

Conference & Speaker Program



ADIPS

Annual Scientific Meeting
25-27 August 2023

Adelaide Convention
Centre

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WELCOME

Marni naa pudni (A Kurna phrase for 'Welcome')

On behalf of the organising committee and the Society, we are delighted to welcome you to Adelaide for the Annual Scientific Meeting of the Australasian Diabetes in Pregnancy Society (ADIPS) 2023. Over the next 3 days from August 25th - 27th, the Adelaide Convention Centre will host pre-eminent international and national clinicians and researchers in the field of diabetes in pregnancy, providing you an opportunity to connect with like-minded professionals and review emerging technologies and new research.

The overarching theme of the meeting is '***Diabetes and pregnancy- Preconception to birth and beyond***'.

We are proud to host our international speakers – Keynote speaker Assoc. Prof. Marie-France Hivert from Harvard Medical School, Assoc. Prof. Chris McKinlay from University of Auckland and the prestigious Norbert Freinkel Award winner Prof. Helen Murphy, from University of East Anglia.

The scientific program offers a rich variety of subjects, to explore multiple aspects of caring for women with diabetes in pregnancy. It also offers the opportunity to participate in workshops- Automated Insulin Delivery in Pregnancy, CGMS in pregnancy and the Early GDM workshops to cap off the meeting.

The social program provides you opportunities to network with like-minded people and explore and experience the sights and sounds of our beautiful city, Adelaide.

The program that has been put together has taken countless hours of working behind the scenes to provide you a rich intellectually stimulating experience. We hope you find it adds value to your practice and research.

Sincerely

Shantha Joseph

Chair, Local Organising Committee, ADIPS ASM 2023

David Simmons

President, Australasian Diabetes in Pregnancy Society

LOCAL ORGANISING COMMITTEE



President- Professor David Simmons
President ADIPS,
Distinguished Professor of Medicine,
Endocrinologist



Ana McCarthy
Endocrinologist, Obstetric physician



Chair- Shantha Joseph
Endocrinologist, Obstetric physician,
Medical Educator



Monika Skubisz
Clinician-researcher, Specialist Obstetrician
and Gynaecologist

Members



Julie Chemmanam
Endocrinologist, Obstetric physician



Collette Hooper
Nurse Practitioner,
ADEA Credentialed Diabetes Educator



Julia Zinga
ADIPS Board member,
Accredited Practising Dietitian

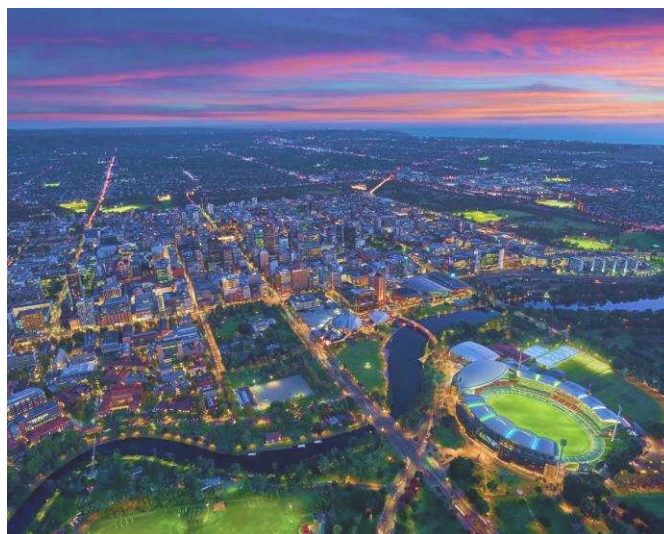


Suzie Neylon
Executive Officer, ADIPS

INFORMATION FOR DELEGATES AND PRESENTERS

Adelaide

Adelaide is a green and spacious city, with state-of-the-art infrastructure and technology to support the ADIPS 2023 Conference. This means it has everything you need as a delegate. This easily walkable city includes hotels, advanced technology precincts and universities, and the main business district. It also includes an enviable variety of globally renowned restaurants and wine bars and a fun laneway culture. The airport is 15 minutes from the CBD and tram routes around the CBD are free. Free city connector buses link popular city attractions, shopping, dining, education, and services. The World-famous wine regions of the Barossa and McLaren Vale are less than an hour away.

