



Eating Disorder Support Group

In-Person

Free weekly support group for Lemond Nutrition clients 16+ that are currently seeing an ED dietitian and therapist.

FACILITATED BY:
ANGELA LEMOND
MA LPC ASSOCIATE RDN LD

Monday evenings beginning
November 6, 2023
6-7 PM

**only 15
spots!**

Sign-up required:
Email lemondtherapy@gmail.com

Give your
recovery
a
BOOST!

Lemond Nutrition Plano 700 E. Park Blvd. Suite 206, Plano, TX 75074

SUPPORTING YOUR LOVED ONE WITH AN EATING DISORDER

FIRST THURSDAYS AT 6PM

In-Person

LEMOND NUTRITION PLANO
700 E. PARK BLVD., SUITE 206
PLANO, TX 75074



Sign-up required:
Email lemondtherapy@gmail.com



- DISEASE OVERVIEW
- TREATMENT LEVELS
- BEST WAYS TO SUPPORT
- LOOKING AHEAD
- RESOURCES FOR FAMILIES



FREE

@LEMONDNUTRITION

BRINGING PEOPLE TOGETHER



LEMOND
NUTRITION
For The Whole Family