

Bio. Sustain

Intro

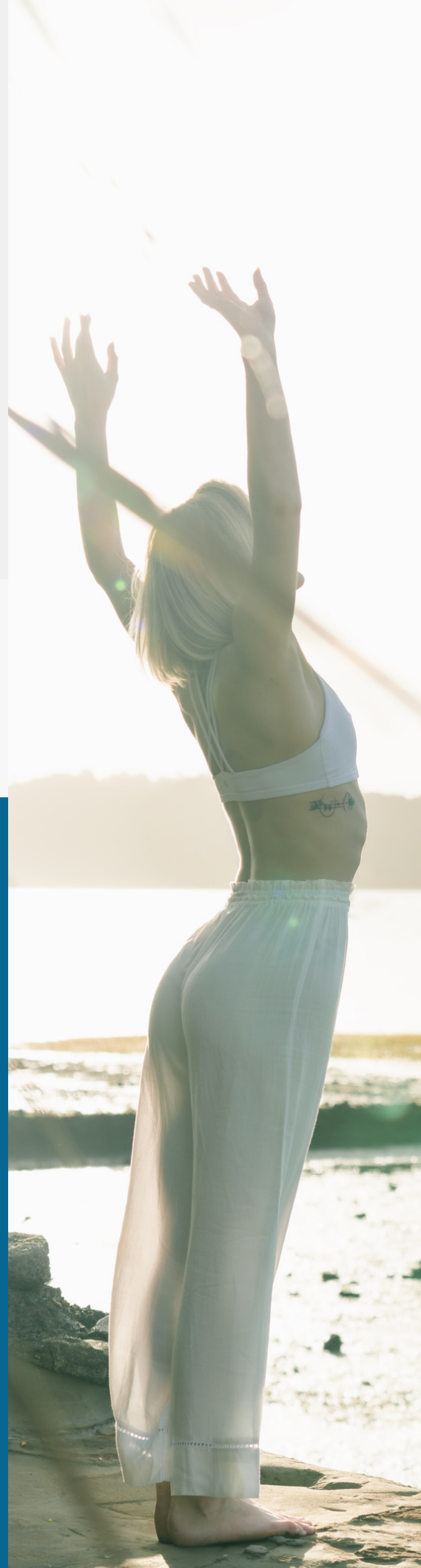
Bio.sustain offers a low cost payment programme to ensure you stay committed to your health over the year.

We offer 2 review appointments with the Dr and an annual comprehensive well woman health blood test to ensure everything is on track for you to feel your best.

This offers you the chance to discuss your successes and any challenges and allows us to identify areas for improvement.

*** Additional appointments may be required if new issues arise.

£49 pcm





Do you...

- Want to maintain your wellbeing and sense of balance
- Want to have regular check ins to discuss any issues that arise?
- Want to understand the role our lifestyle for optimal wellbeing and longevity
- Want support as you continue to transition along your health journey

A regular payment takes the sting out of consultation costs and helps keep you accountable to sustaining your health and wellbeing.

By investing in yourself, you are taking a proactive step to maintaining the foundations to support a healthier, happier, **balanced** life. Our team of experts are dedicated to supporting you at every stage to ensure long lasting well-being.