Awaken Your Inner Wisdom Podcast

Cissi Williams



Entering the Womb Portal



with Eimear Stassin



I, AND WELCOME TO AWAKEN YOUR INNER WISDOM. I'm Cissi Williams and in this interview, you'll meet the incredible Eimear Stassin who's a sacred storyteller and earth witch. She shares openly and authentically about her current journey of descent into the darkness, where she's entering the womb portal. She also reads a very powerful poem for us called, "The Wounded Witch In Me." And then she very courageously allows me to take her on a mini journey into reclaiming her feminine power and magic. So, let's head over to this interview now with the amazing Eimear Stassin.



Cissi

Hi Eimear, thank you so much for coming. It is always such a pleasure connecting with you. We've actually been sitting here chatting for quite a long time before we started this more formal interview, and obviously what you're gonna share is such an important topic. So thank you so much for being here today.



Eimear:

You're so welcome. I'm on my tenth cup of tea. Thank you for inviting me here.



Cissi:

Thank you so much for coming and for connecting and for sharing.

We have obviously been connecting quite a few times now. And I love it.

And I've seen your journey. I've seen how you said yes, and how it is a journey, as it is for all of us. Our topic was going to be about descending into the darkness, into kind of the womb portal, and it will be that topic, but it will also start to transform into something else. But if we start with that, what does that mean, to descend into the darkness, entering that womb portal? What does that mean for you?

Eimear:

Yeah, so thank you, and when that topic came through, it was like, I didn't want to share that topic with you, or go there. And the Cailleach witch is a very present ally for me, and I can actually feel the heat rising within me as I call her in and her energies. And it is, it



with Eimear Stassin



is She who walks with me and invites me to go deeper on my journey. And that's part of what we were talking about, it's where I am on this spiral journey for me, is to go to the places where I have avoided for lifetimes, I imagine, and to turn towards the darkness. Because I love being in the light, I love the love and light. And we've got to have the balance to be fully in our power. So I'm being called to go deeper into the dark portal, and to be here in the womb, to connect with my birth through the womb of my mother and connect with the birth of our cosmos through the womb where we have all come. So I'm being called to gestate, it's like a reverse birth, is that what they call rebirth? To return to the womb, to feel the safe enclosure of the saline waters of the womb of the mother and to learn and trust again, that I can sink back and fall back into this safe, safe space to trust that again. Yeah, that's what it means. I didn't know any of that would come through. But that's what it really means in this moment.

Cissi:

03.44



Yeah, absolutely. Absolutely. And what is so beautiful with that, is that there is a real love in entering the sacred darkness, in entering, I see, I feel it as if it's entering the loving arms of the Dark Mother, and how she holds us in that compassionate embrace, as we let go of our old selves. And all of that is beautiful, and there is an incredible trust in there, and it is amazing. And at the same time the mind freaks out because the mind goes, "what do you mean? What do you mean I have to enter into the darkness? I like to be in control, I like to hang around at the surface level, you know, I got a life to lead up here." And can you share a little bit of what's happened for you in the aspects that your mind had to actually let go of, in order for all of you to make this journey of descent?

Eimear:

Yeah, yeah. Well, I'm taken to a time last year actually, when the Cailleach Witch came in really strongly for me, stronger than ever, because she carries some force with her. And I had already been walking with her for a number of years when I'd had my witch awakening back in 2020. But I felt this, it was like, I was in a half dream state. So already my mind, that is so active, was given permission to relax. And the Cailleach opened up this portal, which became a vortex, which was spinning, and I was being called into this vortex. And the amazing thing was, I'm so visual, it's really my sensory preference, and for this, I could feel it. It actually gives me



with Eimear Stassin



chills, that I could feel the suction of being pulled in in the kindest of ways into this vortex. And I felt like I was being brought into the umbilicus to be reborn. That it's, "come with me, come with me. Now it's time, you've done all the other stuff. This, it's important, that's part of the journey. Now is the time to join me in this space of the darkness."

