

Lauren M. Schaefer, Ph.D.

University of North Carolina Wilmington
College of Arts & Sciences
Department of Psychology
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POSITIONS AND APPOINTMENTS

- 2023-Current** **Private Practice Founder and Owner**
Hope and Healing Therapy Center, Wilmington, NC
- 2023-Current** **UNCW GPAC Director and Clinical Assistant Professor**
University of North Carolina Wilmington, Dept. of Psychology
- 2022-2023** **Post-Doctoral Fellowship, Clinical Psychology**
Role: Training Clinic Director and Clinical Supervisor
University of North Carolina Wilmington, Dept. of Psychology
- 2021-2022** **Post-Doctoral Fellowship**
Perkins Counseling and Psychological Services
Wake Forest, NC

EDUCATION AND TRAINING

- 2021** **Doctor of Philosophy, Clinical Psychology**
University of Memphis, Dept. of Psychology
Child, Adolescent, and Family Specialization
APA Accredited, APCS Graduate Program
Cumulative GPA: 4.0
- 2020** **Residency, Clinical Psychology**
AU/MCG-Charlie Norwood VAMC Psychology Internship
Medical College of Georgia at Augusta University
Child and Family Track
APPIC Accredited
- 2016** **Master of Arts, Psychology**
University of North Carolina Wilmington, Dept. of Psychology
Cumulative GPA: 4.0
- 2013** **Bachelor of Arts, Psychology with Honors**
University of North Carolina Wilmington, Dept. of Psychology
Cumulative GPA: 4.0, *Summa Cum Laude*

LICENSURE

- 2023** Licensed Health Service Psychologist, North Carolina, #6333

HONORS & AWARDS

- 2021** **2021 National Register Associate Credentialing Scholarship**
National Register of Health Service Psychologists
Amount: \$150
- 2020** **River Fund Psychological Services Award**
The River Fund, University of Memphis
Amount: \$1000
- 2020** **Melanie Foundation Scholarship**
The Melanie Foundation
Amount: \$1000
- 2019** **Division 36 Student Research Award**
American Psychological Association, Division 36
Amount: \$500
- 2019** **Division 12 Student Poster Award**
American Psychological Association, Division 12
- 2019** **Melanie Foundation Scholarship**
The Melanie Foundation
Amount: \$3,500
- 2019** **Department Chair Travel Scholarship**
Dr. Frank Andrasik, University of Memphis
Amount: \$1,000
- 2019** **Promising Scholar Award**
Life Paths Research Center
- 2018** **Outstanding Student Service Award**
Graduate Student Coordinating Committee, University of Memphis
Annual award presented to one graduate student for outstanding service
- 2017** **Competitive Travel Enrichment Award**
College of Arts & Sciences, University of Memphis
Amount: \$175
- 2017** **Division 12 Student Poster Award**
American Psychological Association, Division 12
- 2017** **APA Student Travel Award**
American Psychological Association
Amount: \$300

- 2016-2019** **Conference Travel Award**
Graduate Student Coordinating Committee, University of Memphis
 Amount: \$3,000
- 2016-2019** **Conference Travel Award**
Graduate Student Association, University of Memphis
 Amount: \$1,785
- 2016** **Making a Difference to NC Award**
Graduate School, University of North Carolina Wilmington
 Awarded for research reflecting a significant contribution to the state of NC
- 2015** **Mabel Kane Stryker Scholarship**
Sigma Sigma Sigma Foundation
 Amount: \$1,000
 Scholarship given to three graduate students nationwide
- 2015** **Academic Excellence Graduate Scholarship**
Psychology Department, University of North Carolina Wilmington
 Amount: \$100
- 2015** **Perry Daniel Lockamy Jr. Memorial Scholarship**
University of North Carolina Wilmington
 Amount: \$1,000
- 2015** **Competitive Alumni Scholarship**
University of North Carolina Wilmington Alumni Association
 Amount: \$1,000
- 2015** **Making a Difference to NC Award**
Graduate School, University of North Carolina Wilmington
 Awarded for research reflecting a significant contribution to the state of NC
- 2014-2015** **Conference Travel Award**
Graduate Student Association, University of North Carolina Wilmington
 Amount: \$1,000
- 2014** **New Scholar Award**
Psychology Department, University of North Carolina Wilmington
 Scholarship given to the incoming graduate student with the highest GPA
 Amount: \$1,000
- 2013** **Competitive Student Research Travel Award**
Honors College, University of North Carolina Wilmington
 Amount: \$1,000

