

Hill & Lake Press

'Where the biggies leave off...'

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Published for the East Isles, Lowry Hill, Kenwood & Cedar-Isles-Dean Neighborhoods

Volume 48 / Number 8

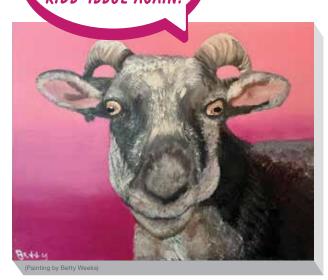
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August KIDS' ISSUE 2024

EWE WON'T BELIEVE IT! IT'S TIME FOR THE KIDS' ISSUE AGAIN!

A PROLOGUE TO THE KIDS' ISSUE

By Jackie Brown Baylor, Parent Editor





Newspaper Camp at ARTrageous Adventures (Photos by Tim Sheridan)

Jackie Brown Baylor is the parent editor of the Kids' Issue and a Hill & Lake Press Board Member. She lives in Lowry Hill with her two kids and husband and is a published author of a children's book, "Dalia's Make a Difference Day."

This month, we decided to go "old school" with the Kids' Issue. That's right — back to the basics — with paper, scissors, paste and whiteout.

Our editor, Craig Wilson, and I were inspired to do this after we were invited to sit around the kitchen table with Susan Lenfestey and review old Kids' Issues from the '70s and '80s. They were so original, organic and unconstrained by digital software.

When the opportunity presented itself to partner with ARTrageous Adventures, an art studio in Kenwood that focuses on extracurricular art education for kids, Craig officially decided to drop the usual digitally laid-out format.

This approach gave the kids a more holistic education in what it takes to put a newspaper together: curating stories, making decisions around spatial constraints, editing, reserving space for advertisers, and

Unlike in the past, kids nowadays are less familiar with print, and we had to help them understand how to "read" a newspaper and work in analog. ARTrageous made the whole process much easier with their expertise in inspiring kids to creatively problem-solve during "newspaper camp."

Hill & Lake Press staff members, including columnist Susan Lenfestey, advertising manager Barb Davis, photographer Tim Sheridan and editor Craig Wilson, visited the camp and spoke with the kids about their roles in putting the paper together every month.

We received our Kids' Issue submissions from our local drop site at Sebastian Joe's, digitally and the ARTrageous journalism camp. Our Kids' Issue would not be

possible without this broad community effort, incredible talent and time.

We couldn't be happier with the results! Special thanks to Amanda Vallone and her staff at ARTrageous, Hill & Lake Press contributor Karin Olson, Hill & Lake Press Board Member Brian Lucas, Sebastian Joe's, the Uptown UPS Store, and Hill & Lake kids and parents for their hard work, creativity-and passion.

We hope you enjoy this very special edition of the Hill & Lake Press highlighting the talent of our local kids!











Hill& Lake Press

Founded in 1976, Hill & Lake Press reports community news and events, educating and informing our neighborhood community members about issues of the day. Views expressed are not necessarily those of Hill & Lake Press.

HILL & LAKE PRESS

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Interested in advertising? Contact Barb Davis at barb@hillandlakepress.org. To donate to Hill & Lake Press please visit www.hillandlakepress.org

LETTERS TO THE EDITOR



Our goal is to offer readers diverse perspectives on newsworthy events or issues of broad public concern to the Hill & Lake community. Our copy limit is 300 words and we reserve the right to edit for clarity and length.

Thanks to Susan Lenfestey

Most of our "doorstep" material ends up directly in our recycle bin but not the Hill & Lake Press! I think of it as a rare paper; one that is up to date on the issues we care most about in the neighborhood.

One voice I always appreciate reading is Susan Lenfestey's—whether it be her hilarious April Fools' day horror scenarios (!) or the more serious recent opinion piece from July's issue, "Everyone is Entitled to My Opinion: The Happiest City." In this piece she clarifies and articulates the recent vote on crime and police raises, while calling on elected official members to vote and act responsibly. In addition to the article, there is a bullet list of "Things You Can Do."

Her writing is always well researched, intelligent, at times sardonic, and poignant. We all benefit from her many decades of living in the neighborhood, her deep dive into issues, and her caring about our community.

As a person who has lived in Uptown and in Lowry Hill for over 40 years, I also love this area. Through many changes and very dark and difficult political times, I will never give up hope. Susan has a clear voice in this time. Thank you, Susan, and Hill & Lake Press.

Randi Hellman Lowry Hill

Response to SWLRT Bryn Mawr Station Editorial Last Month

A bit of historical/political context on SWLRT in our neighborhoods: The placement of stations between 21st Street and Royalston Avenue (Farmer's Market), including the stations Craig Wilson visited last month in his editorial "Where We Are Now," have little reliable passenger catchment area.

It will only be if Metro Transit sends bus routes into them that there will be much ridership. My understanding is this is planned at Royalston, but unlikely at the other stations, though 21st Street is the most likely of the remaining three. The two stations deep in the freight rail corridor - Bryn Mawr Station and Bassett Creek Valley Station — that Craig visited exist because deleting them would have further drained support for the line in the Minneapolis City Council. A major "selling point" to Minneapolis was connectivity between North Minneapolis and suburban jobs.

Serving, or not serving, parts of North Minneapolis have proven very difficult hurdles for planners of the shape-shifting Blue Line extension because stakeholders have both objected to the disruption the line would create and the gentrification it might engender, but also objected to the line's absence. With transit, the political establishment always wants it both ways.

Our neighborhoods were, in hindsight, justifiably concerned about the impact of running the line through parkland, but if had SWLRT been routed through the Greenway and up Nicollet, as many advocated for, rather than through the desolate freight rail corridor, would it not have presented a whole other array of negative impacts that would have angered the communities impacted? There is no way to build these lines without a lot of mess. Unfortunately, the mess here has been excessive, and mistakes were made.

That said, SWLRT was never a transportation solution for the city, it was a commuter line for the SW suburbs, plain and simple. Whether work-from-home and rider safety/comfort issues cause those stakeholders to abandon it before it proves its utility is the next question.

Adam Platt Kenwood

Proposed Homeless Shelter in Uptown Needs Vetting

A new medical respite center has been proposed at 918 W. Lake St. by Lakeshore Care Inc. on the corner of Lake Street and Colfax Avenue South. What is a medical respite center?

These facilities provide non-hospital-level medical care for folks experiencing homelessness. Imagine you had an outpatient surgery but needed to rest and relax for several days afterward. Surprise, it turns out

health outcomes are better when people are sheltered. Is it a homeless shelter? Yes, but with a particular goal and clientele.

The proposal has been met with much community opposition. In the last four years, homelessness, drug use and violent crime have all increased in Uptown, and having a space for unsheltered people has been documented to have impacts on surrounding neighborhoods.

I was raised to help those less fortunate. As I've grown up, I've learned that we must harness our goodwill intentionally to set projects like this up for success. And that's what worries me about this proposal.

When I inquired at various levels of government about the proposal, no one had heard anything about it. Neighbors have asked for more information or to have a forum, but as of July 21, nothing is scheduled. The community does not know if substance use rehabilitation is a component of the facility, and the fact that the application did not even mention the vulnerable population it will be serving gives me pause. We don't know who is funding the proposal not the county — and all we know of Lakeshore Care Inc. is that it was formed in 2024. It does not have a

We are doing no one a service when we approve a facility without proper transparency and community engagement. The website www.end-homelessness.org recommends best practices for medical respite such as "generating 'buy-in' and engaging with... community programs".

The City of Minneapolis Planning Commission meets on August 12 to discuss this project. Please consider reaching out to city staff at lindsey.silas@minneapolismn.gov or Planning Commission members asking that the public be given more



Early morning visitor to the Cedar Lake Park Association Native Wildflower Meadow restoration at South Cedar Point (Photo by Mark Schmidt)

information before the project is approved.

Paula Chestley East Isles

Vibrant Storefronts Opportunity for Uptown and Beyond

Calling all artists and arts organizations! The Arts & Cultural Affairs Department with the City of Minneapolis is so proud to announce the Vibrant Storefronts initiative that will provide funding to subsidize rent and resources in vacant storefronts. Right now, the pilot program will help reinvigorate the Harmon Place Historic District in Loring Park with the goal to support creative opportunities and increase vibrancy, innovation and sustainability. By investing in our community's endless creative intelligence, we can re-imagine and inspire our city through arts and culture.