And I was brought to these places beneath the earth, some magical, some not magical at all. Sometimes I'm kicking and screaming and screaming, "get me out of here," like you were sharing. And other times I'm trusting more and more to look at the places where I need to heal. So there's the mind and that, I was sharing beforehand and my throat, I love a story, I love a story. And at the same time, it's that invitation for me to relax my mind. This isn't about the story right now. This is about healing, what needs to be healed and held within the sacred Crone Mother hands of the Cailleach Witch, and all those who wish to support this transformation at this time. So, it's very visceral and very embodied, and that's where I'm being called to go into the body, which is the place where I've avoided so well for a lot of my life.

Cissi:

07:32



Yeah, yeah. Cause you were sharing, for example, you teach the witches wheel, that starts at Samhain and then journeys for the year. And that you're not going to teach it this year. And as soon as you said that I knew, because I recognize that, that when we are teaching and sharing this deeper medicine, this deeper magic, we are at times being called to step out from that teaching, to instead journey deeper and deeper and deeper, transforming, healing, and awakening a much deeper magic and medicine and power that we hadn't connected with before. So that then for the next time we step out to teach, this is now the potency, this is now the magic, this is now that power that is coming through. And it can be really scary to do that, especially if, I know I shared with you before, the first time I really stepped away was in 2019 when I decided I wasn't going to teach that year. Well actually I didn't decide, they decided for me, but I realized I was not meant to teach that year. And, so from the autumn, I didn't teach. Instead, I went deeper on my own journey. And a month later, I had a heart attack. And then a few months after that we had, you know COVID 2020. And obviously, it was divinely guided that I was gonna step away, but throughout that year, I awakened something so deep within me that I was forever transformed.

And that is then what I later started to teach and share. And now I'm on another year of having a bit of a breather from teaching. I just teach Seidr this year. So, it's like allowing myself to weave in these times of pauses, which are actually times of



with Eimear Stassin



journeying into that cauldron. Whilst when I lived more from my head, it was just go, go, go, go, go, go, go, go, go, go. There was never any of these pauses in there. And I feel that's exactly where you're at. That you are being called to go into one of these pauses. This deep cauldron of the feminine, of the body, to start to look at, feel what's there. And, of course, I feel that many of us have escaped feeling in our bodies and instead gone into our heads with the love and light. Because we felt it was so much pain that we carry in our bodies, our own pain, ancestral pain, collective pain, and you're probably being called to start to heal some very deep, deep wounds held in your Celtic roots.

Eimear:

10:41

Yes. And what's coming to mind, it feels like it's the Great Purge.
Yeah. To allow all of this to purge through me and yes, it's, it can be scary, and the business side goes, let's repeat this journey for the next 12 months. You know, race ahead, gallop ahead, gallop gallop gallop, stop! Whoa! Suddenly the horse rears and goes no, no, you're not going on that path. Why not? Why not, you know? Money, business, leave me alone. I didn't sign up for this. "Oh, yes, you did" ...and then she steps in, a little reenactment there of how myself and the Cailleach commune to each other. And as you were speaking, the deep feminine power, a friend of mine said the other day, the Cailleach is your shadow. She's the power that you're afraid of, that you're resisting. And like, wow, yes, that makes sense.

And the, you know, for me, she isn't afraid of the dark, because she has spent all her life there, a lot of her life there, and also being cast out, been suppressed, being called names, being put in these cold arctic places, because society didn't want her. She wasn't the normal archetype of a person that we want in our society. And all of this is part of me as well. So it's inviting...she doesn't even need to be invited anymore, she's here to go now. Our world needs this energy, as you said, for these wombs within to begin to heal and be dissolved and witnessed as well.

Cissi:

12:46



Yeah, because that is such an important part, that the moment you witness, they will already start to heal. But we can't heal unless we're willing to witness. So, when we journey in one of the ways that we can protect ourselves is that we go into confusion, we go into fog, it might actually be a fog in there as well, when we journey in and say, "oh it's foggy, I can't see anything." And one of the things I share with my students is that whenever you are in a place like that," oh, it feels like nothing." So the mind goes,