- 2013** **Senior Medallion**
Division of Student Affairs, University of North Carolina Wilmington
The most prestigious award presented by the university community to a select group of senior students upon graduation.
- 2013** **Outstanding Leadership Award**
Division of Student Affairs, University of North Carolina Wilmington
- 2013** **Distinguished Undergraduate Research Scholar Award**
University of North Carolina Wilmington
- 2012** **Competitive Member Scholarship**
Sigma Sigma Sigma Foundation
Amount: \$1,000
- 2012** **Scholar of the Year Award**
Panhellenic Council, University of North Carolina Wilmington
- 2012** **Honors Scholar Award**
Honors College, University of North Carolina Wilmington
- 2012** **Outstanding Member of the Region Award**
Sigma Sigma Sigma Foundation
National award to distinguish one outstanding member from each of four regions
- 2010-2012** **Donald Watson Scholarship**
Honors College, University of North Carolina Wilmington
Amount: \$15,000

SPECIALIZED TRAINING & CERTIFICATIONS

Intensive Clinical Supervision Training Certificate

George Haarman & Rachel McCrickard, PESI, In Progress, Virtual

Trauma-Informed Motivational Interviewing Certificate

Ali Hall, Kristin Dempsey, & Jennifer Frey, PESI, In Progress, Virtual

Cognitive Behavioral Therapy (CBT) Certificate

Chris Worfolk, Udemy, In Progress, Virtual

Acceptance and Commitment Therapy (ACT) Certification

Elmira Stranger, Udemy, In Progress, Virtual

Dialectical Behavior Therapy (DBT) Course

Chris Worfolk, Udemy, In Progress, Virtual

Cognitive Behavioral Therapy (CBT) Practitioner Course

Kain Ramsey, Udemy, In Progress, Virtual

Motivational Interviewing Certificate

Kevin O'Douherty, Udemy, In Progress, Virtual

Emotionally Focused Therapy: Attachment Science in Practice Course

Sue Johnson, Psychwire, October 2023, Virtual

CPT-Web: Cognitive Processing Therapy Certification

Medical University of South Carolina, February 2023, Virtual

Project Echo Autism Training Program

UNC TEACCH® Autism Program, January 2023, Virtual

A Transdiagnostic Treatment for Anxiety & Emotional Disorders Workshop

David Barlow, Ph.D., June 2022, Virtual

Psychotherapy Relationships and Responsiveness: Evidence-based Practices Workshop

John Norcross, Ph.D., March 2021, Memphis, TN

LGBT Health and Transgender Health Issues Workshop

Jillian Shipherd, Ph.D., October 2019, Memphis, TN

Acceptance and Commitment Therapy (ACT) Workshop

Kelly Wilson, Ph.D., March 2019, Memphis, TN

Cognitive Behavioral Therapy (CBT) for Depression Clinical Workshop

Steve Hollon, Ph.D., April 2018, Memphis, TN

SUPERVISION EXPERIENCE

- 2022-Present** **Clinical Supervisor and Training Director (40 hrs./wk.)**
General Psychotherapy & Assessment Clinic: UNCW
Duties: Provide group and individual supervision for eleven doctoral trainees in their provision of outpatient psychological and assessment services in the General Psychotherapy & Assessment Clinic. Instructor of record for three supervision courses for students in 2nd-4th years of doctoral training.
- 2019-2020** **Peer Supervisor (5 hrs./wk.)**
Psychological Services Center, University of Memphis
Duties: Provided guidance and supervision during individual and group supervision sessions with three junior clinicians (second-year doctoral students) seeing both adult and child clients.