Vibrant Storefronts will ensure stable tenants for property owners and furnish essential space for the local creative community. The physical spaces will help artists workshop, develop and present their programming and artmaking to the public and build community.

Competitive applications for the Arts & Culture Vibrant Storefronts Initiative will be accepted on a rolling basis in one or more rounds (depending on funding and space availability) starting July 26. The first round of applications will be accepted through August 30, 2024. Multiple applicants can "cluster" together to maximize collaboration and space utilization. The program offers awards up to \$50,000 per applicant. Individual artists or artist groups/ teams with professional artistic resumes spanning a minimum of three years or arts/culture service organizations that can demonstrate a minimum of three years of programmatic history may apply. Applicants from all disciplines, including visual, performing, literary, media, culinary, digital and public arts, as well as design, craft and non-traditional mediums, are encouraged to apply.

A panel of City staff will evaluate applications in early September and notify awardees a few weeks later. ACA staff is hosting a virtual information session for interested applicants on August 2. To apply and learn more about Arts & Culture Vibrant Storefronts or the information session, please visit https://mplsartsand-culture.org/vibrant-storefronts.

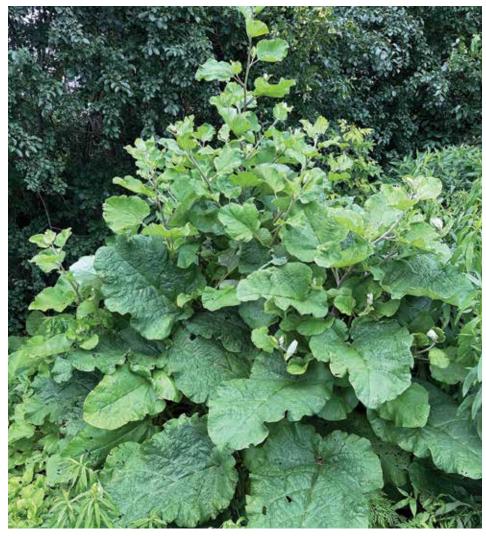
Ben Johnson
Director of Arts & Culture Affairs,
City of Minneapolis

Help Stop the Spread of Burdock!

While researching ideas for my Eagle Scout Project, I was surprised to learn that the inspiration for Velcro is an invasive species that is killing our native plants and ruining our parks.

Now that I know about common burdock, I see it everywhere — along parkways and bike paths, in the city parks, and even in my backyard. But with a little bit of knowledge, we can all help stop its spread and keep our parks safe.

Burdock is a threat to our community, due to its large seed bank, massive size, and sharp hooks. One burdock produces around 15,000





Common Burdock (Photos by Sebastian Rosow)

seeds that can stay dormant in the soil for up to 10 years.

To compare, buckthorn, another invasive species, has seeds that only last two years. As a result, burdock easily takes over disturbed areas and is very hard to eliminate.

In just two years, a burdock plant grows up to 6 feet tall and has massive leaves spanning 2 feet long and 1.5 feet wide; denying sunlight to native plants. Not only is Burdock harmful to native plant life, but it is also dangerous for animals due to its sharp thorny seed pods or burs. These burs entangle and trap birds and bats, as well as, cause skin irritation to pets and humans alike.

So what can you do? If you see burdock in your yard — take action. If the plant has flowers or burs, clip those stems and dispose of them in a paper lawn waste bag, ensuring none of the seeds escape. Do not put the seeds in your compost since that will spread the burdock seeds further!

Once there are no flowers, take these steps: align a shovel one inch away from the base, and, at a steep angle, drive the shovel into the tap root to sever it. Make sure to remove all burdock, no matter the size, as every plant removed is 15,000 seeds denied. Only by taking action, can we prevent burdock's ever-growing spread and save our parks.

Sebastian Rosow, East Isles Scout Troop 3089





Hill& Lake Press

The Hill & Lake Press is a non-profit newspaper funded and supported by its advertisers and neighborhood associations:

• East Bde Maka Ska Neighborhood Association (EBMSNA)



• East Isles Neighborhood Association (EINA)



Cedar-Isles-Dean
Neighborhood Association
(CIDNA)



 Kenwood Neighborhood Organization (KNO)



 Lowry Hill Neighborhood Association (LHNA)



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8430 PENNSYLVANIA ROAD #106...Hyland Hill South is a welcoming community full of amenities—outdoor patio with grills, pool, hot tub & sauna, party room, workshop. Great floorplan—this first floor 2 Bedroom/2 Bath unit overlooks the beautiful grounds and natural wooded areas from the large three season porch and outside private deck. Refreshed with new paint and carpet, make this elegant unit your own. \$275,000







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An Ordinary Thursday in Lowry Hill

These fashion designers used past issues of Hill & Lake Press to

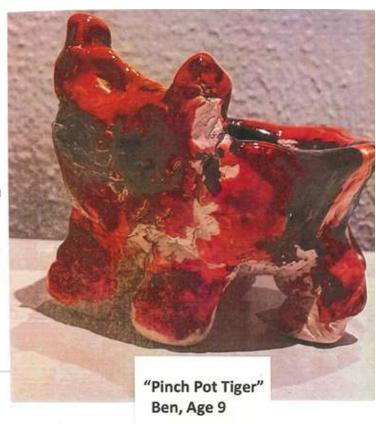
make these reARTcycled pleated skirts! (Photo Amanda Vallone)

Dear reader,

Truth be told, I came up with the name for this article on a Thursday, and now I'm writing it on a Saturday (this is our little secret). This is what I see when I walk out my front door on a Thursday...... "wink, wink." It's drizzling a tiny bit and the worms are coming out to play. I see a few dogs and their owners, the owners don't look too happy... There is a green car and a maroon car... maybe it's red (Christmas in June? Wrong month guys). The yards across the street are very nicely landscaped, show offs am I right. The birds are chirping their heads off and maybe they're looking for some worms, again the worms are out to play. That's all my hard hitting journalism for this Thursday...... "wink, wink."

-Georgia M. Doar





The artwork is called "The Life of Holidays".

Each drawing represents
a holiday made into a person. From L to R



Chanukah Christmas Valentines Day St Patrick's Day Easter Thanksgiving



ABOUT US



2

LEILA

My favorite thing to do is spend time with family.
I would love to travel to Hawaii & Costa Rica.
When I grow up, I want to be an artist.
I am grateful for family.



THEO

My favorite thing to do is reading.
I would love to travel to space.
When I grow up, I want to be a soccer player.
I am grateful for family & friends.



AUDREY

My favorite things are playing volleyball, gymnastics and art.
I would love to travel to Italy, Paris and Costa Rica.
When I grow up, I want to be a lawyer.
I am grateful for my parents, my cats and my talent.



MIA

My favorite thing to do is dance.
I would love to travel to Paris.
When I grow up, I want to be a dancer.
I am grateful for mom, dad and sister.



ELOISE

My favorite things to do is crochet, draw and ride horses.

I would love to travel all over Europe.

When I grow up, I want to be a marine biologist.

I am grateful for bad stuff, it makes us more grateful.



CLAIRE

My favorite thing to do is make art.
I would love to travel to California
When I grow up, I want to be a horseback rider.
I am grateful for family & friends.



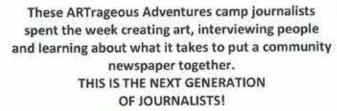
MORGAN

My favorite things to do is read, paint & play volleyball. I would love to travel to Italy, France and Puerto Rico. When I grow up, I want to be an artist, author or journalist. I am grateful for my life, family & friends.



ELLIE

My favorite things to do are read and bake.
I would love to travel to South America.
When I grow up, I want to be an author or reporter.
I am grateful for family.





