

REMEMBER WHO GOD IS

“In worship, we enter, touch, and are touched by the presence of God Himself. We have been created to live like that.”
— C.S. Lewis

What characteristic of God is most precious to you right now? What name for God brings him clearly into focus for you? Jehovah Jireh? Fortress? Sovereign? Love?

Worship begins with remembering — remembering who God is. Until we pause long enough to remember who God is, we are absent from worship. **Worship is remembering with reverence who God is**

and responding in ways that bring him pleasure.

Heaven exists for the worship of God so when we worship, we sample heaven.

Worship becomes part of our formational process when we pause frequently to remember who God is.

One invitation to this

spiritual practice of worship comes to us, and the children we influence, from Psalm 95:6-7: **Come, let us worship and bow down. Let us kneel before the LORD our maker, for he is our God. We are the people he watches over, the flock under his care.** (NLT)

This worshipping and bowing down clarifies our view of everything around us. In times of confusion and uncertainty, worship gives us an unobstructed view of our trustworthy God. And in hard times, worship inserts God into seemingly inevitable equations. As we live and work worshipfully, we help our children enjoy worshipful lives. If we help them remember God often as life flows around them, we give them an amazing foundation for life.

Acknowledging that greatest reality — who our God is — will draw us into lives of worship all week long.

Worship is expressed in many ways and needs to invade every sphere of our lives. God is our Maker, and he made so many things around us to prompt us to worship. There are big reminders like the galaxies and small reminders like every unique snowflake. There are big wonders like the ocean and small wonders like a child's heartbeat.

We were created to be worshippers. What we love reveals what we worship. May we come to love God completely, and worship him in every sphere of our lives. **And may children fall deeply in love with Jesus!**

Start the conversation with your child!

“Come and sit with me a minute. And together we will sit in God's presence so that we can understand more about worship.”



REMEMBER WHO GOD IS

INVITATIONS TO ENGAGE

EARLY CHILDHOOD (2-6 years old)

The Bible tells us in Psalm 95:6-7 that God is our “Maker.” He made me and he made you. He is more important than anything or anyone. He made us and we love him more than anything else.

One thing that reminds us of his power and his care is how he made our hearts work. See how you can feel your heartbeat right here on your wrist and right here on your neck? Every time you feel it beat, say one word: “God made me. I love him best!”

Let’s feel our heartbeat many times today and remind ourselves how powerful and loving God is.

ELEMENTARY AGE (5-10 years old)

Psalm 95:6-7 says: Come, let us worship and bow down. Let us kneel before the LORD our maker, for he is our God. We are the people he watches over, the flock under his care. (NLT)

Many names are used to describe God. What names for God are in those verses? We are reminded that he is the Maker of all things when we see the stars he put in the night sky.

We have these paper stars and we are going to hang them in the window on these strings. And, as we put them up, we will put words on them that describe God.

Let’s sit quietly for just a minute and you can ask God what word he is inviting you to put on the star. Then all week we can put up other stars to remind us who God is. (Or make snowflakes.)

PRETEEN/EARLY ADOLESCENT (10-14 years old)

We are going to make a chart of contrasts to remind us who God is and who we are. As you read Psalm 95:6-7, watch for words that describe God and names for God and write them on the left side of the chart. On the right side of the chart we will put who we are in contrast to who God is.

You put that God is our Maker, our Creator, so that would mean that we are ... his creation. He is God and ... we are humans. He watches over us and ... we are cared for. Since we are the flock, he is our ... Shepherd.

Let’s sit quietly with God and ask him what other names or characteristics he might suggest that we add to our lists. Let’s add to the lists all week. When we pray this week, let’s use those names to address God.

RECOMMENDED RESOURCES

Listening to Children on the Spiritual Journey, by Scottie May

Baby Believer (series for toddlers), by Danielle Hitchen and Jessica Blanchard

Psalms for Young Children, by Marie Helene Delvel

Leading Children in Worship, by Helen Zwyganuizen

Teaching Kids Authentic Worship: How to Keep Them Close to God for Life, by Kathleen Chapman