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Charity Number: 1150170

The New Forest Basics Bank supports families and people in crisis. Your donations of food and basics are crucial: we could not do what we do without you! Please pop items in a collection box or drop off on weekdays 9am – 3pm (closed bank holidays). **Thank you!!**

## Items urgently needed:

Tinned hot meat / Cold meat

Tinned tuna or other fish

Cereals (preferably not oats)

Washing up liquid

Clothes washing detergent

Shampoo / Toothpaste

Instant coffee / Tea bags

Jam / Marmalade

Tinned soup / Tinned pasta

Baked beans / Tinned pulses

Cordial / Long life juice

Bags for life / Cloth bags

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