Meet Troy
He can’t thank you enough!
Because of you, Troy’s heart is filled with new hope this Easter.

Sandra came in for a meal...
“This is a new beginning.”
Easter Needs
Troy grew up in a verbally abusive home and it took a heavy toll. By the time he was 18, he was battling depression and numbing his pain with alcohol. “It made me not care about anything,” he says.

After 28 years of self-medicating, Troy was finally diagnosed with depression, placed on disability and given antidepressants. But he continued drinking as well, counteracting the benefits of his prescriptions. For another seven years, he struggled with his addiction, alienating those closest to him and, finally, landing in trouble with the law. “When I was in jail, I came to the conclusion that something had to change.”

When he was released, Troy entered our LifeChange Recovery Program, where Bible studies, chapel services and Christian counseling led him to an encounter with the Lord that changed the course of his life. “When I got here, my relationship with Him was nonexistent. Then I learned what it meant to have faith in something greater than myself.”

His newfound faith has brought Troy a peace and joy he’s never felt before. “I know God is going to help me so I’m going to be okay,” he says.

Troy completed the program and is in our Resident Graduate Program, giving back to the Mission by working in our kitchen and dining room. He’s looking forward to finding a part-time job, getting his own place and using the skills he’s learned at the Mission to live in sobriety. “It’s wonderful to have a clear mind and be equipped to deal with life’s challenges,” he says.

You may never meet Troy, but he’s eternally grateful to YOU for your support — today, his heart is filled with new hope for the future. “For the first time in my life, I’m comfortable with myself. It’s good to be who I am. This is a new beginning.”
“For He has rescued us from the kingdom of darkness & transferred us into the Kingdom of His dear Son, who purchased our freedom & forgave our sins.” Colossians 1:13-14, NLT

My friends, Easter will be here soon – and with it, the joy of being able to celebrate and shout, “He is risen indeed!”

I can’t think of a truth that’s more important to those staying at the Mission right now... individuals who are facing devastating struggles with homelessness, poverty and addiction.

That Jesus overcame death and rose again to offer a hurting world hope resonates with our guests. In Jesus, they see that they too can overcome!

As they begin to trust Him, their past guilt and shame transforms into hope for a brighter future. They walk in freedom, knowing that they’re forgiven.

Forgiveness is a doorway to new life. It opens up our guests to accepting love – not just God’s, but love from our staff, their families and even themselves. From there, they blossom into the people they were always meant to be.

This Easter, I pray you’ll experience the glorious hope of the cross in your life... and remember that YOU are making it possible for hurting people to find forgiveness and freedom through the cross too. I’m so grateful that each time you reach out to help, more hearts are touched by the love of a risen Savior.

Willie Parish Jr.
President

Sandra didn’t have much hope left when she came to our door. Thanks to you, she was warmly welcomed and provided with the basic necessities that restored her hope:

- A hot meal for $2.05
- An overnight stay in our shelter (just $5.00!)
- Clothing, showers & Christ-centered care

This Easter, as Sandra celebrates the hope in her life, YOU can give even more people the gift of meals and care that’s often the first step to healing and a new life in Christ!

Give now using the enclosed reply card and envelope.

Give online anytime at BreadofLifeMission.org/donate.

Thank you again for your support of our Mission guests! Happy Easter!
Sunday, April 12: Our Easter Dinner is at 2:00 p.m.!

We need your help to prepare all the meals and care we'll provide this Easter season.

Between now and Easter Sunday, we're preparing to serve 15,500+ hot meals... and provide hundreds of individuals with basic necessities like safe shelter, clean clothing and Christ-centered care.

Our homeless neighbors are counting on us... and we’re counting on YOU!

Get a closer look at how YOUR support is changing lives.

TAKE OUR MISSION TOUR!

- It’s easy to sign up!
- It’s fun to visit!
- Best of all, you’ll see your gifts at work!

To join our next Mission tour, contact us!

📞 (206) 682-3579, ext. 101
👉 BreadofLifeMission.org/visit

Hope to see you at the Mission soon!

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FOOD ITEMS NEEDED!

Consider hosting a food drive OR dropping off any of these urgently needed food items by Friday, April 10:

- SPIRAL SLICED HAMS
- INSTANT MASHED POTATOES
- BUTTER
- CANNED VEGETABLES
- POWDERED MILK
- DESSERTS (homemade or store-bought)
- COFFEE
- CREAMER

Drop off donations at the Mission, 97 S Main Street. Thank you so much!

No time to shop? Donate now!

📞 (206) 682-3579
👉 BreadofLifeMission.org/donate

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Lend a hand this Easter season... VOLUNTEER!

Contact us ☏ (206) 682-3579 ✉ BreadofLifeMission.org/register