

Knox Public Health (KPH) is pleased to offer window stickers with the new addition of vaping devices to the Smoke-Free Ohio law originally passed in 2006. We currently have stickers with a clear or white background, depending on what is needed for your location. The stickers must be placed on doors used by the public and employees. The former stickers provided by our agency need to be removed and replaced with the updated one(s). Stop in at the main KPH building at 11660 Upper Gilchrist in Mount Vernon to pick up your stickers **(as shown to the right >>>)**.

The new revised law will continue to protect everyone's health and the right to breathe smoke-free and vape-free air. For employers and labor-management groups, KPH recommends the following guidelines:



1. **Develop Tobacco-Free Workplace Policies** - Employers can adopt an effective tobacco-free policy including vaping devices or electronic nicotine delivery systems. Policies need to be written to create a safe, healthful, tobacco-free work environment for all workers. Along with vaping devices, your policy should eliminate all tobacco products, including cigarettes, cigars, chewing tobacco, dip, and snuff.
2. **Provide Comprehensive Cessation Services** - cessation services should include:
 - a. Behavioral interventions (telephone, internet, face-to-face or group counseling programs)
 - b. Have employees contact the Ohio Tobacco Quit Line at 1-800-QUIT-NOW to receive counseling and free nicotine patches. Many insurance providers will also cover the cost of NRT, but counseling is highly encouraged.
 - c. Opportunities for multiple quit attempts; follow-up services to prevent relapses
3. **Support and Provide Incentives for Employees to Encourage Quitting** - Quitting is never easy, but an individual's chances increase greatly with support from multiple sources.
4. **Either monetary or non-monetary incentives** can help motivate tobacco users to quit. An employer can offer cessation classes during work time. This will show your workers that you care about them and their health. Also, once employees have made the commitment to quit tobacco, employers will generate financial returns in four ways:
 - a. Reduced healthcare costs
 - b. Reduced absenteeism
 - c. Increased on-the-job productivity
 - d. Reduced life insurance costs
5. **Remember KPH** – Do you have employees or staff interested in quitting tobacco or vaping but don't know where to start? Contact KPH's Mike Whitaker, Certified Tobacco Treatment Specialist, at 740-504-0080 or mwhitaker@knoxhealth.com to find out more information or begin your journey to becoming tobacco-free!