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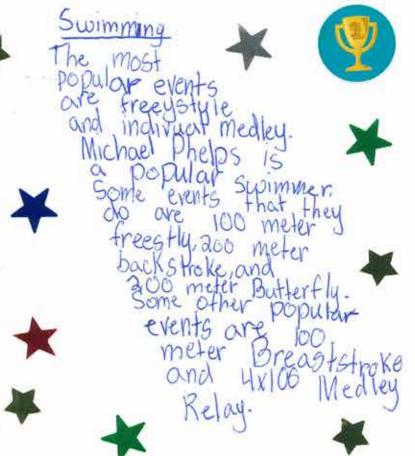
Tai Chi for Wellbeing with Colin Snow

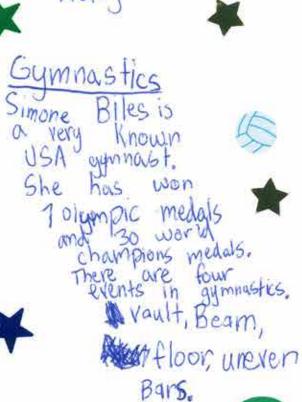
Founder Colin Snow has 40 years teaching experience in Europe & USA

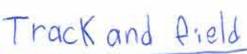
August KIDS' ISSUE 2024 SPECIAL EVENTS

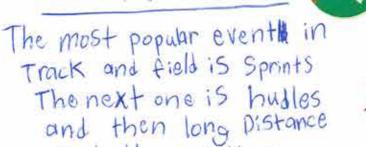
SUMMER OWN OLYMPICS R. Andrew William

By: Audrey Williams & Ellie Carlson





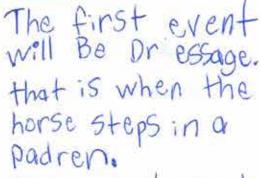












The second event will be cross- country. The last event will be Jumping.







no one

from Minnesota is competing in the Summer in the Olympics. But the people that live the closest are Albert and casey knueger.

Bas Kot ball





In olympics there are eight Basketball teams and seven games







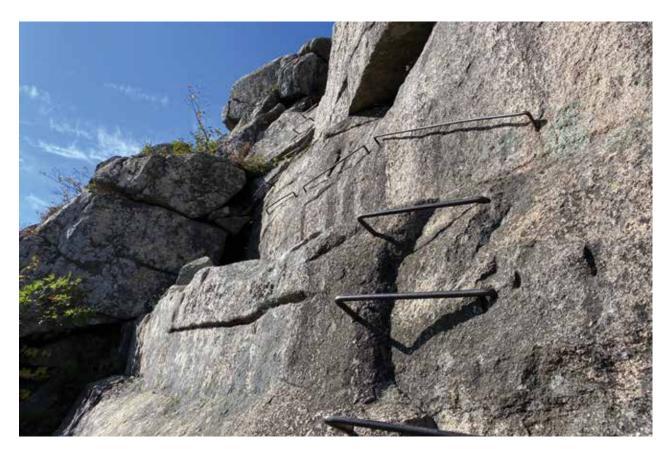


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TRAVEL

PRECIPICE

By Everett Moratzka, 10, East Isles, Blake School



Many of the iron rungs on today's Precipice trail are original to the 1920s trailwork. (Image courtesy of U.S. National Park Service)

Everett Moratzka is 10 years old and goes to Blake School. He lives in East Isles.

One day during summer vacation my family and I went to Acadia National Park. When we were there, we decided to go on a bunch of hikes but when we decided to do Precipice, we did not know that it was the seventh most dangerous hike in the world! There were no signs at the bottom that said "Warning!" or "Danger!" so we thought it was safe.

The hike was fun in the beginning but then as we finished about 1/8 of the hike, it started not being as fun. There were always more and more ladders; it always looked like you were done though there was always more. Then I asked my dad if I could please have some water, but he said "sorry I didn't think we needed any." I then heard some kids yelling about how much fun they were having and drinking Red Bull and I kept thinking "just wait until you plummet to your death."

We kept climbing at least 100 ladders. Those kids on Red Bull 24/7 were ahead of us now, and you could still hear them yelling about how fun it was while we were scaling a one-inch thin ridge, and I was reciting the Lord's Prayer while my older sister was crying. After the ridge there was a hole in the trail about twenty feet deep and there were handles built into the mountain and a bunch of leaves at the bottom. Those Red Bull kids were zooming now, they were completely sprinting! They were chugging Red Bulls gulping it down like they needed it. Meanwhile I did not have a drop of water.

I heard another person on the hike say, "We are very close." Though the top was still at least 4 miles away! There were EVEN MORE LADDERS, they were rustier too probably because nobody has ever made it this far to fix them. There were people turning back and going back down. Some were very unprepared because they were wearing sandals and crocs. It was flatter now which probably

meant we were getting to the top, but we weren't. Rock pebbles fell every time you took a wrong step, those kids were still chugging Red Bulls and it seemed like they were training to do the Palmilhar Portugal. The heat was squelching down. It felt like the Emirates. It felt like the sun was an oven and everywhere you looked there was a heat wave. My face was melting.

In conclusion, I have decided the hike will be a good way to torture my future children.

P.S Those Apple headphones are really good for tuning out annoying siblings.





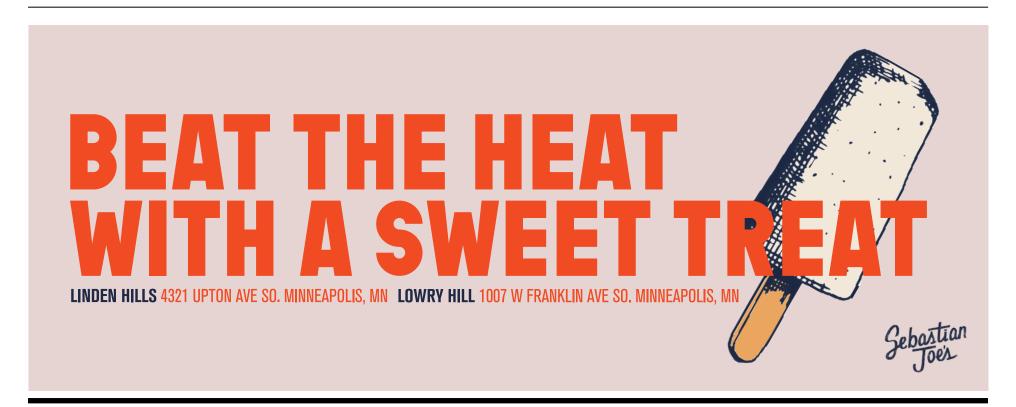


August KIDS' ISSUE 2024 CULTURE SECTION

SUMMERTIME SUNSHINE



Wynne, 6, Lowry Hill "Girl who Just Really Likes Flowers"



August KIDS' ISSUE 2024 6 **CULTURE SECTION**

HAPPENINGS





AHOY MATES!

The annal Pirates & Mermaid Beach pARTy on July 13th was a swashbuckling good time! Thank you for joining us for a family fun afternoon at East Cedar Lake Beach.



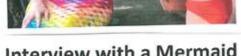


Interview with a Pirate

Is it boring to be on the sea for a long time?

"Not at all as I get to play with the sea animals and work on my tan." Pirate Jazz

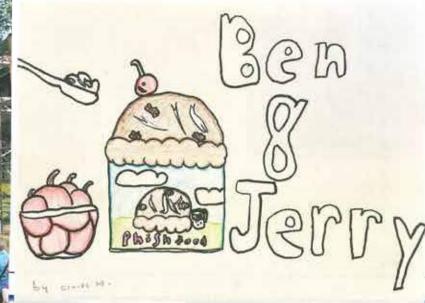














Lake of the Isles Pencil

A twenty-foot-long #2 pencil was carved from the stump of an oak tree destroyed in a storm.

The neighborhood kids all AGREED they love this annual "sharpening" of the pencil celebration!



FLOW by Sabine Chang

Age 8, Kenwood School

Close your eyes, let yourself connect
Feel the flow
Like a root slowly spreading.
All the same, yet all different,
It's a connection you carry with others.
Like a growing mind inside,
A mind you control but is wild.
You cannot see but is beautiful.
It's you and it's others, but most of all
It's kind.

Nora Felix, Age 8

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for

MINNESOTA HOUSE

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AUGUST 13TH





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Marion Greene

"If we elect Katie Jones she will immediately become one of Minnesota's most knowledgeable and effective leaders in our fight to save the climate." - R.T. Rybak

CULTURE SECTION August KIDS' ISSUE 2024

HAPPENINGS



Stop by the ARTrageous Adventures window display before September 10th to see the amazing origami display and try to find the items listed below!



Theo asked, What's your favorite food to cook? Chef Lou responded with, a Gallette (tarts)

Trapeous Adventures

Eye Spy Challenge

Welcome to an Origami Sensational Summer window installation! Created by Origami Artist, Kathleen Sheridan with Origami And You

Can you find the following items?

