Americans living in the Mountain West have the highest prevalence of mental illnesses in the United States.

65% of females who report symptoms of depression or anxiety received treatment for those symptoms in 2019.

38% of uninsured Americans receive treatment for reported mental health issues.

47% of Black Americans who reported symptoms of depression or anxiety reported receiving treatment for those mental health issues.

In 2020, the rate of suicide for men was 4x as high at 22.0 (per 100k), compared to 5.5 in women.

In the United States, people living in the Mountain West have the highest prevalence of mental illnesses.

Number of Patients for Every 1 Provider:

**Best Ratios**

- District of Columbia: 99
- Massachusetts: 210
- Connecticut: 242
- West Virginia: 968
- Wisconsin: 1,370
- Tennessee: 1,808

**Worst Ratios**