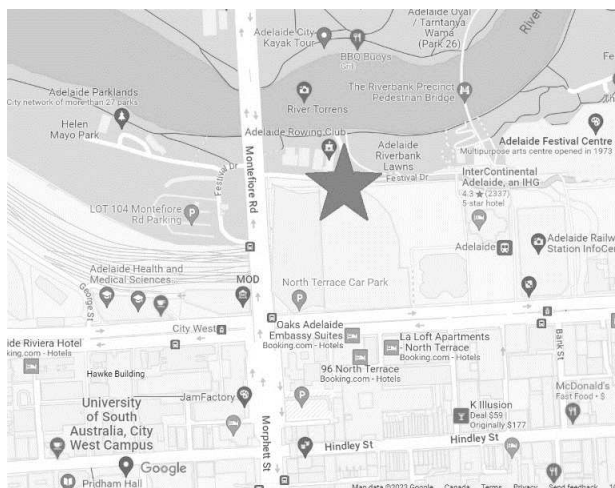


Venue Directory

Adelaide Convention Centre
North Terrace, Adelaide
South Australia, 5000

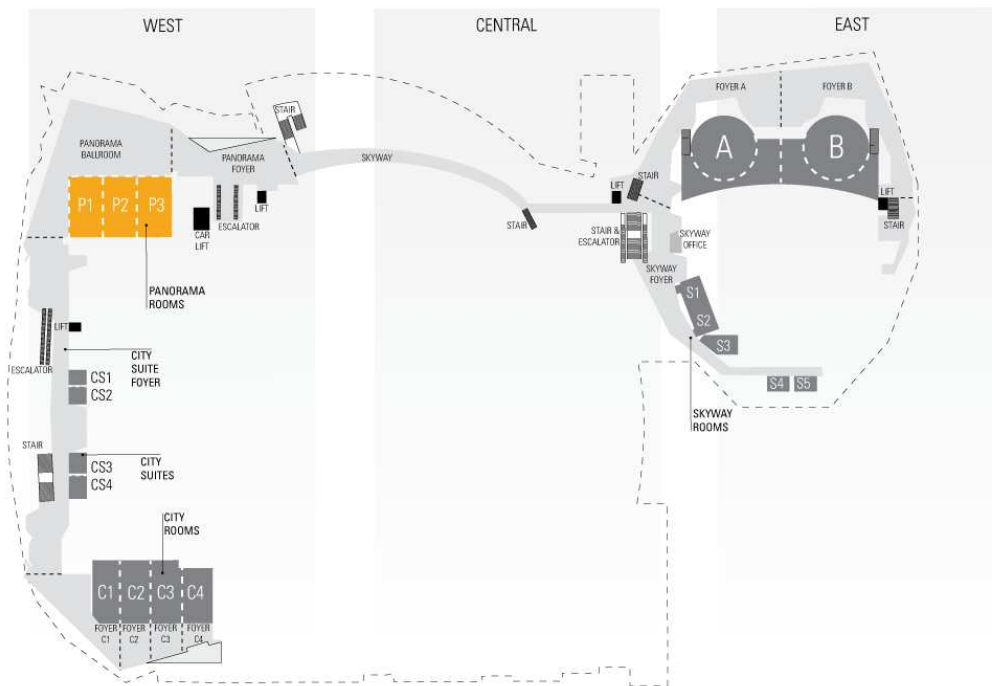
WEBSITE: www.adipsasm.org/

Location	Item
Panorama Foyer (Upper Level)	Registration, Exhibition, Poster Display, Catering
Panorama Rooms 1,2 & 3 (Upper Level)	Scientific Sessions
Hall C & D (Ground Level)	ADS/ADIPS Symposium (Friday Afternoon Only)