- · 5 bees
- · A beetle
- · A bird
- · A bowtie
- · A bunny
- · 8 butterflies
- · A caterpillar · A brontosaurus

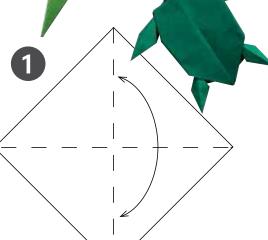
· 4 ladybugs

- A skunk
- · A crab
- · An elephant's

· An elephant

- head
- A hummingbird
- · An Ice cream
- cone
- · A piece of lettuce · A pig · A robin's nest
- with eggs
- · A slice of watermelon
- A strawberry
- · A swan
- · 2 turties
- · Some french fries
- 2 frogs





August KIDS' ISSUE 2024 **CULTURE SECTION**

HAPPENINGS



Dear Neighbor,

I'm running to represent you in the state house. I'm a 15-year resident of Lowry Hill, and a civil rights attorney with significant experience at every level of government. I want to help bring prosperity back to Minneapolis, restore our schools, and keep families safe. I promise to always listen to your priorities and always tell you where I stand.

I'm asking for your vote on August 13!

Will Stancil

Endorsed by previous Hill and Lake leaders



Councilmember Lisa Goodman



Speaker Dee Long



Sen. Ted Mondale



Sen. Jack Davies



Sen. Myron Orfield



Sen. Bob Tennessen



Rep. Tom Berg



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BUSINESS

Uptown Is Open for Business

By Sonia Kharbanda

Sonia Kharbanda is a junior at St. Paul Academy and Summit School. She lives in Kenwood and is an aspiring journalist.

Disruptive, dusty and difficult: that's how Uptown business owners describe the ongoing reconstruction of Hennepin Avenue South. The corridor boasts a range of eclectic and diverse storefronts: nail salons, coffee and boba shops, sit-down restaurants, barbershops, gyms and even a build-your-own jewelry store. Now, however, customers must navigate through the machinery, makeshift cross-walks and a lack of street parking to access these businesses.

According to the city's project website, the goal of the reconstruction is to support the city's climate vision, provide upgrades to aging infrastructure and create space for future Bus Rapid Transit E Line stops. The modified corridor will feature wider sidewalks, a two-way protected bikeway on the east side of the street, a median between the two vehicle lanes and one dedicated transit lane on each side of the street. The first phase of the construction began on April 1 and is expected to be completed around the end of November, with the second phase, from 26th Street to Douglas Avenue, beginning in April 2025.

Since the construction began, traffic from 26th Street to 28th Street has been reduced to one southbound lane with no street parking spaces. Starting at 28th Street, the road is entirely occupied by the construction zone, with a few partial crosswalks allowing entry to businesses. For many business owners, the reduced access to their storefronts and the absence of street parking have proved detrimental.

When Robert Sorenson learned of the construction plan, he tried to sell his bead shop, Bobby Bead, which has resided in Uptown for 32 years and is the largest bead store in a five-state area. Ultimately, he was unsuccessful, and Bobby Bead remains open: "We're just determined to stay alive," he said. He noted that shoppers have been forced to walk between one and five blocks to access his store, and that lack of parking and walking distance is especially hard for elderly customers.

Meanwhile, Jake Granheim, assistant manager of Frattallone's Hardware &

Garden, approximated a 20% decrease in sales for the year at the store, located at Hennepin near 28th Street. He mentioned that regular customers who know the area can traverse the construction zone. However, people who are "kind of new to the area ... don't even want to probably even try to come to us because it's such a nuisance," Granheim said.

The effect of construction on overall sales has not been shared equally among Uptown's businesses. Uncommon Grounds, the oldest business in Uptown at 35 years old, has struggled less, according to the owner, Dale Lee. "It slowed it down some, but it hasn't hurt us as much

"We're just determined to stay alive!"

 Robert Sorenson, owner of Bobby Bead, which has resided in Uptown for 32 years and is the largest bead store in a five-state area.

as I thought it might," he said. He credits Uncommon Grounds' established audience for keeping it afloat, but he worries about the impact on newer businesses.

Jatin Sharma is the president of India Palace Uptown Grill and has coped with an estimated 30 to 35% loss of sales by reducing his staff. Still, he is grateful to have other restaurants and a few parking spots — which not every business is fortunate enough to have. Other businesses, including Frattallone's, have added new signs to make it clear that they are still open during construction. While the city placed a few orange signs along the Hennepin corridor that read 'businesses are open,' "Those aren't good enough," said Damla Erten, vice president of Sencha Tea Bar.

Aside from the removal of parking spaces, business owners complain of the noise and dust brought by the construction, as well as the speed of the work. "I'm seeing a lot of days, straight days, where

is OPEN for BUSINESS!

access an interactive map of businesses and special offerings



there's no work being done in front of us at all," Granheim said. He believes that the effect on businesses could have been minimized if the work was concentrated and completed in smaller areas at a time.

The construction project is just one of many challenges that Uptown businesses have faced in recent years. Most notably, the COVID-19 pandemic and social unrest after the murder of George Floyd caused many businesses to leave the area. These strains are in addition to the challenges that all small businesses face when com-



peting with large franchises and online retail and other parts of the metro, like suburbs that have ample parking and strong police force and trendy neighborhoods like the North Loop.

Erten sees the slowing business during the construction as a small part of an existing downward trend: "Considering we didn't even really get a chance to recover from everything else from the last couple of years, it's very difficult to also have major reconstruction happening in front of us," she said.

While businesses have had varied experiences with the construction, there is a shared sense that the city did not consider their perspective. Maren Findlay, manager of Sencha Tea Bar, sees the context of Uptown businesses' struggles as important to understand these sentiments. "The original proposal and original conversations for the construction project started in 2020, which was the worst time physically possible to try to have conversations with businesses in the Uptown area because there was so much other stuff going on," she said.

While the city continued on with the plan as usual, the circumstances Uptown businesses were facing were anything but usual. Now, the city holds weekly stakeholder virtual meetings every Friday

"While businesses have had varied experiences with the construction, there is a shared sense that the city did not consider their perspective."

from 10-11 a.m., but this time may be inconvenient for many small business owners.

Erten and Findlay were inspired by the struggles they witnessed in the Uptown community and have responded by founding the Uptown Community Coalition (UCC). UCC works to provide assistance to businesses and community members on a variety of issues — including the reconstruction, but also crime and an increasing unhoused population.

One of their current projects is to work with the city to improve the accessibility of the construction zones. "Even for an able-bodied person, there are areas that are, like, very hard to navigate through," Erten said. "So, imagine what that's like for anybody who's not able-bodied." Erten and Findlay have also advocated for improved signage entering the corridor and are planning an informational session with the construction crew and local business owners.

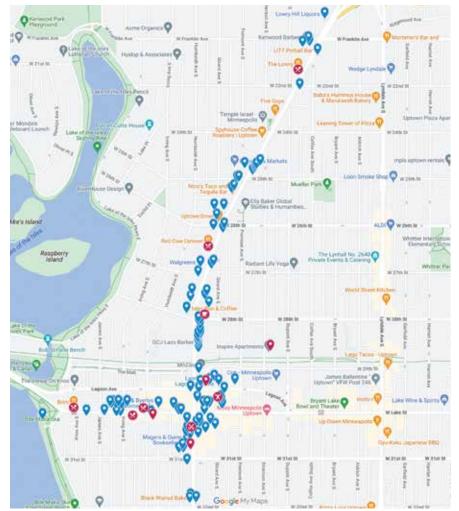
Despite these challenges, they and other business owners expressed hope for the future of the neighborhood. Findlay explained her optimism: "Uptown is a really, really resilient neighborhood ... really all it needs is the right amount of support from the people who live here and like to be here who want to feed into their own community."







Uptown businesses - Hardware & Garden, India Palace, Bobby Bead and Uncommon Grounds Coffee House and Frattallone's (Photos Dahlia Baylor).



Map showing all the business along Hennepin Avenue that are open during construction. You can scan the code or visit, https://www.google.com/maps/d/u/0/viewer?mid=1K-398fM0WP5tLBDLKfE57fiVmGvFucfl&ll=44.95445796230963%2 C-93.29574947787069&z=16 to see a full listings . Map courtesty of Google Maps).

