

a really small dance



tour pack



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What is a really small dance?

Please follow this link for [a 10-minute taster](#), and this [link for a 60-minute documentation](#) of a really small dance.

a really small dance is 60 minutes of your life.

60 minutes to look at the small habits we live by.

60 minutes to make each moment big enough.

a really small dance is a dance theatre work by Lizzie Klotz and Luca Rutherford, in collaboration with Charlotte Bickley that draws upon the smallest of dances. The dances that take place in homes, alone, along to the radio, in the shower. The dances you don't let yourself dance. The dances you need yourself to dance, with a friend, in memory of, to shake off, to relish in a feeling that, perhaps, the small things are bigger and more significant than we give them credit for.

Performers

Lizzie is a trained dancer, and is secretly excellent at tap dancing.

Luca is not a trained dancer but she is a performer and always wanted to be a dancer.

Charlotte is the queen of dancing at discos, and she is also a DJ.

With a trained dancer, a passionate untrained dancer and a DJ on stage, the three female performers take a close look at how we as humans relate with each other through dancing.





Concept

a really small dance is about the power of dance - disrupting the understanding of dance as something that is accessed through the bodies of trained dancers, and instead is something that has the potential to be accessed by all.

Simultaneously, a really small dance is about attention. In a world that often favours the alpha, the work makes space for the small and quiet - a slowing down and refocusing on the unnoticed ways of being that make us who we are.

The work celebrates the small with radical softness, and invites the audience to focus in on the often unnoticed ways of being as places of potential change.

Another layering to the work is the exploration of the private versus the public realm. Lizzie, Luca and Charlotte each take dances that capture their private ways of being and present this in a public performance space. There is a constant critique of our public versus our private selves.

Form

a really small dance is a 60-minute performance, that includes a post performance disco on stage with the audience.

The form of the work exists across three levels:

1. Unspoken words, trains of thoughts and subtexts that go on in our minds are laid open through clever and humorous projected text onto a black backdrop and a pink tablecloth on the stage.
2. Playful improvised dance performed by Lizzie, Luca and Charlotte, that directly and indirectly responds to the projected text - and which contains instructions for the performers.
3. From Gwen Steffani to Kelly Moran, Marie Davidson to Chaka Khan - the music provides a mixed, fun and relatable sound design to accompany the dance, which is operated live on stage by Charlotte.

Who are we?

Lizzie is a dance maker,
Luca is a theatre maker.
Together, they have made
a dance theatre work — a
really small dance.

“Lizzie Klotz and Luca
Rutherford are two brilliant
and talented artists who
have delved deep into their
cross-artform collaboration,
with curiosity, openness
and no fear to let go of
what they know.”

— Tanya Steinhauser



Lizzie Klotz

Lizzie Klotz is a dance maker, performer and facilitator based in the North East of England, whose work is rooted in gentleness, conversation and play.

Her work spans live performance, dance film and site specific work, and often incorporates working with multidisciplinary collaborators across theatre, circus and live art.

Lizzie's works TO SUIT, MILLIONFISH, DANCING WITH MY DAD and FAWN have been presented and screened nationally and internationally to over 69 venues, and have been supported by partners such as The Place, Dance City, Yorkshire Dance, Wellcome Collection, Channel 4 and Tyneside Cinema.

Within her own work, Lizzie regularly works with non-trained dancers - with Charlie Dearnley in TO SUIT, her Dad in DANCING WITH MY DAD and Luca Rutherford in A REALLY SMALL DANCE, as a means of articulating a wider, more accessible reality within her work.

Facebook: [@lizzieklotz](#)

Twitter: [@lizzieklotz](#)

Instagram: [@lizzieklotz](#)

[lizzieklotz.com](#)

"Lizzie manages the balance of serious investigation and cartoonish fun in her work. You might not see it straight away, but she's an understated leader in the northeast dance community."

— Gillie Kleiman

"Care, humour and curiosity is embedded in what Lizzie does. She is committed to delving into subjects, opening things up and holding space for contemplation, and creates works that are as grounded as they are fantastical."

— Rosa Postlethwaite





Luca Rutherford

Luca Rutherford is a writer, performer and dramaturg making socially activist theatre that creates conversations inside and out of the performance space. Her work is entertaining and thoughtful, using humour and a sense of play to draw out meaning with a light touch.

Luca has collaborated with sector-leading artists, including Chris Thorpe on *LEARNING HOW TO DIE*, Paula Varjack on *#THEBABYQUESTION*, and Unfolding Theatre and Selina Thompson on *HOLD ON LET GO*. Luca is an Associate Artist of ARC Stockton, Northern Stage and Unfolding Theatre.

She makes work that explores, plays with, and questions the messy, confusing bits of living. Her first show was about death, her second about politics and her third is about sexual violence. But, she is not interested in making work that leaves the audience feeling flat. She is interested in the places we can have a laugh alongside big contemplative serious thinkings and feelings.

