles. Get those nagging injuries looked at now to avoid worsening the condition and to possibly save money. Use the funds in your HSA or HRA account if the money will disappear at the end of the year. It is far easier to address an injury in the early stages.

I hope everyone has a wonderful Thanksgiving.

Yours in health,

Bob Scaccia PT
Scaccia Physical Therapy
www.scacciaPT.com

If you would like a FREE subscription to The Evergreen Newspaper, please go to www.evergreennewspaper.com/subscriptions

or send a note to The Pelham Evergreen Newspaper 39 Parkside Drive, Pelham, NH 03076

ARMED WITH KNOWLEDGE

--- by Charity Willis ---



Holiday Situational Awareness

We all want to be safe, both inside and outside of our homes, and be able to protect the ones we love. But how?

What can we do? There's a term called "Situational Awareness." Being situationally aware means you're in the mindset of being aware in the moment (emotionally and cognitively), observing the world around you (physically) and establishing personal boundaries based on these. To be aware, it's also important to learn to trust your gut instinct. It's our inner alarm system; a response to subconscious information when something simply 'feels wrong.' Awareness and instinct help us navigate and live in our dynamic fast-paced world. Here's an example: You need to stop at the mall for a few last-minute gifts needed that night. Parking is impossible, cars are swarming at you from every direction, and you find yourself on the ground floor parking area. It's still a bit light out, but by the time you trudge through the sea of people in the mall and finish shopping, it will be dark. The only parking spot you've found after driving around for 10 minutes is quite a distance from the entrance between two vehicles. One is a car with fogged windows and three silhouettes of people sitting inside, and the other is a beat-up van with no windows and odd stickers all over the back. What do you do? Do you feel a shift of hesitation? Your mind will remind you how you need those gifts. Do you let impatience talk you out of what you feel might be a bad situation? Do you continue to look for a spot? It could all be harmless, but why take that risk? This is a pretty obvious example, but it helps get the point of looking out and around in our everyday world – being aware of a situation.

Being situationally aware is also anticipating a change in a situation. When I was young, the term 'walk like a New Yorker' was used to teach me to walk with intent and purpose (love those New Yorkers!). While this is great advice to keep your head up and aware (off electronics), having tunnel vision isn't. I've since learned to monitor and assess (scan my environment) without appearing to do so. It's called keeping your head on a swivel. This allows you to make effective decisions that may keep you out of harm's way. Basically, it all boils down to when you 'See' something or someone and your inner alarm goes off, don't talk yourself out of it. Lis-

ten and trust your instinct. 'Look' at how people are moving, or not moving in the environment. 'Watch' for behavior that doesn't match the surroundings. Many times, we ignore or don't accept the inner alarm because we don't want there to be danger. We talk ourselves out of 'feeling off', saying things like 'nothing's ever happened before, nothing is going to happen now.' At first it may seem awkward because you haven't understood 'awareness', but after a while your subconscious will learn, and it will feel natural.

During this holiday season and winter months, as you begin to practice 'situational awareness', there are a lot of things you could practice, here are five things to start with:

- 1) Keep your head up (on a swivel) walk tall and purposefully – off electronics and no earbuds. If you like listening to music only keep one in (on low) so you can hear what's going on around you.
- 2) Stay alert at home – keep doors and windows locked. Look at the camera notifications, even if you believe it's nothing. Check for broken lights. Don't open the door for deliveries, have them left at the doorstep. Break down boxes from gifts, so no one can see what 'new' things you have inside.
- 3) When with children – secure them in the cart or hold their hand. Don't turn your back on the cart. Be aware of people mirroring your movements from isle to isle. Bad people may work in pairs; one will distract you with a question or drop an item on the floor. Our nature is to be helpful, stay aware.
- 4) When in public – people watch. Observe those around you (not in a creepy way) defining characteristics, such as how they walk, what they're wearing, how they express themselves (verbal and non-verbal).
- 5) Vehicles – Know your driving route. Strategically place your belongings in the vehicle so they aren't in sight or a temptation for people with malicious intentions. When parking try to back in when possible. As you walk to your vehicle be aware of what is around and under before approaching. Don't be distracted as you pack/unpack groceries. As you enter, lock your doors first, then put your seatbelt on.

Arming yourself with knowledge and implementing situational awareness is a great place to start the journey of improving your personal safety. Stay tuned for future articles. Go to Charity's website at <https://training.usconcealedcarry.com/instructor/fd770636-1f36-11ed-b9af-02420a000227>.

M&M: Mortgages With Mike Gendreau

Your go-to guide for everything home loan-related. Ready to become a homeowner? Questions about refinancing? Get educated with this important information first. Read a conversation between Mike Gendreau, mortgage expert with CrossCountry Mortgage, and his son, Kyle, who recently shared a conversation explaining how he ended up with having credit and a credit score before college.

KG: Dad, Now that I am in college, some friends have been asking how I have debit card and credit card in just my name. I know we went through this when I was younger, but I wanted to explain it to my friends.

MG: Kyle, when you and your brother turned 18, there were a few things we did to get you both credit and a credit score. Once you turn 18, it's a catch-22. You can now apply for credit, but you don't have any. Here is what I did:

(1) I refinanced a small auto loan and added you as a co-signer. I was already paying on the loan, so by being added onto the loan, it just allowed us to both get the credit for the payments. After several payments, you will start getting a credit score.

(2) I had a Mastercard credit card that I rarely ever used. I added you on as an authorized user. I had you use the card for filling up your gas tank only and when the bill came, you paid it off in full. By making payments in full and not carrying a balance, it did two things. First, it allowed you to understand how credit works and, second, you didn't pay any finance charges.

KG: Yes, I do remember that now. It seemed so easy to use that credit card for purchasing. I know you trusted me, but how would you know if I charged a bunch of things?

MG: I do trust you, but I was also able to add alerts to the account. I don't know of any credit card company that doesn't

allow you to set alerts. I had alerts that sent me text messages when it was used for purchases, when the payments were due, and had spending limits on it. I was impressed that you did everything as I hoped.

KG: Are there any other ways to obtain credit when you don't have any?

MG: Another good one is getting something called a secured credit card. Basically, you would go to a local bank, hand them a specified amount of money, and that becomes your credit limit. The liability for the bank is zero because if someone defaults, the bank will keep the money. After several months of positive usage, you can inquire with the bank about increasing your spending limit without backing it up with your own assets.

KG: Are there any drawbacks to any of this?

MG: There is one. It's critical that all payments are made on/before the due date. Credit is everything if you want to continue to grow and want to borrow money for things, such as auto loans and mortgages. The higher your credit score, the lower the rates. Let me know if you or your friends have any other questions.

Michael Gendreau
Loan Originator
CrossCountry Mortgage, LLC

NMLS45832
NMLS3029
MB.803095
NMLS1491005

CROSSCOUNTRY MORTGAGE

Michael Gendreau
Loan Officer
Salem, NH Mortgage Lender
NMLS45832

254A N.Broadway, Unit 202- Salem, NH 03079
M: 978.764.0309
E: michael.gendreau@ccm.com
W: ccm.com/Michael-Gendreau

NMLS3029 | MB.803095 | NMLS #1491005

If it's Light, it's Right – a Mantra for Psychic Guidance and Clarity

by Cheryl Bradley, Moon River Wellness Center

Do you find yourself overanalyzing and complicating your decisions or daily routine? Would you like to tap into a place of light when a decision and clarity is needed? Do you wonder what this place of light might feel like?

This light-providing guidance goes by many names, such as higher self, higher power, intuition, sixth sense, spirit, psychic ability, or gut feeling, to name a few. They are all synonyms of the same lighted realm.

Just as we have human senses, we also have spiritual or psychic senses. Our five human senses are seeing, hearing, tasting, smelling, and touching. Our psychic senses are called "clairs," and they detect spiritual messages by energetically seeing, hearing, tasting, smelling, and knowing what is being communicated.

For example, if you asked a question and heard the word "yes" in your thoughts, your strongest clair might be hearing thoughts. If in response to your question you see a green light, that may indicate your visual clair is strongest. We generally have one clair that receives energetic communication more clearly, so identifying your dominant sense can help you know what to pay more attention to.

When moving into a lighted realm, it is of the utmost importance to clear yourself of earthly chatter, noise, and your own thinking as much as possible. Thinking can create confusion when you need lighted guidance. Almost like the proverbial lightbulb going off, lighted information darts right into your awareness via a clair. It just arrives. If you are busy thinking, you may miss the flash.

Suggestions To Move Into Lighted Guidance

There are no rules or standard steps to follow to access a lighted space. Move with what feels right. Always take what you need and leave the rest. Here's a few simple suggestions.

- 1. Find a comfortable setting.** a place free from distractions.
- 2. Clear your thoughts.** Play relaxing instrumental music with no words. If you meditate, move there. Light a candle and stare at the flame. Set your intent by saying the words "clear now"

out loud. Actions and words that move you to "no thinking" are required for a foundation.

- 3. Ask a question or for general guidance.** Trust what comes right back. Lighted messages are received instantly.
- 4. Trust.** This may be the hardest step. Use the mantra: If it's light it's right.

Examples Using the Mantra

Using two very different examples of a simple question and a more complex one, both examples show thinking vs. light responses. When you seek out a light feeling, you trust it is the right choice, however it arrives.

Example: Do I walk my dog tonight at 6pm or 6:30pm?

Thinking response: Will something bad happen if I choose the wrong time?

Lighted response: 6pm feels light. – Trust – 6pm it is.

Example: My job is moving out of state. Do I follow or look for another job?

Thinking response: I always make the wrong decisions.

Lighted response: I have been needing a change, and it feels light to walk towards this opportunity. – Trust – I will keep my clairs open for more signs.

So, how do you find needed guidance and clarity when emotions, such as fear and worry, try to infiltrate? Trust the light that already exists within you during times of difficulty. Practice with simple questions to build your awareness of this lighted information, then give yourself the clarity you seek concerning your decisions by asking, "Does this feel light"? Trust the answer you receive. Acknowledge it, hold it, treasure it. If it's light, it's right.

Cheryl Bradley was born a medium and feels most blessed when spirit channels messages of love, guidance and, above all, acknowledgment, that we do not walk alone in this lifetime. Cheryl Bradley offers regular appointments at Moon River Wellness Center in Pelham, NH. She also offers monthly classes for Light is Right. You can reach out to Moon River Wellness Center at either 603-635-8938 or book online at: MoonRiverWellnessCenter.com/events.

MOON RIVER WELLNESS CENTER
CREATED WITH YOUR WELLNESS IN MIND.

Your Place to Discover Wellness
Massage • Reflexology • Yoga
17 Windham Road, Pelham, NH 03076
Phone: (603) 635-8938
www.moonriverwellnesscenter.com



Community starts with heart.

When we listen with our heart, we learn what really matters. To us, it's helping the people and businesses of our community thrive. It's serving. Being generous. Caring for each other. And giving you every opportunity to reach your goals.

Pentucket Bank
Start with heart.

PentucketBank.com

Member FDIC | Member DIF | Equal Housing Lender | NMLS ID # 1630813

PERFORMANCE BY
PELHAM HIGH SCHOOL
PYTHON PLAYERS THEATRE GROUP

ARSENIC Old Face

A PLAY BY JOSEPH KESSELRING

A classic black comedy about the only thing more deadly than poison: Family.

Performance Dates
7, 8, 9
DECEMBER
2023

Tickets: can be purchased at the door.
Adults \$15.00
Child \$5.00

Thurs. 7:00 PM Fri. 7:00 PM Sat. 1:30 PM

Pelham High School Auditorium - 85 Marsh Rd, Pelham, NH

Salem Garden Club Expands to Include Friendship

by Lorie Ball

The Salem Garden Club was organized on June 9, 1954, and federated on July 26, 1956. At that time, the Salem Garden Club had 40 members. The club has a history of being very active and working on many projects and activities in Salem, NH. Unfortunately, in 2019 COVID shutdowns made it difficult for the club to meet and continue its mission.

In the summer of 2023, a new group of women came together to revitalize the Salem Garden Club. The group spoke to town officials to see if they could locate the women who last sat on the Board of Directors of the Salem Garden Club. Having found none, and no record of the club with the Secretary of State, the group moved forward with their plans to revitalize the club. These new women created a new board of directors, including President Lorie Ball, Vice President Linda Harvey, Treasurer Cyndi Gieryn, and Secretary Susan Hopkins, and began the hard work of formalizing the club to meet state requirements. This started with looking at the objective of the Salem Garden Club "to stimulate interest in gardening and appreciation of growing things, to add in the protection and conservation of natural resources, to promote civic beauty and roadside improvement, and to encourage the study of horticulture and floral design."

After much discussion, the new board agreed more needed to be included in the club's mission - to bring friends and neighbors back together. As such, a decision was made to restructure the club to include a

social component and a new mission was adopted: "To provide opportunities to develop friendships and coordinate the interests of its members by furthering the knowledge and advancement of gardening, horticulture, conservation, and the beautification of the town of Salem."

In September 2023, the Salem Garden Club was renamed the Salem Friendship and Garden Club, and guiding documents were filed with the New Hampshire Secretary of State to reflect this new name. In October 2023, the Salem Friendship and Garden Club achieved recognition as a 501(c)(3) organization. This status will allow the Salem Friendship and Garden Club to accept tax-deductible bequests, devices, transfers, or gifts under Section 2055, 2106, or 2522.

In keeping with tradition, the Salem Friendship and Garden Club will respect the founding colors, lilac and white, and flower, the apple blossom, of the Salem Garden Club.

The Salem Friendship and Garden Club held their inaugural meeting on October 24. The club welcomes both men and women over the age of 18. The inaugural meeting was very well attended by residents looking to make friends as well as those looking to share their gardening experiences. All those in attendance were very excited about the activities and events planned for the coming years.

To learn about the Club and submit a membership application, please visit SalemFriendshipAndGardenClub.org.



Back Row: Linda Brown, Cyndi Gieryn, Susan Clifford, Pat Learned, Sarah Friend, Karen Klufits, Sheila Casey, Kim Cummings, Susan Hopkins, Caryn Incollingo, Linda Harvey, Lorie Ball. Front Row: Betty Gay, Danielle Risch, John Cahalane, Carolyn McLean Missing: Kristen and Jim Koczat.

av.it

MANAGED SERVICE PROVIDER

Empowering Your Business with Expert IT

Dedicated to securing and assisting small to medium sized businesses with day-to-day IT services.

We offer a wide range of services including:
Fully-staffed local helpdesk with IT ticketing
Cybersecurity experts • Secure remote access
Certified cloud specialists • Network design, including Wi-Fi
Proactive monitoring and patching • Data backup
Full AV design and installation

Contact us at info@avit-msp.com for your free IT consultation or by phone at 603-634-8133

Merry Christmas and Happy Holidays from Senator Daryl Abbas

The Pelham Community Thrift Store...

our community's hidden gem where friends gather to shop.

The Pelham Community Thrift Store is operated by the Pelham Council on Aging, Inc. (PCOA). It is run entirely by volunteers who put in several hours of their time accepting and sorting donations, stocking the store, and assisting customers.

All proceeds go to the PCOA which, in turn, uses this money to better the lives of the aging population of Pelham. This well-stocked gem of a store accepts and sells only gently used, like new, and new items, such as housewares, art, clothing, and jewelry. Inventory changes on a daily basis, so if you see it and like it... you had better get it because it is one of a kind at this little shop!

Pelham Community Thrift Store
Hobbs Community Center
8 Nashua Road • Pelham, NH 03076
Monday - Thursday 9am - 2:30pm
Friday 9am - noon
603-635-3800 ext. 1 • 603-508-7157

RGAT Tire & Auto Repair

Towing & Recovery

9 Ledge Road
Pelham, NH 03076
Business (603) 898-9077
24 HR. (603) 505-7671
Email: info@rgatire.com
rgatire.com

OUR EXPERT SERVICES INCLUDE:

- Brand name tire and wheel sales and service for all vehicles - from passenger cars to heavy-duty trucks.
- Complete under-vehicle services, such as oil changes, brakes, shocks, struts, alignment, and transmission fluid flush for foreign and domestic vehicles.
- Fleet maintenance services for light-duty and heavy-duty trucks.
- 24-hour towing service.
- Snow plow sales and service.

OUR WELL-TRAINED AND DEDICATED STAFF IS THE FOUNDATION OF OUR BUSINESS.

Winter is coming!

Winter Maintenance for Homeowners

Reduce your salt usage while staying safe this winter!

Try a brine mixture on your driveway or walkway before the snow comes! This will reduce the amount of salt needed to prevent ice.

If you're part of a homeowners association, consider hiring a Green SnowPro certified contractor for plowing. Learn more about Green SnowPro here: <https://bit.ly/2ZVofb8>

Consider using an alternative deicer such as kitty litter or a pet safe ice melt. These can help provide traction and prevent slipping.

Chloride within salt ends up in waterbodies and groundwater and is not easily removed during natural processes. When chloride concentrations exceed 230 milligrams per liter, it can be toxic to some aquatic species and leave a salty taste in drinking water supplies. Help reduce these impacts by following these tips!

Sources: University of New Hampshire Extension <https://bit.ly/3UPrXui> and New Hampshire Department of Environmental Services <https://bit.ly/3h000vi>

SNHCC Celebrates the Grand Opening of Pure Barre in Salem, NH

by Emily Bilodeau, Southern NH Chamber of Commerce

The Southern New Hampshire Chamber of Commerce (SNHCC) held a ribbon cutting on November 7, 2023, celebrating the grand opening of Pure Barre, located at 55 Central Street, Salem, NH. Maddy Newell, owner of Pure Barre, is so excited to share her love of fitness with all. We want to thank everyone who attended.

Inspired by yoga, Pilates, and ballet, Pure Barre is an empowering full-body workout that transforms you physically and mentally. Their classes have been carefully designed to feature low-impact,

high-intensity movements for any fitness level. With Pure Barre Salem, you'll build full-body strength at their studio and be inspired by their supportive community.

Looking for a great workout in Salem, NH? Check out their website and book a class today at <https://www.purebarre.com/location/salem-nh>

We love to support our local family businesses. It is the best feeling to see them succeed and make connections in our community. We wish them much success and happiness with their business.



Because You Deserve a Beautiful Ride!

