



Magic Manifesting Evening Ritual - 3 Question Exercise

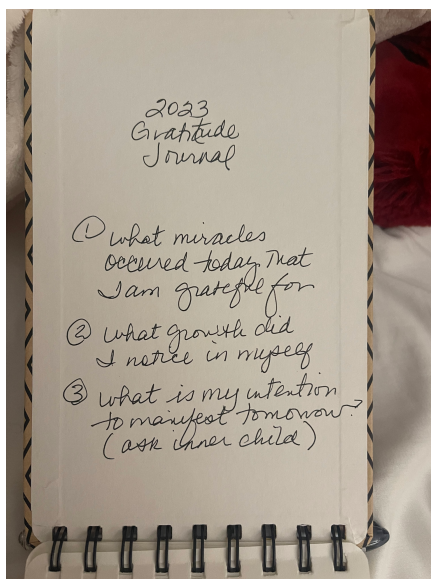
A daily practice to manifest what you dream

"Gratitude is the Ground Masters Walk Upon." ~ Jenai Lane

What you VISION you can HAVE! Your thoughts directly influence how you 'feel' and therefore create your reality. Your feelings set off a magnetic field that attracts people, things and situations into your life. What are you filling your field with?

This practice focuses your thoughts and energy to create what you vision and desire.

Evening Practice to Manifest Miracles



Identify and dedicate a journal to keep at your bedside. Answer the following 3 questions every night, writing for 2-3 minutes just before dreamtime will activate your intentions for the following day. Notice how things start appearing the next day or within the week. Keep recognizing, writing them down, and making new requests.

Journal Questions:

- 1) What MIRACLE occurred today that I am GRATEFUL for?**
- 2) What GROWTH did I notice in myself?**
- 3) What is my INTENTION to manifest tomorrow?**

Please email us your comments, questions, or results to christine@cofinityconsulting.com
Copyright: Christine Hildebrand, Founder/CEO Cofinity Consulting, LLC