

TSTHEALTH.ORG

SATANIC ABORTION RITUAL



The Satanic Abortion Ritual is a destruction ritual that serves as a protective rite.

Its purpose is to cast off notions of guilt, shame, and mental discomfort that a patient may be experiencing due to choosing to have a legal and medically safe abortion.

Even the most confident and unapologetic individual can experience uncomfortable feelings and anxiety for choosing to terminate their pregnancy. Laws in many states that impose waiting periods and state-mandated counseling can exacerbate these feelings, as can social condemnation and outright harassment by those who oppose abortion.

Misinformation about abortion and guilt for pursuing that option can be a lot to handle. It can be exhausting and frustrating to try to shrug off and dismiss internal and external pressures, especially those driven by religious convictions that disregard the beliefs and freedoms of others. Even when one recognizes that these criticisms are invalid, they can make an already troubling time even harder.

This ritual is designed to alleviate some of these stressors and empower the patient to be guided by the Third and Fifth Tenets when pursuing their decision.

The purpose of the ritual is not to persuade someone to have an abortion if they are undecided. Rather, the ritual serves to assist in affirming their decision and to ward off the effects of unjust persecution, which can cause one to stray from the paths of scientific reasoning and free will that Satanists strive to embody.

TST's abortion ritual can be performed to address definable concerns or to overcome unproductive feelings. The ritual, which includes the abortion itself, spans the entirety of the pregnancy termination procedure. There are steps to be performed before, during, and after the medical or surgical abortion.

Because rituals are deeply personal to those enacting them, there are variations in how it may be performed. The ritual can be personalized based on personal preferences and availability of materials. There is no need to purchase anything special or to adhere to every word. What is essential is the spirit and general intent.

One can also perform their favorite destruction ritual to target any of the unwanted feelings incited by adversity faced as a consequence of choosing to have an abortion. Feel free to take or leave whatever you wish from this one to build your own.

SATANIC ABORTION RITUAL PREPARATIONS

Before performing the ritual, you may choose to review the safety, the debunked claims, and the scientific reality regarding abortion. You may also choose to read stories or listen to podcasts about people who made great sacrifices in the struggle to establish the reproductive rights we have today. These stories can be inspirational and may subdue stigmas you might feel from those who oppose abortion.

Your ability to choose to terminate a pregnancy is consistent with the ideals of liberty and freedom. Be proud of pursuing what you want for your life despite opposition.

IMPLEMENTS

- A quiet space where you feel comfortable
- Something that allows you to see your reflection or imagine yourself
- A copy of The Satanic Temple's Third and Fifth Tenets and the personal affirmation

Tenet III

One's body is
inviolable,
subject to one's
own will alone.

Tenet V

Beliefs should conform to one's best
scientific understanding of the world.
One should take care never to distort
scientific facts to fit one's beliefs.

Personal Affirmation

By my body,
my blood.
By my will,
it is done.

FOR MEDICAL ABORTIONS

Immediately before taking the medication(s) to terminate your pregnancy, look at your reflection, or imagine yourself, to be reminded of your personhood and your responsibility to yourself.

Focus on your intent. Take deep breaths, and make yourself comfortable. When ready, read the Third Tenet aloud to begin the ritual. After swallowing the medication(s), take another deep breath and recite the Fifth Tenet. After you have passed the embryo, return to your reflection, and recite the personal affirmation. Feel doubts dissipating and your confidence growing as you have just undertaken a decision that affirms your autonomy and free will.

The religious abortion ritual is now complete.

FOR SURGICAL ABORTIONS

Prior to receiving any anesthetic or sedation, look at your reflection, or imagine yourself, to be reminded of your personhood and your responsibility to yourself.

Focus on your intent. Take deep breaths, and make yourself comfortable. When you are ready, say the Third Tenet and Fifth Tenet aloud. You may now undergo the surgery. After the surgery is completed and any anesthetic has worn off, return to your reflection and recite your personal affirmation. Feel doubts dissipating and your confidence growing as you have just undertaken a decision that affirms your autonomy and free will.

The religious abortion ritual is now complete.