TEACHING EXPERIENCE

- Spring 2023**
Spring 2024 **Instructor of Record**
University of North Carolina Wilmington, Wilmington, NC
Course: PSY 652: Topics in Health Care Services: Supervision and Consultation
- 2022-Present** **Instructor of Record**
University of North Carolina Wilmington, Wilmington, NC
Course: PSY 794: Advanced Clinical Practicum
- 2022-Present** **Instructor of Record**
University of North Carolina Wilmington, Wilmington, NC
Course: PSY 694: Intermediate Clinical Practicum
- 2022-Present** **Instructor of Record**
University of North Carolina Wilmington, Wilmington, NC
Course: PSY 594: Beginning Clinical Practicum
- 2021** **Guest Lecturer**
Medical College of Georgia, Augusta, GA
Course: First Year Medical Student Seminar
Topic: Psychosocial Implications of Lupus
Title: “Coping with Invisible Illness: Systemic Lupus Erythematosus”
- 2018-2019** **Guest Lecturer**
Department of Psychology, University of Memphis, TN
Course: Clinical Assessment: Case Conceptualization for Dr. Brook Marcks
Title: “Child and Adolescent Psychotherapy Techniques”
- Course: Clinical Psychotherapies: Appreciating our Differences for Dr. Idia Thurston
Title: “Considerations for Counseling LatinX Immigrants”
- Course: Directed Independent Research for Dr. Kathryn Howell
Title: “Using Mediation and Moderation Techniques in the PROCESS Macro for SPSS”
- 2016** **Graduate Teaching Assistant**
Department of Psychology, University of North Carolina Wilmington, NC
Course: Statistics for the Behavioral Sciences
Duties: Led weekly lab sessions to teach students analytical techniques in SPSS and how to report statistical findings in APA format. Graded lab assignments and exams. Assisted the professor and students in their academic needs.

- 2016** **Graduate Teaching Assistant**
Department of Psychology, University of North Carolina Wilmington
Course: Introduction to Experimental Psychology
Duties: Prepared presentations and lectured on multiple topics. Thoroughly edited student papers for content and APA format. Provided individualized feedback to students to improve their writing. Graded assignments and exams.
- 2015-2016** **Guest Lecturer**
Department of Psychology, University of North Carolina Wilmington
Course: Introduction to Experimental Psychology for Dr. Erica Noles
Title: “Identifying Good Measurement”
- Course: Introduction to Experimental Psychology for Dr. Erica Noles
Title: “Small-N Research Design”
- Course: Advanced Electroencephalography for Dr. Julian Keith
Title: “Examining Brain Function Differences in Individuals with Eating Disorders Using Electroencephalography and Event-Related Potentials”
- 2015-2016** **Graduate Assistant**
Department of Psychology, University of North Carolina Wilmington
Duties: Assisted professors in their needs by proctoring exams, making copies, scoring exams, and guest lecturing.

PEER-REVIEWED PUBLICATIONS

1. **Schaefer, L. M.**, Howell, K. H., Jamison, L. E., & Napier, T. R. (2022). The function of connection: Examining social-ecological supports in the lives of parentally bereaved youth. *Omega: Journal of Death and Dying*. <https://doi.org/10.1177/00302228221127827>
2. Mandell, J. E., Howell, K. H., **Schaefer, L. M.**, Hardin, R. N., & Thurston, I. B. (2022). Social support for mothers living with HIV: A pilot investigation of the beneficial roles of positive parenting and community cohesion. *Journal of HIV/AIDS & Social Services*. <https://doi.org/10.1080/15381501.2021.2016538>
3. Napier, T. R., Howell, K. H., **Schaefer, L. M.**, Schwartz, L. E. (2020). Differentiating the effects of anxious and avoidant attachment on depression and resilience following trauma. *Journal of American College Health*. <https://doi.org/10.1080/07448481.2020.1762605>
4. Howell, K. H., **Schaefer, L. M.**, Hasselle, A. J., & Thurston, I. B. (2019). Social support as a moderator between syndemics and posttraumatic stress among women experiencing adversity. *Journal of Aggression, Maltreatment & Trauma*. <https://doi.org/10.1080/10926771.2020.1783732>