ALEXANDER'S DETAILING

PROFESSIONAL AUTO DETAILING

CHECK OUT OUR NEW SERVICES
ALEXANDERDETAILING.COM

\$25 OFF Our Complete Detailing Package!

Alexander's Detailing offers a wide range of auto and truck detail services including:

- ✓ Basic Detailing
- ✓ Buff and Wax
- ✓ Leather Treatment
- ✓ Odor Removal
- ✓ Paint De-Oxidation
- ✓ Tar Removal
- ✓ Scratch Removal

GREAT GIFT IDEA! Give that someone special a GIFT CARD from Alexander's Detailing.

354 N. Broadway • Salem, NH 03079
603-952-4660

FREE Gift Card to Granfanallys with each complete detailing.

ESCAPE THE HOLIDAY MADNESS!

CREATE MEMORIES WITH YOUR LOVED ONES AT OUR AWE-INSPIRING, OUTDOOR WALKING LIGHT SHOW FOR ALL AGES.

November - January
14 NH-111, Derry, NH

For information and tickets, visit www.labellewinery.com/lights or call 603.672.9898

KENNEL VOLUNTEERS NEEDED!

Love Animals? Like to make a difference?

Kennel Duties Include:

- Preparing Food & Feeding
- Walking/Exercising
- Keeping the dogs clean
- Maintain kennel/runs
- Play time!

Great opportunity to spend some time with some VERY deserving and loving dogs.

ARNNE's kennel is located in Pelham NH at the entrance to the Fish and Game Club.

For more info visit our website: arnne.org or call 603-233-4801

Pelham Soccer Club Red Hawks

Congrats, Champs!

On Sunday, our BU12 team defeated the Lightning Soccer Club 5-0 to walk away the Champions!

A Handy Co. LLC

Construction & Building Maintenance

ADVANCED LANDSCAPE Design

Complete Landscaping Services

Complete Home Maintenance & Repair

Full Home Remodels, Additions, Finished Basements, Replacement Windows, Interior/Exterior Painting, Hardwood Floors, Kitchen & Bath Remodels

Complete Lawn Care, Hydro Seeding, Retaining Walls & Driveways, Tree Trimming, Lawn Mowing, Snow Removal, and Much More!

ASK ABOUT OUR FALL CLEANUP, GUTTER CLEANING, AND SNOWPLOWING SERVICES!

603-635-1378
www.ahandyco.com
Free Estimates
Licensed & Insured

Pappathan Insurance

AUTO HOME LIFE BUSINESS

95 Bridge Street • Pelham, NH 03076

603-635-1099
www.pappathaninsurance.com info@pappathaninsurance.com

Ask Lydia Earthwise

Dear Lydia, Thank you for all of your articles. I love each one of them. Are there trees here in New England that can withstand drought, absorb extra water, and absorb pollutants? – *Wishing for it all*

Dear Wishing:
I am glad that you enjoy my articles. In New England, you can find trees that possess a combination of traits: the ability to absorb water, absorb pollutants, and withstand drought to varying degrees. While it's challenging to find a single tree species that excels in all three aspects, you can consider a mix of trees to address these needs. Here are some tree species that can meet these criteria:

- Eastern redbud** (*Cercis canadensis*): Eastern redbuds have a moderate tolerance for wet conditions, can help absorb water, and are reasonably drought-tolerant once established.
- White oak** (*Quercus alba*): White oaks have deep root systems, making them effective at absorbing water. They are also known for their resilience to drought conditions.
- Red maple** (*Acer rubrum*): Red maples can absorb excess water, tolerate wet soils, and have some drought tolerance, particularly when mature.
- River birch** (*Betula nigra*): River birch trees are well-suited for wet conditions and can help manage excess water. They are also relatively drought-tolerant.
- Eastern white pine** (*Pinus strobus*): White pines can help with water absorption and are moderately drought-tolerant once established.
- Black willow** (*Salix nigra*): Black willow trees are excellent at water absorption and they can also help filter pollutants. They have good drought tolerance once established.



- Eastern hemlock** (*Tsuga canadensis*): Hemlocks are known for their ability to absorb water, especially in moist environments. They are moderately drought-tolerant when mature. It's important to note that while these trees can help with water absorption, pollution reduction, and drought tolerance, proper site selection, soil preparation, and regular maintenance are essential to ensure their success in your landscape. Additionally, many trees are more effective at these tasks when they are established and have matured. Consulting with local arborists or horticulturists can provide you with guidance tailored to your specific location and needs, helping you choose the most appropriate tree species for your situation.

Thank you for writing in.
Lydia Earthwise

Disclosure: Our content is intended for informational purposes only and should not be considered as professional advice or a substitute for independent research or consultation with experts. It is crucial to verify the facts, cross-reference multiple sources, and evaluate the credibility of the information before making any decisions or taking action based on the content we provide.

Multi-Chamber of Commerce Palooza Business After Hours at Searles Castle Windham, NH

by Emily Bilodeau, Southern NH Chamber of Commerce

It was a magical night at the Business After Hours Chamber of Commerce Palooza on Tuesday, October 24, at Searles Castle, 23 Searles Road, Windham, NH, celebrating the four-year anniversary of NHC Events and their incredible staff.

Everyone enjoyed the food, photo booth, raffles, entertainment, and making connections with the neighboring Chambers, all while being surrounded by the Castle's luminous and spectacular beauty. The Palooza was a multichamber networking event, which included the Southern New Hampshire Chamber, The Merrimack Valley Chamber, and the Greater Haverhill Chamber. Thank you to all who attended and for the unforgettable night.

The Chamber also wants to give a huge thank you to our members, Searles Castle at NHC Events for hosting this wonderful event, Susanne's Weddings for creating the exquisite flower arrangements, Sam from Merrimack Valley Events, Simply Elegant Catering for the delicious

food, Enchanted Vines for donating the gorgeous autumn wreath, and Get Down Tonight Entertainment, Inc., for providing energetic tunes and beautiful uplighting on the castle.

NHC Events, LLC, assumes the management of all events at Searles Castle and continues to provide an impressive backdrop for your amazing events. Visit the castle's website if you need space for your upcoming events, such as weddings, fundraisers, trade shows, award ceremonies, shareholders meetings, seminars, holiday parties, or political events. Searles Castle can host anywhere from eight to 250 guests. Book today at <https://atthecastle.com/>

The Southern New Hampshire Chamber of Commerce is organized to foster an environment which promotes and supports business relationships and community involvement in the area. For more information on the Chamber, please call 603-893-3177 or visit their website at southernnhchamber.com.



Gold Award Girl Scout Works To Preserve Veterans' Stories Corinne Kelly of Pelham Works Hard to Instill Patriotism and Respect for Military Members

by Ginger Kozlowski, Girl Scouts of the Green and White Mountains



A teenage girl might be the last person you'd expect to want to preserve the stories and history of military veterans, but that's just what Gold Award Girl Scout Corinne Kelly has done, making sure her interviews with veterans are available to all through the Library of Congress.

Kelly, 18, of Pelham, earned Girl Scouting's high honor for members in grades 9-12, the Girl Scout Gold Award. It is the capstone to a Girl Scout's efforts to make the world a better place. Her project, Veterans History Project: Remembering the Past to Change the Future, took Kelly 103 hours to complete, and encompasses nine video interviews of veterans, speaking to a variety of groups about her project and why it's important to honor veterans, working with younger Girl Scouts to educate them and have them send cards to veterans, and assisting in sending almost a thousand care packages to deployed military members serving on six continents.



"I've always grown up in a very patriotic family," said Kelly. "My family has served in the past. Both of my grandfathers have served, so supporting our military has always been something very important to me."

"The Veterans History Project at the Library of Congress is a popular one, with more than 116,000 collections archived to date," said Kelly's advisor Lisa Taylor, liaison specialist for the Veterans History Project of the American Folklife Center.

"Corinne did an excellent job with her project," she said. "She is clearly a high achiever and should be very proud of her work as a future leader."

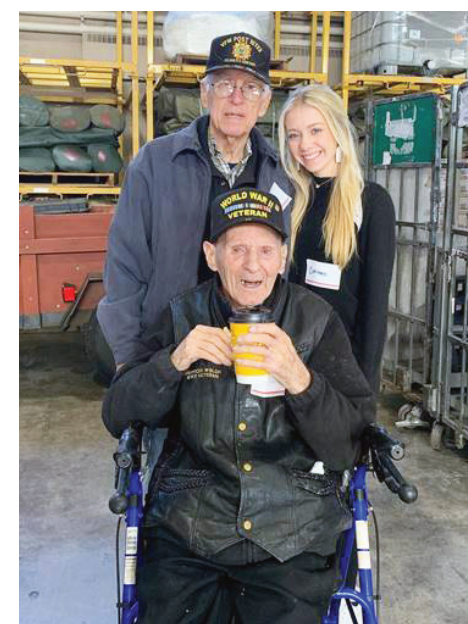
Alongside of her Girl Scout Gold Award work, Kelly volunteers for 40 other nonprofits, including the VFW and American Red Cross, and was crowned Miss New Hampshire's Outstanding Teen 2022. She is currently in the next division as Miss Auburn and will compete in April to become Miss New Hampshire in the Miss America pageant.

Kelly has a supportive family who helps make her goals possible.

"I see her as motivated, determined, and hard working," said her mother, Michelle Kelly. "She has a heart of gold and as such puts others ahead of herself. She loves volunteering and incorporates it into every aspect of her life. When you love something and believe in a cause completely, it's easy to dedicate your time to it."

Corinne Kelly wants to be a changing force in her generation, said her mother. "She heard again and again from her grandfather how they were all treated when they came home from Vietnam. She is determined that no service member will ever feel unappreciated for doing their job and serving their country. This is why she is so passionate about volunteering with the USO at Logan Airport, sending care packages and running letter writing campaigns for Operation Care for Troops, and honoring veterans when they take their Honor Flights to their memorials."

Working on her Gold Award taught



or strengthened many life skills for Kelly, including organization and public speaking. She said she personally gained a stronger appreciation for the sacrifices made by our military.

"Don't take the sacrifices that our men and women in our military make for granted," she said. "They've been through a lot that I can never imagine going through. And, I'm just really grateful that there are brave men and women in our country that are willing to do so. To protect us and our freedom."

Over her many years in Girl Scouts, Kelly enjoyed field trips and friendships, and got a taste of independence at Camp Farnsworth summer camp. She learned how to be confident while selling cookies and helped her local food pantry.

Kelly graduated from Pelham High School last spring, where she was an honor student, captain of her high school tennis team, and held multiple teen titles as well as the state title in the NH Scholarship Program. She is a New Hampshire local titleholder, Miss Auburn, in the Miss America opportunity, and volunteers thousands of hours. She is currently a freshman at Regis College in Weston, MA, studying dental hygiene. She is considering dental school in the future, along with a possible Miss America crown.

TRUST ONE TEAM

For All Of Your Health & Fitness Needs
ONE Ownership - ONE Shared Vision:

A HEALTHIER YOU!



CONSISTENT Excellence For EVERY Phase of Your Health & Fitness Journey

www.ScacciaPT.com

Pelham Cemetery Committee Update

The Cemetery Committee achieved an impressive feat by constructing a maintenance building and office on the cemetery grounds, all without incurring tax expenses. This accomplishment not only underscores their financial prudence but also highlights their dedication to efficient resource management.

Comprehensive Service and Record-Keeping: The committee's responsibilities extend to engaging with funeral parlors, assisting individuals in selecting burial sites, coordinating grave digging and vault services, preparing for funeral services, refurbishing grave sites, and reseeding as needed. They also maintain meticulous records to track and document these vital services.



EXCITING NEWS FOR ADVERTISERS...

The Evergreen has increased its circulation to 11,000 copies each month. 6,000 mailed to every home and business in Pelham and 5,000 distributed to select locations in Pelham, Salem, Windham, and Hudson!
Email TheEvergreenNewspaper@gmail.com to start advertising.

You can pick up a copy of The Evergreen at Market Basket and other selected locations throughout Pelham, Salem, Windham, and Hudson

THE GOLDEN SPOTLIGHT

The Evergreen is pleased to bring you “The Golden Spotlight,” highlighting our older generation.

This Month’s Spotlight Is on Glennie Edwards

By Kimberly Abare

I had the pleasure of interviewing Glennie Edwards for The Golden Spotlight. Here is the interview.

Glennie, thank you for joining us today. Can you tell us about your early years in Pelham, your family, and the significant events that shaped your life?

Certainly. I was born here in Pelham and lived in the center of town until 1943. Unfortunately, my life took a turn with the death of my father that year, leading to a period of independence living with my aunt and uncle in Portsmouth, NH. After completing the 8th grade, I returned home and, at the age of 15, joined my mother in the wallpapering and painting business that my father had run. It was a formative time that taught me independence.

That’s quite a journey. Can you share some stories from your childhood that have left a lasting impression on you?

Picking strawberries for my grandmother and pulling weeds at the Jewish Cemetery on Pulpit Rock Road are memories that shaped my work ethic. Those early experiences instilled in me the value of hard work and independence.

Moving forward, how was it growing up in Pelham, and how do you see the differences from your time to the present?

Growing up in Pelham was special. I witnessed the town’s development and, while analyzing its growth, I believe we’re near capacity. I cherish our small community feel and hope it remains. The town has a unique way of pulling together, and I am proud to be part of it.

It sounds like you’ve had a diverse set of experiences. What lessons or values have you learned over the years that you think are important for young people today?

Honesty in everything you do, paying your bills before anything else, and the importance of hard work are key lessons from my mother and grandmother. I believe in setting boundaries and offering guidance to our children. A no-nonsense approach has served me well.



Moving into your career, can you share your educational and career experiences, and what advice do you have for young people pursuing their own careers?

I started working at a young age, joining my mother’s business and later working in various places, including the McGowan Educator Food Company and Hathaway Shirt Company. My career took an unexpected turn when I became one of the first women to race with the men in the Atlantic Auto Racing Association. Later, I joined the Pelham Police Department, and my career evolved from there. My advice to young people is to embrace unexpected opportunities, work hard, and be persistent.

That’s truly inspiring. Were there any historical events or social changes that had a significant impact on your life?

Joining the Pelham Police Department during a time when crime commission funds were available to our town for dispatching services had a significant impact. It was a unique experience, and I later transitioned to the Department of Corrections, finding comfort in that job.

Shifting gears, what were your favorite hobbies and pastimes that you enjoyed?

I enjoy sewing, quilting, and garden-

ing. I’ve been a choir member at the First Congregational Church since the 1960s and contribute to building maintenance there. Being busy with these activities brings me joy.

As you reflect on life, what were some of the most valuable life lessons you learned from your parents or grandparents?

The importance of honesty, paying bills before anything else, and a strong work ethic were valuable lessons passed down from my mother and grandmother.

Speaking of life lessons, what do you consider to be the keys to a fulfilling and meaningful life?

Finding joy in the little things, staying busy, avoiding heavy-duty drinking and drugs, and maintaining a sense of humor are keys to a fulfilling life, in my opinion.

How did you stay physically and mentally active as you grew older, and what advice can you give to maintain health and vitality?

Being busy with hobbies like gardening and maintaining an active lifestyle contributed to my well-being. My advice is to find activities you enjoy, stay engaged, and prioritize health.

Finally, is there a piece of wisdom or a motto you live by that would benefit people younger than you?

A straightforward approach, avoiding handouts, and valuing hard work are principles I live by. I’ve had people express a desire to be like me when they grow up, and my response is always, “You might want to think about that.”

Thank you, Glennie, for sharing your remarkable journey and valuable insights with us today. It’s been a pleasure talking with you.

Thank you for having me. It’s been a pleasure reminiscing about the wonderful experiences in my life here in Pelham.

If you know someone who would make a good Golden Spotlight, please e-mail TheEvergreenNewspaper@gmail.com.

Windham Kids in Service Club Honor Veterans

by Cheryl Haas, Windham Parks and Recreation Director

The Windham Recreation Department teamed up with Kids in Service Club for a Veterans Day story and craft program. The goal of the event was to thank our veterans while connecting people of different generations.

Windham Police Chief, Michael Caron, also a veteran, read the book “Veterans: Heroes in Our Neighborhood” to the students. It was a wonderful program filled with many veterans teaching the children about their service. We can’t wait to do it again next year.

Thank you to the Windham Presbyterian Church for allowing us to use their space.



SUSAN J TISBERT REALTY

Serving NH and MA for over 30 years!

Welcome to Home Sales in Pelham, Windham, Hudson, and Salem, NH.

Since not much has changed in interest rates, the market appears to be staying strong with homes still selling over asking in October 2023.

Since I am writing this ad on a most memorable day, Veterans Day, November 11, I would like to say thank you to all who have served in our armed forces in the past, who are serving now, and the newly enlisted. THANK YOU FOR YOUR SERVICE.

I would like to offer my services as a 30-plus-year veteran of my job in real estate sales. Please call for a free evaluation of your home, or circumstances, and if you have any reservations about selling or buying a home – perhaps I can help you decide what is right for you.

God Bless You and God Bless America.

