



Multi-media resources aimed at understanding and addressing opioid addiction in a curated directory.

Reports & Studies

- Assembly of First Nations (2016). [First Nations Health Priorities to Reducing Problematic Opioid Use](#)
- Chiefs of Ontario (2021). [Opioid Use, Related harms and access to treatment among First Nations in Ontario, 2013-2019](#)
- Interagency Coalition on AIDS and Development (2019). [Indigenous Harm Reduction = Reducing the Harms of Colonialism: Policy Brief](#)
- [The Cedar Project](#) is a community-based and Indigenous-governed research study that for the past 17 years has focused on supporting Indigenous youth people who use drugs.
 - [The Cedar Project processes](#)
 - [The Cedar Project pandemic learnings](#)
 - [Exploring the role of colonial harms & childhood maltreatment on HIV & hepatitis C infection among young Indigenous people who use drugs](#)

Documentaries & Films

Elle-Máijá Tailfeathers (2021). [Kímmapiiyipitssini: The Meaning of Empathy.](#)

Witness the change brought by community members with substance-use disorder, first responders and medical professionals as they strive for harm reduction in the Kainai First Nation. Full documentary available for free on the NFB website linked here.



Kímmapiiyipitssini: The Meaning of Empathy

Info Sheets & Guidelines

- Canadian Mental Health Association (2019). [Naloxone 101: What is naloxone?](#)
- Alberta College of Pharmacy (2023). [Guidance for pharmacies distributing naloxone.](#)



Training & Learning Modules

- Crystal Meth E-Learning Modules is a series of YouTube videos that provides insight into strategies for organizations to respond to crystal meth use. Includes modules that cover an introduction to crystal meth use, de-escalation tools, paranoia and psychosis, and understanding stigma.
- First Nations Health Authority: Indigenous Harm Reduction
- Canadian Red Cross: First Aid for Opioid Poisoning Emergencies
- St John Ambulance: Opioid Poisoning Response Training for Individuals

Books

- Overdose: Heartbreak and Hope in Canada's Opioid Crisis - Benjamin Perrin (2022).
- Dopesick: Dealers, Doctors, and the Drug Company that Addicted America - Beth Macy (2018).
- From the Ashes: My Story of Being Metis, Homeless, and Finding My Way - Jesse Thistle (2019).
- Lost Connections: Why You're Depressed and How to Find Hope - Johann Hari (2018).
- Chasing the Scream: The First and Last Days of the War on Drugs - Johann Hari (2015).
- Bittersweet: How Sorrow and Longing Make Us Whole - Susan Cain (2022).
- In the Realm of Hungry Ghosts: Close Encounters With Addiction - Gabor Mate (2010).