5. Kamody, R. C., Thurston, I. B., Howell, K. H., Schwartz, L. E., & **Schaefer, L. M.** (2019). A cross-sectional examination of intimate partner violence and mother-child communication. *Journal of Child and Family Studies*. <https://doi.org/10.1007/s10826-019-01617-z>
6. **Schaefer, L. M.**, Howell, K. H., Sheddan, H. C., Napier, T. R., Shoemaker, H. L., & Miller-Graff, L. E. (2019). The road to resilience: Themes of strength and coping among pregnant women exposed to intimate partner violence. *Journal of Interpersonal Violence*. <https://doi.org/10.1177/0886260519850538>
7. Miller-Graff, L. E., Howell, K.H., Scheid, C. R. & **Schaefer, L. M.** (2019). “Violence is everywhere”: Childhood poly-victimization, perceptions of the prevalence of violence, and posttraumatic stress symptoms. *Violence and Victims*, 34(2), 376–393. <https://doi.org/10.1891/0886-6708.vv-d-17-00144>
8. **Schaefer, L. M.**, Howell, K. H., Schwartz, L. E., Bottomley, J. S., & Crossnine, C. B. (2018). A concurrent examination of protective factors associated with resilience and posttraumatic growth following childhood victimization. *Child Abuse & Neglect*. 85, 17–27. <https://doi.org/10.1016/j.chiabu.2018.08.019>
 - Research selected to be featured in a Child Trends News Service (CTNS) broadcast, a National Science Foundation-funded project that translates research into actionable steps for parents: <https://www.childtrends.org/videos/overcoming-childhood-trauma>
9. **Schaefer, L. M.**, Howell, K. H., Thurston, I. B., Kaufman, C. C., & Hasselle, A. H. (2018). Protective factors associated with fewer generalized anxiety disorder symptoms among women exposed to intimate partner violence. *Journal of Interpersonal Violence*. <https://doi.org/10.1177/1359105317723450>
10. Howell, K. H., Miller-Graff, L. E., **Schaefer, L. M.**, & Scrafford, K. E. (2017). Relational resilience as a potential mediator between adverse childhood experiences and prenatal depression. *Journal of Health Psychology*. <https://doi.org/10.1177/1359105317723450>
11. Howell, K. H., Thurston, I. B., **Schaefer, L. M.**, Hasselle, A. J., & Murry-Drobot, O. (2017). Social support as a mediator of the relationship between syndemics and posttraumatic stress. *Annals of Behavioral Medicine*, 51, S2331.
12. Kamody, R. C., Thurston, I. B., Howell, K. H., Schwartz, L. E., & **Schaefer, L. M.** (2017). The relationship between intimate partner violence and mother-child communication about syndemics. *Annals of Behavioral Medicine*, 51, S2332.
13. **Schaefer, L. M.**, & Nooner, K. B. (2017). A dimensional examination of eating disorder symptoms in relation to cognitive processing: An event-related potentials study. *Journal of Applied Biobehavioral Research*, 23(3) e12107. <https://doi.org/10.1111/jabr.12107>
14. **Schaefer, L. M.**, & Nooner, K. B. (2017). Brain function associated with co-occurring trauma & depression symptoms in college students. *Journal of Aggression, Maltreatment & Trauma*, 2, 1-16. <https://doi.org/10.1080/10926771.2016.1272656>

