






H.R.7087 / S.3641

Maintaining Our Obligation to Moms Who Serve (MOMS) Act of 2024

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MOMS Act Sponsors

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The Issue: Maternal Mental Health

- Our nation’s military mothers experience mental health conditions at **significantly higher rates** than their civilian counterparts: 36% of female service members and military spouses and 60% of retired service members are impacted by MMH conditions, compared to 20% in the general population.
- Maternal mental health conditions (MMH) are the **most common** complication of pregnancy and childbirth, and suicide and overdose combined are the **leading cause** of death for women in the first year following pregnancy.
- The vast majority (75%) of women who experience MMH conditions **remain untreated**, increasing the risk of long-term negative impacts on the mother, baby, family, and society and costing our nation \$14 billion annually.

The Solution: The MOMS Act of 2024

The MOMS Act will provide service members and families the support they need to prevent and reduce the symptoms of MMH conditions by:

- Creating a 5-year pilot program administered at military facilities to prevent MMH conditions among pregnant and postpartum uniformed service members and beneficiaries.
- Integrating evidence-based MMH prevention programs within existing maternal or pediatric care or programming.
- Increasing awareness of and encouraging participation in care or programming for pregnant and postpartum service members and beneficiaries.
- Establishing an advisory committee to identify evidence-based perinatal prevention programs, increase participation amongst diverse groups, and help reduce stigma.
- Providing outreach to eligible pregnant and postpartum service members and beneficiaries about the pilot program.

Since 2019, MMHLA has secured \$70 million in federal funding for MMH programs.

MMHLA is a nonpartisan 501(c)3 nonprofit organization dedicated to promoting the mental health of mothers and childbearing people in the United States with a focus on national policy and health equity. We advocate for improved mental health care during pregnancy and postpartum; we build partnerships and convene experts to formulate solutions; and we curate information to advance the field of maternal mental health.

For more information or to become a sponsor for the MOMS Act, contact Jamie Belsito at jbelsito@mmhla.org.