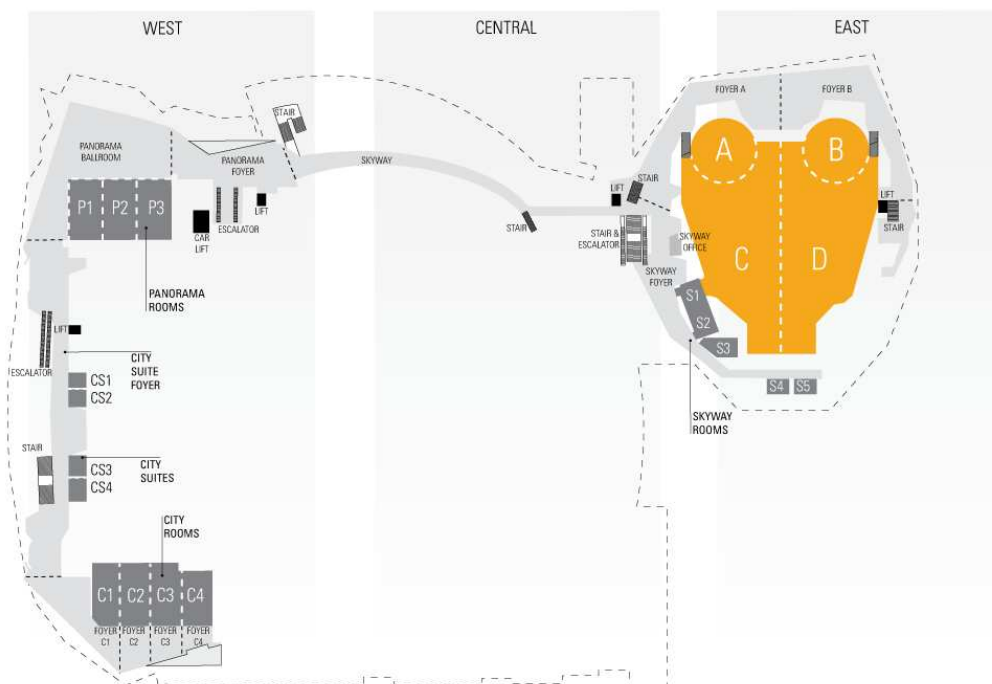
Venue Map

UPPER LEVEL



ADS/ADIPS Symposium Session on Friday 25th – 1:15PM – 3:15PM – Hall C&D (This session only)

UPPER LEVEL



Registration Desk

Location: Panorama Foyer

Operation Times:

- Friday 25th August 11:30AM – 6:00PM
- Saturday 26th August 7:00AM – 6:00PM
- Sunday 27th August 7:00AM – 3:00PM

All conference-related enquiries should be directed to ASN Events staff at this desk.

Onsite Conference Manager:

Jessica Young

ASN Events

Email: jess.y@asnevents.net.au

Mobile: +61 421 553 366

Registration Inclusions

Delegates will receive the following goods and services as part of their registration:

- Access to the sessions of your choice
- Conference program booklet
- Morning tea, lunch and afternoon tea on Saturday and Sunday
- Afternoon Tea on Friday
- Ticket to the Welcome Function (booking required)
- Entrance to the Early GDM Workshop
- Use of the conference app
- Complimentary Wi-Fi

Welcome Reception

The Welcome Reception will be held on Friday 25th August 2023 from 5:30pm to 7:00pm in The Panorama Foyer. Please see the registration desk to see if there are still places available.

Poster Presentations

Posters will be displayed from 12:30PM on Friday 25th August to Sunday 27th August. All posters must be taken down after afternoon tea on Sunday 27th August. The approved way of attaching your poster is with Velcro, which will be provided on your poster board.

There will be 1 dedicated poster judging session - Poster Session One: Friday 25th August, 5:30PM – 7:00PM.

Poster Judging

Moderated poster presentations will occur concurrently during the welcome function. The judges for the poster presentation will assess the posters and listen to the brief verbal presentations in sequence. Conference delegates can choose to follow the judges or view the posters independently at their discretion.