15. Nooner, K. B., & **Schaefer, L. M.** (2015). A pilot investigation of media multitasking and trauma symptoms among adolescents. *Journal of Human Behavior in the Social Environment*, 25(6), 687-696. <https://doi.org/10.1080/10911359.2015.1013659>
16. **Schaefer, L. M.** (2013). Relations between maternal personality, parenting, and toddlers' emotion regulation and externalizing behaviors. *Colonial Academic Alliance Undergraduate Research Journal*, 4(1), 1-31. <http://publish.wm.edu/caaurj/vol4/iss1/2/>
 - Article Chosen to be included in the Undergraduate Research Commons which showcases outstanding undergraduate research.

ORAL PRESENTATIONS

1. **Schaefer, L. M.**, Howell, K. H., Jamison, L. E., Napier, T. R. (2019, April). *Meaning making and resilience among bereaved youth: A qualitative study*. Paper presented at ResilienceCon: The Science of Strength Conference, Nashville, TN.
2. Jamison, L. E., Howell, K. H., Thurston, I. B., **Schaefer, L. M.**, Amaba, B. R., & Young, S. S. (2019, April). *Examining risk and protective factors that differentiate clinically significant depressive symptoms following exposure to intimate partner violence*. Paper presented at ResilienceCon: The Science of Strength Conference, Nashville, TN.
3. **Schaefer, L. M.**, Howell, K. H., Sheddan, H. C., Schwartz, T. R., Shoemaker, H. L., Wagner, H. E., & Miller-Graff, L. E. (2018, July). The road to resilience: themes of strength and coping among pregnant women exposed to intimate partner violence. In M. Galano, *Community-based intervention for families experiencing intimate partner violence: Exposure, posttraumatic stress, and resilience*. Symposium presented at the 2018 International Family Violence and Child Victimization Research Conference, Portsmouth, NH.
4. Howell, K. H., Thurston, I. B., & **Schaefer, L. M.** (2018, July). *Differential relations between past vs. present violence and posttraumatic stress in women exposed to intimate partner violence*. Paper presented at the 2018 International Family Violence and Child Victimization Research Conference, Portsmouth, NH.
5. **Schaefer, L. M.** (2018, June). *Utilizing Parent-Child Interaction Therapy PRIDE Skills to increase desired behaviors and reduce behavioral problems in youth*. Presentation delivered at the Annual Camp Hope Tennessee Counselor Training, Memphis, TN.
6. **Schaefer, L. M.**, Howell, K. H., Thurston, I. B., Kaufman, C. C., & Hasselle, A. H. (2018, April) *Protective factors associated with fewer generalized anxiety disorder symptoms among women exposed to intimate partner violence*. Presentation delivered at the 1st Annual Forum on Adversity and Resilience: Engaging Researchers, Families, and Communities to Promote Health Equity in Memphis, Department of Psychology, University of Memphis, Memphis, TN.
7. Howell, K.H., Miller-Graff, L.E. & **Schaefer, L. M.** (2018, March). *The development of an intervention for pregnant women exposed to intimate partner violence*. Paper presented at Psychology & Peace 2018, Notre Dame, IN.

