Ask a colleague, community member, or friend, "Where do you go to come back to yourself, fill up, rest, or restore?" and then follow them there, asking questions along the way.

**MAP**

Sketch a rough map of the area you explored and chart the path you took.

1. Where do they go, what do they do?
   Jot your notes here.

2. How often do they visit? What enables? What prevents?
   Jot your notes here.

3. How could the library help?
   Jot your notes here.