

## Weeks before travel:

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	Vaccinations - check / *yellow fever certificate (paper copy stamped)			
	*Travel visas – must have local currency cash / US\$ (depending on country) for 'paid visa on entry'			
	*Passport - must be 5 blank pages & 6 months remaining for each country entered			
	*Drivers licence – apply for international if required			
	*Insurance - multi trip for total period of travel time away e.g. not just 'annual cover' because 28 days can be trip max duration / check local governmental site e.g. advice on https://www.gov.uk/			
	*International Credit cards - e.g. Revolut / Wise (favourable currency conversion fee, forex fee, low ATM usage fees). Pack separately i.e. in 2 places in luggage.			
	*Mobile / Cell phone - roaming costs covered? or purchase local sim to access phone & data, note customer service phone for lost / stollen phone			
	Frequent traveller / flyer membership to collect points / cheaper repeat travel			
	*Portable luggage weigher - check hand luggage and hold luggage weight & dimensions allowed for transit			



A few days before departure to each country:					
	Vehicle / flight departures – double check timings				
	Local Government advisory – e.g. https://www.gov.umay affect insurance	uk/ fo	or up to date warnings that		
	Addresses / itinerary to friends & family				
Recommended transit wear:					
	Mozzie Cozzie®				
	Trainers / sneakers, socks				
	Pool slides in bag for arrival stored in Mozzie Cozzie (spare space-saving bag) or similar	e® to	ote bag		
	Mozzie Cozzie® Scarf or similar				
Hand luggage: Pack all 'Weeks before travel' items indicated by *					
	Durable water bottle – empty before boarding e.g. 'Bobble' brand		Weigh & measure hand luggage - re-check dimensions allowed for transit		
	ID – passport + driving licence. Pack separately i.e. in 2 places in luggage.		Medicines with copy of prescriptions		
	Printed tickets for in and out of country –		Tissue pack/handkerchief		
	some countries require print outs		Toothbrush / toothpick		
	Address on arrival		Face cloth		
	Pen & tape measure in a side pocket of hand luggage		Comb		



Ha	and luggage continued:		
	Mozzie Cozzie® face mask (doubles as comfortable eye mask) with PM2.5 / N95 disposable mask filters		Kindle / book/s
			Phone
	Wax ear plugs (double up for airplane noise cancellation and reduce swimming		Computing device / tablet
	ear infections)		Hat - cap or beanie
	Sunglasses		Travel socks
	Audio earphones		Spare underwear & socks
	Input output travel plug converter (any plug to any plug) plus shaver / toothbrush socket converter	5	Jumper / pashmina  Durable puffer jacket e.g. 'Uniqlo' brand light
	USB Battery charging pack		weight down jacket
	Bag of cables – include USB battery charger, HDMI cable, pc / tablet / cell or mobile phone wires		
Lic	quid bag / zip lock: (pack in hand lu	ggag	ge)
	Salt deodorant (travel size)		
	Toothpaste		
	Hand sanitizer		
	Make up items (e.g. lip salve / mascara / foundation	n / lips	stick count as liquids).



## Hold luggage:

	Packing cubes	Hangable wash bag
	Transparent reusable plastic bags / spare zip	Small shampoo shower gel
	lock bags	Thermometer
Ш	Photocopy of ID & visas + note phone numbers of mobile phone & bank providers	First Aid kit
	Bin bag & zip lock bags specifically for liquids (they always spill!)	Mozzie Cozzie® Mask filters (PM2.5 / N95 disposable mask)
	Covid tests	Nail scissors / file
	Door stop	Tweezers
	Needle & thread / strong safety pin	Hammock
	Bottle opener keyring	Headtorch / wind up torch
	Nonvaluable jewellery	Gaffer tape
	Car cigarette lighter USB charger	Small quick-dry towel
	Phone holder for motor vehicle	Key chain
	dashboard if driving abroad	Washing line
Ш	All 4 one remote control to convert TVs to cast	Binoculars
	work presentations	Padlock
	Antihistamine tablets & cream / pain killers / diarrhoea sachets & rehydration salts	Bat and ball / Frisby
	Factor 50 suncream	Deet
	Antihistamine cream	Rain mac / umbrella



## Hold luggage continued:

Gloves	☐ Long sleeve top
Corkscrew / bottle opener keyring	☐ Collapsible kettle / portable coffee maker
Wet shoes	
Swimwear	
Rash vest	
Goggles	
Pool slides to wear with Mozzie Cozzie® / flip flops	
Trainers / sneakers / walking shoes	
Adventure pants – hiking trousers that zip off to shorts	
Smart shoes	
Linen shirt	
Jeans	
T shirts with sleeves	
Vest tops	
Shirts	
Underwear	
Pyjamas	