8. Howell, K.H. & **Schaefer, L. M.** (2017, September). *Charting a path toward resilience following childhood exposure to adversity*. Presentation for the University of Memphis Research Foundation, Memphis, TN.
9. Howell, K. H., Miller-Graff, L. E., & **Schaefer, L. M.**, & Scrafford, K. (2017, April). *The relationship between childhood adversity and prenatal depression: The mediating role of resilience*. Paper presented at ResilienceCon: The Science of Strength Conference, Nashville, TN.
10. Howell, K. H., Thurston, I. B., & **Schaefer, L. M.**, Hasselle, A. J., & Murry-Drubot, O. (2017, March). Social support as a mediator of the relationship between syndemics and posttraumatic stress. In I. B. Thurston, *A strength-based approach to understanding health disparities: Examining risk and resilience in mothers living with syndemics*. Symposium presented at the 38th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA.
11. Kamody, R. C., Thurston, I. B., Howell, K. H., Schwartz, L. E., & **Schaefer, L. M.** (2017, March). The relationship between intimate partner violence and mother-child communication about syndemics. In I. B. Thurston, *A strength-based approach to understanding health disparities: Examining risk and resilience in mothers living with syndemics*. Symposium presented at the 38th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA.
12. **Schaefer, L. M.** (2017, March) *Protective factors associated with generalized anxiety among women exposed to partner violence*. Presentation delivered at the Child and Family Colloquium, Department of Psychology, University of Memphis, Memphis, TN.
13. **Schaefer, L. M.** (2016, September) *Assessment of brain function in relation to eating disorders: An event-related potentials study*. Presentation delivered at the Child and Family Colloquium, Department of Psychology, University of Memphis, Memphis, TN.

POSTER PRESENTATIONS

1. Crossnine, C. B., **Schaefer, L. M.**, Schwartz, L. E., & Howell, K. H., (2019, November) *The combined impact of parental insecure attachment and resilience on self-acceptance in emerging adults exposed to childhood victimization*. Poster session presented at the 35th Annual International Society for Traumatic Stress Studies (ISTSS) Meeting Boston, MA.
2. ***Schaefer, L. M., & Howell, K. H.** (2019, August). *Building resilience after bereavement: Protective factors associated with resilience among bereaved youth*. Poster session presented at the 127th Annual American Psychological Association Convention, Chicago, IL.
 - Recipient of the “2019 APA Division 12: Society of Clinical Psychology Student Poster Award”
 - Division 12 Nominee for the “APA 2019 Science at Sunset Poster Competition”

3. Mandell, J. E., Thurston, I. B., Howell, K. H., **Schaefer, L. M.**, & Hardin, R. N. (2019, March). *Social support for mothers living with HIV: The beneficial role of positive parenting*. Poster session presented at the 2019 National HIV Prevention Conference, Atlanta, GA.
4. **Schaefer, L. M.**, Howell, K. H, Schwartz, L. E., & Hasselle, A. J. (2018, November). *The moderating role of optimism and age on resilience following childhood victimization among emerging adults*. Poster session presented at the 34th Annual International Society for Traumatic Stress Studies Meeting, Washington, DC.
5. Howell, K. H, Thurston, I. B., **Schaefer, L. M.**, Hasselle, A. J., & Murry-Drobot, MO. (2018, November). *Social support as a moderator between syndemics and posttraumatic stress in women experiencing adversity*. Poster session presented at the 34th Annual International Society for Traumatic Stress Studies (ISTSS) Meeting, Washington, DC.
6. Hasselle, A. J., Howell, K. H, Schwartz, L. E., & **Schaefer, L. M.** (2018, November). *Coping after loss: Associations with prolonged grief and posttraumatic stress*. Poster session presented at the 52nd Annual Association for Behavioral and Cognitive Therapies Meeting, Washington, DC.
7. Miller-Graff, L. E., Howell, K.H., Scheid, C. R. & **Schaefer, L. M.** (2017, November). *“Violence is everywhere”: Childhood poly-victimization, perceptions of the prevalence of violence, and posttraumatic stress symptoms*. Poster session presented at the 33rd Annual International Society for Traumatic Stress Studies Meeting, Chicago, IL.
8. **Schaefer, L. M.**, Howell, K. H, Schwartz, L. E., & Hasselle, A. J. (2017, November). *The differential contributions of religious coping to posttraumatic stress and posttraumatic growth following childhood adversity*. Poster session presented at the 33rd Annual International Society for Traumatic Stress Studies Meeting, Chicago, IL.
9. ***Schaefer, L. M.**, Howell, K. H, Thurston, I. B, Kaufman, C. C., & Hasselle, A. J. (2017, August). *Protective factors associated with generalized anxiety among women exposed to partner violence*. Poster session presented at the 125th Annual American Psychological Association Convention, Washington DC.
 - Recipient of the “2017 American Psychological Association Student Travel Award”
 - Recipient of the “2017 APA Division 12: Society of Clinical Psychology Student Poster Award”
10. **Schaefer, L. M.**, Howell, K. H, Schwartz, L. E., & Crossnine, C. B. (2017, April). *The relationship between religious coping and resilience among college students exposed to childhood trauma*. Poster session presented at the ResilienceCon 2017: The Science of Strength Conference, Nashville, TN.
11. Crossnine, C. B., **Schaefer, L. M.**, Sheddan, H. C., Schwartz, L. E., & Howell, K. H. (2017, April). *The effects of childhood trauma exposure on young adulthood optimism*. Poster session presented at the 31st Annual National Conference on Undergraduate Research, Memphis, TN.