with Eimear Stassin



"oh, there's nothing here. I can just journey on because it feels numb." Or another one many of my students do, they go," Oh, it's a beautiful ice landscape here." And I go, well, there might be something that's frozen, "oh it's very beautiful." So again, it's the mind. And when you instead go, "I'm willing to see, I'm willing to witness. I'm willing to see, I'm willing to witness. It starts to reveal itself to you because you're willing, at that deeper level. And as you start to witness it, more and more reveals itself how it's been held together. And it's amazing. That's when you actually see a different story, but it's that underlying deeper soul story that is not from the mind, but that deeper patterning to see how it's linked together. And so it starts to now come up to be heard, transformed, heal, through you witnessing what is there. And, I do feel so strongly that's exactly where you're at, at that threshold of going into another deeper layer than you've been before. Because you know what an amazing awakening it was for you, initially with the witches awakening, but it doesn't just stay there. It's, you really are being called to go deeper. So, would you mind sharing with those that are listening to this, because many of them are at that threshold, what is active within you in that place? And how do you, how do you find the courage, the willingness to continue your descent.

Eimear:

15:28

Courage absolutely is the word. So, my head says I wouldn't go there if I didn't have to. And my heart and soul and womb, because I know, I know I've contracted to honour and do this work in this life. I know that the more and more I show up. So, it's like a, there's no negotiation anymore. So I keep seeing, like, I've been walking around with this blindfold on, and that's, that's gone, that's gone now. So, it's having that courage to remove the blindfold, or it will be removed for you. And being on this path, and I'm now over here, and it's like, whew, it's like a whole energy shift of going this, here, stay here, no more running away and look at this. Understanding what you've shared that through witnessing that is a huge part of the healing journey. And also having guides in the multi-dimensional realms, and also here. Oh, such as the work you do, and the support you are Cissi and other healers that I go to as well. I feel it's the age of the healer now, to support this purging work that those of us who know we're here, to participate in, are doing as well. So, it does take immense courage, strength and also a spaciousness, having that spaciousness to be taken, to be guided to these places. Because I've gone to past lives where it gives me chills, like it's not pretty. It's like the ice and what lies beneath the ice. You know, it's, there's a lot of trauma as you mentioned before. And I come from Ireland, there's a lot frozen and stuck in the



with Eimear Stassin



land. And then that knowing that, I had an amazing session with one of your students who connected me with my fire, my emerald green fire dragon. And knowing that I can, I am that fire dragon when I need to be. And that through breathing out fire, I can thaw that ice and these stuck souls, the fragments can begin to ascend and return to the light again and heal. And that we all have this power. So, there's so many different aspects, and it's a willingness to shift our trajectory or it will be shifted for us. And to, to look and to hold that. Yeah. There's a lot there.

Cissi:

18:37



Yeah, absolutely. And the image that comes up for me is that when we have said yes, and you have said yes to, you know, to healing the witch wound, which is the wise woman wound, which is, you know, that wise, wild, feminine power and magic within us. And how it was vilified, suppressed, abused, killed, all of that for such a long time that we really have, you know, locked it inside, put it on the chain and lock, frozen it within us so that we couldn't connect with it. And then the separation between the feminine and the masculine, the mind and the heart and all of that. And we see in the outside world, the insanity that is taking place, and it's like weaving and spinning just from that split energy from the split mind. It's not working anymore. And many of us have been manifesting from the mind in the past. I know you also have healed your mind a lot. I've spent 20 years actually healing my mind. And we needed that. But then once we said yes to her, she sneaks up on us once we've said yes to her, that way of manifesting no longer works. We can't manifest from the mind; she lets us do it for a little while, and then eventually she goes, "no, you are going to come deeper now, because we have all these strands here, all this web here, in the lower world, the underworld that is really, really infected and wounded and traumatized. So, I have to have you down here." You know, we have to journey down here, be the priestesses, midwives, healers, shamans down here, the wise women down here to witness it through us, to heal it through us, to transform it through us. And then to take this new health, vibrancy, potency, and magic, all that feminine wisdom up and then spread it in the world.

