



## Our Participants Say

*"We experienced how important it is to take a moment and really listen to each other, how we are not alone in this work; our stories overlap."*

*"Being able to see the other in a new light is so helpful."*

*"I notice the difference in the quality of a meeting when a few minutes have been taken to start with some kind of social artistic exercise."*

*"It made a difference to enter into a working community feeling connected. Space opened up for empathy after hearing our colleagues' dreams and struggles. These authentic meetings made a difference discovering that all humans are doing and becoming the best we can."*

*Self development never happens alone.*



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Center for Biography and Social Art



## Awakening Connection; Creating Community

What if your school hosted a series of sessions where teachers, parents, board members and staff meet one another as human beings, outside of their respective roles?

In these sessions listening deepens, empathy awakens and a new level of interest and support is sparked.



“Sharing life stories is a wonderful way for people to see the humanity in one another.”

## TWO-HOUR ENRICHMENT WORKSHOPS

We offer various themes to deepen understanding and to experience what it means to be human. Together, through this work we can help each other rise to the challenges of the times.

The themes can be found on our website.

“Biography work is valuable for our time; an emerging field and a holistic approach that helps to assimilate life experiences so we are not held by the past, but can move into the future with the wisdom inherent in our lives.”

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**AWAKENING CONNECTIONS; CREATING COMMUNITY** is a program now in its seventh year of working with school communities and Anthroposophical groups to support healthy social environments for the future. We aim to strengthen the imagination for community by exploring, together, themes of growth, development, and transformation. This work engages thinking, feeling and willing.

## COMMUNITY BUILDING- PROFESSIONAL DEVELOPMENT

A series of **three half-day sessions** bringing faculty, staff, parents and board members together to develop the capacity to listen deeply to themselves and to each other. Biography exercises and conversation are powerful tools for building empathy, interest, and a sense of community.

“Let’s invite one another in. Maybe then we can begin to fear less, to make fewer wrong assumptions, to let go of the biases and stereotypes that unnecessarily divide us. Maybe we can embrace the ways we are the same.”

-Michelle Obama



## BIOGRAPHY OF A SCHOOL

Experience the very being of your school as we gather the events, people, thresholds and turning points. We will follow the school’s biography from the moment it was conceived, to opening the door to families and into the present time. This allows us to explore a vision for the future. Two half-day sessions.

‘In creating a school, we are indeed creating a living being, whose destiny may be unknown to us, but which requires our love and ongoing commitment to flourish.’

-Christopher Schaefer