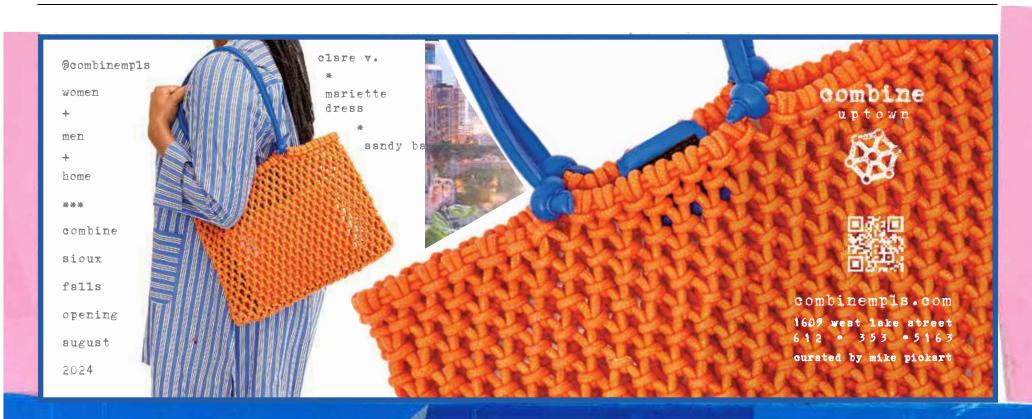


12 CULTURE SECTION August KIDS' ISSUE 2024

PETS

All Creatures Great and Small...





Some cats of Lowry Hin By Mimi oven



What is your name?

What is your human's name?

Pamellia Dhlk

How old are you?

I'm 9 years old

How long have you lived in Lowry Hill?

What's your favorite thing to do?

I like to lay in the sun.

Have you ever caught a mouse?

I like to play with moles in the evening but not eat them



What is your name?

What is your human's name?

Pamellia Dhik

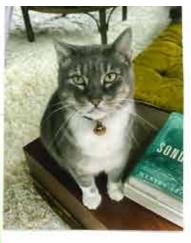
How old are you?

1'm 9 years old How long have you lived in Lowry Hill?

What's your favorite thing to do? To be outside and find people to love me.

Have you ever caught a mouse?

Yes! Probably too many animals. I'm a hunter and a lover.



What is your name?

What is your human's name?

Shou Ming Ikuta Owen

How old are you?

How long have you lived in Lowry Hill? This summer is my first visit to Minneapolis

What's your favorite thing to do?

l like to sleep in the sun. And remind my human

that it's time to EAT! Have you ever caught a mouse?

I've caught two mice so far. And am hoping for more



What is your name?

Professor Grey Napsalot (but everybody calls me Grey)

What is your human's name?

Lisa Lepps How old are you?

I'm 16 years old

How long have you lived in Lowry Hill?

I've lived in this neighborhood for 4 years

What's your favorite thing to do?

Find the coalest spots to nap and cuddle





What is your name?

Creeies

What is your human's name?

Rachel Soth

How old are you?

I'm 11 years old How long have you lived in Lowry Hill?

What's your favorite thing to do?

My favorite thing to do is watch the birds Have you ever caught a mouse?

I've caught multiple mice with my kitty siblings



What is your name?

What is your human's name?

Thomas Regnie How old are you?

m 10 years old

How long have you lived in Lowry Hill?

I've lived in Lowry Hill my whole life

What's your favorite thing to do? My favorite thing to do is sleep on top of my human's head

Have you ever caught a mouse? No, I've never caught a mouse



What is your name?

What is your human's name?

Rachel Soth

How old are you? I'm 12 years old

How long have you lived in Lowry Hill?

What's your favorite thing to do?

like to cuddle

Have you ever caught a mouse?



What is your name?

What is your human's name?

Cynthia Price

How old are you?

I'm 7 or 8 years old

How long have you lived in Lowry Hill?

I just moved to Lowry Hill in April

What's your favorite thing to do?

My favorite things to do are eat and play. Have you ever caught a mouse?

No, I've never caught a mouse!

I've caught multiple mice with my kitty siblings



What is your name?

What is your human's name? Rachel Soth

How old are you? I'm 4 years old

How long have you lived in Lowry Hill?

What's your favorite thing to do?

My favorite thing to do is explore new things Have you ever caught a mouse?

I've caught multiple mice with my kitty siblings



What is your name?

What is your human's name?

Lisa Bargas How old are you?

I'm 12 years old How long have you lived in Lowry Hill?

I've lived here for 12 years

What's your favorite thing to do?

I like to sit outside and go for walks with my dog.

Have you ever caught a mouse? Yes. I like to bring them inside.



What is your name?

DewDrop What is your human's name?

Thomas Regnler

How old are you? I'm almost 2 years old

How long have you lived in Lowry Hill? I've lived in Lowry Hill for all of my 2 years

What's your favorite thing to do?

I'm an escape artist. I love to run out the front door

have you ever caught a mouse? I've never caught a mouse, thankfully



What is your name? Dela pronounced (Day-Lah) What is your human's name?

How old are you?

I'm 13 years old

How long have you lived in Lowry Hill?

I've lived in Lowry Hill my whole life What's your favorite thing to do?

I love to play with my family Have you ever caught a mouse?

I have never caught a mouse.

My old partner Sam,

may his memory be a blessing, used to catch mice

and meow for our family to open the door. He would drop them outside,

He was guite the gentleman.



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August KIDS' ISSUE 2024 ARTS SECTION 15



August KIDS' ISSUE 2024 16 **ARTS SECTION**

Literature

Poetry



Grace Neighborhood Nursery School Poetry

Julia Klatt Singer is an artist, poet and early childhood educator who lives in Kenwood.

Grace Neighborhood Nursery School had been nurturing poets for 14 years through our Poet-in-Residence program. All the children, (three - six years of age) "write" poems with me. I ask them if they have a poem for me, and they tell me their poem and I am their scribe. I do not edit their poems, only ask questions occasionally to get more information, and descriptions from them. Poetry in the preschool makes complete sense since they are learning the world and playing with everything—who not words? Why not ideas? Why not poetry?

Following are poems written this year by children at Grace.

He is in his Boat

He is in his boat. And he put his sandwich On the table And it fell Into the water. And a fish ate it! But the fish didn't like it. The man didn't like it Either.

Lightening Bolt of Everything

So paper paper paper Pencil papper scissor tape pencil Sharpener, glue stick, art. Lemon lime pear apple cherries And special treats. Donut with Sprinkles on it, cotton candy on a stick— Flavored blue raspberry, gumdrop.

My Baby

My baby Is going to the hospital today. For a check-up. She needs one. My baby can do somersaults and stand on her head (and then she tumbles over) And the she sits and looks at me!

Gingerbread House

So there is gingerbread inside. It's made out of Candy and spray That you can eat. Here's a door Like a mouth. Andf a lollipop nose. Eyes made out of frosting. Hands made out of frosting too. On top There are suckers for hair. Golden cotton candy suckers— Really yummy.

Making tea, donut Tea With peas And muffins and hot sauce. What else? This is good. I already got

Making Tea

My honey on.

I Will Tell You How it Works

If you fall off Here. You'll Go here. And if you fall off here You'll Go Here. If you're a good guy You'll go to cool water. And if you are a bad guy You'll go to blue hot Lava and a jail.

A Conversation with a Chicken

What are you doing, Chicken? I'm gonna fly! But chickens can't fly! I'll try! Try!

Yummy Cakes

Wiggles And sugar And salt And rainbow baking soda And sprinkles And mix it up A little To make a rainbow cake.

The Airplane

The airplane flies. It drives then flies. When it gets up it makes the sun come up.

Some Butterflies

Some butterflies Up in the sky Trying to fly But they are babies Mama and Papa are trying To lift them up All at the same time!









The Intruder by, Aliza Hasday

"Liam did you lock the doors?", Charlie asked.

"Oh! Good call!" Liam said.

The two quickly ran back to the front doors from the parking lot. As the approached, they heard the building alarm go off and saw a masked man dash through the front doors, closely followed by the building guards. Liam and Charlie sprinted in after the group, determined to catch the intruder themselves.

The guards turned to the tight, but Liam heard steps coming from the left and pushed Charlie over in that direction. Charlie then heard the steps himself and the boys quickly followed thefast footsteps hitting the ground hard. The scampered crouched over, trying not to attract attention to themselves.

The boys ducked under tables and stepped over stuff the intruder had knocked down. Charlie pointed to where he had heard a noise. Liam took his prompt and slowli walked through the mess in that direction. Charlie walked behind him. Charlie tapped Liam's shoulder. Liam whipped his curls around to face him.

"I see a shadow over there," he whispe-

Charlie led the way this time, tracking the shadow intently as he swiftly moved through the area. The intruder suddenlyh ran out behind the two. Charlie turned his head

around, but he was too late. The intruder had run in from of them again. He snatched Charlie from the ground and into his arms. Liam stood up, trying to defend his friend.