Conference Dinner

The Conference Dinner on Saturday August 26th is the social highlight of the 2023 Meeting. We are looking forward to immersing you in a unique experience with delicious food and wines, whilst catching up with colleagues and friends. 'Light ADL' is a not-for-profit organisation and registered charity designed to be a beacon for creativity while maintaining a focus on the wellbeing of its people. It is a space where creativity, technology, and hospitality blend to create breathtaking, innovative experiences.

Venue:

Light ADL

Dress Code:

Smart Casual

How to Get There:

10 to 12 Minute Walk or;
3 minutes in the car

Walk with Friends:

Want to walk as a group? Meet us in the Panorama Foyer at 6:40pm to walk together. We will leave at 6:45pm.



Speaker Preparation

Presentations are to be uploaded by the AV Technician within City Suite 2 prior to your session. You should bring your talk on a USB, saved in a format for display on a PC within the room. An AV technician will be available in the room to assist with transfer / loading issues. **Please note;** you can only upload your talks during this time;

Friday 25th August - 12:30PM – 4:00PM

Saturday 26th August - 6:30AM – 10:00AM

Sunday 27th August - 6:30 – 10:00AM

iPhone/Android Conference Web-App

The App is displayed in a simple and easy to read format on your phone, iPad, or computer. To get the 'App', please open the below link in your internet browser on your smart phone, iPad or laptop.

<http://adips-2023.m.asnevents.com.au/>

You will be prompted to add an icon onto your device home screen. The 'App' will allow you to:

- View the full conference program.
- View all abstracts for the conference.
- Save your favourite sessions and plan your day.
- Take notes which will then be saved and downloaded from your registration profile.
- Participate in live polling during the sessions.

To use most of these functions, you will be prompted to 'log in' each day. Simply enter the same email and password which you used to register.

Wi-Fi

Complimentary Wi-Fi is available for delegates within the conference areas for the duration of the conference. The Wi-Fi connection is suitable for the viewing of emails and browsing.

How to connect:

1. Please connect to the following Network: ACC_Free
2. Each session lasts for a duration of 8 hours following acceptance of terms & conditions.

This service is suitable for checking email and basic web browsing, however connections are not guaranteed and use of VPN services are not permitted.

Special Meal Requests

If you have nominated a special meal (dietary requirements, vegetarian, etc.) please identify yourself to the Convention Centre staff at mealtime. All requests have been passed onto the Convention Centre and will be catered for accordingly.

Social Media

We invite all Conference attendees to use the hashtag #ADIPS_ASM23 when posting about the Conference on social media. Adding #ADIPS_ASM23 to your post can help connect you with other attendees. Be sure to follow ADIPS on Twitter - https://twitter.com/ADIPS_SOC

ADIPS Secretariat



Suzie Neylon

Executive Officer | ADIPS Limited

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Address: 145 Macquarie Street, Sydney NSW 2000

INTERNATIONAL SPEAKERS



A/Prof Marie-France Hivert
Harvard Medical School



A/Prof Chris McKinlay
University of Auckland



Prof Helen Murphy
University of Anglia, UK
Ypsomed Australia

NATIONAL SPEAKERS



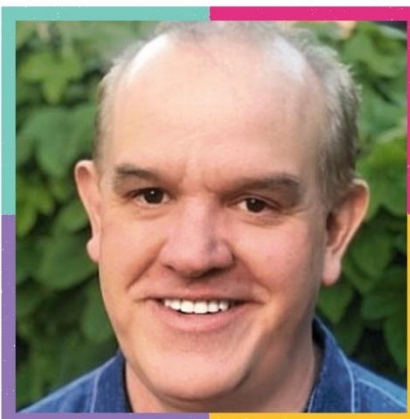
Elizabeth Bennett
Yorke and Northern Midwifery Group SA