THE OCTOBER 2023 RESIDENTIAL SALES* IN PELHAM

Address	List Price	Sell Price	Days on Market
99 Hobbs Road	\$415,000	\$390,000	19
21 Main Street	435,000	425,000	8
3 Loretta Avenue	429,900	•430,000	21
13 Lane Road	550,000	550,000	5
7 Pinewood Drive	599,000	•600,000	7
34 Fairview Drive	639,000	•715,000	6
14 Lyons Drive	748,000	748,000	4
137 Clement Road	785,000	•820,000	4
41 Trolley Lane	789,900	•863,696	0
20 Oakland Ridge Road	950,000	950,000	5
21 Oakland Ridge Road	925,000	925,000	70
30 Venus Way (C)	434,900	434,900	56
22 Settlers Way (C)	429,900	•440,000	4
22 Venus Way (C)	494,800	494,800	0
16 Redwood Road (C)	574,900	570,000	13

THE OCTOBER 2023 RESIDENTIAL SALES* IN HUDSON

Address	List Price	Sell Price	Days on Market
13 Iris Path	\$375,000	•\$383,000	24
171 Derry Road	394,775	•395,000	13
16 Rena Avenue	375,000	•410,000	2
151 Highland Street	439,000	419,900	10
41 Heritage Circle	415,000	•480,000	5
212 Webster Street	499,900	•502,000	4
1 Greentrees Drive	499,900	•540,000	7
6 Waubeeka Springs Road	549,900	•570,000	3
25 Second Street	585,000	585,000	6
68 Rangers Drive	559,900	•610,000	11
130 Musquash Road	625,000	•640,000	6
10 Meadowlark Drive	629,900	620,000	7
5 Deer Run	674,900	•690,000	6
283 Standish Lane	987,000	•1,002,000	3
109 Elmwood Drive (C)	250,000	•265,000	6
513 Elmwood Drive (C)	275,000	•285,000	11
310 Elmwood Drive (C)	250,000	•290,000	3
528 Fox Hollow Drive (C)	359,900	350,000	24
35 Lund Drive (C)	390,000	•410,000	6
318 Fox Run Road (C)	450,000	450,000	19
19 Clearview Circle (C)	435,000	•450,000	3
46 Barbara Lane (C)	435,000	•456,000	3
16 Joel Path (C)	499,900	•500,000	9
5 Norman Way (C)	604,900	•607,225	0
3 Norman Way (C)	604,900	•608,250	32
10 Village Lane (M)	165,000	165,000	47

THE OCTOBER 2023 RESIDENTIAL SALES* IN SALEM

Address	List Price	Sell Price	Days on Market
66 Lake Shore Road	\$349,900	\$308,000	25
66 Grove Avenue	349,900	•380,000	6
159 North Main Street	399,900	385,000	6
26 South Policy Street	375,000	•385,000	5
14 Town Farm Road	369,900	•410,000	7
80 Millville Circle	415,000	•420,000	5
13 Ann Avenue	399,000	•425,000	2
6 Spicket Lane	400,000	•460,000	2
4 Chase Street	479,000	464,000	4
32 Benning Street	500,000	•512,923	5
21 Norwood Road	669,900	680,000	39
17 Norwood Road	634,900	•700,000	5
13 Ballard Lane	739,900	735,000	4
149 Lowell Road	775,000	750,000	43
8 Stoneybrook Lane	799,900	775,000	11
75 South Policy Street (M)	140,000	140,000	30
7R Arrow Drive (M)	182,900	169,000	36
59 Shadow Lake Road (M)	196,200	190,000	8
53 Hagop Road (M)	239,900	239,900	5
20 Tiffany Court U3 (C)	204,900	225,000	5
1 Lancelot Court U9 (C)	225,000	•236,000	4
121 Cluff Crossing Rd U19 (C)	250,000	•260,000	25
10 Braemoor Wds Rd U105 (C)	399,500	•400,000	3
78 Porcupine Circle (C)	399,500	•402,500	7
5 Sally Sweet Way U236 (C)	469,000	•475,000	4
5 Sally Sweet Way U349 (C)	459,900	•480,000	2

THE OCTOBER 2023 RESIDENTIAL SALES* IN WINDHAM

Address	List Price	Sell Price	Days on Market
14 Second Street	\$169,900	\$130,000	7
2 Pine Brook Road	265,000	215,000	74
3 Spring Street	449,000	465,000	13
17 Ash Street	494,000	477,000	148
1 Balmorra Road	629,000	610,000	5
15 Heritage Hill Road	600,000	•630,000	5
14 Heritage Hill Road	629,900	•640,000	6
5 Marblehead Road	659,900	657,000	6
162 Londonderry Road	689,000	•690,000	4
2 Fox Street	777,000	777,000	13
2 Aladdin Road	830,000	•860,000	5
12 Settlers Ridge	1,049,000	1,049,000	2
19 Jacob Road	1,150,000	•1,285,000	4
35 Hawthorne Road	1,849,000	•1,900,000	14
40 Brookview Road (C)	419,900	•467,000	4
3 Mid Trail Crossing Lane (C)	779,900	779,900	0
1 Misty Meadow Road (C)	845,000	\$820,000	25
20 Mid Trail Crossing Ln (C)	850,000	\$850,000	10

*Copyright 2023 Prime MLS. All rights reserved. This information is deemed reliable but not guaranteed. The data relating to real estate displayed on this site comes in part from the IDX Program of NEREN. The information being provided is for consumers' personal, noncommercial use and may not be used for any purpose other than to identify prospective properties consumers may be interested in purchasing. Data last updated 11/11/23.

• Indicates Over Asking Price. (C) Indicates a Condominium. (M) Indicates a Mobile Home. (L) Land

Susan J Tisbert, Your Trusted REALTOR® • Cell/Office 603-235-9373

Pelham Trails – Photography and Nature

by Lorraine Langan

Meet Jo-Ann Matthews. She can often be seen hiking through the various trails in Pelham and Hudson, camera in hand and ready for that special opportunity. I saw some of her work online, and I was very impressed. I invited Jo-Ann to my home to learn all about her craft and how it came to be. So, we met on a beautiful, crisp fall afternoon. Born in Lowell, MA, Jo-Ann's parents made the move to Pelham when she was quite young. Later in life, she found her home in Hudson, where she resides today. Her love for photography stemmed from her childhood, which holds fond memories of observing her father as he captured wildlife and family memories with his camera. Jo-Ann was thrilled when he surprised her with a camera of her own when she was only nine or 10 years old. Horses grazed in a field across the street from her house in Hudson, and she loved to visit and watch them. This is

the scene that first caught her attention, so this is where she began, and her knack for photography sprang to life. Nature and animals seemed to call out to Jo-Ann, and her heart skipped a beat when she captured just the right moment with her new Brownie camera. As the years went by, she spent most of her spare time enjoying her new hobby. After a long workday and weekends or any other spare time would be devoted to her love of taking pictures. This did not keep her from enjoying her other hobby of gardening in her yard, which produced flowers that attracted the birds she loved to see and enjoy through her camera. She retired after 43 years of employment, giving her free time to further pursue her beloved craft. Jo-Ann had been unaware of the fact that Pelham maintains a variety of nature trails and hiking paths until two or three

years ago. This discovery opened a whole new avenue of opportunities to capture wildlife on camera. It was discovered that several other people in the area shared her love of nature and photography. She has befriended several individuals who share her passion, and, together, they venture out on the trails to search for wildlife. This informal group gathers two or three times a week, leading to some amazing finds. Many images were captured by the group and a new appreciation of what surrounds us here is this little town developed. Her advice to nature lovers is to be quiet and be patient. She always carries a small folding stool and sometimes sits for long periods of time, waiting for the next adventure. One day, she was able to observe a mother beaver carrying her young, one at a time, across the pond to their new home in a beaver hut. The

mother beaver made nine trips, taking the babies in her mouth one at a time. You won't see that in a video game. As you can see in the below photos, her patience and hard work speak for themselves. However, Jo-Ann does not consider this "work" at all. She stated, "Looking for birds is relaxing and helps me appreciate the beauty of nature." Her advice to readers, "Go out for a walk and take your kids. Look for wildlife. Be patient. Make sure you have binoculars. Most of all, get your children outdoors with you and away from technology." Below are some of Jo-Ann's photographs. You can see more of her birds and other themes on this site www.pixels.com. For more information about the trails in Pelham, go to www.Pelham-web.com/Forestry-Committee/pages/trail-maps. Enjoy. See you on the trails.



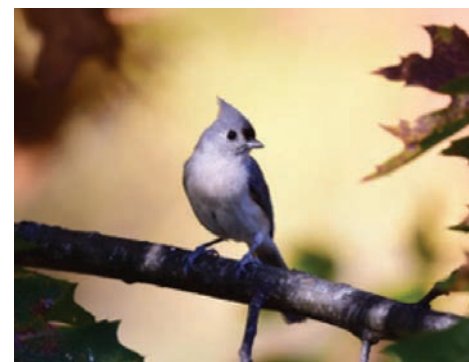
Barred owl, Benson's



Male eastern towhee, Peabody Trail, Pelham



Belted kingfisher, Benson's



Tufted titmouse

Pelham Community Spirit, Inc. Presents The 14th Annual Southern New Hampshire Festival of Trees

Friday, November 24 through Saturday, December 2, 2023
6 Village Green, Pelham, NH

An indoor community event at the Pelham Town Hall. Community Groups, Businesses, and Residents of Pelham and surrounding towns donate decorated Christmas trees and wreaths to be raffled off at the end of the event.

Admission: 12 & Up: \$5 each, Under 12: Free

Festival Dates and Times:

Friday, 11/24:	5-9pm
Saturday, 11/25:	10am-9pm
Sunday, 11/26:	12-5pm
Mon thru Fri, 11/27 thru 12/1:	5-9pm
Saturday, 12/2:	10am-5pm

- Daily Entertainment – See Facebook or our website for schedule of Events!
- Outdoor Train Rides Saturday Nov 25 and Sunday Nov 26 from 1-4pm, and Saturday Dec 2 from 1-4pm
- Several appearances by Santa Claus and other special guests
- Free Admission for Seniors on Monday, 11/27
- Much more!

Enjoy the Village Green, decorated in festive Holiday Lights, on display through the event!

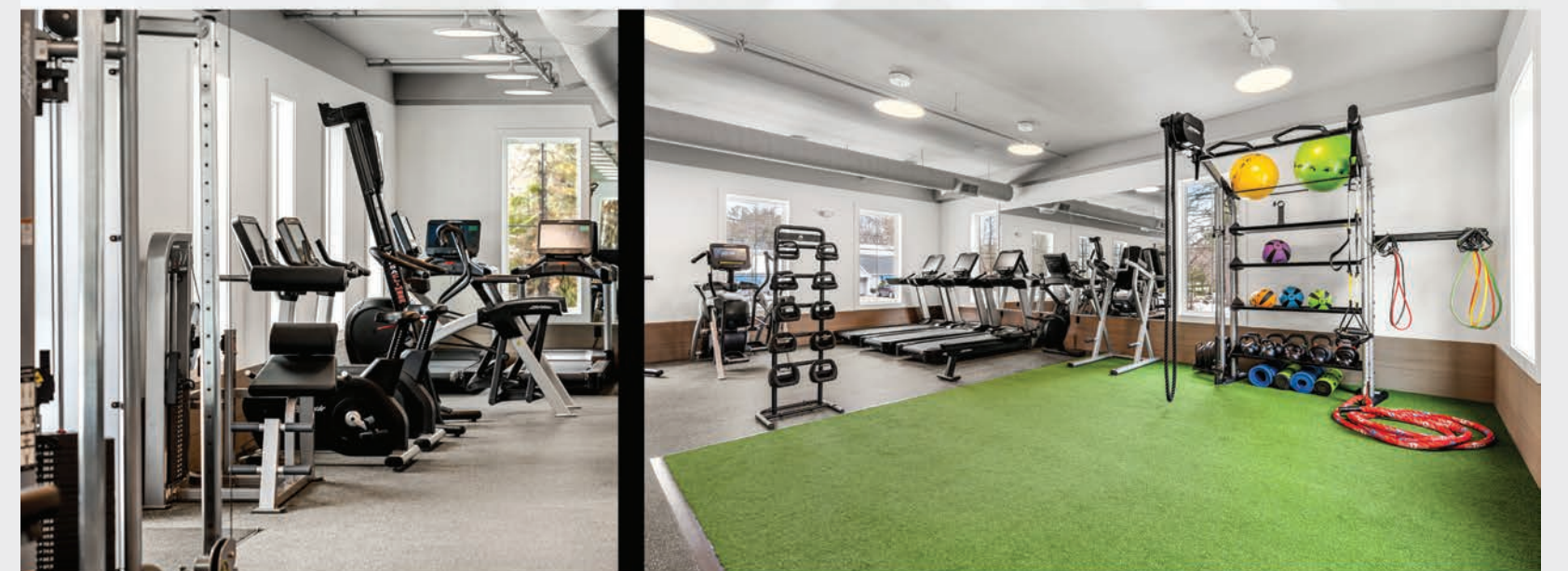
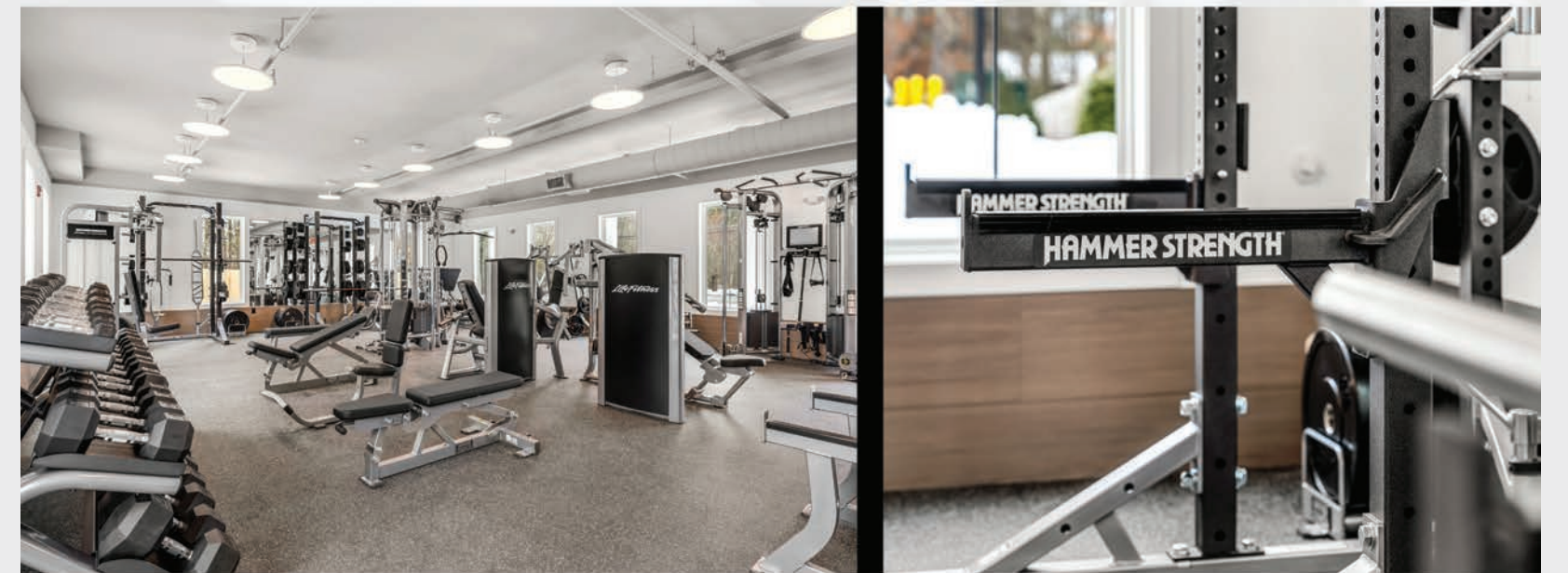
MERRY CHRISTMAS & HAPPY NEW YEAR

Happy Hanukkah



52 WINDHAM ROAD - WWW.PELHAMFIT.COM - 603-751-7891

- 24/7 Access
- Capped Membership
- Join Now and Receive Your First Month Free
- Zero Penalty Cancellation Within the First 30 Days



Pack Light, Travel Happy With Your Baby This Holiday Season!

Travel can be hectic with a baby any time of year. This year, pack light and make travel easier by renting baby equipment to be delivered to your destination, even to Grandma's house! BabyQuip provides safe and clean baby essentials to make anywhere feel like home. We rent full-sized cribs, strollers, car seats, toys, books, high chairs, baby monitors, noise machines, baby baths, bouncy seats, pack 'n plays, jumpers, and so much more! View our inventory at www.babyquip.com/Linda841. Equipment will be delivered to the destination of your choice or you may choose self-pickup and self-return in Windham, NH.

For more information, contact Linda Trust, BabyQuip Provider, Windham, NH Linda.babyquip@gmail.com • 603-339-3550



Soleil Salon & Spa Commemorates 20 Years

by Emily Bilodeau, Southern NH Chamber of Commerce

The Southern New Hampshire Chamber of Commerce was delighted to do a ribbon cutting on November 1, 2023, commemorating two decades of Soleil Salon & Spa, located at 49 Range Road, Suite #105 Windham, NH. It is most heartwarming to see how many of their family and friends attended this special event. We want to congratulate Soleil on this huge achievement.

Luisa Gladymir Garcia, owner of Soleil, has reflected on her 20 years in business and is reminded of a dream she once had – to support her three children and to show them, as a single mom, and as a proud Latina, that with hard work, unwavering passion, and dedication, one can achieve any dream. Soleil has touched the lives of countless team members, earning recognition as one of the top 200 salons in the United States and Canada for six years running. They have also received accolades such as "Best of NH," "Best of Windham," "Best of the Neighborhood,"

and Customer Service Awards in the U.S. and Europe for four years.

Soleil Salon & Spa has been committed to truly exceptional standards of service and guest care since they opened in 2003. They help their guests look and feel their absolute best. Experience their innovation, artistry, and of course – their Soleil difference. Book today at <https://soleil-salon.com/> or call 603-458-6687

We love to support our local family businesses. It is the best feeling to see them succeed and make connections in our community. We wish them much success and happiness with their business.

The Southern New Hampshire Chamber of Commerce is organized to foster an environment that promotes and supports business relationships and community involvement in the area. For more information on the Chamber, please call 603-893-3177 or visit their website at southernnhchamber.com.



1180 HAPPY CLIENTS

BUYING OR SELLING A HOME?

LET'S WORK TOGETHER!

Buying or selling a home can be a stressful process if you don't have the right real estate agent. With 28 years of experience, you can rely on us to get you the best possible result. Licensed in NH and Massachusetts.

BISSON-CASTLES
REALTY GROUP
ED AND JENNIFER
REAL ESTATE AGENTS

CALL US TODAY!!!

INFO@BISSONCASTLES.COM
603-635-8900
WWW.BISSONCASTLES.COM



The Pelham Good Neighbor Fund

For the 54th year, the Pelham Good Neighbor Fund will be available to help individuals as well as families with food as well as toys and clothing for their children during the Holiday Season with our Annual Holiday Food Drive and Sponsor-a-Child Program!