"Let go of him!", Liam shouted.

"No!", he said.

His voice was smooth yet deep. It was loud and vibrated his whole body.

"Now!", Liam said.

"No!", he repeated.

Liam lunged at the intruder but the intruder quickly turned his body away, shooting his gun towards Liam. The bullet missed, piercing the wooden crates behind Liam. Charlie screamed for backup. They could hear the guards' loud footstpes getting closer to them by the second.

Liam slapped the gun out of the intruder's hand onto the ground. Charlie rolled the intruder off from his back and onto the ground. Liam picked up the gun from the ground and pointed it at the intruder. The intruder shuffled his body backwards into the broken crates, The guards picked him up off the wood shards and put him in handcuffs.

"Nice work you two.", one guard said. "You won't get away with this! I will be back!", the intruder shouted as his eyes got wider.

The guards took the intruder away as he kicked and screamed. Liam looked over at Charlie and smiled.

POPCORN!

by, Aliza Hasday

Popcorn...

So good...

So Buttery...

And when I put it in the microwave... it pops like...

CRAZY

It pops and pops...

And when it's done...

It's never done actually done...

and when I say...

'Stop!

It talks back...

With a...

'Pop!'

'Stop!' 'Pop!'

'Stop!'

'Pop!'

'Stop!' I say loud...

'Pop!'

'Stop!'

I take it out of the microwave...

And eat it on the couch...

'He, He, He! Pop!

SUMMER CHANGE By K.B. Sethi

No more Homework Maybe that's your summer perk At the lake so true blue Or a trendy barbecue

> How about a popsicle? You can't dismiss it Take a ride on a bicycle, You won't miss it

Stop the drama Forget the school moan -n- groan Drop the microphone You're iridescent like a rhinestone

At school did you misbehave? But now there's a heat wave Are you acting strange? It's summer change!

> Be kind And rewind Don't feel inclined It's summer change!







Hill and Lake Press photographer, Tim Sheridan leads ARTrageous campers through Burnham Woods to chat Photographing nature.

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LITERATURE Book Review







BOOK REVIEW/SUMMER READING RECOMMENDATION

Bud, Not Buddy a novel by Christopher Paul Curtis By Aristotle Baylor, age 10, Blake School, Lowry Hill For ages 10-11

If you cannot travel this summer -books can be a great way to travel in your imagination- Even time travel! I recommend reading the book Bud Not Buddy by author Christopher Paul Curtis.

Bud Not Buddy takes place in the 1930s during the great depression in Michigan. Bud, not to be called Buddy, sets out to find his father. Bud begins his journey in Flint and continues to Owosso, St. Johns, Ovid, Lowell, Ionia and Grand Rapids. This journey is important to Bud because he wanted to be reunited with the only family member who he thinks could be alive and not suffer every day just to survive. His journey is possible because he is a hardworking soul, and he gets help from a stranger named Lefty Lewis, whom he thinks is a vampire. Lefty Lewis drives him to help locate his dad.

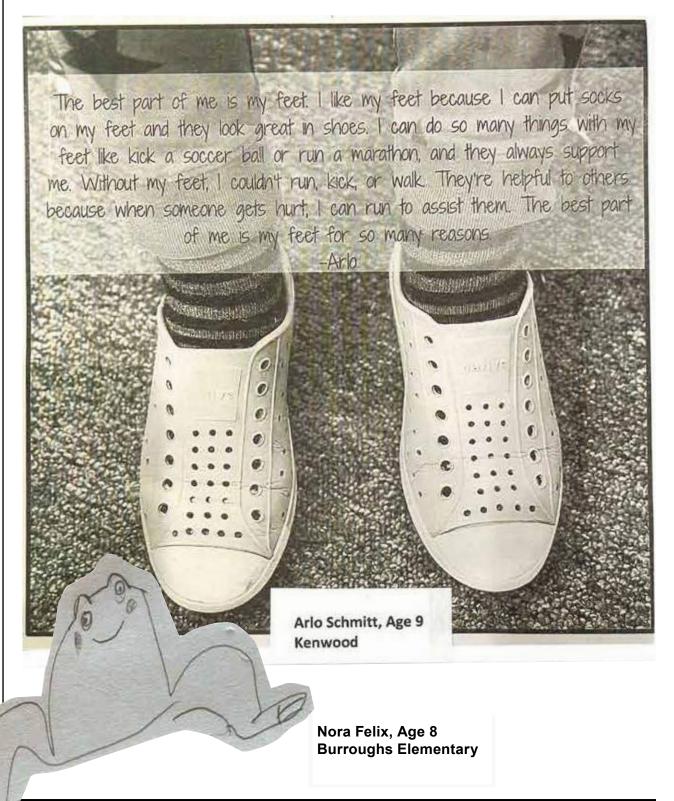
This story taught me that there wasn't a lot of food or jobs in the 1930s because in the 1920s people called it the good years. In the 1920s people spent all their money to celebrate the end of World War I and almost no one was poor because people didn't have a care in the world, and they gave away lots of money. The rich people spent their money on wine and cars. The lightbulb was modified to be functioning in a home during that time. In the 1930s many people did not have

BUDA Not BUDDY

jobs, so nobody deposited money in banks which led to the banks closing. This historical time was called the great depression.

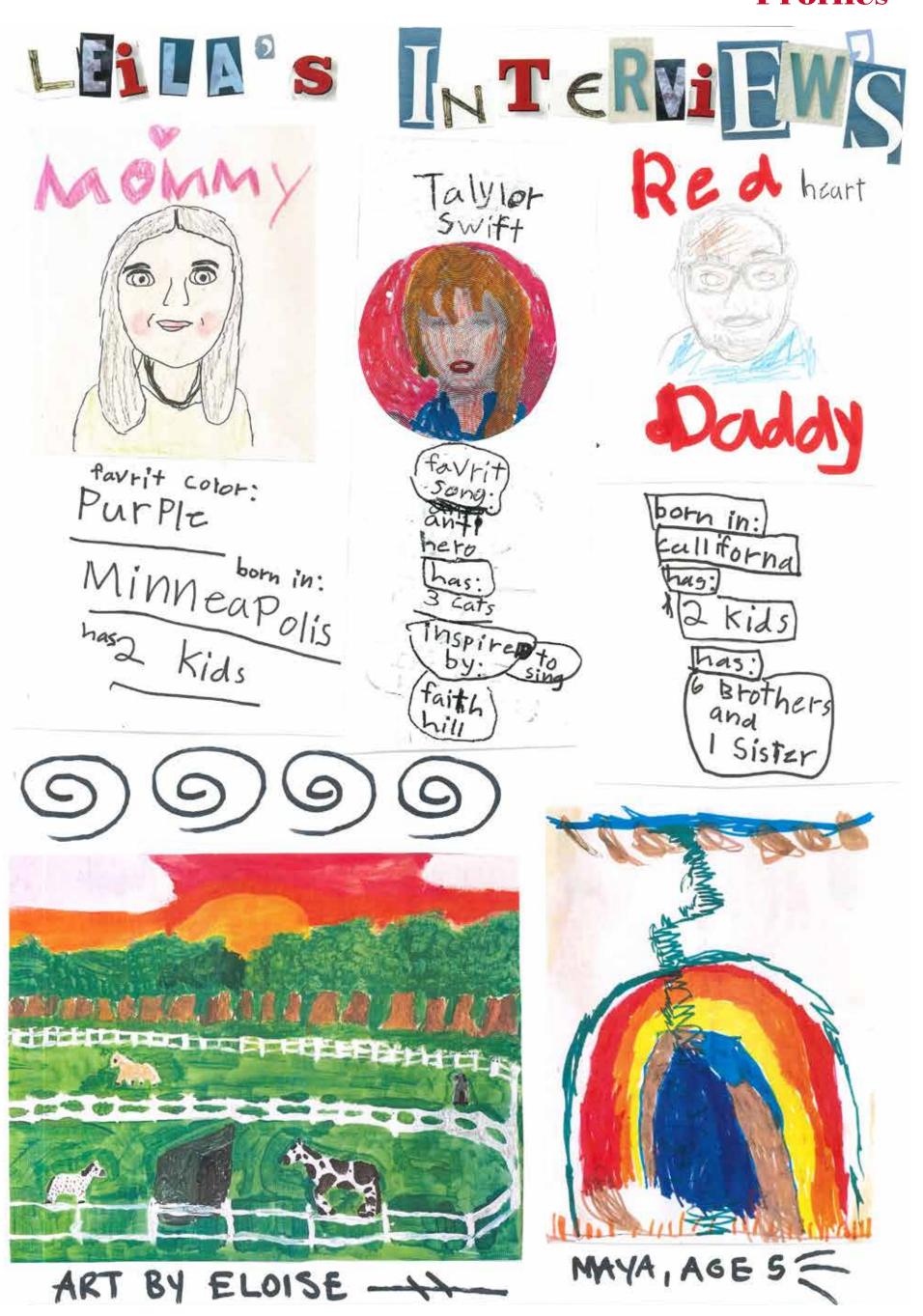
I learned from the story that the great depression also had things called food lines. Food lines were opened in Flint, Michigan and many other places. These places gave people free food they needed to survive. A hungry Bud visits the food line and is helped by a family and given brown sugar. Shanty towns were also a part of the great depression. In this story the shanty towns attracted a lot of police who clear out the shanty towns of the homeless people who were trying to board the trains for a better life.

