Essential Numbers



General Assistance



24/7 help connecting with everyday needs (food, rent, utilities)

2-1-1





Shared-ride service for people with disabilities & 65+

412-562-5353

Allegheny Link



Assistance with housing, aging & disability resources

866-730-2368

PA Medicare Education & Decision Insight

Counseling for Medicare. Medicaid & long-term care

800-783-7067

Older Adult **Protective Services**



Reporting abuse or neglect of people 60+

412-350-6905



SeniorLine



Info on in-home care, transportation, senior centers & more

412-350-5460

Social Security Administration



Retirement, disability & Medicare benefits

866-770-<u>2965</u>





Always dial 9-1-1 in an emergency

9-1-1