If you need assistance during this Holiday season, please don't hesitate to contact us for more information

E-mail us at PelhamGoodNeighborFund@outlook.com
Or give us a call the following Confidential number (603) 386-1347

Our Sponsor-a-Child program

If you are a Pelham resident with children under 18 years old in your household And are finding that times are tight, wondering where the funds are going to come from to shop for your children, let us help provide the magic of the Holidays for them! Please be assured that participation in this program is strictly confidential ~ It's all about the Kids!

Our Annual Holiday Food Drive

If you are a Pelham resident of any age or family dynamic (Senior or Individual) experiencing food insecurities during this Holiday season, We are here to lend a hand!

Please contact us no later than Wednesday, December 6th for assistance with this Holiday Season.



We will respect your privacy. All information collected by our group will be kept strictly confidential. Any information you give to the Pelham Good Neighbor Fund will be held with the utmost care.

Pine Valley Golf Course

Open to the Public

Pine Valley is a great 9-hole golf course located right here in Pelham! With its narrow fairways and small greens, Pine Valley caters to local golf enthusiasts of all skill levels.

Pine Valley Golf Course
247 Main Street • Pelham, NH 03076 • 603-635-7979
pinevalleygolfcourse.com

FOLLOW US ON

Call us now for next year's league availability!



Gingerbread House Decorating

DECEMBER 3RD - 10:00-1:00

Chunky's Cinema Pub
150 Bridge St Pelham, NH



SCAN TO REGISTER



Special thank you to our sponsors:



PELHAM SCHOOL DISTRICT HAPPENINGS

Submitted by Eric "Chip" McGee, Superintendent of Schools

Four-Peat for Pelham High School?

By the time this edition of The Evergreen is printed, our Pelham Pythons will have battled for their fourth consecutive state championship. Win or lose, this team represents the fighting spirit and drive for excellence in our community. Barry Scanlon of the Boston Herald wrote, "Certain things are inevitable: death, taxes, and the Pythons winning games." Entering the season, only three high school teams in the country (11-man football) had longer winning streaks than Pelham's 30. The Pythons have extended their streak to 40.

Educator of the Year at Pelham Memorial School

On November 2, Pelham Memorial School's Math Teacher/Coach, Karena Carten, was recognized as the Salem Boys and Girls Club Educator of the Year for Pelham. In her gracious acceptance speech, Carten explained that, "This honor represents the collective efforts of the entire Pelham Memorial School and our district. This award is a reflection of the shared commitment to excellence that exists within our school by inspiring success one mind at a time." That shared commitment to excellence is what makes our district so special.



Pelham Elementary School PTA Holiday Shoppe

The PTA proudly presents the return of The Holiday Shoppe, so mark your calendar. This in-school event will be held December 4-8. Students will have the opportunity to browse the Holiday Shoppe and purchase gifts for their families. It's great to see the children practicing time management, math skills, and showing so much love for their families as they try and choose the best gift. It has been a fun event for everyone.

Tech Tips for Teens and Tweens

Cell phones, computers, and social media are definitely here to stay, and they can be disruptive to students' learning and really damaging to friendships and self-esteem. We will share ideas and insights about all of that for parents, students, and staff to read and discuss. Here are the first three tips.

Tip Number 1: Maybe it is time to break up with your phone. In the article by Catherine Price, she says that our relationship with our phones is "codependent." It leads to lost sleep. Our conversations with friends and family that go nowhere. Our eyes – and attention – are plugged in elsewhere. One tip she shared – uninstall your addictive social media apps. When you feel the urge to open or reinstall it, don't try to resist it by saying that you "can't" or aren't "allowed." Instead, simply describe your current reality: "I do not keep social media apps on my phone." This simple shift can make a surprising difference.

Tip Number 2: Read books instead of your screen. Studies suggest that reading to our children during the formative years of birth to age five boosts brain development compared to screen time. That counts for tweens, teens, and adults too.

Tip Number 3: Turn off those notifications. Common Sense Media has found that teenagers receive a median of 273 notifications a day. One in five get more than 500 notifications a day. Research shows that these interruptions impact our ability to focus on things for longer periods. Learning and school can be hard, and the distraction can be appealing. Notifications disrupt sleep as well. One thing parents might think about to help is to turn off the notifications for your children on their phone, especially for social media and email.

Pelham Memorial Construction Update

The construction project continues rapidly. Each week we have a mystery picture and community members guess. We thought the community might enjoy some of these pictures.

- New Traffic Exit: Second-grader Izzy Wilkins guessed this one. It is our new exit from PMS parking lot. We widened the entrance to help traffic move in and out more smoothly.



- New Locker Room Floors: Adam Price guessed this one. It is our new locker room floor.

- Last Week's Mystery Photo: One of the columns in the new common space for each team on the second floor.



- Bethany Gagne knew this was our new softball field. The field is in and the grass is growing.

High School Tutoring

Everyone needs extra support now and then. It means you are pushing yourself. After-school tutoring is available at PHS every Wednesday from 2:30pm-3:30pm in the PHS Library. Math tutoring specifically is available after school in the PHS Library on Wednesday and Thursday afternoons from 2:30pm-3:30pm.

Community Service Activities – VFW

Community service is a Pelham High School graduation requirement. One opportunity is through our own John H. Hargreaves Memorial Post 10722 VFW. They are collecting holiday cards for our deployed troops. This is a great way to start the holiday season and for our students to earn community service hours.



This is IT

by AVIT Managed Service Provider

Strengthening Your Small Business: The Essentials of Cybersecurity

In today's digitally driven world, small businesses have become prime targets for cyberthreats. Whether you run a quaint local store or a thriving startup, cybersecurity should be a top priority. As the owner of a local IT Managed Service Provider (MSP) business, I understand the importance of safeguarding your systems. In this article, we'll explore the critical aspects of cybersecurity that every small business owner should consider, ensuring you have the right defenses in place.

Understanding the Risks: Cyberattacks can disrupt your operations, compromise sensitive data, and tarnish your reputation. Small businesses are often seen as easier targets, making it crucial to recognize the risks and take proactive steps to protect your digital assets.

Strong Passwords and Multifactor Authentication (MFA): Encourage your employees to use complex passwords and implement MFA wherever possible. These simple measures can significantly reduce the risk of unauthorized access to your systems.

Regular Software Updates: Keeping your operating systems and software up to date is a vital part of cybersecurity. Outdated software can have vulnerabilities that hackers exploit, so ensure automatic updates are enabled.

Firewalls and Antivirus Software: Installing firewalls and reliable antivirus software provides an additional layer of defense against malware and other online threats. Regularly update and maintain these tools for optimal protection. Try to refrain from heading to local box stores

and instead speak to some local experts to get the opinion of which antivirus would work best for your needs.

Employee Training: Invest in cybersecurity training for your staff. Educate them about the risks of phishing emails and other social engineering tactics. Human error is often the weakest link in cybersecurity, so informed employees are your first line of defense. Ensure that your employees truly need "administrative rights" on their machines as this default setting can wreak havoc if a user was to be compromised.

Data Backup and Recovery: Implement a robust data backup and recovery strategy. Regularly back up your critical data to secure locations and have a clear plan for data recovery in case of a breach or system failure. Always have a backup located off-site for disaster recovery.

Incident Response Plan: Develop a comprehensive incident response plan outlining the steps to take if a cybersecurity incident occurs. This plan will help minimize damage and downtime during an attack.

In conclusion, cybersecurity is not just for big corporations; it's a necessity for small businesses too. By staying informed about the risks and implementing these essential security measures, you can protect your business from potential threats. Remember, you're not too small for it to happen – you're just too small to make the news.

We welcome your IT-related questions and article ideas. Feel free to submit them to info@avit-msp.com.

AVIT MSP
jason@avit-msp.com
603-765-1030

The 'Pelham School District Happenings' is sponsored by:



Always a call or click away!
Call, click, or stop by today.

Patrick J Shea, Agent
9A Main Street
Pelham, NH 03076
603-635-4862
patrick@patrickjshea.com
www.patrickjshea.com

Like a good neighbor,
State Farm is there.®



SUPPORT OUR ADVERTISERS...
and tell them you saw their ad in
The Evergreen.

Pelham's VFW Auxiliary

by Madeline Dreusicke, President



On the 11th day of the 11th month at the 11th hour, the community of Pelham came together to honor those who have answered the call of duty for their country. They are our fathers, mothers, sons, daughters, friends, neighbors, or perhaps somebody you went to school with, and so many more. They put on a uniform, held up their right hand, facing the flag of the United States, and solemnly repeated these words, "I, their name, do solemnly swear (or affirm) that I will support and defend the Constitution of the United States against all enemies, foreign and domestic; that I will bear true faith and allegiance to the same; and that I will obey the orders of the President of the United States and the orders of the officers appointed over me, according to regulations and the Uniform Code of Military Justice." Without hesitation, they literally wrote a blank check made payable to the United States of America, for an amount of up to and including their life. They are our service members and veterans and on Veterans Day, we came together as a community to express our thanks for their service and sacrifices they made so we can be the "Land of the Free" because of the brave.

I would like to express my thanks to the VFW and Auxiliary, American Legion members, town officials including our police and first responders, scouts, and everyone who came out and helped us "thank all veterans for their service."

To drive into the Gibson Cemetery and see the addition of the Gold Star Mother's flag, along with all branches of the service blowing in the wind in the Memorial Circle, was truly a beautiful site indeed. Thank you to the cemetery trustees for this display of patriotism.

As we continue with our everyday lives, let us remember to say "Thank You" to the less than one percent of the population who have bravely served, and continue to serve our nation, and have given us the freedoms we enjoy today. Every day is the right day to simply say "Thank You" to a veteran.

I would like to end with a quote from President John Kennedy, "And so my fellow Americans, ask not what your country can do for you, but what YOU can do for your country." I would like to share that Operations Care for Troops, collectively, has proudly been able to ship out this past Saturday, November 11, 1,698 Christmas stockings to deployed troops around the world. This is because so many volunteers from around our state came together with their time, items, cards, and support to make it happen. For those of us here in Pelham, we were able to contribute 600 completed stockings to this project, thanks to our community of supporters. I will contribute a separate article on this next month.

If you are looking for additional information, please contact:
Madeline Dreusicke,
President of the VFW Auxiliary
 Post 10722 at
madelinelavfw@aol.com



Julia Tetreault – Mitchell Award Recipient



The Civil Air Patrol Cadet program is a youth development program that incorporates leadership skills, aerospace, aviation, and military customs and courtesies. There are multiple squadrons in all 50 states and Puerto Rico. Pelham High School freshman Julia Tetreault joined the Manchester Cadet Squadron in July 2021 and became one of

the squadron's flight commanders in October 2022. On Thursday, September 14, Captain Julie McAdoo, the Manchester Cadet Squadron Commander, presented her with the Mitchell Award, named in honor of Brigadier General Billy Mitchell. To receive the award, Tetreault had to pass comprehensive leadership and aerospace exams, meet the physical fitness requirements, graduate from encampment, and pass a board of review. Only 15% of cadets in the program earn this award. For completing this milestone, Captain Julie McAdoo, promoted Tetreault to the rank of Cadet Second Lieutenant. She is only the third cadet in the Manchester Squadron to receive this award in over three years. Her older sister was the first in December 2022 and her twin received it in February 2023.

Besides the CAP Cadet Program, Tetreault is a member of the Lisa Pilato Dance Center's competition team and an honor student. Last year, while at Pelham Memorial School, she was a member of the National Junior Honor Society, part of Pelham Memorial's student leadership group, and on the track team.

The Pelham Bluebird Society

by Roger Montbleau

To all our Pelham Bluebird Society friends, please take special notice that the Festival of Trees has ramped up for another joyous season. We have created a second annual tree for all of you to come and see and hopefully win and bring home. This year's nesting season was a huge success both in the Merriam Farm Bluebird Sanctuary and in your private homes. There are many first-year juveniles that will attempt to stay local with other bluebirds. We all need now to prepare our bluebirds for the impending frigid winter and for their survival. Bluebird families stay together until fall, then merge together with other families as the weather gets colder. They often may travel around the countryside in flocks looking for berries and treats like stands of sumac to get their daily nourishment.

The Pelham Bluebird Society recommends that you stock your feeders with suet containing peanut hearts, raisins, blueberries, and chopped apples. You may even find suet with mealworms which is always a delightful and nutritious treat. Bluebirds are partially migratory; some will go to lower climates and nowadays, with mild winters, the majority stay local. The most important things for the ones that remain are food, shelter, and water. Make that available and they will come.

We are happy to announce our involvement with the success of the Celebration Park at the Hobbs Community Center. The Pelham Bluebird Society has created a new bluebird sanctuary within the park. It is reported that bluebirds are already visiting the site. A small flock of six bluebirds were feeding and fluttering about the park. We are encouraged and confident that a number of nesting pairs will be taking up residency this coming spring. This can only add to the overall beauty and enjoyment of the park. Make certain that you visit the park to see how beautiful it is.



Dear Mr. & Mrs. Bluebird:

Q. Where did the bluebirds go? They aren't even using their house during the coldest part of the year. The Farmer's Almanac predicted a hard winter – can they survive the harsh snow and ice?

A. It is always a deep concern that bluebirds can survive an extremely harsh winter. They go deep into the forest and into the underbrush to get out of wind and ice. On a cold, subzero day, high winds can kill off an alarming amount of the existing bluebirds. It seems that with more public awareness and consistent food sources by all of us providing feeders, they have a much greater chance of survival under those conditions. The milder winters in recent years have given them a false sense of security so, therefore, our intervention with high-quality food has given them more chances of survival than normal in extreme weather.



POLITICAL ADVERTISEMENT

Merry Christmas and Happy Holidays
 from
Chuck Morse & Family



CHUCK MORSE

FOR GOVERNOR

Paid for by Friends for Chuck Morse, Dan Norris, Treasurer, PO Box 106, N. Salem, NH 03073

Seifert

PERFORMING ARTS CENTER

Salem High School
 44 Geremonty Drive, Salem, NH 03079

UPCOMING EVENTS

The New Hampshire Philharmonic presents
Holiday Pops

Saturday, December 16 at 7:30pm and
 Sunday, December 17 at 2pm
 Tickets at nhphil.org

From grandchildren to grandparents, our annual Holiday Pops concert has something for everyone. The beautiful melodies and exciting dances of "Nutcracker", to popular holiday favorites, to our festive audience sing along bring a smile and great joy to everyone. This is always a sell-out event, so be sure to get you tickets early.

Salem High School presents **Disney's Frozen**

Friday, January 19 and 26 at 7pm
 Saturday/Sunday, January 20 and 21, 27 and 28 at 2pm
 Tickets at <https://ssd.booktix.com/dept/SPAC>

TICKETS ON SALE NOW!



Winter Carnivale



Friday, December 15, 5:30-9:30 PM
 Castleton Banquet & Conference Center
 Windham, NH

Perfect for a holiday party or fun night out!

Dinner and drinks
 Live and Silent Auctions

Music and dancing
 Games, Raffles, and More!



RAFFLE

AND



KNOW BETTER HOMMUS

brekki
 ready-to-eat oats

For more info and tickets, visit
www.sarlnh.org/wintercarnivale or scan the QR code.

NONPROFIT SPOTLIGHT

This Month's Nonprofit Spotlight is on Operation Biscuit

by Kimberly Abare

I had the pleasure of interviewing Erin Murphy, Owner of a nonprofit organization, Operation Biscuit, based in Salem, NH.

Tell us about Operation Biscuit, you, and your team.

Operation Biscuit produces high-quality, all-natural dog and cat treats that not only bring joy to pets and their owners, but also support our heroes, communities, and pets in need. Our primary mission is to give back, and we achieve this by donating 100% of our proceeds to nonprofit organizations that serve veterans and their families. While we have an online store, most of our sales come from our participation in local fairs and events. In addition, we donate pet treats to the weekly food pantry at Veterans Northeast Outreach Center, serving multiple counties in New Hampshire and Massachusetts.

Our team is small but dedicated. I, the founder, handle all the baking, while family and friends assist with packaging and labeling for events. Our board is comprised of veterans and animal lovers. Operation Biscuit is about more than just dog and cat treats; it's about building a community of people who share a love for animals, raising awareness for local organizations that support veterans, and ensuring that pets in need have access to high-quality, all-natural treats.

Can you share how you came up with the idea to start Operation Biscuit and its transformation into a philanthropic venture?

Operation Biscuit was inspired by my picky dog, Vivienne, who was particular about the treats she would eat. The first time I made homemade biscuits for her, I struggled with the process, but she loved them. This led to more batches and giving them to friends, and eventually, I received requests for more treats. That got me thinking about turning this into a charitable endeavor. I wondered if I could sell the treats and donate the profits. This is how Operation Biscuit came to be.

Coming from a military family and being a staunch supporter of our veterans and troops, I decided to focus on the local at-risk veteran population. I reached out to a local veteran food pantry to see if they'd be interested in including pet treats, and after a survey with their population, I received a positive response. We've since developed a strong relationship with them.

What is the primary mission and goal of Operation Biscuit in producing dog and cat biscuits, and how do these products support your mission?

The main mission and goal of Operation Biscuit is to give back. I strongly believe that every dog or cat should have access to unprocessed, chemical-free treats. We wanted to ensure that it's not a luxury but the norm. We conducted research on how homeless and low-income individuals were accessing pet food and treats and how they were taking care of their pets. We wanted the guests at the food pantry to be able to bring something home for their pets as well.

In addition to the sale and donation of treats, we've designed a baking program that will involve veterans and local children and teens in supporting our mission through baking and packaging treats. For veterans with PTSD, this program will serve a therapeutic and purposeful activity. It will serve as a creative outlet and a means to relieve stress. It will also promote camaraderie and laughter when friends and family get involved.

For local children and teens, the baking program will serve as an avenue for community service while teaching them how to give back in a non-conventional way.

We're also exploring expansion beyond the sale and donation of treats to specifically cover the costs of veteran's pet care, including generalized care and unexpected medical needs.

Tell us about your ingredients, and where do you operate from.

Our ingredients are all-natural and organic, when available, with natural preservatives, such as Vitamins E and C, and rosemary. We have a variety of recipes, including peanut butter, pumpkin, and double cheese, and options for special diets such as grain free, nut free, egg free, and flour free. Before packaging, treats are dry-baked for several hours, removing any moisture to extend shelf-life. As with anything unprocessed, proper storage is required to ensure longevity of the product.