And that's kind of what we've been called to do. And we can feel our resistance going down, which is the mind freaking out. Because of all the previous, you know, we were killed in the past. We lost our babies in the past, we experienced horrendous things in the past. And yet, we continue to journey down because she is calling us, and you can feel that. And as you say, then when you're down there, you realize I got so much



with Eimear Stassin



support here. I'm not on my own, we are thousands journeying in. Thousands. But the time is here now, to do it. And as you say, it's giving yourself the spaciousness, because if you're too busy up here, with your business with all of that, you can't journey down to that depth. At least that's my experience. It's like when I tell my students, some of their homework is that they have to do journeys on themselves. And I say to them, you can't expect yourself to do a deep journey on yourself if you only set aside half an hour, you know. You need to set aside a whole morning. So you have that spaciousness to just go into it fully. And also, then to realize that you are your only client that day. So that you give yourself time to process afterwards. And that's kind of what you're doing this year, you are your client, you are your student for this year now. To really go! Imagine the depths you'll go to.

Eimear:

22:47 Yea

Yeah, it's interesting as well, because normally these months are my most creative. So that's, you know, where, where I start the projects, or I do a summit or, you know, I used to think, oh yes, I'm a December birthday, so that's the birthday. And this year, it's so different, because none of that is happening. And what I would say to people is you might find as well that suddenly you feel, you wonder where your creativity is gone. So I'm like, there's nothing... nothing seems exciting. There's nothing happening. Other than sharing, to be honest, and speaking, speaking it through. And the other thing that I realized as you were speaking, but I had that witch awakening in August 2020, and oh, what an amazing experience. Oh, what an amazing story to share. It's, for me the witch wound was my throat chakra. So that's where it came to my conscious awareness initially. So what I realized as you are sharing, it's like this descent. So it's a descent for me through the chakras. And I've always been like, no, it's ascending up and out to the light. This is going down and it's going down to my heart, solar plexus, womb and root. I can feel it, really, "no, no, no, you're not feeling it enough. Feel!" That's where I'm going. Oh my goodness, that hadn't come to my awareness yet.

Cissi:



Yeah, yeah. It is so beautiful. Obviously that Cailleach is coming with a whirlwind, she's a vortex. "You are coming down with me my daughter, you are going." Because you said yes. You have said yes to her, and it is so amazing, again, when we suddenly witness that that is what's happening. We go wow, that's really cool. Because sometimes when you're in it, it really doesn't feel cool. It just feels overwhelming.



with Eimear Stassin



You have all this stuff come up. I actually had this chat with one of my teachers, and we were swapping sessions. And we had amazing sessions that were really deep. I'm really working through really deep stuff on the mother wound in me at the moment. And then, you know, we connected a few days later. And she asked me, how are you doing? And I'm like, Yeah, I am, you know, I'm processing. I'm processing, I'm letting it unfold.

And she said, wow, that really helped her because it helped her to not feel that she was falling apart to instead recognize it's unfolding. It's an unfolding, it's a, it's an allowing the process to take place to unfold within you. Rather than the feeling of, "I'm falling apart", which is what the mind will do. "Oh, my God, you're falling apart. You're such a mess." No, it's an unfolding of a much deeper, deeper wisdom, and medicine and magic for you, for me, in that process that then I have been able to connect with before.

Eimear:

26:04

Yeah, that was powerful. And it's like, we're being called back to our origin point. And once we wade through all of this, where we've been brought back to this origin place, that place of purity, of pure power, that we're being invited to remember and to awaken within us again, and that is such an unfolding. I love that word. Yeah. Yeah.



Cissi:



Yeah, yeah, me too, actually. I really love it, the feminine really is an unfolding for me. You know, you can't, you just have to let her take you. There's no planning, kind of controlling, it really is an allowing, an unfolding and a feeling in your body, in your being of that, there is no disconnect in it, you just have to be in it. And it's very healing. What I've also found in that what really surprised me when I went into this path is that it really did help to awaken my own ancestral wisdom. I had searched for wisdom outside. And suddenly it's like, it's in my bones, it's in my DNA, it's in my blood. And it was extraordinary to really feel that power and that magic within us and to see with my students, how they awaken that within them from all the different ancestral lineages. And obviously, it's the same source, but it's coming through. So, how has that been for you to awaken that Celtic power and source of magic within you?



with Eimear Stassin



Eimear:

28:00

It's been amazing. It's been amazing. And that's been so layered as well. So, it has started in the light for me, and that deep connection to the land that I'd moved away from. So the stories and the myths have been very beautiful and reconnecting with the different Goddesses who I called the witches as well. And also going, it's been a pilgrimage as well of going to these places on the land and standing there and allowing the story to resonate and sing through me. And as the more places I was going, the more I was realizing by there are the myths, which are beautiful, sometimes tragic, and horrific, and then there's my experience as I walk these lands, and they've begun to not match up. If that's the way I'm saying it. So I'm being called away from the Myths and going, what is it? What's your story here dear Eimear? Your story of your ancestry that only you can bring through? And again, that's an unfolding because my head goes, what is it then? You know, can we have five steps of Eimear story, and I'm living it, I'm living it. And that's been really beautiful to go and connect with that magic and the density of the land. Yeah, yeah.

And that journey, I go where I feel called, you know. I live in Scotland and then I go home, Ireland is still my home, as and when I do and visit different sacred sites. And that's beautiful. It's healing our bodies, healing with the land, and with all the support that is available. So I love that and it's also very reassuring. You know, when you're sharing, it's in my blood, it's in my bones. Because again, the Cailleach for me, she is the bone mother, she created us all. And therefore, yes, it's all here. This is the vessel, this is the temple. Wow. So how am I going to take care of this now? For all this healing, who to happen through me? How am I going to nourish this vessel, dress this vessel for this healing to happen?

Cissi:

Beautiful, beautiful. You have written a poem. Would you mind reading it for us?

Eimear:

I would love to read the poem. This poem is called, "The Wounded Witch in Me." And it's fresh off the writer's block. I wrote it just a couple of weeks ago.

Continue overleaf to the Poem...





with Eimear Stassin



The Wounded Witch in Me

"The wounded witch in me is very real. She's alive and here today. And unless we address her, she's here to stay. Channeling demon entities one by one. And playing out the drama, with patterns of behaviour of how things have always been done. Turn around the mirror, she says and take a good long look. Is there a wounded witch in you? There's also feeling hurt. Please stop tearing down your brothers and sisters, your path is yours and theirs is theirs. And we meet in the middle somewhere in this divide. Witches, wizards, pagans and druids whatever path you choose, were all in this together. Forging on, walk in the spiral, New Earth. Here we come. And here we are. Sacred economics, this witches wage unique to each one of us. And there's space for all of us to have your say and do not hurl your abuse my way. Loaded with assumptions, dripping with judgment, justifying your demands as if I'm a pawn on your checkered board. I am walking this path alongside you, and I feel your pain. But I do not need to explain myself. The projection of your wounds onto me is like a fist in my gut. So I see you, demon entity, that's taken hold. Parasites and entities are seeking carriers you know, this unaddressed wound is where these parasites can get in.

So let's shine that light on all of who we are today. The wounded witch in me heals these wounds, one by one. She recognizes her perfect imperfections, lifting the veil to witness all that we've become as a collective society, our struggles and our pain, trauma repressed, unexpressed rage, she rises out of 3D density. And she says, "do you know who I am? I'm Eimear the tar and Queen. I'm alive and leader emerald fire dragon. I am holy daughter of the Elohim and I have lived many lifetimes in the underworld. And now I am resurrected and redeemed. My covenant is pure. My path is peace. And my mission is to restore humanity to our own homegrown Garden of Eden. So, I hold the torch to ignite the way and now is the time to lay down our armour. Remove these shields and open our hearts to let the light stream in. I really don't wish to fight. We really are all one. And it's hard to speak with you when your words are so loaded. But I see you, will you see me? Will you listen to my words as I share them here today? Will you feel how they moved through you without doling out the blame? Stop lashing out. Go within, kindness wins. And if you don't like this message then please pass on by. But take a moment to check in with the truth that lies within your heart, soul and womb, within your body temple, your temple of truth. For how I do my work is none of your business, unless you're rising with me as one of the to her. Yes, angry words do hurt, for I am the creation queen. I co-created the 12



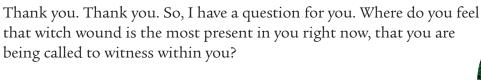
with Eimear Stassin



root races. I dreamed you into being one by one. So do not turn on your mother. She birthed you, you know. Let the infighting go no further and look up towards the Sun. I've traversed many dimensions to be with you today. So let's get serious, it's time to play. I come from the galactic sun to shine cosmic light onto your golden truths. So, the wounded witch in me bows to the wounded within you. And the wounded witch in me, now she sees. Thank you, demon entity. Now please be gone." Thank you.

