

QUESTIONS *for* CONNECTIONS



thanksgiving edition

- What have you seen growth in this past year that makes you feel grateful?
- What is something you've seen a partner/significant other/close friend grow in that you're thankful for?
- What teacher/manager/mentor-type person are you particularly thankful for this year?
- What is something you're thankful to have done this year with someone(s) else?
- Tell us about a Thanksgiving memory you hold dear.
- What place do you feel most grateful for this year?
- Tell us something you're particularly grateful for in the person sitting across from you.
- Name any books, albums, or artists you are grateful for this year. Elaborate.

by: liv holloway

creating ways to reflect and connect.

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christmas edition



- What brings you the most joy during Christmastime?
- Who do you love to celebrate with? Why?
- What is one of the most meaningful gifts you have ever received for Christmas?
- What feels hopeful about this year's holiday season?
- How do you practice slowing down during this time? Is it difficult for you or a welcome ritual of rest?
- What drains you about the holiday season or what do you wish could be different?
- Name something markedly different about this year's Christmas season than last year.
- What do you hope happens between this Christmas and next year's Christmas?

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