Can you describe the impact and benefits of your dog and cat biscuits for pets and the local community you serve?

When someone purchases our treats, they are making a significant difference. Every dollar goes toward our selected nonprofits that serve veterans. We've had the pleasure of meeting loyal customers who keep returning to buy more treats

because their pets love them. It brings us immense joy.

What's even more heartwarming are the stories we hear from veterans and their families who share their experiences and talk about their pets. These interactions are filled with laughter and sometimes tears, but most importantly, they offer support. Operation Biscuit is about creative volunteer work and the enthusiasm we receive from the public confirms that we're on the right path. The wagging tails and happy paws that we encounter are truly rewarding.

The highlight of our week is the food pantry drop-off. This is when we get to see our local veterans on a regular basis and have brief chats. We've learned so much about their pets and their deep attachment to them. Many of them consider their pets as family, sometimes as their only family. Our treats have fostered these relationships and serve as a means for communication and connection, which is what this is truly about.

What are your current distribution channels, and do you have plans to expand the reach of your products to a wider audience?

Currently, you can purchase Operation Biscuit treats online or at local fairs. We would like to expand our distribution channels by partnering with local businesses that share our philanthropic goals and can offer our treats for purchase.

We also support our local community and veteran/military organizations by donating dog lovers' raffle baskets, which include an assortment of dog treats, toys, and human-related items.

How can individuals or businesses best support your nonprofit's biscuit-making efforts, whether through donations, volunteering, or other means?

We are currently doing as much as we can with the resources available to us. Operation Biscuit is self-funded and relies on donations when they come in. Donations can be for specific purposes, such as a week of pantry treat donations, a raffle basket for a nonprofit event, purchase of ingredients and supplies, or they can be unspecified and put toward any necessary operating expenses.

We believe in the potential for growth, but that can't happen without donations and volunteers. Some ways people can support us include donating a commercial kitchen where we could host a volunteer day to bake in bulk, providing pack-

aging and printing services from local vendors, or making monetary donations to purchase additional equipment and supplies to supplement and kickstart our baking programs.

If someone gave your organization \$500,000, what would you do with it?

With a generous donation of \$500,000, we would launch the Operation Biscuit Veteran Pet Care Program. This program would ensure that every veteran with a pet has the means to care for them in the way they deserve. It would cover generalized pet care expenses, including food, water, treats, leashes, harnesses, shampoo, brushes, beds, training pads, poop bags, pet ramps for elderly dogs, and more. It would also provide emergency funding for unexpected medical or surgical needs. For many veterans, their pets are not just animals; they are their family and often their only companions.

Thank you for sharing your incredible journey and the meaningful work you do. How can people connect with Operation Biscuit and support your mission?

You can connect with us and support our mission through our website, social media, and direct contact:

<https://www.operationbiscuitnewengland.com/>

<https://www.facebook.com/operationbiscuit/>

<https://www.instagram.com/operationbiscuit-newengland/>

e: info@operationbiscuitnewengland.com

p: 978 284 0297

PO Box 712 Salem NH 03079



AWCC Artisan Fair, June 2023. (Left to Right) Tobi Bennett and Erin Murphy.

Botox, Brows, Boobs, and Bubbles Ladies Night – Cancer Charity Event

by Rachel Robbins

Salem, NH-based JSJ Aesthetics & Wellness held a charity event on October 19 titled "Botox, Brows, Boobs, and Bubbles Ladies Night." The event raised money and awareness for breast cancer research. More than 100 local women came together to raise over \$5,000 for Tough Warrior Princess, which benefits women battling cancer.

The night featured discounted services from JSJ, such as Botox, brows, and free consultations as well as highlighted prod-

ucts and services from local vendors, including:

- Massages from RELAXology
- Cookies from Whisk Chick
- Empanadas from Jackie's Catering
- Athletic wear from ARdour
- Permanent Jewelry from Luna Pines

JSJ Aesthetics owner, Jessica St. Jean, said she is committed to using her business to raise money and awareness for breast cancer research.



Photos courtesy of JSJ Aesthetics & Wellness

Trunk Show for Miss New Hampshire's Teen

by Pattie Lamontagne

The Miss New Hampshire Scholarship Program announced the Trunk Show for Miss New Hampshire's Teen, Siena Lee Muccioli.

Star of the Day – Come see the young women of New Hampshire perform their talent. Featuring Miss New Hampshire's Teen as she debuts her talent and wardrobe for the Miss America's Teen competition to be held in Florida this January. Join us for a night of talent, refreshments, raffles, and fun November 30 at

the Derry Opera House. Tickets can be purchased at www.missing.org/star-of-the-day or scan the QR code below.



Miss New Hampshire Scholarship Program, Inc.



STAR of the DAY

Trunk Show for Miss New Hampshire's Teen 2023, Siena Lee Muccioli & Contestant Talent Showcase

\$18

THURSDAY
NOVEMBER
30, 2023

6:00
PM

DERRY OPERA HOUSE
29 WEST BROADWAY
DERRY, NH

Refreshments, Raffles, Talent Showcase Audience Choice voting and More!

For Tickets: missnh.org/star-of-the-day

Halloween Extravaganza on Stevens Street in Pelham

by Kim Abare

The annual Halloween event at Jason and Helene Burke's home at 23 Stevens Road in Pelham was yet another resounding success, marking an impressive achievement in the realm of Halloween festivities. With over 100 hours of meticulous preparation invested since the end of August, this year's extravaganza surpassed all expectations, delivering a bigger and better experience for all who attended. Perhaps a stroke of good fortune, the skies remained clear, sparing the event from rain. Slightly less than 300 people attended.

Year after year, the couple, fueled by their enduring love for Halloween, strives to enhance the experience, continually introducing new elements to keep things fresh and intriguing. The warm reception and gratitude expressed by the Pelham residents only further fueled their passion. Many were curious about the

amount of time dedicated to this labor of love and where they stored the plethora of decorations and props accumulated over the past 20-plus years, pushing their storage capacity to its limits. Jason, the ever-supportive partner, deserves special commendation for not only tolerating but actively participating in bringing their larger-than-life creations to life and arranging them around their yard. Helene, this year, dressed up as Maleficent.

Long-standing neighbors on Stevens Road, some residing there for decades, mentioned that last year, when the Halloween spectacle began, was the first time they ever received trick-or-treaters. This inspired them to embrace the festive spirit wholeheartedly, leading to an even more adorned neighborhood this year as they eagerly awaited the arrival of enthusiastic crowds.

The enthusiasm and dedication to this annual event also translated into capturing a memorable moment this year. Helene was thrilled to share a captivating photo of an owl she encountered in their yard at dusk. She followed the owl for around 20 minutes, capturing its flight from tree to tree. The highlight of this avian adventure was the owl perched on the arm of their Inferno Skeleton, a once-in-a-lifetime photo op that rivaled even her experiences on a Kenyan safari. The striking image, a perfect embodiment of Halloween's mystique, is a testament to the magic they create each year.

In anticipation of next year's Halloween celebration, the couple expressed their excitement and gratitude, eager to continue their tradition of delivering an unforgettable experience to the Southern New Hampshire community.



Why Meaghan's Hats?

by Jo Galvin



I thought at first it would be a nice way to honor my daughter as well as give back and hats were an easy choice because she loved hats and wore winter hats even in the summer. As things evolved and I was thinking more clearly, I remembered a story she told me. She was at a diner having a meal in Portland, ME, and a homeless man came in to get warm but could only afford a cup of coffee. Well, Meaghan would have none of that and told the waitress that she couldn't eat a meal if he couldn't have one. She said to have the man order whatever he wanted, and she would pay for it. I never forgot that story and I believe that is the inspiration for Meaghan's Hats – hats for the homeless. We have made two large deliveries so far this season in NH and ME, with more to come. Please help us help people by donating new hats, gloves, and mittens. See us on Facebook, Instagram, X @Meaghan's hats or call me directly, Jo Galvin, at 603-212-8022.



Nick Spanos shared a picture of his 8-point deer harvested in November, in Pelham. 191.6 lbs, dressed.

EAT, DRINK, AND BE MERRY

Welcome to "Eat, Drink, and Be Merry" where we will rate local restaurants based on nine criteria equally broken out into three categories: food, service, and atmosphere. We will use a 1-5 star rating scale (see below). Our purpose is twofold – 1) introduce local residents to restaurants in the area and 2) provide feedback to local restaurants in order for them to improve their product. Should you have any questions, suggestions, or comments, we would love to hear from you. Please email us at theevergreennewspaper@gmail.com.

Ratings:

- ★ – Come on, man
- ★★ – Not your Grandmother's cooking
- ★★★ – I'd go back again
- ★★★★ – Celebrate we will
- ★★★★★ – Cheeseburger in paradise

603 Brewery
42 Main Street • Londonderry, NH 03053
603-404-6123 • www.603brewery.com

Category	Criteria	Rating
Food	Taste (Quality of the Food)	★★★★★
Food	Appearance/Presentation	★★★★★
Food	Cocktails (Selection, Quality, Presentation)	★★★★
Service	Wait Staff/Server/Hostess	★★★★
Service	Ease of Access (Parking, Wait, Reservations)	★★★★★
Service	Value for the Money	★★★★★
Atmosphere	Cleanliness of Restaurant/Bathrooms	★★★★★
Atmosphere	Interior/Exterior Design (Seating Arrangements)	★★★★★
Atmosphere	Mood/Ambiance/Music	★★★★★
Overall Experience		4.5

This is the first restaurant review that has had a 4.0 or better rating for each category. I recall visiting 603 Brewery when they were located behind a garage door in some industrial space off of Exit 5 (Route 93). My understanding is that to serve alcohol in NH, a restaurant also needs to serve food. At the time, 603 was serving popcorn and premade cheese platters. They have come a long way. Now, the focal point of Woodmont Commons, the 603 Brewery, is more than just an adventure; it's a lifestyle that so perfectly fits into the model of work-live-play developments. Some of the key highlights – the restaurant is beautiful with a brand-new post and beam barn feel with floor-to-ceiling garage doors that open up onto the patio. The patio has its own bar, some TVs and a number of gas firepits. During that warm spell in late October, we were delighted to be dining outside. Every Wednesday is "Thank God It's Wednesday" (TGIW), where the chef prepares a new sandwich, for that night only, that gets paired with one of their many beer offerings. What a wonderful midweek treat. During the winter, they offer brunch on Sundays and serve folks in outdoor igloos to maintain that nice patio vibe. The food is top-notch with different twists, such as Korean and BBQ and their beer has put New Hampshire on the map. One item to note – when ordering beer or food, you have to go up to the counter as there isn't waiter/waitress service. Long live NH's area code.

If you would like a **FREE** subscription to The Evergreen Newspaper, please go to www.evergreennewspaper.com/subscriptions or send a note to **The Pelham Evergreen Newspaper** 39 Parkside Drive, Pelham, NH 03076

SUPPORT OUR ADVERTISERS...
and tell them you saw their ad in *The Evergreen*.

Northeast Pet Center

Over 30 years experience

Scott Merrill
Owner

49 Bridge Street, #5
Pelham, NH 03076
603-635-8650

Store Hours
Monday-Friday 10:00am-7:00pm
Saturday 10:00am-5:00pm
Sunday 12:30pm-4:00pm



Bone Builders

by Linda Trust, Volunteer Services Program Manager,
Retired and Senior Volunteer Program (RSVP)

Bone Builders is a unique exercise program designed with senior citizens in mind. Bone Builders offers no-impact, weight-training classes aimed at preventing and reversing osteoporosis. It is a professionally designed program with a combination of weight-bearing, balance, and stretching exercises. These exercises are designed to help seniors increase muscle strength, bone density, and balance. Originally developed from the Strong Living Program of Tufts University, Bone Builders is a free, twice-weekly, hourlong program, taught by trained volunteer leaders.

Bone Builders classes are provided throughout Hillsborough County (Bedford, Goffstown, Manchester, Nashua, Peterborough, and Pelham) by dedicated RSVP (Retired and Senior Volunteer Program) volunteers. We are currently recruiting Bone Builder volunteers for the Hudson Senior Center in Hudson, NH. If you would like more information on becoming a Bone Builder volunteer or know of a location that would be interested in hosting a Bone Builder class, please contact Donna at the Nashua RSVP office at dkonop@snhs.org, 603-598-9421.

First Congregational Church of Pelham United Church of Christ



2023 Free Community Dinner

3 Main Street, Pelham, NH • 5:30pm-7pm
December 15, 2023

2024

February 16th • April 12th • June 14th • August 9th
October 11th • December 13th

Questions? Please call 603-635-7025

If anyone would like to volunteer to help serve, please call the church.

●●●●●●●●●● **OPINION** ●●●●●●●●●●

Email your OPINION contribution to TheEvergreenNewspaper@gmail.com. *The Evergreen* reserves the right to print or not print the contribution. The views expressed in the OPINION column do not necessarily reflect the views of The Evergreen, its article contributors, sponsors, or advertisers.

It's Your Democracy

Editor's note: Thank you to Lisa Smart, NH State Representative, Belknap District 2, Meredith, NH, for sharing her grandfather's thoughts and writings posthumously. "It's Your Democracy" was a letter to the editor written by her grandfather, H.S. Robbins, during the Vietnam War. It is the original so it still has his typos. Robbins, who enlisted in the cavalry in 1915 at the age of 17, mentions dogface soldiers which was a term used for the Cavalry Infantry back during World War 1. It's of note because President Joe Biden called some reporter a "dog-faced pony soldier" and was made fun of for it. It was, in fact, a common term during WW1. It refers to the lowest ranking cavalry soldier, which is where Robbins started. The other piece titled, "Along The Ourcq" was from a writing contest he entered for which he won first place. Both pieces are reprinted here verbatim, with no editing. – Fred Young, Editor, The Evergreen

I'm tired of all arm-chair strategists...no matter whether they sit in the U.S. Senate, behind editorial desks of newspapers, radio, and television, or on college and university campuses of today.

None know very much of what they are talking about. Sure, War is Hell. Every soldier from the lowest dogface to the highest ranking general will tell you that. But the history of man's inhumanity to man has been filled with war ever since the world began. There is not much reason to think it's going to stop now.

It's been more than 50 years since I saw war in its rawest sense. I served with the Rainbow 42nd Division in WW1. Our strength was 27,000 men. We suffered more than 60,000 casualties counting replacements necessary after every encounter from the Somme to the Marne.

Not until you've trudged up a war-torn road at night and witnessed whole lines of families, weary, cold and hungry, some pushing all their worldly possessions in a wheelbarrow with small children clinging to the handles, can you know what war is about. They are just trying to escape from a war that demolished their homes and blanked out everything they could think about except survival.

Not until you've seen such lines night after night and day after day can you really know what war is. And not until you've thanked God each time that this wasn't happening to your loved ones at home can you really know what you are there for. That is what made every weary footstep worth while.

America has never known war at home. Today it is many times more terrible than anyone can even imagine. Every soldier has at one time or another, either consciously or sub-consciously, prayed that this would never happen to his own loved ones.

These are the reasons why those charged with this nation's defense have tried to keep war away from these shores. That's why they constantly gather information from every source, try to gather the right information far enough in advance to prevent war from happening here. That information comes from patrols that penetrate enemy's lines, from captured documents and from news broadcast in foreign lands. Only those in top command have access to all information, arm-chair strategists do not.

And don't forget the enemy does the same thing. They listen to the dissident cries from our politicians, our college campus heroes, and our arm-chair strategists. They base their strategy on what they hear. Recently, some of the information they have obtained couldn't have been written by them in more encouraging words. Many things are being said in this country today that make our enemies very happy.

Most military objectives have a military value based upon those intelligence reports. They cannot be dispensed publicly. To do so would soon put an end to those sources of information. That's why I say our arm-chair strategists don't usually know what they're talking about.

There should be little doubt that the capture of Hamburger Hill was necessary. It was captured with the loss of good American lives, but it probably saved a good many more.

Those who cry for freedom of speech, freedom of assembly, and assert their right to build a park on someone else's land should all be thanking their maker they are not the ones called upon to lay their lives, their most precious possession, on the line. That those freedoms are still available in this country today.

There's only one reason why we still have those freedoms. That's because a good many American lives were spent in keeping them....and keeping war away from

America's shores. Perhaps those who seek to espouse radical causes under the guise of those freedoms should conjure a picture of what a war in the future might mean, perhaps a nuclear war. Thousands of lives snuffed out, whole cities devastated, roads blocked, whole families wandering wearily through a worthless land. At the same time a new contingent of arm-chair strategists, blaming those in charge of our national defense for allowing such things to happen.

So, perhaps those of us who aren't called upon to don a uniform should be willing to forgo placing obstacles in the paths of those who are willing to fight and die for their country. Perhaps we should all remember they are fighting for our Democracy.

And remember too, when each and every one of those lives are snuffed out...that particular individual has very little Democracy left, that is unless it is yours.

*Written August, 1969 by H.S.Robbins
Submitted posthumously by Representative Lisa Smart (granddaughter)
Belknap District 2, Meredith*

Along the Ourcq

In the tomb of the Unknown Soldier there is a body. To me it can only be that of one man.

It happened in August, 1918, three days after the Rainbow Division had taken the wheat covered slopes of the Ourcq River banks. The first battalion of the 166th Infantry had established headquarters in an old chateau, 200 meters from Sergy.

Runners, observers and men lost from their outfits huddled in groups on the floor. There had been a lull in the fighting that day. The strain, lack of food and no sleep had extracted a toll from these men.

It was just getting dusk when a white faced runner burst through the door. His eyes were panic-stricken and his fear was infectious. "They're coming through!" he shouted!

A movement of fright stirred through the room. Each face told of it's owners first thoughts...to escape. But a tall, lanky soldier arose from their midst. "Men," he said, "you know damned well they're not coming through as long as there's anybody left up there."

The exact word that followed are forgotten...they wouldn't describe what he meant now anyway. But he finished with "I'm going up to the line." When he went out they all followed.

Sergy changed hands nine times that night, and I passed through the survivors at dawn. Not many were left, and none was as tall as that soldier, who still haunts my thoughts.