Cissi:

37:02





Eimear:

Ohhh, actually I feel my throat burning after reading those words and I also feel this tension in my belly.



Cissi:



Yeah. If you tune into that, if you drop into that, what is there in that burning in your throat and that tension in your belly? What is it? As you feel it?

Eimear:



Yeah, that's repressed energy. That's what I'm afraid to let out and it's like, it feels like this conflict within me. Of being that powerful being and being the wound.



38:32

So, if you drop deeper into the wound, drop deeper into the wound, really feel that wound. What is here? As that is rising within you to be witnessed.



Sadness is what came, an emotion.



Cissi:

Drop deeper, drop deeper. I can feel it in my throat. I know you're there, so drop deeper. What is here for you?





with Eimear Stassin



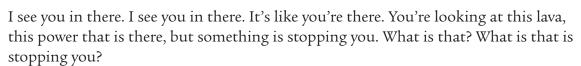
Eimear:

It feels like there's a bubbling, molten lava, power source. Yeah, it's like molten lava.



Cissi:

What else?



Eimear:

Yeah, oof, I'm seeing a serpent actually.



So, turn around, look. What is here? What is that? You're doing great... What is here?

Yeah, I feel it, I see it.



Eimear:

That's my power.



So what is it that's blocking you, stopping you from connecting with your power?



Wow... it's like I don't feel like I'm worthy of this power or strong enough to be this powerful in this life.

Cissi: Yeah, what else?

Eimear: It's like I don't want to be consumed by it...it's gonna take me over.



40:58



with Eimear Stassin





Cissi:

Yeah.

Eimear:

I'll become... I won't be Eimear anymore.



Cissi:

And how do you know?



How do I know? How?



Cissi:

Who says you won't be Eimear anymore, that you will be consumed by this power?



Eimear:

That's my mind, that's little me.



Cissi:

Can you sense how it's like these stories spinning, and how it's stopping you?



Eimear:

Yeah, and also how my body contracts and tenses. And this power I thought, it wants a spaciousness to flow. Lava needs to flow and go somewhere, or it'll explode.



Cissi:

42:04 Yeah. When it can't go into you, where does it explode to?



Eimear:

Feels like then it becomes pain. I can actually feel my right knee becomes pain in my body. And my throat, it's gritty. You know, it's like the words then don't come out right. Or it's like...rawr!





with Eimear Stassin



Cissi:

Yeah, so as you're here now, with this power, if you tune into the power, what is the quality, the essence of this power, this lava... that wants to flow into you?



Eimear:

It's, its creation. It's source.



Cissi:

So, if you were to allow yourself to be taken over by this creative force, this source, how would that be?



Eimear:

Yeah, I can feel it. It's like I feel like this serpent is beside me. And I can feel an opening. But then it's like my head is like "ow", yeah, like my head isn't used to this power.



Cissi:

Is there an aspect of your head that mistrusts the power?



Eimear:

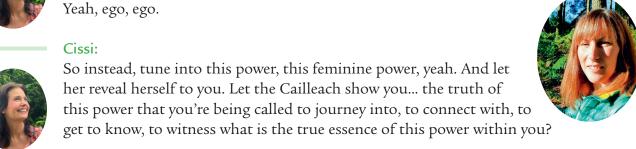
Yeah, yeah. It's interesting. It's like yeah, cause then I'll need a bigger head and then I'll be big headed.

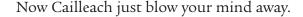


Again, you can feel the stories that keep spinning.



Eimear:







with Eimear Stassin



Let her blow, blow, blow. Let her take you into the that whirlwind, deeper, deeper, deeper, deeper, into your body, into your bones, and let her reveal to you through your bones, through your blood, through your soul's knowing, what is the truth of this power, this lava, this fire that is yours.