There is a mystery ending to this story which I won't reveal because you should read this great award-winning book to find out.



August KIDS' ISSUE 2024 ARTS SECTION 1

<u>PEOPLE</u> Profiles



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Finding the Perfect Book

Written by Amelia Bush

"Kids who have screens around the all of the time, when they gindout how good reading feels, the kinf of euphoria that you can express through your own imagination, they can't get enough of it," said Pallas Erdrich, manager and daughter of the owner of Birchbark Books, a local, family-run book store in Minneapolis.

Finding a good book can be difficult, especially in the age of social media. Areyanna Elmore, a customer at Magers & Quinn said, "Tik Tok is where I find good books." However, Magers & Quinn customer Emma O'Connell finds books by "talking to people and also reading articles... or reading books from authors who I have previously [read]." An approach shared by Erdrich. "It really for me is work of mouth," said Erdrich. "Sometimes you'll just touch the top of a book and think 'yes, that one [is] for me."

However, how one person finds good books to read may not work for another. "Be kind of self aware of what would help you now to read and not trying to force yourself to read something you're not oging to enjoy," Erdrich said. "I think people, if they're trying to find a new book, look inward and think, 'what would feek good for me right now?' and start there."

The co-owner and social media lead of

Wild Rumpus, Jess Fuentes, said, "one of my favortie things to do when I go to a bookstore is I like to ask the bookseller what they recommend. Typically, I'll start by saying, 'this is the last book I read that I really liked, do you have any other suggestions' ... I also like looking at the staff picks in bookstores... it's a great way to try different genres."

While book taste, like any preference, is subjective, a few qualities in books stand out to readers. "I'm kind of basic. If there's drama, I'll read anything with drama in it," said Elmore, who also noted good characters as an aspect she looks for. Similarly, Fuentes "like[s] books that really touch your heart." Erdrich, however, notices the artisttry of the book more. "A very, very good book has to have a good cover," Erdrich said. "I think the art of it is really important."

Erdrich recommends three books. The first being, "Where Wolves Don't Die," a yound adult novel written by local writer, Anton Treuer. "It's really funny and well-written and there's a lot of sparkle in it," Erdrich said.

The second book is a picture book by Jackie Brown and Illustrated by Jackie Brown called, "Dahlia's Make a Difference Day." "She [Brown], is hust wonderful. It's about her daughter... I just sold two. People want this book about saving a rabbit, " said

Erdrich, who also likes the book for how it highlights the natural world. "I think it's important to get kids involved in caring about nature in any way they can and then... they need to know what's here and now and how to care for it," Erdrich said.

Finally, ERdrich recommends, "The Little Frogs Guide to Self-care," by Maybell Equay. "This one I feel like is for kids and adults... it's just littel bits of adviceæ I feel like a kid who is just learning to read this is the kind of thing where...these are good messages to learn. And, these illustrations are fantastic. I love this one as a gift gor any adult or kid," said Erdrich. All three titles can be found in Birchbark Books.

Fuentes recommends the graphic novel, "Mexikid,: by Pedro Martin, the middle-grade verse novel, "Dear Mothman,: by Robin Gow and the series "pages & Co: The Bookwanderers," by Anna James.

"It is so fulfilling...emotionally and spiritually to let yourself go into another worlf fully," said Erdrich.

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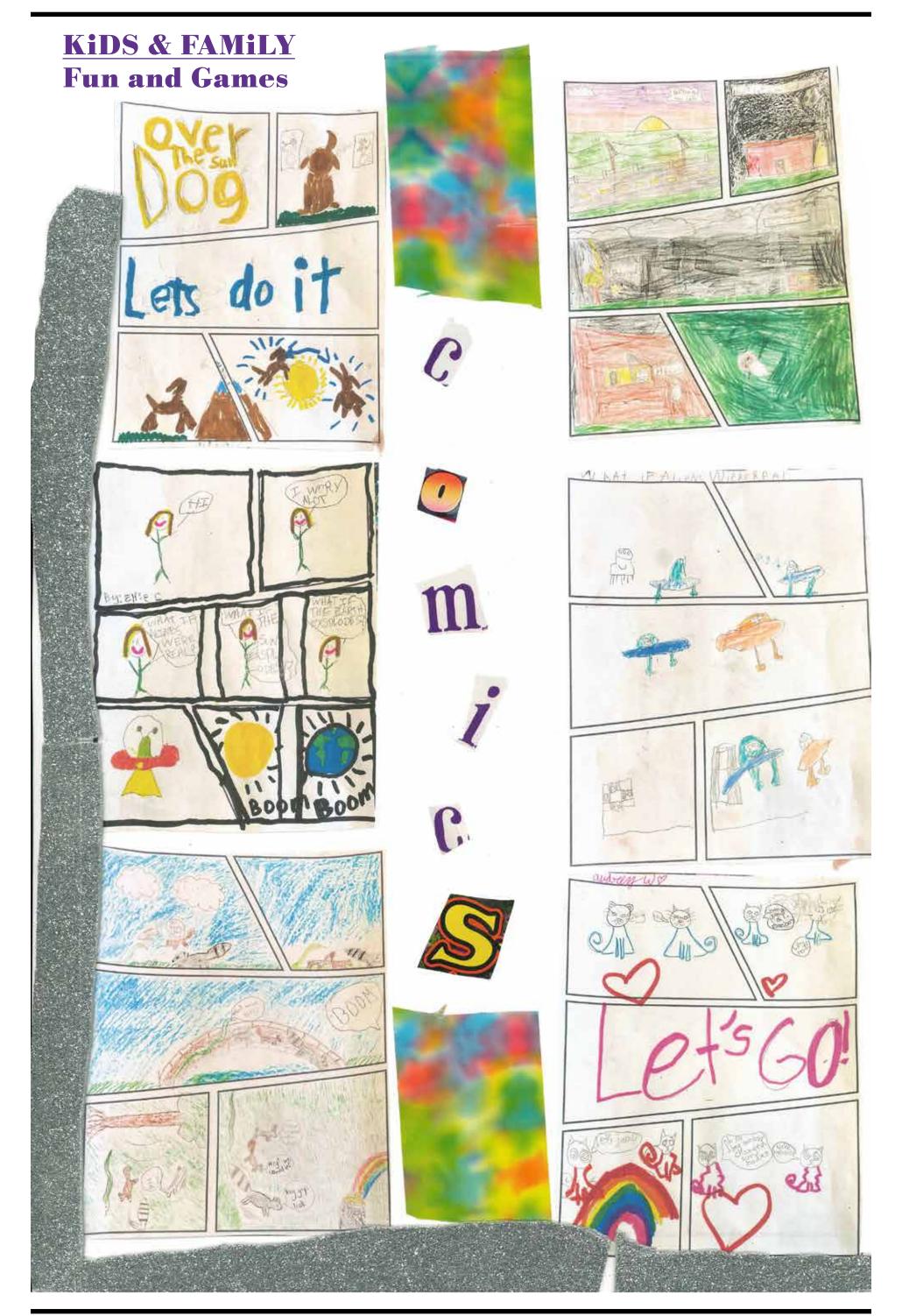
The Woman's Club

