



KIDS HIKING CHECKLIST PDF

Hello!

I'm Natalie Vereen-Davis, the editor and camping mama behind CampingKiddos.com.



I'm delighted that you've grabbed the kids' hiking checklist PDF, and I hope it will make you and your family's time on the trails easier and more organized.

This hiking checklist was designed to supplement our epic post, [Best Hiking Gear Checklist for Kids](#).

In that post, I break down why your child needs each item and share budget-friendly shopping options for everything.

If you have any questions about PDF, please email me at hello@campingkiddos.com.

Happy camping!

Natalie

LINKS

website

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KIDS

HIKING CHECKLIST

CampingKiddos.com



CLOTHING + ACCESSORIES

- Hiking pack
- Hiking boots or sandals
- Hiking pants
- Wool socks
- Lightweight jacket

WHAT TO PACK IN YOUR CHILD'S DAY PACK

- | | |
|--|--|
| <input type="checkbox"/> Adjustable hiking poles | <input type="checkbox"/> Snacks |
| <input type="checkbox"/> Compass | <input type="checkbox"/> Hat |
| <input type="checkbox"/> Safety whistle | <input type="checkbox"/> Sunscreen |
| <input type="checkbox"/> Nature pamphlets | <input type="checkbox"/> Bug Spray |
| <input type="checkbox"/> Plastic bags | <input type="checkbox"/> Water bladder or water bottle |
| <input type="checkbox"/> Emergency bivy | <input type="checkbox"/> Hot Hands (optional) |
| <input type="checkbox"/> Poncho | <input type="checkbox"/> Hair ties (optional) |
| <input type="checkbox"/> Tissues | <input type="checkbox"/> Turkish towel (optional) |