Angela Blair
Diabetes Australia



Prof Jodie Dodd
Women's and Children's Hospital, SA



Prof Tim Green
SAHMHRI, SA



Rachel Hicks
Western Sydney University



Dr Olivia Holland
Griffith University



Prof Louise Hull
University of Adelaide



Tobias Kongbrailatpam
Western Sydney University, NSW



Prof Louise Maple-Brown
Menzies School of Health



Mohammad Monirul Haque
Western Sydney University, Australia



Melinda Morrison
Diabetes Australia



Prof Christopher Nolan
Australian National University



Dr Sarah Price
Royal Women's Hospital



A/Prof Glynis Ross
Royal Prince Alfred Hospital



Dr Christopher Rowe
University of Newcastle



Prof David Simmons
Western Sydney University, NSW



Dr Arianne Sweeting
University of Sydney



Barbie Sawyer
Diabetes Nurse Practitioner, SA



Dr Shelley Wilkinson
University of Queensland

PROGRAM

FRIDAY 25TH AUGUST 2023

Registration Opens

11:30AM – 6:00PM

Panorama Foyer

ADS/ADIPS Symposium

1:15PM - 3:15PM

Upper Level: Hall C&D

ADIPS delegates will need to be wearing their ADIPS nametags to obtain entry into Hall C&D if they are not attending the ADC Congress. You will need to pick up your ADIPS nametag from the Panorama Foyer before this session commences.

Chairs: David Simmons & Jina Rhou

1:15 PM

Glynis Ross - INVITED SPEAKER

Improving pregnancy outcomes in women with Pregestational diabetes:
Current & Future Directions **abs#1**

1:45 PM

Arianne Sweeting - INVITED SPEAKER

Improving pregnancy outcomes in women with GDM: Current &
Future Directions **abs# 2**

2:15 PM

Louise Maple-Brown - INVITED SPEAKER

Hyperglycaemia in pregnancy: disparities in access to care and outcomes
in a post-COVID world. Where are we now? **abs# 3**

2:45 PM

Christopher Nolan - INVITED SPEAKER

Recent advances in pathophysiology of GDM **abs# 4**

Afternoon Tea

3:15PM - 3:45PM

Panorama Foyer

Welcome and Official Opening

3:45PM - 4:00PM

Panorama 1, 2 & 3

Session 1: Antenatal and Technology

4:00PM - 5:30PM

Panorama 1, 2 & 3

Chairs: Julia Zinga & N Wah Cheung

4:00 PM

Melinda Morrison and Angela Blair - INVITED SPEAKERS

Updates from the National Diabetes Services Scheme (NDSS) **abs# 5**

- 4:20 PM **Sarah Price - INVITED SPEAKER**
Continuous Glucose Monitoring -Use in Pregnancy. **abs# 6**
- 4:50 PM **Jenny Wright**
Prevalence of adverse pregnancy outcomes in women with pre-gestational diabetes at a multidisciplinary clinic. **abs# 7**
- 5:00 PM **Ruth Hughes**
A 5-year South Island observational cohort study of pregnancies complicated by an elevated HbA1c in the prediabetes range 41-47 mmol/mol measured at booking (prior to 24 weeks gestation). **abs# 8**
- 5:10 PM **Amanda J Poprzeczny**
Pre-pregnancy diet and physical activity interventions for prevention of gestational diabetes mellitus: a systematic review and meta-analysis. **abs# 9**
- 5:20 PM **Leah Gilbert**
Effect of the 'MySweetheart' randomized controlled trial on birth, Anthropometric and psycho-behavioural outcomes in offspring of women with GDM. **abs# 10**

Welcome Drinks, Poster Presentation & Poster Judging

5:30PM - 7:00PM Panorama Foyer

SATURDAY 26TH AUGUST 2023

Registration Opens

6:30AM - 5:15PM Panorama Foyer

Workshop: Automated Insulin Delivery in Pregnancy with Helen Murphy

(Grab & Go - Breakfast Included)

7:30AM - 8:30AM Panorama 1, 2 & 3

Session sponsored by:



Session 2: Early Life

9:00AM - 10:30AM Panorama 1, 2 & 3

Chairs: Claire Roberts & Monika Skubisz

9:00 AM **Marie-France Hivert – KEYNOTE SPEAKER**
Keynote Talk: Developmental Origins of Obesity and Diabetes **abs# 11**

9:45 AM **Jodie Dodd – INVITED SPEAKER**
Invited Speaker: Maternal obesity and impact on pregnancy and beyond **abs# 12**