parking lot



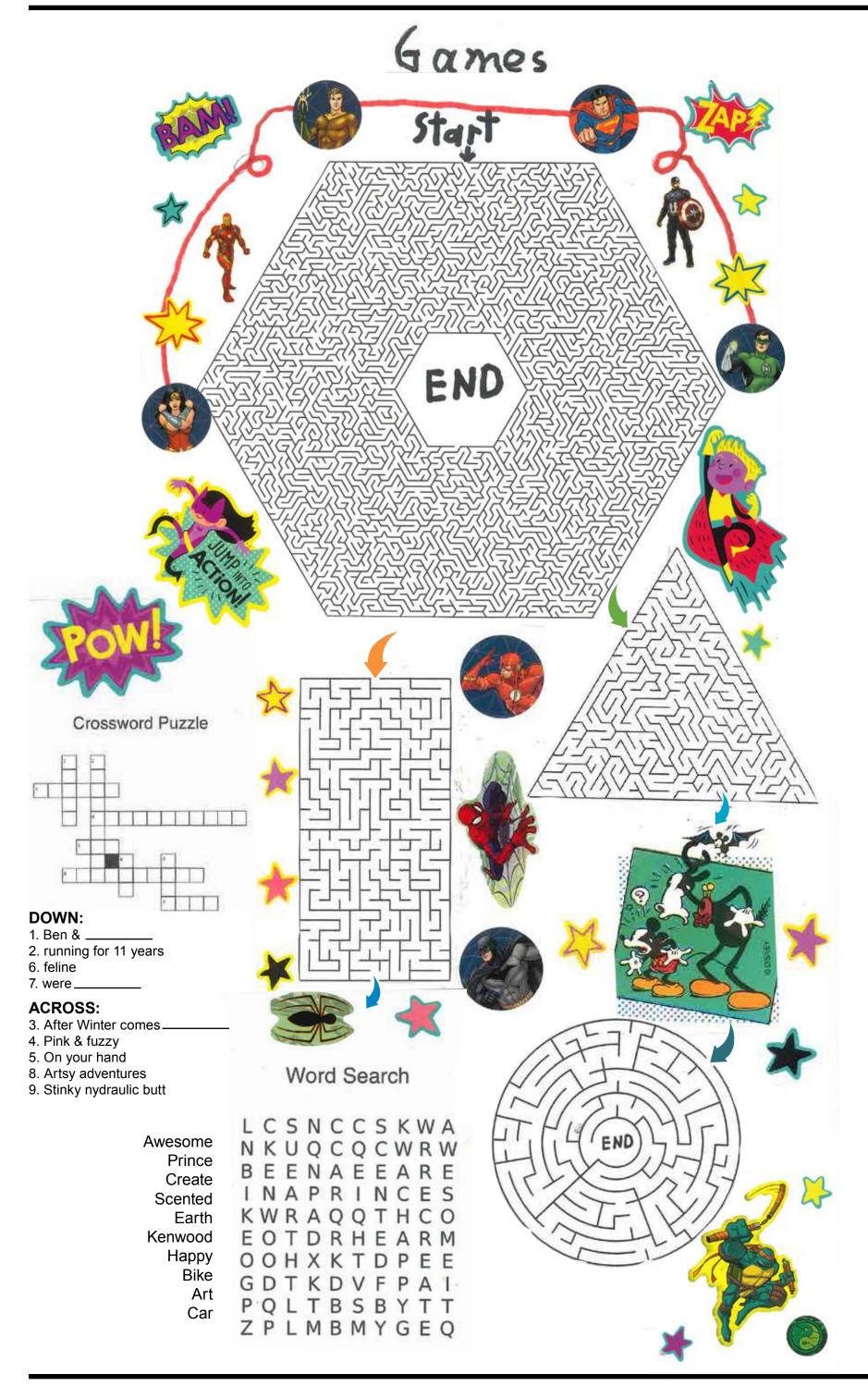


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RESTRAURANT REVIEWS

- Sebastian Joe's
- Kiku Bistro
- Lake & Irving
- Mochi
- Diane's Place
- Battle of the Boba



August KID'S ISSUE 2024 FOOD SECTION 2

Review of Diane's Place

By Haifu Owen

On June 13th, my family and I had the wonderful privilege to eat lunch at Diane's Place; a newly opened restaurant by Diane Moua. Diane's place is located at Minneapolis FOOD BUILDING. First walking into the restaurant was a nice pleasant sight, and the decor across the room was simple but cohesive. The restaurant has two rooms with a primary room that consists of a long bar and multiple seating. The second room is smaller with about 2-3 tables for customers, and that's where we sat.

Looking at the menu, one can see a section of pastries and a section of main dishes. We asked Diane herself what was the inspiration behind her menu. She told us that it is a combination of her Hmong background and her traditional French training. Hearing this, we had to try a bit of everything so we ordered 3 pastries and 5 main dishes which in hindsight for a group of 4 is a bit too much, and we had plenty of leftovers. A couple next to us had just finished their meal and remarked it was absolutely "special" and suggested we order the Sweet Pork Bowl and Hmong Sausage. We took their advice and added on several items such as Beef Salad, Pan Fried Bean Thread Noodles, and several different croissant pastries.

The pastries came out first. We had the Sweet Pork Danish, Coconut Pandan Croissant, and Thai tea Croissant. The Danish was quite incredible and super savory. The pork was a cube on top of the Danish, and the flavors just radiated outwards into the Danish. The top of the Danish was crunchy while the inner remained faithfully soft. The pork itself was salty and sweet, which matched effortlessly with the Danish. The two croissants were very similar, and both had inner filling. The That tea had a Thai-based filling while the coconut had a matcha base. I particularly enjoyed the Thai Tea Croissant which had a gentle and cool filling that pleasantly mixed with the textured croissant top. The top also had a chocolate glaze and feuilletine (a wafer-like ingredient) that created that additional crunch. At this point, I was already getting full, but the mains had not even been served.

When the mains arrived I was dazzled by the incredible smells and eye-popping color that each dish expressed. My eyes naturally gravitated towards the Sweet Pork Bowl which had a rice base with mustard greens and super savory pork cubes. The pork cutlets were intensely seasoned which made sense as to why Diane decided to match it with rice and mustard greens. I loved the pickled flavor of the greens which added a dimension to this dish and stopped the pork from overpowering the whole bowl. I already really enjoyed the Hmong sausage, which is a large roasted sausage with rice and garnishing. The garnishing of dill and onions helps add an earthy flavor to a dish, balancing out the meal. The sausage was also paired with two delicious sauces, one being green and the other being a red hot sauce. The red sauce is sour and hot. which adds a nice flavor to the rice and sausage, but it is quite intense in the heat factor. There was so much more food that we ate, but can't be expressed in this article, which is why I implore anyone interested in eating an exceptional meal for lunch to go to Diane's Place.

While eating the meal, we saw a familiar face – our friend Erik Sather from

Lowry Hill Provisions, formerly of Lowry Hill Meats. He's the one who produces the sausage that is in Diane's dish. Diane's restaurant operates within its community and sources from nearby places, even her family farm which grew the mustard greens. This just makes the food taste and feel fresh, and brings a sense of love to the food. Go experience that love and eat at Diane's!



Diane Moua and Haifu Owen





Diane's Place: 117 14th avenue NE, Mpls.

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RESTRAURANT REVIEWS (cont'd)





SENCHA Tij Cup



August KIDS' ISSUE 2024 FOOD SECTION



Special Healing Prayer Services on "Our Beloved Community"

Christian Science Testimony Meetings on Wednesday, August 7, 14, 21, and 28, 2024, at 7:30 to 8:30 pm > Call or email for Zoom info

Join us for four specially focused community meetings on healing our beloved Minneapolis. We begin with inspiring readings and spontaneously shared stories of overcoming challenges individually and in our neighborhoods through powerful prayer.

Christian Science Reading Room > Discover spiritual healing solutions

Visit and read, buy, or borrow inspirational and educational articles showing how progress, unity, and healing discord and disruption are happening in communities everywhere.

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 SUNDAY
 9:30 am - 11:30 am
 THURSDAY
 3:00 pm - 6:30 pm

 MONDAY
 3:00 pm - 6:30 pm
 FRIDAY
 10:00 am - 1:00 pm

 TUESDAY
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THE FUTURE IS IN YOUR HANDS



MN HOUSE DISTRICT 61A

Primary Election - August 13, 2024

These three candidates are running to replace retiring Minnesota House Rep. Frank Hornstein.



Katie Jones



Isabel Rolfes



Will Stancil

GENERAL ELECTION

November 5, 2024

This election is to vote for local, state and presidental candidates.

For election tools, voter registration information, deadlines, dates, rules and links, please visit — www.vote.org/state/minnesota/