Eimear:

Wow. I feel like this utter calmness has come over me. Like this is the center of the storm. Like the vortex is spinning around me and I feel like this calm descending over me. Actually, feel quite like, woah.



45:35

Cissi:

So what is it that you are being called to change here for you?



Eimear:

I'm seeing that serpent. It's like speak like a serpent, like allow this...yeah, shed the skins. Allow this voice, this true voice to come through.



Cissi:

Yeah. So can you do that now? Can you allow yourself to shed, shed, shed the skin? Shed, shed the skin?



Eimear:

It's already happening. Yeah.



Cissi:

Shed it more. Shake it off. Shake it off. Shake it off. Really let that just slide off, and let yourself be infused with this power that is yours. Let it flow inside. Cause it's already yours, you're just allowing yourself to welcome it back home.



Eimear:

47:27 Wow, it's like a lava creates this, opens up the portals of space. Because my body, it's opening up this spaciousness for this power to emerge.





with Eimear Stassin



Cissi:

Yeah, and just settle with that, breathe with that. Just tune in to... feel the Cailleach. What's her message here for you?



Eimear:

Do not fear me.



Cissi:

So how can you be instead?



Eimear:

Be... be the power! Yeah, like she's gifting... she is the gift of the power!



Cissi:

Yes!



Yeah, yeah. Beautiful, beautiful. And as you feel that, and hear that, and embrace that, notice what happens with those old thoughts?



Like they're being blasted out. They don't matter. Oh my goodness they don't matter!



Cissi:

Good. Now let her rise, rise, rise more within you, even more, even more. And then when you're ready you can open your eyes, speaking and seeing through her source within you.



48:29

Yeah. So interesting isn't it, when we journey down, and we start to witness here. Then you could so easily see your mind is like doing this little dance and all the stories around it and the beliefs around it and all the ways that we stop ourselves. And then once you realize the source is good, it's a good one! And as you say, "no, I'll just become bigheaded", it's like all these crazy stories.

And then as you allowed, for you it was the Cailleach, for others it might be Mary Magdalene or Freya or Hel or Kali or whoever that we work with. Or our soul, or our



with Eimear Stassin



guide or whatever, that helps us change our perception. And as that old perception just goes, we can embrace that, awaken that, allow that, that was always ours.

Because that's the thing. It's your life force, it's your magic, it's your power. And the head goes, no... I don't know about that.

Eimear:

50:35 My thought is like, I need that spaciousness, of course. I could really feel that and see it and that the space for this to flow and unfold.

Cissi:



51:44

Yeah, yeah. So, thank you for sharing that. You're very courageous, very brave. So for those of you that were listening to this now, that was just like a mini, mini, mini shamanic journey that we did, it kind of lent itself to that. And I'm sure many of us recognize ourselves in that journey. So, thank you, Eimear, for sharing your journey with us, for sharing your heart and your soul's wisdom and journey and just healing. We will heal together. So, thank you for stepping into that and sharing your path of healing the witches wound within you, within all of us. Thank you.

Eimear:

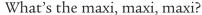
Thank you. Thank you. And yeah, I knew this conversation, that it would take us where it needed to go. So, thank you for guiding that so beautifully. And I feel so different now to when we started. That's really,... if that's a mini, mini, mini.

Cissi:



That's a mini, mini, mini.

Eimear:



Cissi:



Normal Shamanic healing sessions are two hours.

We spent maybe five minutes. So that's a mini, mini, mini.





with Eimear Stassin





Wow, so powerful. Thank you so much.



52:19 Thank you. Thank you. It's so important that we share where we're at.



And I think sometimes the misconception is that, you know, this journey is easy, and we just do it once and then we're done, then, you know, then we just keep on sharing that. And that's not her path, at least in my experience. It's a spiral. So we spiral and then we share and then we've been called again to spiral and then we share and then we are called again to spiral. And it is a spiral. So thank you.

Eimear:

Yeah, and let go of the old stories. That's what's coming through really strongly. Let them go. And the new is emerging.

Cissi:



Yeah, so you're weaving a new story into being. Thank you.

To find out more about Eimear and her inspiring work, visit eimearstassin.com