Morning Tea

10:30AM - 11:00AM Panorama Foyer

Session 3: Antenatal and Technology

11:00AM - 12:30PM Panorama 1, 2 & 3

Chairs: Rosemary Hall & Sandra Palazzo

Session sponsored by: **Medtronic**

11:00 AM **Glynis Ross – INVITED SPEAKER**
The latest in pumps and diabetes technology **abs# 13**

11:30 AM **Lili Yuen**
Utility of the third trimester haemoglobin A1c in predicting outcomes of diabetes in pregnancy **abs# 14**

11:40 AM **Paul Lawton**
Should we screen with a fasting blood glucose? A modified screening strategy during the COVID-19 pandemic for gestational diabetes – a large tertiary comparative cohort study **abs# 15**

11:50 AM **Jo Laurie**
GDM care re-imagined: Maternal, neonatal outcomes and cost savings following a major model of care change for Gestational Diabetes Mellitus at a large metropolitan hospital **abs# 16**

12:00 PM **Stephanie Terry**
Medical Nutrition Therapy in Gestational Diabetes Mellitus – Are outcomes different when delivered face-to-face versus by teleconference? **abs# 17**

12:10 PM **Matthew J L Hare**
Sharing the diabetes in pregnancy story with Aboriginal and Torres Strait Islander women in Northern Australia **abs# 18**

12:20 PM **Elizabeth Lewis-Hills**
Ngā Hua o Te Kōpū – Improving Health Outcomes for Wāhine Māori with Diabetes in Pregnancy **abs# 19**

ADIPS Annual General Meeting

12:30PM – 12:45PM

Panorama 1, 2 & 3

Lunch will be available after the meeting.

Lunch and Poster Viewing

12:30PM - 1:15PM

Panorama Foyer

Session 4: Preconception and Regional

1:15PM - 3:15PM

Panorama 1, 2 & 3

Chair: Collette Hooper & Matthew Hare

1:15 PM

Mary Louise Hull – INVITED SPEAKER

Role of hyperinsulinemia in infertility and in placental function post conception **abs# 20**

1:45 PM

Barbie Sawyer – INVITED SPEAKER

Challenges and Barriers to management of diabetes in pregnancy in Rural South East of SA and Western Victoria. **abs# 22**

2:15 PM

Elizabeth Bennett – INVITED SPEAKER

"Challenges in managing complex diabetes in pregnancy in regional areas - Models of care and escalation pathways - What works and what are ongoing difficulties?" **abs# 23**

2:45 PM

Timothy Green – INVITED SPEAKER

Should women with diabetes take high-dose folic acid during pregnancy? Exploring the risks and benefits. **abs# 24**

Afternoon Tea

3:15PM - 3:45PM

Panorama Foyer

Session 5: Peripartum and Neonatal

3:45PM - 5:30PM

Panorama 1, 2 & 3

Chairs: Julie Chemmanam & Alexis Shub

3:45 PM

Christopher Rowe – INVITED SPEAKER

Peripartum glucose control - how, why, who? **abs# 25**

4:15 PM

Chris McKinlay – INVITED SPEAKER

Long term impact of Neonatal Hypoglycaemia **abs# 26**

- 4:45 PM **Tilda Fletcher**
The impact of antenatal corticosteroids on maternal and neonatal outcomes in women with and without diabetes **abs# 27**
- 4:55 PM **Catherine Yu**
Antenatal Corticosteroids and Adverse Pregnancy Outcomes in GDM women- Friend or Foe? **abs# 28**
- 5:05 PM **Sophie Templer**
Maternal dysglycaemia near the end of pregnancy predicts a twofold increase in the odds of neonatal hypoglycaemia in GDM **abs# 29**

Poster Viewing

5:30PM - 6:30PM Panorama Foyer

Conference Dinner

7:00PM - 11:00PM **Offsite:** Light ADL

*Want to walk as a group? Meet us at the Panorama Foyer at 6:40pm to walk together.
We will leave at 6:45pm.*

SUNDAY 27TH AUGUST 2023

Registration Opens

7:00AM - 3:00PM Panorama Foyer

Workshop: CGMS in Pregnancy

(Grab & Go - Breakfast Included)