*Written by H.S.Robbins
Submitted posthumously by Representative Lisa Smart (granddaughter)
Belknap District 2, Meredith*

Let's Project Strength

There is only one candidate in the race for president in 2024 who can provide a solution to our nation's economic, foreign policy and social crises and, most importantly, beat Joe Biden at the ballot box. That person is President Donald J. Trump.

Under President Biden, America is weaker than ever. Biden has wrecked our economy, let our position as the sole world power slip, and opened our borders. Biden's policies have been particularly detrimental to New Hampshire's middle class.

Under President Trump, on the other hand, America was prosperous, the border was secure, the economy was strong, the world was a safer place, and Granite Staters were better off.

During President Trump's presidency, our nation saw historic peace agreements, no new wars, an economic revival, and forged a new path forward away from corrupt, establishment career politicians.

We can return to the conservative values and leadership that once made America great. President Trump has a proven track record of delivering results and putting America first. He has done it before, and he can do it again.

In 2024, it is imperative that we elect a leader that projects strength. That's why I am supporting Donald Trump for President.

David Abare, Pelham Team Captain: NH Trump 2024 Campaign 978-580-9099

THE WINDHAM MUSEUM



Start your adventure with a **DISCOVERY GUIDE** to make your tour more fun!



Learn about the **TOWN OF WINDHAM** with a fun, hands-on learning activity.

Learn how our town and our culture came to be with artifacts that tell the story with a connection to the past.

Please call the Windham Museum at (603) 965-1245 to schedule a tour. museum@windhamnh.gov

GREATER SALEM CAREGIVERS
WE NEED VOLUNTEERS!

A FEW HOURS OF YOUR TIME MEANS THE WORLD TO A HOMEBOUND ADULT



Volunteers drive seniors and adults with disabilities to medical appointments, pay them a friendly visit, take them grocery shopping, or shop for them. Call or email us at 603-898-2850 / salemcaregivers3@gmail.com.

THE WORLD OF COMMERCIAL REAL ESTATE

In the dynamic world of commercial real estate, staying informed about the latest trends and developments is essential, especially with what is changing and being built around Pelham, Salem, Hudson, and Windham. In this issue, we are excited to present a unique addition to The Evergreen Newspaper lineup, a refreshing perspective brought to you by Dan Scanlon from Colliers International. As a dedicated professional in the industry, Scanlon has embarked on a mission to compile a weekly article brimming with positive updates. To receive Scanlon's weekly report, please email Scanlon at dan.scanlon@colliers.com

- The newest Market Basket will open in North Conway 10/27/2023, according to the family-owned grocery chain. The grand opening plans for store No. 94 at 80 Barnes Road were revealed on social media Sunday. Construction of the 70,000-square-foot Market Basket started in March 2022, according to the Settlers Green website. The project was stalled for years after Bellevue Properties, the owners of the North Conway Grand Hotel, filed lawsuits against the project, which was approved by the Planning Board in 2018. The Market Basket is part of Settlers Green Streetside Phase II, a \$30 million expansion project.
- State and federal officials are celebrating an announcement by the President Joe Biden administration Monday designating 31 technology hubs across the United States — including an area in New Hampshire dubbed “ReGen Valley” that includes Manchester and Nashua — to help spark innovation and job creation. The 31 regional tech hubs were selected from 370 applicants, making the areas eligible for \$500 million in federal funding. The \$500 million comes from a \$10 billion authorization in last year's CHIPS and Science Act to spur investments in new technologies, including biotech, artificial intelligence, and quantum computing.
- As the Salem Planning Board continues discussions on Tuscan Village's proposed 300 additional residential units and Whole Foods to its property, the board advocated for diverse recreational spaces to accompany them.
- The formerly vacant 5-Star Cinema in Derry is morphing into the newest northeastern location of CHI Overhead Doors. The building is undergoing a complete renovation inside, with new loading docks being added to the rear, increasing the size by 13,000 square feet. This redevelopment will bring 20 new, good-paying jobs, new taxable commercial value, and new life to the commerce park.
- Salem, MA-based Carfive Realty, LLC bought the Diesel World Truck Sales property at 87 Plaistow Road in Plaistow for \$2.35 million.
- Work is underway on Phase 2 of the terminal expansion and upgrades at Portsmouth International Airport at Pease. The upcoming improvements to the airport at Pease follow a \$19.5 million Phase 1 terminal expansion project unveiled in early 2021. The Phase 2 work — which is expected to cost more than \$9 million — is focused on what will become the new 5,200-square-foot Pease Arrivals Hall, according to the Pease Development Authority's Board of Directors and project documents.
- More than 111,000 people moved to New Hampshire in 2021 and 2022 compared to 93,000 who left the state during that time, offsetting the state seeing more deaths than births. Nearly 44% of those migrating to New Hampshire came from Massachusetts during those two years compared to 37% in 2018-19, according to research from Kenneth Johnson, senior demographer at the University of New Hampshire's Carsey School of Public Policy.
- Today, outdoor recreation is a tourism driver in a state with an abundance of natural landscape and access to it, contributing roughly 3% of the state's economy each year. New Hampshire is one of the nation's top 10 states for enjoying the outdoors, and it's behind only Colorado in percentage of employers who allow employees to work remotely full- or part-time, according to the state's Business and Economic Affairs Commission.

THE PELHAM TRANSFER STATION WILL BE CLOSED ON TUESDAY, DECEMBER 26, 2023.

**– REMINDER –
The Pelham Transfer Station & Recycling Center will start composting on Friday, December 1, 2023.**

SNHCC Celebrates Pedego Electric Bikes Under New Ownership in Salem, NH

by Emily Bilodeau, Southern NH Chamber of Commerce

The Southern New Hampshire Chamber of Commerce held a ribbon cutting on November 8, 2023, to celebrate the new owners of Pedego Electric Bikes located at 236 North Broadway, Salem, NH. There was excitement, delicious food from the neighboring businesses, a giveaway, and a good time was had by all. We want to thank everyone who attended this special event.

Pedego Salem, NH, is a locally owned store where you'll be treated like family.

As the region's foremost electric bike experts, they put their hearts into helping you find the perfect electric bike and get the most out of it for many years to come.

Rent an e-bike today by going to <https://pedegoelectricbikes.com/dealers/salem-nh/> or call 603-458-2094

We love to support our local family businesses. It is the best feeling to see them succeed and make connections in our community. We wish them much success and happiness with their business.



Join us on December 8 from 4pm to 8pm at the Pelham American Legion for the 4th Annual Toys for Tots Drive hosted by Draper Tree Services.

Help make the holiday season special for children in need. Bring a new, unwrapped toy and spread the joy of giving. Your generosity can make a difference.

Also, exciting news, Santa Claus will be there to spread holiday cheer for the kids and we'll also have live music to keep the festive spirit alive.

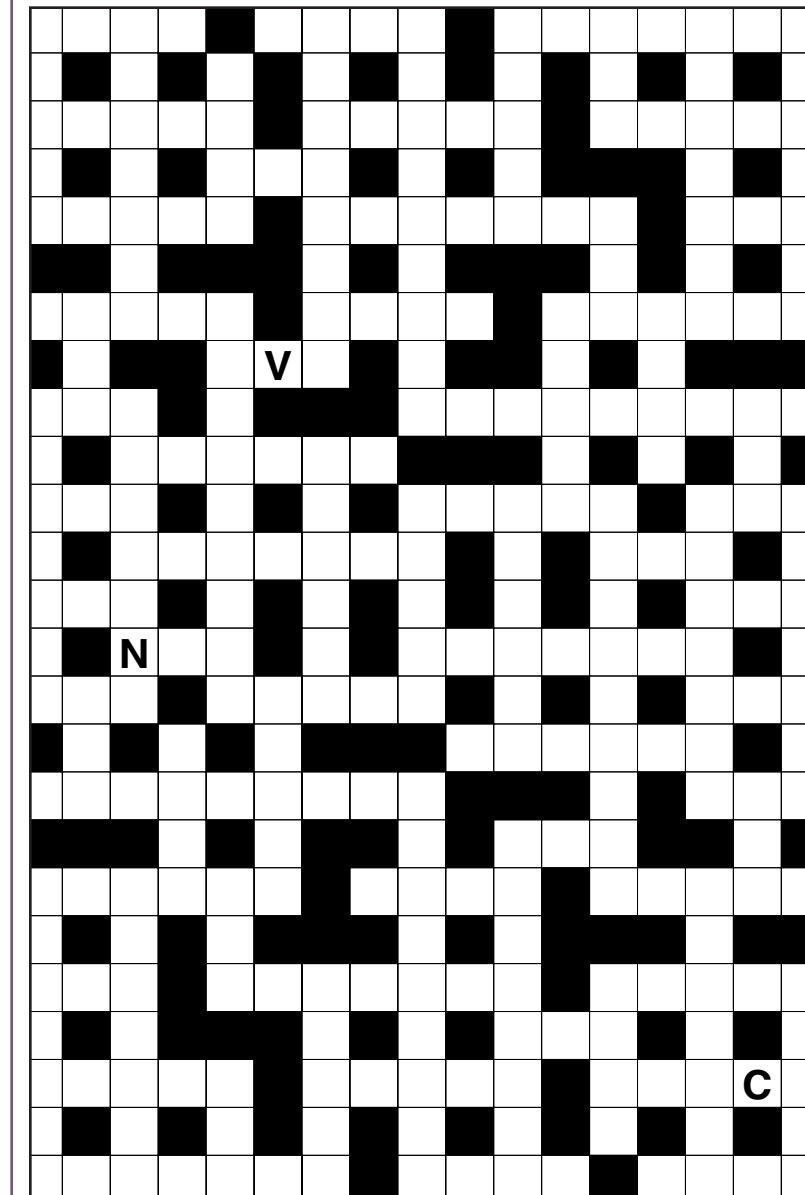
Pelham Public Television Schedule

Day	Time	Channel	Program
Sun	10am	PTV-22	St. Patrick Church Mass
Sun	11am	PTV-6	School Board
Sun	2pm	PTV-6	St. Patrick Church Mass
Sun	5pm	PTV-6	School Board
Sun	8pm	PTV-22 PTV-6	St. Patrick Church Mass
Sun	10pm	PTV-8	School Board
Sun	11pm	PTV-8	Board of Selectmen
Mon	4am	PTV-8	Conservation Commission
Mon	8am	PTV-8	Zoning Board
Mon	11am	PTV-22	St. Patrick Church Mass
Mon	1pm	PTV-8	Planning Board
Mon	4pm	PTV-6	School Board
Mon	6pm	PTV-6	St. Patrick Church Mass
Mon	9pm	PTV-6	School Board
Tues	5am	PTV-6	School Board
Tues	10am	PTV-6	School Board
Tues	10am	PTV-22	St. Patrick Church Mass
Tues	11am	PTV-6	St. Patrick Church Mass
Tues	2pm	PTV-8	Zoning Board
Tues	10pm	PTV-22	St. Patrick Church Mass
Tues	10pm	PTV-8	Board of Selectmen
Wed	5am	PTV-8	Planning Board
Wed	9am	PTV-6	School Board
Wed	3pm	PTV-8	Conservation Commission
Wed	6pm	PTV-6	School Board
Wed	8pm	PTV-22	St. Patrick Church Mass
Wed	8pm	PTV-6	St. Patrick Church Mass
Wed	10pm	PTV-8	Zoning Board
Wed	11pm	PTV-6	School Board
Thurs	9am	PTV-8	Planning Board
Thurs	11am	PTV-22	St. Patrick Church Mass
Thurs	2pm	PTV-8	Board of Selectmen
Thurs	5pm	PTV-6	School Board
Thurs	6pm	PTV-8	Budget Committee
Thurs	7pm	PTV-22	St. Patrick Church Mass
Thurs	7pm	PTV-6	St. Patrick Church Mass
Thurs	10pm	PTV-8	Conservation Commission
Thurs	10pm	PTV-6	School Board
Fri	7am	PTV-8	Zoning Board
Fri	10am	PTV-8	Budget Committee
Fri	2pm	PTV-6	School Board
Fri	7pm	PTV-6	School Board
Fri	8pm	PTV-6 PTV-22	St. Patrick Church Mass
Fri	9pm	PTV-6	School Board
Sat	2am	PTV-8	Conservation Commission
Sat	5am	PTV-8	Zoning Board
Sat	9am	PTV-6	Budget Committee
Sat	2pm	PTV-6	School Board
Sat	2pm	PTV-22	St. Patrick Church Mass (4pm LIVE)
Sat	9pm	PTV-22	St. Patrick Church Mass

Take a Break and Have Some Fun!

LETTER LOGIC

Rules: There are no clues to this puzzle, other than the letters in the grid and the length of the word or phrase. Can you fit them all in correctly?



Solution on page 46.

Across:

- AYE
- BYE
- EAT
- ERA
- EVE
- EWE
- GAS
- ION
- IVY
- NUN
- NUT
- ODE
- ORE
- PAL
- SIT
- ZEN
- EASE
- LAIN
- MERE
- ONCE
- PARC
- TIDY
- DRUMS
- EERIE
- ELECT
- EXCEL
- FARED
- JESSE
- LOOPS
- MACAU
- PRESS
- SAMOA
- THICK
- YOUTH
- ASPIRE
- GALLOP
- GYPSUM
- RAISED
- APPEASE
- CAMELOT
- CARIBOU
- LEVITES

Down:

- SIGHTED
- TUNISIA
- CLIENTELE
- PARADOXES
- AGA
- AWE
- END
- ILL
- KIT
- OWL
- PAD
- WIT
- EYES
- IGOR
- KEEL
- TUBA
- ASSES
- EATUP
- JUICE
- LITRE
- LUMPS
- REARS
- VALID
- RIBBER
- SEEMLY
- AQUEOUS
- EASTEND
- ENTENTE
- GHETTOS
- INCOMER
- LEAKING
- NASCENT
- ONETIME
- UNCLEAN
- ZIGZAGS
- APPETITE
- PERSISTS
- CLEANEDUP
- ELECTRODE
- ENDLESSLY
- DESPERATE

SUDOKU

Rules: Fill in each square with one of the numbers 1 to 9 such that no number repeats in any row, column, or 3 by 3 box.

			3					
	2		4			1	8	
4	7							6
	5	9		1		2		
		4	7		9	8		
		1		5		6	9	
1							2	9
	6	2			1		5	
				4				

Solution on page 46.



"Well, no wonder. These pills expired in August of 2013! Do you think they put that on there just for fun?"

CLOSE TO HOME ©2023 John McPherson. Reprinted with permission of ANDREWS MCMEEL SYNDICATION. All rights reserved.

FUN FACTS

Source: The Fact Site

The first known recipe for Angel Food Cake was published in 1878.

Every day in the U.S., more than 100,000 people get a speeding ticket.

Of the 70% of water covering the earth, only 3% of it is fresh, and the other 97% of it is salted.

The swan has over 25,000 feathers on its body.

Losing weight is the most common New Year's resolution.

Open to the Public
FREE Admission

Visit Santa!!

BRING YOUR CAMERAS. TAKE YOUR PICTURES FOR FREE!

Southern New Hampshire Chamber of Commerce 2nd Annual

Festival of Wreaths

Enjoy over 75 wreaths and holiday fun!

Thursday, December 7th, 1pm-7pm

There will be refreshments, music, and photos with Santa and

his favorite Elf, Buddy!

Searles School & Chapel

35 Range Road, Windham, NH 03087

\$10 RAFFLE TICKETS
Get 26 chances to win a wreath!

Platinum Sponsor
Eastern Bank
JOIN US FOR GOOD

Town Board Updates

The Evergreen is publishing the list of recent meetings from Town Boards as a courtesy to our readers of what is coming in front of the participating towns. This list is categorized by the Board, the date of that certain agenda item, and the detail as listed on the original meeting agenda.

Pelham Board Updates

Board	Date	Agenda Detail
Selectmen	11/7/23	Public Notice: Vote on acceptance of dog ordinance in Town parks and athletic fields
Selectmen	11/7/23	Jim Hoffman, Highway Director: Highway tractor purchase
Selectmen	11/7/23	Audrey Frater, Executive Director: Bishop Stanley & Ruth Choate Wellness and Recreation Center Introduction
Selectmen	11/7/23	Police Chief Perriello: Follow-up/update on the Highway Safety Committee recommendation to adopt two new signs on Hayden Road.
Selectmen	11/7/23	Yvonne La-Garde, Council on Aging: Pickleball court update
Selectmen	10/17/23	Public Notice (Revised): 2 nd Hearing for adoption of dog policy at the parks and athletic fields Center Director
Selectmen	10/17/23	Tammy Penny, Finance Director: Special warrant articles
Selectmen	10/17/23	Tammy Penny, Finance Director: Tax rate setting
Selectmen	10/17/23	Discussion: Accept resignation from Sara Landry, Senior
Planning	11/6/23	PL2023-00031 Map 14 Lot 3-81-0-23 FOWLIE, Paula J – 5 Oriole Circle - Seeking a Waiver to Article IX, Section 307-52D of the 2014 Zoning Ordinance, which was in effect at the time this 55 and older community was approved, to construct a deck that encroaches into the 50’ building setback. The proposed deck to be approximately 36’ from the property line where 50’ is required per the approved Site Plan.
Planning	11/6/23	Map 15 Lot 8-216 Landmark Estates – Abacoa Road, Basswood Road, Redwood Road – Request for Bond Release
Planning	11/6/23	PL2023-00032 Map 41 Lot 10-249 Ranger Engineering Group, Inc. (applicant), Ramy Realty Trust (owner) – 16-18 Bridge Street - Conceptual discussion of a 3 acre mixed use parcel which currently has a vacant house and garages. Proposing to demolish the existing buildings and construct a 12,000 sf. 2-story mixed use building that would house a donut shop with a drive through, and 1 apartment on the main floor. The second floor would contain 5 additional apartments. The plan also proposes a 4,000 sf. storage building with 20 units with garage doors. The entrances to the property would be from Bridge Street and Jericho Road. A Variance was granted, Case #Z02019-00009 and renewed on 3/14/2022 Case #Z02022-00008.
Planning	11/6/23	Map 2 Lot 5-75 Parkside Drive – Request for Bond Reduction
Planning	11/6/23	Map 7 Lot 9-135 Wildwood Road – Seeking Planning Board’s recommendation to the Board of Selectmen regarding the acceptance of Wildwood Road.
Planning	11/6/23	Adoption of revised By-Laws
Planning	10/23/23	PL2023-00030 Map 17 Lot 13-68 ANGUS, Heather & RUPPRECHT, Melissa – 1117 Bridge Street – Seeking approval of a Conditional Use Permit to erect a 1,000 sq.ft. detached Accessory Dwelling Unit (ADU).
Planning	10/23/23	PL2023-00031 Map 14 Lot 3-81-0-23 FOWLIE, Paula J – 5 Oriole Circle - Seeking a Waiver to Article IX, Section 307-52D of the 2014 Zoning Ordinance, which was in effect at the time this 55 and older community was approved, to construct a deck that encroaches into the 50’ building setback. The proposed deck to be approximately 36’ from the property line where 50’ is required per the approved Site Plan.
Planning	10/23/23	Map 1 Lot 5-124 Beaver Brook Estates – Venus Way, Saturn Way - Request for Bond Reduction.
Planning	10/23/23	Map 14 Lot 3-90 Mayflower Lane Extension – Request for Bond Reduction
Zoning	11/13/23	ZO2023-00015 Map 31 Lot 11-20 PAGE, Andrea & BILAPKA Bruce – 37 Woekel Circle – APPEAL OF AN ADMINISTRATIVE DECISION concerning: Article III, Section 307-8, Article VII, Section(s) 307-38, 307-41, & Article VIII-I, Section 307-48-1-1 of the Zoning Ordinance and the Administrative Decision made by the (Alternate) Health Officer regarding the approval of an individual sewage disposal system, NHDES Work #202000255. Approval for construction #eCA2023062223 on 6/22/2023.