Her current show *YOU HEARD ME*, is being made in parallel with a public art piece *YOU HEARD US*. These are ARC Stockton productions, co-commissioned by Northern Stage, Theatre in the Mill, Cambridge Junction, The Albany, Battersea Arts Centre, Bradford Council, BBC, Tyneside Cinema, Naked Production and supported by Newcastle University, Cobalt Studios, Hull Truck Theatre, Derby Theatre, and Chloe Nelkin.

Facebook: [@lucarutherfordtheatre](https://www.facebook.com/lucarutherfordtheatre)

Twitter: [@lucarutherford](https://twitter.com/lucarutherford)

Instagram: [@luca_rutherford](https://www.instagram.com/luca_rutherford)

luca-rutherford.co.uk

“Luca approaches her work with such rigor and generosity - served up with a huge dollop of joy.” — Selina Thompson

“Luca has a performance style that openly invites the audience to consider the big questions alongside her, and brings them along willingly in the process of doing that.” — Chris Thorpe

Who is involved?

The Creative Team

Co-creators and Performers
Lizzie Klotz and Luca Rutherford

Sound Designer and Performer
Charlotte Bickley

Charlotte Bickley is a sound artist and DJ based in Leeds. Under the alias CARLOS her work focuses on experimental ambient and club sounds, DIY party communities and the power of melody. As a theatre composer and sound designer she has enjoyed making work that explores sex work, motherhood and post-apocalyptic queer resistance, and she is not afraid to get on stage if you ask nicely.

Dramaturg
Tanya Steinhauser

Currently based in the North of England, Tanya Steinhauser has worked in the arts in the UK and in Europe for 20 years both independently and with organisations as performer, director, producer, programmer, mentor and dramaturg. As part of her role with Yorkshire Dance, she was the UK dramaturg for Performing Gender, a 3-year European dance project on gender and sexual orientation differences (2017-19).

Movement Director
Stephanie McMann

Stephanie McMann is a dancer from London. She works predominantly as a performer with dance artists and makers, including long-term collaborator Roberta Jean (Mystery Skin), Theo Clinkard, Lucy Suggate, Julie Cunningham, Janine Harrington, Dan Canham, Damien Jalet, Hussein Chalayan, Seke Chimutengewende, Jamila Johnson-Small (SERAFINE1369), Sally Doughty, Joe Moran and New Art Club amongst others.

Designer
Bethany Wells

Trained in architecture, Bethany Wells is an award-winning performance designer working across dance, theatre and installation, with particular interest in site-specific and devised performance. She sees all her work as a form of spatial, social and sensory activism, and is interested in exploring what can be achieved politically and socially by the collective live experience of performance. Her work is grounded in a deep trust in the power of performance to move, shape and question our individual and collective experiences.

Artistic Advisor
Season Butler

Season Butler is a writer, artist, dramaturg (working mainly in Live Art, performative installation and alternative theatre) and a lecturer in Performance Studies & Creative Writing. Her recent artwork has appeared in the BALTIC, Tate Exchange and Latvian Centre for Contemporary Art. She lives and works between London and Berlin.

Lighting Designer
Michael Morgan

Michael Morgan is a lighting designer, re-lighting and stage electrics. In recent years, Michael's roles have included lighting design and relighting for dance and theatre on stage - and more current design work mainly consists of lighting for films including ballet LORENT's The Lost Happy Endings, ANIMALIA and Parade. Past re-lights include touring work by Ballet Lorent, Kneehigh Theatre and Aakash Odedra Company. Her current show YOU HEARD ME, is being made in parallel with a public art piece YOU HEARD US. These are are ARC Stockton productions, co-commissioned by Northern Stage, Theatre in the Mill, Cambridge Junction, The Albany, Battersea Arts Centre, Bradford Council, BBC, Tyneside Cinema, Naked Production and supported by Newcastle University, Cobalt Studios, Hull Truck Theatre, Derby Theatre, and Chloe Nelkin.



a really small dance

Who is a really small dance for?

We recommend it for all venues, but particularly those that programme or have an interest and ambition in programming dance.

a really small dance provides a hook into the work through the projected titles and subtitles, presenting a context for any audience member that needs one - without the feeling of being spoon feed.

The subtitles provide a nuanced complication to the reading of the title and the dance. Each audience member has agency over the reading and understanding of the various layers of the show and is invited to connect to the work with their own experiences, associations and memories.

Target Audiences

- Audiences interested in philosophy, mental health, mindfulness and self-care.
- Audiences with a joy of music and dancing.
- Audiences who are shy about dancing as well as audiences who are interested and activated in dancing.
- Existing theatre audiences with an interest in dance.
- Existing dance audiences with an interest in theatre.
- As identified by Audience Agency's Audience Spectrum, this show will appeal to Experience Seekers and Metroculturals.
- No age recommendation, although one song includes explicit language.