Session sponsored by:



7:30AM - 8:30AM Panorama 1, 2 & 3

Session 6: GDM Antenatal

9:00AM - 10:30AM Panorama 1, 2 & 3

Chairs: Cecily Foged & Ana McCarthy

9:00 AM **Marie-France Hivert – KEYNOTE SPEAKER**
Heterogeneity of Gestational Diabetes: Paving the Path for Precision Medicine **abs# 30**

9:45 AM **Tobias Kongbrailatpam - PAST ADIPS NOVO NORDISK GRANT WINNER PRESENTATION**
Assessment of the performance of blood glucose meters in pregnant women **abs# 31**

10:00 AM **Shelley A Wilkinson - - PAST ADIPS NOVO NORDISK GRANT WINNER PRESENTATION**
Development, implementation, and evaluation of novel mHealth strategies to enhance an evidence-based model of care in GDM in a Brisbane tertiary hospital. **abs# 32**

10:15 AM **Olivia Holland – - PAST ADIPS NOVO NORDISK GRANT WINNER PRESENTATION**
Placental function in gestational diabetes **abs# 33**

Morning Tea

10:30AM - 11:00AM Panorama Foyer

Session 7: TOBOGM Seminar

11:00AM - 12:30PM Panorama 1, 2 & 3

Chair: Michael Peek & Emily Hibbert

11:00 AM **David Simmons - INVITED SPEAKER**
TOBOGM Study overview - the perspectives from the summit **abs# 34**

11:20 AM **Mohammad Monirul Haque – INVITED SPEAKER**
Antenatal healthcare service utilisation and associated costs in the TOBOGM randomized controlled trial – preliminary findings **abs# 35**

11:40 AM **Rachel R Hicks – INVITED SPEAKER**
Community and Healthcare Professional Perspectives on GDM diagnosis, criteria, and service delivery – a qualitative analysis **abs# 36**

12:00 PM **Arianne Sweeting – INVITED SPEAKER**
TOBOGM: Findings from the TOBOGM Cohort study **abs# 37**

Awards and Closing Ceremony

12:30PM - 12:45PM Panorama 1, 2 & 3

Lunch on the Go

12:45PM - 1:15PM Panorama Foyer

Early GDM Workshop

1:15PM - 3:15PM

Panorama 1, 2 & 3

Chairs: Ian Fulcher & Alison Nankervis

- 1:15-1:35 -** What data can TOBOGM provide to guide discussions over early GDM diagnostic approaches - **Wah Cheung**
- 1:35-1:55 -** Options for the OGTT— **David Simmons**
- 1:55-2:15 -** Options to avoid the OGTT — **Chris Nolan**
- 2:15- 2:35 -** **PANEL**
1. **Jeremy Oates** (HAPO) (Obstetrician) –
 2. **Robyn Barnes** (District Diabetes Co-ordinator/Dietitian)
 3. **Mugdha Joglekar**
 4. **Alison Barry** (Midwife/CDE)
- 2:35-3:10 -** **DISCUSSION**
- 3:10-3:15 -** Future Directions: Where to from here - **David Simmons**

POSTER PRESENTERS

Piyumi Abeyawardana

Resource utilisation and pregnancy outcomes of smartphone-based interactive blood glucose management in gestational diabetes mellitus

abs# 50

Beenu Bastian

Postprandial hyperglycaemia screening and pregnancy outcomes: lessons from COVID -19

abs# 51

Jessica Burk

The impact of continuous glucose monitoring in women with diabetes in pregnancy on perinatal outcomes: A systematic review

abs# 52

Megan J Chatfield

Early pregnancy high normal HbA1c: A group of higher risk women?

abs# 53

Jeff R Flack

ADIPS DEADLINE EXTENSION: Widely welcomed or universally condemned?

abs# 54

Michael Fogarty

Examining prevalence and outcomes of diabetes in pregnancy at Albury Wodonga Health between May 2019 and 2022.

