

# LET'S GET THINKING: ASSESSMENT OF COGNITION IN OLDER PEOPLE

Half Day Workshop

Friday 16 June 2023, 9am - 1pm

Carlton Library Meeting Room

667 Rathdowne Street ,Carlton North



Facilitated by an experienced neuropsychologist our half day, interactive workshop will :

- Examine cognitive domains
- Discuss normal ageing vs. dementia, depression, delirium and MCI
- Give you practical tips to administer, score and analyse cognitive screens

Suitable for allied health, nursing, care coordinators, students, GPs, medical practitioners

## Program Facilitator

Dr Anita Panayiotou is a cognitive neuroscientist and senior Clinical Neuropsychologist, who has extensive experience working with older people with dementia in both clinical and research settings. Anita has worked as a clinician across the care continuum and has implemented a number of large scale improvements to enhance outcomes for older people, across health and aged care settings.

Anita's research focuses on understanding and improving the lives of people with dementia and mental illness, with a focus on supporting family, carers and those from culturally and linguistically diverse backgrounds. She has published over 25 scientific papers in peer-reviewed journals, attained several large research grants and has been awarded a number of research awards in recognition of her contribution.



**DATE**  
16 June 2023



**ENQUIRE NOW**  
[kathy@thriveaged.com.au](mailto:kathy@thriveaged.com.au)

# LET'S GET THINKING: ASSESSMENT OF COGNITION IN OLDER PEOPLE

www.thriveaged.com



## **Cognitive Domains:**

Learn more about the 6 domains of cognitive function and how cognitive function impacts upon performance in daily functional activities.

## **Normal ageing vs dementia, depression, delirium, MCI**

Learn more about how the brain changes with normal ageing as compared to when impacted by common age related conditions such as dementia, delirium, depression and MCI.

## **Cognitive Screening**

Gain practical experience in learning how to administer common cognitive screening tools, practice scoring these tools and learn how to interpret results and link results to the impact they may have on a person's functional ability.

## **Case Scenarios**

Some complex case scenarios will be presented and discussed to get us thinking about what to do in non typical situations.

## **Network**

Over morning tea network with other professionals in the health and care sectors.

## **Access to expertise**

Dr Anita Panayiotou is an experienced senior clinician with vast knowledge and practical real life experience working with older people with dementia and other cognitive impairment. Come with your questions and case scenarios and let's all get thinking about how we can better assess cognition.

## **Testimonial**

Anita is one of the most dedicated, thorough and person centred clinicians I have worked with. Her knowledge about dementia and cognitive impairment is second to none and she is able to relate this knowledge to other clinicians, consumers, and family members in a simple and straight forward way. As an OT I have enjoyed working with Anita as she works in multi-disciplinary approach and is always ready to think about how different cognition may affect day to day function - always keeping her thinking relatable to the person and their life.

- Kate Lamont, Occupational Therapist



**START DATE**  
16 June 2023



**ENQUIRE NOW**  
kathy@thriveaged.com.au