

UTAH PERIOD PROJECT

Packing Parties

Packing parties are a great way for your company or friends to be involved in helping to end period poverty in Utah!

The Need

84% of girls have missed school due to a lack of period products or know someone who has. 1 in 4 teens cannot afford period products at all. Half of women in poverty have to choose MONTHLY between purchasing a meal or purchasing period products.

Although recent legislation ensures that students in Utah now have access to period products in schools, there still remains the issue of young menstruators lacking products on weekends and school breaks.

The Ask

We ask that your group makes Weekend or Summer period kits for schoolchildren. Making and delivering these kits will help support girls and allow you to be involved in our communities. Please also consider asking your network to donate to ending period poverty through policy work.

The Policy Project / The Period Project

We are committed to increasing the ability of women, girls and all who menstruate to live life fully, without interruption in necessary activities like school and work. We achieve this by increasing access to free and safe period products and appreciate your contribution towards ending period poverty in Utah.

Questions?

If you or your company have questions about Packing Parties, please reach out! Email us at info@thepolicyproject.org.

Weekend Kits:

We recommend that each attendee pack 25 kits with 10 pads and 10 tampons each.* This should take about 45-60 minutes to pack.

For each attendee, you will need:

- 25 bags. These can be reusable makeup/cloth bags (available on Amazon in bulk) or something as simple as a brown paper bag. Avoid clear bags to be discreet.
- 250 tampons
- 250 pads

*Be aware of who these kits are serving. If your kits are going to students below sixth grade, consider adjusting this number to 16 pads and 4 tampons per kit.

Summer Kits:

We recommend that each attendee pack 25 kits containing 50 pads and 50 tampons each.* This should take about 60-90 minutes to pack.

For each attendee, you will need:

- 25 bags. These can be reusable makeup/cloth bags (available on Amazon in bulk) or something as simple as a brown paper bag. Avoid clear bags to be discreet.
- 1,250 tampons
- 1,250 pads

Next Steps: Options to Donate Kits

- Choose a local school. Every school needs period kits, but students in lower-income areas really benefit from weekend and summer kits.
- Divide up the kits. Have individual attendees deliver kits to schools, homeless shelters or other community centers. This is a great way to get people involved in their local community!
- The Policy Project can also donate your kits. We currently work with women and girls who are refugees, women and girls in lower income areas of American Indian reservations, women and girls who are transitioning from homelessness to permanent housing, etc.

**Donate to
Ending Period
Poverty**

