

MMHLA is leading policy initiatives to improve maternal mental health (MMH) care, including building out the national MMH infrastructure and providing support to military families.

## Building Out the National MMH Infrastructure

*Into the Light for Maternal Mental Health and Substance Use Disorder Act of 2022*

### National MMH Hotline

MMHLA is advocating for full funding (\$10 million) for the National MMH Hotline as authorized by *Into the Light*.

In addition to supporting Hotline operations, funds will be used for a national public awareness campaign about the Hotline, and to train hotline counselors on best practices in providing support to servicemembers, veterans, and military families.

The Hotline (1-833-TLC-MAMA) provides 24/7 voice and text support to mothers and families impacted by MMH conditions. Since launching on Mother's Day 2022, the Hotline has assisted more than 25,000 help-seekers, with response times less than 30 seconds.

### State MMH Programs

MMHLA is advocating for full funding (\$24 million) for state MMH programs as authorized by *Into the Light*.

In addition to supporting 12 existing state programs, funds will be used to launch more programs, provide coordination across programs, offer technical assistance, raise public awareness, and fund Initiatives to address disparities and substance use.

MMHLA is requesting the Health Resources and Services Administration decrease administrative burden and provide guidance to states to integrate maternal and child mental health access programs, where applicable, to foster collaboration and promote cost efficiencies.

## Supporting Military Mothers and Families

*Maintaining Our Obligation to Moms Who Serve (MOMS) Act of 2024 (H.R.7087 / S.3641)*

MMHLA is advocating to provide specific support to our nation's military mothers, who experience MMH conditions at high rates, with 36% of female service members and military spouses and 60% of retired service members impacted by MMH conditions. The MOMS Act will create a 5-year pilot project, funded at \$5 million a year, aimed at preventing MMH conditions among uniformed service members and military spouses.

**Since 2019, MMHLA has secured \$70 million in federal funding for MMH programs.**

MMHLA is a nonpartisan 501(c)3 nonprofit organization dedicated to promoting the mental health of mothers and childbearing people in the United States with a focus on national policy and health equity. We advocate for improved mental health care during pregnancy and postpartum; we build partnerships and convene experts to formulate solutions; and we curate information to advance the field of maternal mental health.