



Sunset Goat Yoga at Hunter Farm

WHAT IS GOAT YOGA

It's a yoga class led by a local yoga instructor who leads you throug various poses alongside baby goats. It's a great way to amplify the health benefts of yoga by introducing a mix of pet therapy, all while enjoying the outdoors on a pituresque historic farm. Goat yoga can promote respec for all animals, allows people to connect with nature, and invokes a



Aunter Farm

The Hunter Farm has been in the same family since 1868. Farmer Nancy's great grandmother was raised here, and the farm has been passed down on her mother's side since. While the operations of the farm have certainly changed over the years from cash crops to dairy cattle to small scale agritourism – it has always existed as a place its community could call home. Today the Hunter Farm serves as a small scale agritourism business, offering a space for the community to reconnect with the land and its animals, and experience a seasonal, working farm.



GOAT YOGA DETAILS 6:30 PM GOAT BARN

20 23 october	SUN	MON	TUE	WED	THU	FRS	SAT
	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30	31	1			

INCLUDES: COMPLIMENTARY PARKING WAGON RIDE TO GOAT BARN GOAT MEET & GREET PRIVATE SUNSET GOAT YOGA GOAT YOGA SWAG GOOD TIMES

SIGN UP NOW!



PACKING FOR GOAT YOGA

BRING ALONG

Suggested Items include: Mat Towel Yoga clothes (probally not your favorites) Bug Spray Water bottle Charged phone for photos

FREQUENTLY ASKED QUESTIONS

HOW MANY SPOTS PER SESSIION? 25 Maximum

HOW MANY GOATS JOIN US?

The number to baby goat varies but is usually 4-8 or more. Adult goats, 6-12 or more (our goats are extremley friendly and since birth have been exposed to lots of snuggles & hugs).

DO I NEED TO BRING A MAT OR DO YOU PROVIDE THEM?

Please bring a mat .

WHAT HAPPENS IF IT RAINS? Rain or Shine goat yoga continues with a covered barn available :)

CAN BEGINNERS TAKE YOUR GOAT YOGA? CAN I BRING KIDS? Our goat classes are catered for all levels. Children are welcome to attend class, and we have had kids as young as 10 years old participate safely. Our goats welgh anywher from 6-35 lbs and we can't always control where they wander or jump so please consider this as you determine what is safe for your child.

WILL I BE ABLE TO TAKE PHOTOS? Of course, yes. You will be able to take photos before class at the goat meet & greet.



FREQUENTLY ASKED QUESTIONS

DO YOU OFFER PRIVATE EVENTS, OR FUNDRAISER WITH GOATS? YES, PLEASE EMAIL US AT MELISSA@THEHUNTERFARM.COM

DO YOU OFFER GOAT YOGA GIFTCARDS? WE OFFER FARM GIFT CARDS THAT CAN BE APPLIED TO CLASS

WHAT IS YOUR CANCELATION/RESCHEDULING/REFUND POLICY? CANCELATION MUST BE WITHIN 24RS FOR FULL REFUND

NATURE NUTURE

Be Present

Take time to nuture you body and soul. Breathe deep and inhale nature, enjoy the vistas of farm land and fields, enjoy a good stretch, chuckle and your unique goat yoga experience.









WHERE IS YOUR OUTDOOR LOCATION?.

ADDRESS:

HUNTER FARM 13624 Providence Road Weddington, NC 28104

MEETING SPOT:

Front Desk Check-In

PARKING:

Complimentary parking available at our large gravel lot located as you enter the property

RESTROOMS;

Restrooms available at the front of farm

SPOT

