



Friday, December 9, 2022

SESSION #1: Levels 3 and 4

Open Stretch: 5:30pm
Timed Warm Up: 6:00pm
Awards: 9:00pm

Saturday, December 10, 2022

SESSION #2: Level 5/6/7

Open Stretch: 8:30am
Timed Warm Up: 9:00am
Awards: 12:00pm

SESSION #3: Levels 8 and 9JE (All Level 8's JN & JE)

Open Stretch: 1:30pm
Timed Warm Up: 2:00pm
Awards: 4:50pm

SESSION #4: Level 9JN

Open Stretch: 6:00pm
Timed Warm Up: 6:30pm
Awards: 8:30pm

Sunday, December 11, 2022

SESSION #5: Level 10JN

Open Stretch: 8:30am
Timed Warm Up: 9:00am
Awards: 11:15am

SESSION #6: Level 10JE

Open Stretch: 12:30pm
Timed Warm Up: 1:00pm
Awards: 3:00pm

ADMISSION

\$20 Adults (Ages 15+)
\$15 Child (Ages 5 -14)
Admission will be **CASH ONLY**. There will not be an ATM on site and we will not accept check or card. Plan accordingly.

Contact Information

Meet Host: Matt Henry
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