Wraparound activities

All activities are flexible, and can be tailored to your venue. We also offer bespoke workshops, should you have a particular interest in mind.

Lizzie and Luca have over seven years of experience as facilitators, having worked for organisations such as Headway Arts, Jack Drum Arts, Cirque Bijou, Unfolding Theatre, Curious Arts, ARC Stockton and Dance City's Centre for Advanced Training, with experience in working with young people, non-trained dancers, professional dancers, and learning-disabled artists, general members of the public, young parents, and primary school children.

1hr – 1.5hr class for professional dancers
In person or online

The class will begin with a yoga warm up - mobilising the body, and connecting it to the breath and mind. From here, Lizzie and Luca will facilitate an extended improvisation that draws upon tasks they have developed in the process of creating their new work: a really small dance, exploring visualisation, musicality and a sense of playfulness - which will be accompanied by a live DJ set by Charlotte.

1hr 'Thursday Night Discos' for dancers and non-dancers
In person or online

Lizzie, Luca and Charlotte - a dancer, a performer and a DJ - will hold the space for an hour of dancing to some banging beats. The trio will be there, not to lead any specific movement, more to provide you with a non-judgmental, anti-cool space - and to be a happy face and a moving body.

2hr artist development workshop for dance and theatre practitioners
In person or online

Lizzie and Luca would lead a workshop and a talk in which they discuss:

- their process and codes of working together
- how they approach a subject
- the complexity, joys and obstacles of cross pollinating between their different practices of dance and theatre
- complexity, joys and obstacles of making work about a subject that is simultaneously so tangible and intangible
- the workshop will be informal and relaxed, where exercises are rooted in radical tenderness

15 – 30min post show Q&A
In person or online



Marketing and audience development

We are open and keen to be in conversation with your venue's marketing team about the show, its potential audience, and how together we might best reach this potential audience — and in addition we can provide the following elements:

9 x 1-minute videos, with subtitles
[For an example: [CLICK HERE](#)]

A hybrid of dancing, animation and Zoom interviews, these fun, short taster videos show Lizzie, Luca and Charlotte talk about the feel of the work, the process and their collaboration.

1-minute trailer
[For an example: [CLICK HERE](#)]

A taster of the finished work with full production, and includes credits of co-commissioners.

1-minute invitation, with subtitles

A short invitation from Lizzie, Luca and Charlotte, including information on the venue, date and time, and an optional invitation to the post show disco.

3 x Instagram reels

Shot in portrait, these informal and down-to-earth videos are best suited for Instagram, and show Lizzie, Luca and Charlotte performing extracts of some of the dances from a really small dance.

1 x Spotify playlist

A Spotify playlist including music from a really small dance will be shared with the audience following the show.

An additional digital offer is in development, whereby we plan to engage directly with audiences six months prior to the performance through texts, emails or one-on-one encounters via social media. These will be friendly, engaging, thought-provoking.

For more

Please see [this Dropbox folder](#) for further images and videos of a really small dance.

What are the technical requirements?

Company 4 on the road
(3 performers, 1 technician)

Ideal playing space 8m x 8m,
including wing space, although the
work is flexible.

Running Time 60 minutes,
without interval

Get-In Same day from 9am with
3 venue crew (OR — with 2 venue
rew and pre rig)

Get-Out 2 hours

Lighting Full LX design available

AV 2 x Projectors (We tour with one,
and will need the other one provided
by venue and rigged FOH. We will
need to send video from the company
laptop DSR to projector FOH, and
venue will need to provide cable for
this.)

Sound We tour with a CDJ, with
phono left and right out which will
need to go into a DI box then to the
house mixer. We do not tour a DI box
or any sound cables.

Additional Information

- Grey dance floor @ ideally 8m x 8m,
depending on size of playing space
- 1 x Table @ approximately 2ft x 5ft
- 2 x Chairs

Are you interested in a really small dance?

If so, please contact Luca for more information:

07472 497999

luca.a.rutherford@gmail.com

www.luca-rutherford.co.uk

a really small dance is commissioned by Cambridge Junction, Northern School of Contemporary Dance, Spin Arts, Yorkshire Dance and The Place, and supported by ARC, Northern Stage and Dance City using public funding by Arts Council England.



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Are you interested in a really small dance?

If so, please contact Lizzie for more information:

07554 016634
lizzieklotz@gmail.com
www.lizzieklotz.com

a really small dance is commissioned by Cambridge Junction, Northern School of Contemporary Dance, Spin Arts, Yorkshire Dance and The Place, and supported by ARC, Northern Stage and Dance City using public funding by Arts Council England.