Windham Board Updates

Board	Date	Agenda Detail
Selectmen	10/16/23	Three Public Hearings: (1) Cheryl Haas/For considering an amendment to the fees charged by the Town to utilize the services of the Searles Schools and Chapel, (2) Dennis Senibaldi/For considering an amendment to the fee charged by the Town to plow approved subdivision roads that have not yet been accepted by the Town in accordance with the Town’s “Snow Removal on Private/Unaccepted Streets” policy, (3) Dennis Senibaldi/For the purpose of discussing proposed changes/updates to the Right of Way ordinance (adding a new Town position), sections IV and V of the ordinance.
Selectmen	10/16/23	Rte. 111 Corridor Study/Interviews for the Public Advisory Committee (PAC). Six candidates to be interviewed as follows: Al Letizio – Business Ed Galagher - Business Dale Valvo – Community at large Matthew Swoboda – Community at large Wayne Morris – Bike/Ped
Selectmen	10/16/23	Rob Gustafson/Capitol Improvement Committee: Presentation of the 2024-2031 CIP plan and a review of the CIP process.
Selectmen	10/16/23	Chief McPherson: Highway Safety Committee: Review of the recommendations from the Highway Safety Committee regarding Raulston Road.
Selectmen	10/30/23	Russ Abell/Warde Senior Living: Russ Abel will present an alternative water supply plan to the Board of Selectmen to address their ongoing water needs.
Selectmen	10/30/23	Joe Maynard/Benchmark Engineering: Discussion regarding a proposal from his client to purchase the land area between 5 Enterprise drive (11C Lot 425) and Enterprise Drive. The land area in question is residual land the Town obtained from the NHDOT after the realignment of Enterprise Drive.
Selectmen	10/30/23	TA McCarthy/Deb Padykula-Finance: Third quarter budget & expense report review and the review of our ARPA fund balance.
Selectmen	10/30/23	Dennis Senibaldi/Highway: Review of the Right of Way ordinance regarding mailboxes in the Town’s right of way impacting snow removal operations.
Selectmen	10/30/23	Budget Workshop: 2024 Budget Presentation Police Budget Dispatch Fire Department Emergency Management
Selectmen	11/6/23	TA McCarthy/Deb Padykula/Finance: Discussion reference setting the 2023 Tax Rate
Selectmen	11/6/23	Budget Workshop: Library Information Technology Solid Waste Roads General Government Buildings Health and Human Services Trust Funds Retirement Insurance Debt Services Town Offices Streetlights General Assistance Senior Center Cemetery
Zoning	10/10/23	OLD BUSINESS: A. Case # 29-2023 Parcels 13-B-40 & 13-B-50 Applicant – Benchmark, LLC (Continued from 9/12/23) Owner – Helix Enterprise LLC Location – 16-20 Rockingham Road Zoning District – Commercial District A The applicant is requesting a variance from Section(s): 605.1, 615.6.5, and 701.1 to allow the construction of 94 two-bedroom apartments within a mixed-use development in Commercial District A, where residential uses are not permitted under Section 605.1. Also, from Section 615.6.5 to allow two driveways on the property, where only one is permitted in the Rt. 28 Access Management Overlay District. Also, from Section 701.1 to allow the building height to be approximately 60 feet tall, where the maximum allowed is 35 feet.
Zoning	10/10/23	NEW BUSINESS:A. Case # 38-2023 Parcel 22-R-10010 Applicant – Andrew Pelletier Owner – Same Location – 6 Poplar Rd Zoning District – Rural District/WWPD The applicant is requesting a variance from Sections 601.4.6, and 601.4.8 to allow construction of an 18 ft x 36 ft in-ground pool within the WWPD limits where such is prohibited. Also, from the requirement of obtaining a special permit from the Planning Board for such activity.
Zoning	10/10/23	B. Case # 39-2023 Parcel 5-A-531 Applicant – Jenna Whelan Owner – Same Location – 20 Park St Zoning District – Rural District The applicant is requesting a variance from Section 703, to allow construction of a 20 ft x 20 ft, two-car car port in the front yard of the residence, where no accessory building shall be in the front yard. The proposed car port meets the front, side, and rear yard setbacks.

Windham Board Updates Continued on Next Page.

Windham Board Updates (continued)

Board	Date	Agenda Detail
Zoning	10/10/23	C. Case # 40-2023 Parcel 21-K-37 Applicant – R & D Realty Trust Owner – Same Location – 48 Turtle Rock Rd Zoning District – Residential District A/ WPOD The applicant is requesting a variance from Sections 406.2, 616.6.4.2, 616.8, 702/Appendix A-1 to allow the construction of an addition and garage that will be 14 ft from the easterly side lot line and 4 ft from the westerly side lot line, where 30 ft is required. To also allow the construction of an open porch 14 ft from the “Reference Line” of Cobbetts Pond, where 50 ft is required; 14 ft off the easterly sideline, and 10 ft off the westerly sideline where 30 ft is required. To move an existing shed to the opposite side of the Turtle Rock Rd easement to be 7 ft from the westerly side lot line. To allow the expansion in area of the building footprint from 1,074 sq ft to 2,560 sq ft, and to increase the volume of the home from approximately 21,000 cu ft to 44,000 cu ft on a 18,544 sq ft lot with approximately 58 ft of frontage on Turtle Rock Rd (a private road), where 50,000 sq ft of land area and 175 ft of frontage on a town approved road is required. Lastly, to allow the existing improvements to remain and proposed construction within the 100 ft wide buffer zone of a tributary stream.
Zoning	10/10/23	D. Case # 41-2023 Parcel 22-L-7 Applicant - Benchmark LLC Owner – Christian & Jacqueline Theriault Location – 89 W. Shore Road Zoning District - Residential District A/ WPOD The applicant is requesting a variance from Sections 405.2 and 702/ Appendix A-1 to allow the construction of a replacement year-round pre-existing, non-conforming single-family dwelling. The proposed reconstruction will decrease the footprint area from approximately 2,400 sq ft to 2,100 sq ft and increase the building volume from 38,400 cu ft to 44,000 cu ft. Section 405.2 of Windham Zoning Ordinance (WZO) prohibits an increase in the volume of the replacement of a pre-existing non-conforming structure. Also, to allow approximately 59 ft of frontage on a public road where 175 ft of frontage is required on a Class V Road. To allow the easterly side yard setback of 7 ft and a westerly side yard setback of 8.5 ft, where 30 feet is required. To allow a 26 ft lake setback, where 50 ft is required. To allow a front setback of 25 ft, where 50 ft is required. The proposed plan would also decrease the building coverage from 36.5% to 30.3%, where a maximum allowable building coverage is 20% under the WZO.
Zoning	10/24/23	Rehearing Request on the following for which the Board shall consider: A. Case 26-2023 Parcel 13-K-100 Applicant – Christopher Drescher, Esq Owner – Richard Farina Location – 19 Doiron Rd Zoning District – Rural District The applicant is requesting a rehearing after being denied on the August 30th , 2023, ZBA meeting. The application requested a variance from Section(s): 200 and 702/Appendix A-1 to allow the construction of a 936 sq ft single family dwelling with an attached 136 sq ft screened in porch. Relief was requested from the definition of a “Building Lot” (Section 200) due to not having frontage on a Town approved road. Relief was also requested from Section 702/Appendix A-1 to allow 10-foot side yard setbacks, where 30 feet is required; a 27-foot front yard setback, where 50 feet is required; and 23% building coverage, where 20% is the maximum allowed.
Zoning	10/24/23	A. Case 32-2023 Parcel 13-K-100 (Continued from 08-29-23, 09-12-23, and 09-26-23) Applicant- Rockingham Road Realty Trust Owner- Same Location – 10 Libbey Road Zoning District – Commercial District A (CDA), Rural District, and WWPD The applicant is requesting a Variance from Sections 605.1, Footnote 5b of 301 Notes for Table of Requirements (Maximum Multi-Family Residential Density), and 601.3.8 to construct residential units in the CDA, where such use is prohibited in the CDA under the Windham Zoning Ordinance (WZO). The Applicant proposes 72 two-bedroom units, where the maximum permitted density per the WZO would be 10 two-bedrooms units. The Applicant also proposes access ways within the WWPD beyond the minimum length and width necessary to provide access to the proposed use. The Applicant submitted a written request to withdraw the application, for which the Board shall consider.
Zoning	10/24/23	B. Case # 38-2023 Parcel 22-R-10010 (Continued from 10/10/23) Applicant – Andrew Pelletier Owner – Same Location – 6 Poplar Rd Zoning District – Rural District/ WWPD The applicant is requesting a variance from Sections 601.4.6, and 601.4.8 to allow construction of an 18 ft x 36 ft in-ground pool within the WWPD limits where such is prohibited. Also, from the requirement of obtaining a special permit from the Planning Board for such activity. The Applicant submitted a written request to withdraw the application, for which the Board shall consider.

Windham Board Updates (continued)

Board	Date	Agenda Detail
Zoning	11/14/23	C. Case 43-2023 Parcel 22-L-201 Applicant- Benchmark, LLC Owner- Shawn Ford Location- 15 Prescott Rd Zoning District- RDA/WPOD The applicant is requesting relief from Sections 406, 702/Appendix A-1 to allow the increase in volume of a pre-existing, non-conforming single-family dwelling (SFD) from 11,160 cu/ft to 17,500 ZBA Agenda – November 14, 2023 2 P a g e cu/ft by constructing a full second story. The SFD is located on a pre-existing, non-conforming lot, having 7,451 sq ft of land and 76 ft of frontage along a private road, where 50,000 sq ft of land and 175 ft of frontage is required along a Town road. Furthermore, the existing SFD is approximately 39 ft from the high-water mark of Canobie Lake. The current setbacks are approximately 20 ft from the Southerly lot line, 26 ft from the Northerly lot line, and 5 ft from Prescott Rd.
Zoning	11/14/23	D. Case 44-2023 Parcel 22-R-10010 Applicant- Benchmark, LLC Owner- Andrew Pelletier Location- 6 Poplar Rd Zoning District- Rural/WWPD/WPOD The applicant is requesting a variance from Sections 601.3, 601.4.6, 601.4.8, 601.4.8.3, and 616.8, to allow construction of an 18 ft x 36 ft in-ground pool, pool apron, patio, and fencing within the WWPD and tributary stream setback from a wetland that drains towards Canobie Lake, where such is prohibited. The proposed improvements would be located within 40 ft of the edge of a wetland and a tributary stream that discharges towards Canobie Lake where a 100 ft Wetland and Tributary Stream setback is required.
Zoning	11/14/23	E. Case 45-2023 Parcel 16-F-2 Applicant-Gregory Dawson Owner- Michael Smith Location- 20 Ash St Zoning District- RDA/WPOD The applicant is requesting a variance from Sections 702/Appendix A-1 to allow the replacement of a 12’x16’ deck, with a new 15’x30’ deck, on a pre-existing, non-conforming single-family dwelling, located on a pre-existing, non-conforming lot. The proposed deck would have an approximate 9 ft side yard setback from the Westerly lot line, where 30 ft is required under the Windham Zoning Ordinance.
Planning	10/18/23	Previously Opened Cases (click on underlined case # to view case file documents) The following Planning Board Applications have been deemed complete and discussed at previous Meetings. a) Case 2023-12 – 20 First Street – Parcel 16-Q-179; Major WPOD Permit; Zone - Residential District A and WPOD Overlay The applicant, Benchmark LLC, and property owner, Craig Harvey, seek a Major WPOD land development application to construct a new single family home and other associated improvements. Post-development impervious coverage will be approximately 28.7%. This case was previously discussed on 7/5/23, 7/19/23 (site walk and regular meeting), 8/16/23 and 9/20/23.
Planning	10/18/23	New Cases a) Case # 2023-21 - 59 Range Road – Parcel 18-L-302; Minor Site Plan; Zone – Professional, Business and Technology District and WPOD The applicant, Karl Dubai, The Dubai Group, Inc., and property owner, Nikasa LLC c/o Sahal Laher, seek Minor Site Plan approval to construct an addition to the rear of the building to support the existing restaurant. Also, to construct a stair and porous walkway servicing the roof patio.
Planning	10/18/23	b) Case # 2023-22 – 7 Grove Street – Parcel 17-L-84; Major WPOD; Zone – Residential District A and WPOD The applicant, Joe Maynard, Benchmark Engineering LLC, and property owners, Andrew Corman and Colleen Hartnett, seek a Major WPOD land development application to construct an attached garage and screen porch to an existing year-round single-family home with other site improvements.
Planning	11/1/23	Notice of Public Site Walk The Planning Board is holding a site walk at: 7 Grove Street (Lot 17-L-84) - Case # 2023-22 6:00 PM on Wednesday, November 1, 2023 Case # 2023-22 – 7 Grove Street – Parcel 17-L-84; Major WPOD; Zone – Residential District A and WPOD The applicant, Joe Maynard, Benchmark Engineering LLC, and property owners, Andrew Corman and Colleen Hartnett, seek a Major WPOD land development application to construct an attached garage and screen porch to an existing year-round single-family home with other site improvements. This case was previously discussed on 10/18/23.
Planning	11/1/23	Request to Extend Deadline to Complete Conditions – Case # 2022-19 – 61 Roulston Road (Parcel 13-D-75); Major Final Site Plan, WWPD Special Permit; Zone – Commercial A and WWPD Pursuant to Section 603.2.6.3 of the Windham Site Plan Regulations, the applicant is requesting an extension of time in the amount of one year to complete the precedent conditions of approval, which would be February 8, 2025.

Windham Board Updates Continued on Next Page.

Windham Board Updates (continued)

Table with 3 columns: Board, Date, Agenda Detail. Rows include Planning meetings for 11/1/23 and 11/1/23 with various agenda items like 'Request to Extend Deadline to Complete Conditions' and 'Previously Opened Cases'.

Hudson Board Updates (continued)

Table with 3 columns: Board, Date, Agenda Detail. Rows include Selectmen, Planning, and Zoning meetings with agenda items such as 'NEW BUSINESS A. Public Hearing – Donation Acceptance' and '1. Case 182-108 (10-26-23): Craig Parks, 41 School St., Hudson, NH'.

Hudson Board Updates Continued on Next Page.

Hudson Board Updates (continued)

Table with 3 columns: Board, Date, Agenda Detail. Rows include Zoning meetings for 11/16/23 with agenda items like '3. Case 218-024 (11-16-23): Alan Simoneau, C/O Brett W. Allard, Esq., Shaughnessy Allard, PLLC' and '4. Case 167-052 (11-16-23): Ausama Mohamed Ak & Soukayna El Bouayadi'.

Salem Board Updates

Table with 3 columns: Board, Date, Agenda Detail. Rows include Town Council meetings for 10/16/23 with agenda items such as 'Present Certificate of Achievement to Peyton Acker for Eagle Scout Project' and 'Municipal Services Department - Accept Donation of \$2,000.00 from Friends of Salem Bike Ped Corridor'.

Salem Board Updates (continued)

Table with 3 columns: Board, Date, Agenda Detail. Rows include Town Council meetings for 10/12/23, 11/6/23, and 11/14/23 with agenda items like '2024 Budget Reviews - Municipal Services' and 'Police Department – Announce Retirement of K9 Apollo'.

Salem Board Updates Continued on Next Page.