abs# 55

Megan N Gemmill

Assessing Clinical Markers of Pre-pregnancy Care in Women with Type 2 Diabetes Mellitus

abs# 56

Anna Krelle

Case report: Recurrent severe fetal growth restriction in a patient with Type 1 Diabetes

abs# 57

Anna Krelle

Breaking all the rules: A case report of Type 1 Diabetes in pregnancy

abs# 58

Ray Lau

Improving the experience of women with gestational diabetes from culturally and linguistically diverse backgrounds: a qualitative study

abs# 59

Joanna Paggi

Creation of a dietitian-led gestational diabetes diet-controlled telehealth pathway at Christchurch Women's Hospital

abs# 60

Joanna Paggi

Use of diabetes technology, blood glucose targets and birth outcomes of patients with type 1 diabetes in pregnancy at Christchurch women's hospital in 2022.

abs# 61

Canaan Negash Seifu

The effect of immediate treatment of early gestational diabetes mellitus on breastfeeding outcomes: Findings from the TOBOGM study

abs# 62

David Simmons

Maternal follow-up after the Treatment of Booking Gestational diabetes Mellitus (TOBOGM) study: early findings

abs# 63

Sophie Templer

Predictors of large for gestational age birthweight in gestational diabetes mellitus pregnancies

abs# 64

Rebecca L Thomson

Association of diet in pregnancy with maternal and birth outcomes in women with type 1 diabetes in the Environmental Determinants of Islet Autoimmunity study

abs# 65

Ellen Wall

Burden of obesity and excess weight gain in women with gestational diabetes in Canterbury – a review of maternal and neonatal outcomes.

abs# 66

Lisa Ward

Preserving sight in pregnancy: A case series of diabetic retinopathy

abs# 67

Vidya Nallamad

Investigating the use of a mobile application for remote blood glucose monitoring in women with gestational diabetes mellitus: a pilot study in Goondiwindi

abs# 68

Shanal Kumar

Maternal and fetal outcomes in women with cystic fibrosis with and without diabetes

abs# 69

SPONSOR PROFILES

Bold thinking. Bolder actions. We are **Medtronic**.

We lead global healthcare technology and boldly attack the most challenging health problems facing humanity by searching out and finding solutions. Our Mission — to alleviate pain, restore health, and extend life — unites a global team of 90,000+ passionate people. Powered by our diverse knowledge, insatiable curiosity, and desire to help all those who need it, we deliver innovative technologies that transform the lives of two people every second, every hour, every day. Expect more from us as we empower insight-driven care, experiences that put people first, and better outcomes for our world.

In everything we do, we are engineering the extraordinary.



The **National Diabetes Services Scheme (NDSS)** is an initiative of the Australian Government, administered by Diabetes Australia. The purpose of the NDSS is to support self-management for all Australians affected by diabetes. This is achieved by providing timely and affordable access to subsidised diabetes products, trusted information, and support programs to help people understand and manage their diabetes.



The NDSS is administered by Diabetes Australia

Net-Health is an Australian owned company and Net-HealthData is the software platform developed by Net-Health. Net-HealthData™ A proven remote patient monitoring system, allowing pregnant women with Gestational Diabetes Mellitus to be monitored in their homes with biometric data automatically captured and sent to the relevant primary health carers.



***Novo Nordisk** is a leading global healthcare company, founded in 1923 and headquartered in Denmark. Our purpose is to drive change to defeat diabetes and other serious chronic diseases such as obesity and rare blood and endocrine disorders. We do so by pioneering scientific breakthroughs, expanding access to our medicines, and working to prevent and ultimately cure disease. Novo Nordisk employs about 50,800 people in 80 countries and markets its products in around 170 countries. For more information, visit www.novonordisk.com.au*



Ypsomed Australia is the Australian affiliate of Ypsomed AG, a Swiss-based company with a deep heritage in the development and manufacture of infusion and injection systems for self-medication, including insulin therapy. With over 30 years' experience in bringing insulin-delivery devices to market, Ypsomed understands the challenges people on insulin therapy face in their everyday life, and is committed to making a difference through the design and delivery of high quality innovative & intuitive products and services that aim to make life with diabetes easier.



NOTES

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