Salem Board Updates (continued)

Board	Date	Agenda Detail
Planning	10/10/23	Laurenti & Mosto Subdivision Plan – Preliminary Hearing for lot line adjustment at 37 and 39 Fraser Drive, Map 111, Lot 11282 and 11283.
Planning	10/10/23	Diprima Eternal Light, LLC Site Plan – Public Hearing for 2,100 sq. ft. addition to existing mausoleum at 23 Pond Street, Map 151. Lot 9481.
Planning	10/10/23	Tuscan Village Master Development – Public Hearing for 300-unit apartment building, 80,800 sq. ft. first floor retail at 20-24 Via Toscana, Map 108, Lot 12657.
Planning	10/10/23	Main Street 380, LLC Site Plan – Public Hearing for 28 age-restricted residential units at 380 Main Street, Map 76, Lot 7303.
Zoning	11/7/23	Petition #01-2023-00039 Map 74, Lot 7260 6 OLIVE AVENUE Gina Farris hereby requests a VARIANCE from Article III, Section 490-301C (1), and asks that said terms of the Zoning Ordinance be waived to permit a proposed 12.5' x 18' carport to be installed 7.0 ft. from the right-side setback, where a minimum of 15 ft. side setback is required in the Residential District.
Zoning	11/7/23	Petition #02-2023-00040 Map 70, Lot 12081 101 LAKE SHORE ROAD Dustin & Nancy White hereby request a VARIANCE from Article III, Section 490-301C (1), and ask that said terms of the Zoning Ordinance be waived to permit a proposed 28' x 35' detached garage to be constructed 18.0 ft. from the front lot line and an existing 51 S.F. shed to be 4.7 ft. from the front lot line, where a minimum of 30 ft. is required in the Residential District.
Zoning	11/7/23	Petition #03-2023-00041 Map 98/108, Lot 7887/12657 20-24 VIA TOSCANA Tuscan Village Master Development, LLC hereby requests a VARIANCE from Article VIII, Section 490-814 Phasing Requirement for multifamily housing and asks that said terms of the Zoning Ordinance be waived to allow up to 300 multifamily residential units be built in one year, where no more than 50 units shall be built in any one project per year in the Commercial-Industrial C District.
Zoning	11/7/23	Petition #04-2023-00042 Map 28, Lot 5568 6 LOU-AL LANE John and Joanne Castro hereby request a VARIANCE from Article III, Section 490-303C (1), and asks that said terms of the Zoning Ordinance be waived to permit replacement of an existing seasonal cottage with a new year round single family home on a lot of 10,094 sq. ft., with front setback of 9.5 ft., rear setback of 11.5 ft. and a side setback of 11.5 ft., where a minimum of 58,000 sq. ft. (by soils), 30 ft. front setback, 15 ft. rear setback and 15 ft. side setback is required in the Recreational District.
Zoning	11/7/23	Petition #05-2023-00043 Map 33, Lot 5228 58 MARY ANN AVENUE D & M Demers Real Estate Investments, LLC hereby requests a VARIANCE from Article III, Section 490-303C (1), and asks that said terms of the Zoning Ordinance be waived to permit the construction of a single-family dwelling on a lot of 30,076 sq. ft., where 35,500 sq. ft. (by soils) is required in the Recreational District.
Zoning	11/7/23	Petition #06-2023-00044 Map 134, Lot 9362 32 CROSS STREET Dean R. Ingram 2000 Revocable Trust hereby requests a VARIANCE from Article III, Section 490-302C (1) and 490-202, and asks that said terms of the Zoning Ordinance be waived to permit a lot line adjustment yielding a lot with frontage reduced to 119 +/- ft., and a lot size reduced to 1.38 acres, where a minimum of 150 ft. of frontage and a lot area of 2 acres is required in the Rural District. Also to allow an existing building to remain with an existing sideline setback of 26.9 ft., where 30 ft. sideline setback is required in the Rural District.
Zoning	11/7/23	5:30pm-Police Station Site Visit



The local Pelham, NH, Wreaths Across America team, Military Honors, worked tirelessly to ensure veterans laid to rest in Gibson Cemetery are honored on December 16, National Wreaths Across America Day. Check our website (see link below) to see our current sponsorship tally. We're hoping to reach our goal of 555 by November 28, which is the cutoff date for 2023 sponsorships. Sponsorships are accepted all year long, so any sponsorships made after

November 28, 2023 will carry over to the following year.

Gibson Cemetery in Pelham, NH, will be joined by more than 4,000 participating Wreaths Across America locations throughout the country in holding a wreath-laying ceremony on December 16, 2023, at noon. For those planning to attend the ceremony, carpooling is recommended. Parking will be allowed at Gibson Cemetery for the elderly and disabled. For safety reasons, it is requested all able-bodied people park at Memorial School, Pelham Elementary School, and Town Hall, all of which are a short walk to the cemetery.

Here are some of the veterans honored on our web page by those who sponsored wreaths and shared their information with our team. If you click on the picture on our web page's Remember Wall, you can see the tributes written for each veteran.

(<https://www.wreathscrossamerica.org/NH0042> and click on REMEMBER in the menu.)

IN MEMORIAM			

IN HONOR OF THOSE STILL SERVING THEIR COMMUNITIES			
			Scan the QR code to take you to our sponsorship/volunteer website.

PELHAM CHURCH NEWS

St. Patrick's Church

I don't know about you, but I find December to be a chaotic month. Between the decorating, parties, sending cards, parties, shopping, parties, baking – and did I mention the Christmas parties? Life is pretty hectic for us all and this is added to the usual chaos that is in our lives. The Lord is inviting us to focus more on the reason and importance of this season. In our culture, we have lost the sense of the Advent Season – the weeks leading up to Christmas. This is not hard to tell, since Christmas sales and decorations are in all the stores, even as they are trying to sell things for Halloween. Yet, we need time to slow down and take in the grace of the season.



Advent is meant to be a time of preparation, expectation, and waiting. It is an invitation to think and pray about what it means that God would choose to humble Himself and become one of us. If this is a foreign concept to your usual December, I invite you to set aside some time – maybe it's a weekend afternoon, or a weeknight but, in any case, find some time before Christmas – to take time as an individual and a family to step away from the chaos. Maybe it is just time together putting up a nativity scene, maybe it's time watching a Christmas movie that is focused on the coming of Christ at Christmas ("Elf" and "The Santa Clause" don't count – but "A Charlie Brown Christmas" does). I invite you to remember the importance of the season.

One way you can do this in community is to come to our Blessing of the Creche. This will be on Monday, December 11, at 6:30pm. We'll bless and light the outdoor creche in front of the church, and then go to the parish center for hot chocolate, snacks, and kids' activities. Everyone is invited to attend.

We celebrate the Eucharist at St. Patrick Parish Saturdays at 4pm, Sundays at 8am and 10:30am, and Monday through Thursday at 8am. We have Adoration of the Eucharist Monday-Thursday 6:30am-7:40am and on Wednesdays from 8:30am-9:30am, and 2pm-9pm. The Eucharistic Chapel is open 24/7 for personal Adoration time. Our next Healing Mass is on Friday, December 15, at 7pm.

We invite you to join us for Christmas Masses. They will be on Christmas Eve at 4pm, 7pm, midnight, and then on Christmas morning at 9:30am. Noisy kids are welcome.

A blessed Advent and Merry Christmas to all.



Fr. Von DeRosia
St. Patrick Parish
12 Main Street
Pelham, NH 03076
603-635-3525

Pelham Baptist Church

Pastor Zach Rusaw 903-917-2827

Currently meeting at the VFW, 6 Main Street, Pelham, NH 03076
Service times:
Sunday School 9:30am
Morning Service 10:30am
Evening Service 6pm
Wednesday Bible Study 7pm
www.pelhambaptistchurch.com

New England Pentecostal Church

955 Bridge Street, Pelham, NH 03076,
<http://nepministries.org/ne>:
603-893-4577

DECEMBER ANNOUNCEMENTS

- **Youth Recreation Center** Now open for enrollment – offering recreational, academic, and mental health programs
- **Sunday School:** Every Sunday at 9:45am-10:30am
- **Sunday Service:** Every Sunday at 11am

- **Every Tuesday Morning Bible Study:** at Community Christian Fellowship (CCF) in Lowell at 11:30am.
- **Every Tuesday Night Bible Study:** NEP at 7pm
- **NEP Corporate Prayers:** Monday at 7pm, Tuesday at 6:30pm, and Wednesday at noon prayer.
- **Food Pantry Hours:** 2nd Sunday, December 10, 1:30pm, and 4th Sunday, December 24, 1:30pm
- **Men's and Women's Fellowship:** December 2 at 1pm
- **Children's Church ages 3-12:** Learning the Bible on their level December 3 and 17 at noon
- **Christmas Eve Play:** We will be hosting a Christmas Play, Sunday, December 24 at 11am
- **New Year's Eve Service:** Sunday December 31, 2023 into January 1, 2024

CrossRoads Church - Pelham Campus

43 Atwood Road
Pelham, NH 03076
603-635-1556
Services: Sundays, 8:45am and 10:45am

First Congregational Church of Pelham United Church of Christ An Open and Affirming Congregation

For more information, please contact the church office:
603-635-7025
www.uccpelham.org
uccpelham@gmail.com
Please contact the church office for the location of off-site gatherings.

DECEMBER ANNOUNCEMENTS WEEKLY

- **Morning Prayer** - Monday and Wednesday 7:30am Zoom ID: contact the church office
- **Bell Choir Rehearsal** - 6:30pm
- **Knitters** - Tuesday 1pm

Lazarus House Food Pantry Wednesday 8:30am-noon

Coffee Break - Wednesday 1pm

Choir Rehearsal - Wednesday 7:30pm

Saturday, December 2 - Men's Breakfast 8:30am
Intergenerational Advent Event noon

Sunday, December 3 - Advent 1 Make Ready a People: #morehope
Worship 10am

Monday, December 4 - Stewardship Meeting 6:30pm
Bell Concert 7pm Nesmith Library - Windham

Tuesday, December 5 - Bible Study 10am
Faith Formation Meeting 7pm
Bell Concert 7pm Hampstead Public Library - Hampstead

Thursday, December 6 - Bible Study 7pm
Sunday, December 10 - Advent 2 Nothing Is Impossible: #morepeace
Worship 10am

Monday, December 11 - Holy Habits 7pm
Tuesday, December 12 - Diaconate 7pm
Bell Concert - 7pm Pelham Public Library at the Town Hall auditorium

Thursday, December 14 - Women's Fellowship 7pm

Friday, December 15 - Community Dinner 6pm
Sunday, December 17 - Advent 3 Do Not Be Afraid: #morejoy
Worship 10am

Monday, December 18 - Pub Theology 6:30pm - Martha's Exchange, Nashua

Tuesday, December 19 - Trustees 7pm
Thursday, December 21 - Blue Christmas Service 7pm

Sunday, December 24 - Advent 4 This Will Be a Sign: #morelove
Worship - Cantata 10am
Cookies - Cocoa - Caroling 4pm
Candlelight Christmas - 10pm

Sunday, December 31 - Christmas 1 - Brunch Church 10am

PLEASE RECYCLE THESE PLASTIC BAGS AT YOUR LOCAL GROCERY/SUPERMARKET. SEE CUSTOMER SERVICE.



- HANNAFORD – 150 BRIDGE STREET, PELHAM, NH
- SHAW'S – 43 INDIAN ROCK ROAD, WINDHAM, NH
- MARKET BASKET – 212 LOWELL ROAD, HUDSON, NH
- WALMART – 254 LOWELL ROAD, HUDSON, NH

FREE AD DESIGN when you advertise in *The Evergreen!*

★ ★ ★ ★ ★ ★ ★ ★ ★ ★
LEGISLATIVE UPDATE
 ★ ★ ★ ★ ★ ★ ★ ★ ★ ★

Each month, your Pelham State Representatives will submit a Legislative Update for our readers.

Merry Christmas from Tom Mannion and Campaign Manager Skittles!



Merry Christmas from Representative Sandra Panek



Merry Christmas from Representative Jeff Tenczar



Merry Christmas from Representative Kimberly Abare



You can pick up a copy of The Evergreen at Market Basket and other selected locations throughout Pelham, Salem, Windham, and Hudson

John H. Hargreaves Memorial Post 10722 Veterans of Foreign Wars & Auxiliary
 6 Main St. Pelham, NH

Please join us for our monthly dinners on the first Friday of each month.
All meals and desserts are homemade by our Auxiliary.

Contact us for your next party
 jdreusicke@aol.com or 603-553-0395
We offer very affordable smoke-free hall rentals.

Find out more info at
<https://pelhamnhvfw.com/>
 Located at the Old Town Hall
 6 Main St., Pelham, NH



- Hall and Pavilion Rentals
- Canteen Hours:
 Monday - Wednesday 2PM - 9PM
 Thursday and Friday 2PM - 10PM
 Saturday Noon - 10PM
 Sunday 1PM - 9PM

Who Can Join?
 Any veteran or active duty personnel that has served or serves the United States of America.

American Legion Post #100
 32 Windham Road, Pelham, NH 03076
 Phone: 603.635.8345
 E-mail: ALPOST100@GMAIL.COM

LETTER LOGIC SOLUTION

L	A	I	N	P	A	R	C	A	P	P	E	A	S	E
U	N	T	P	L	S	A	Q	A						
M	A	C	A	U	P	R	E	S	D	R	U	M	S	
P	O	B	Y	E	A	E								
S	A	M	O	A	T	U	N	I	S	I	A	O	R	E
E	I	E												
F	A	R	E	D	T	I	D	Y	R	A	I	S	E	D
W	E	V	E	U	E	G								
Z	E	N	S											
I	A	S	P	I	R	E	R	R	N					
G	A	S	E	I	J	E	S	S	E	O	D	E		
Z	C	A	R	I	B	O	U	E	N	U	N			
A	Y	E	A	B	I	E	D	E	A	T				
G	N	U	T	E	C	A	M	E	L	O	T	E		
S	I	T	E	E	R	I	E	L	E	I	O	N		
L	K	A												
C	L	I	E	N	T	E	L	E	S	E	W	E		
E	U	L	P	A	L	I								
G	A	L	L	O	P	M	E	R	E	Y	O	U	T	H
H	E	W	C	R	N									
E	R	A	L	E	V	I	T	E	S	E	X	C	E	L
T	K	A	R	I	V	I	V	L	I					
T	H	I	C	K	L	O	O	P	S	E	L	E	C	T
O	N	I	I	D	T	S	A	R						
S	I	G	H	T	E	D	E	A	S	E	O	N	C	E

SUDOKU SOLUTION

9	1	6	8	3	7	5	4	2
5	2	3	4	9	6	1	8	7
4	7	8	1	2	5	9	3	6
6	5	9	3	1	8	2	7	4
2	3	4	7	6	9	8	1	5
7	8	1	2	5	4	6	9	3
1	4	5	6	8	3	7	2	9
3	6	2	9	7	1	4	5	8
8	9	7	5	4	2	3	6	1

DO YOU HAVE AN OPINION?
 You can be heard by contributing to our OPINION section.
 Just email your opinion to thepelhavevergreen@gmail.com

Pickleball Tournament Photos

Photos courtesy of Yvonne La-Garde



THANK YOU TO THE SPONSORS OF OUR PICKLEBALL TOURNAMENT
 Chris Brunelle - Party Time Productions
 Mike Brown - Brickhouse Pizza
 Pelham House of Pizza
 Spin Pickleball
 Hannaford - Pelham
 Dunkin' Donuts - Bridge Street
 Brando's Pizza

SAWC Hard at Work

by Maria Baribeau

In October, the Salem Area Women's Club participated in several projects in the Salem area. These include a gala, food donations and delivery of the food, fun, and games for the Salem school district, and forest maintenance. No project is too hard or too dirty for SAWC to participate and help out in.

Caregivers Gala-Octoberfest
 In mid-October, 19 SAWC members attended the Greater Salem Caregiver's Annual Gala, supporting this nonprofit's worthy mission as well as their fun-filled theme of Oktoberfest (including dressing in traditional German dirndls). Since 1989, the Greater Salem Caregivers has been providing rides and support services by connecting an amazing team of volunteers with those in need.

General Federation of Women's Clubs National Day of Giving
 The General Federation of Women's Clubs (GFWC) is committed to volunteer community service. The National Day of Service is an occasion when all of the GFWC clubs across the world, come together in service to draw attention to an area of need, take action to address it, and raise public awareness about its significance. This year, the organization aims to help put an end to food insecurity. In line with this goal, the Salem Area Women's Club has donated food to the Bread of Life Food Pantry and to End 68 Hours of Hunger. Our club members generously contributed to food donations. The Civic Engagement and Outreach Committee distributed the donations to locations who serve those in need.

SAWC Participates in the Salem Scramble Event
 The 7th annual Salem Scramble took place on Saturday, September 30, at the Salem High School. The event was attended by 500-plus Salem students in first through eighth grades and their families. The Civic Engagement and Outreach Committee of SAWC participated in this annual event again this year. As a vendor this year, the Salem Area Women's Club had a booth with a ring toss game that was a big hit. We had over 300 prize winners. We went through 100 Tootsie Pops and at least 125 bracelets. We also applied tattoos on willing event participants and their siblings. It was a fun day and a great way to participate in a community event giving us the opportunity to tell parents and grandparents all about the Salem Area Women's Club.

Members who donated their time and talent to make our presence possible at this event are pictured below, left to right, Joanne Cuomo, Trish Earle, Patti Drelick, SAWC President Marilyn Suszek, Maureen Hanlon, Susan Mothon, Jaimie Baker, and Deb Slein.



SAWC Environmental Committee Volunteers
 The Salem Area Women's Club Environmental Committee volunteered to help the Conservation Commission with the maintenance of the Salem Town Forest. On Saturday, October 21, volunteers from the Environment Committee joined members of the Salem Conservation Commission for the semi-annual Salem Town Forest maintenance projects. Club members Linda Simmons and Linda Harvey (also a member of the Conservation Commission) joined volunteer Mike Banks and the Conservation Commission and member Glen Edwards for a morning of brush clearing on Town Forest trails. The Salem Town Forest is located on Shadow Lake Road, across from Shadow Lake. Parking is adjacent to the NH Department of Transportation salt storage shed.



LOCAL POSTAL CUSTOMER

48 December, 2023 The Evergreen

www.theevergreennewspaper.com

Smart Builders and Remodelers shop here! *Do you?*

Cyr Lumber for all your building needs.



Let Cyr Kitchen & Bath Design your Dream Kitchen or Bath Remodel



18 Month Financing or 10% off*

A division of Cyr Lumber

5 Great Locations: Windham • Salem • Manchester • Tilton • Warner



Open 7 Days a Week cyrkitchen.com

"Family owned and operated since 1984"

Merry Christmas from the Farm Team!

SHOP FROM OUR DECORATED THEMED TREES!

WREATHS
ROPING
GREENS

OPEN
LATE
THURSDAY
& FRIDAY
NIGHTS!

SKI LIFT PEPPERMINT PALACE CHRISTMAS CLASSICS
KITCHEN TRADITIONS WALK IN THE WOODS
MODERN FARMHOUSE GILDED EVERGREEN
TRADITIONAL LUXE & MANY MORE!



FRESH
CUT
TREES

1000'S OF
BEAUTIFUL
ORNAMENTS
POINSETTIAS

1 Kip Cam Rd, Rte 111, Atkinson, NH

Florist, Nursery and Garden Center

603-362-6200

www.freshwaterfarms.net