12. **Schaefer, L. M.,** & Nooner, K. B. (2016, October). *Differential brain functioning in sub-clinical eating disorders*. Poster session presented at 50th Annual Association for Behavioral and Cognitive Therapies Meeting, New York, NY.
13. ***Schaefer, L. M.,** & Nooner, K. B. (2016, May). *A dimensional examination of eating disorder symptoms and brain function*. Poster session presented at the 2016 Annual Graduate Education Day at N.C. General Assembly, Raleigh, NC.
 - Recipient of the “2016 Making A Difference to NC Award”
 - Chosen to represent the University of North Carolina Wilmington at the NC General Assembly for Graduate Education Day
14. ***Schaefer, L. M.,** & Nooner, K. B. (2016, April). *Assessment of brain function in relation to eating disorders: An event-related potentials study*. Poster session presented at the CSURF Showcase of Student Research and Creative Scholarship, Wilmington, NC.
15. Bullock, L., **Schaefer, L. M.,** & Nooner, K. B. (2016, April). *Alcohol use and PTSD symptoms in a college sample*. Poster session presented at the CSURF Showcase of Student Research and Creative Scholarship, Wilmington, NC.
16. Livingston, A., Knight, K. B., **Schaefer, L. M.,** & Nooner, K. B. (2016, April) *Association between PTSD symptoms and substance use among college students*. Poster session presented at the CSURF Showcase of Student Research and Creative Scholarship, Wilmington, NC.
17. **Schaefer, L. M.,** & Nooner, K. B. (2015, November). *Brain function associated with co-occurring trauma & depression symptoms in a college sample*. Poster session presented at the Neurocognitive Therapies Translational Research Special Interest Group for the 49th Annual Association for Behavioral and Cognitive Therapies Meeting, Chicago, IL.
18. **Schaefer, L. M.,** Nooner, K. B., Sapp, A., & Lasko, E. (2015, November). *Pilot study of eating attitudes and brain function in college students*. Poster session presented at 49th Annual Association for Behavioral and Cognitive Therapies Meeting, Chicago, IL.
19. **Schaefer, L. M.,** & Nooner, K. B. (2015, October). *Investigation of brain functioning in students with co-occurring trauma & depression symptoms*. Poster session presented at the Fall 2015 Showcase of Student Research and Creativity, Wilmington, NC.
20. Sapp, A., **Schaefer, L. M.,** & Nooner, K. B. (2015, October). *The effects of task modality on event-related potentials*. Poster session presented at the Fall 2015 Showcase of Student Research and Creativity, Wilmington, NC.
21. ***Schaefer, L. M.,** & Nooner, K. B. (2015, May). *Pilot study of the relationship between eating attitudes and brain function*. Poster session presented at the 2015 Annual Graduate Education Day at N.C. General Assembly, Raleigh, NC.
 - Recipient of the “2015 Making A Difference to NC Award”
 - Chosen to represent the University of North Carolina Wilmington at the NC General Assembly for Graduate Education Day

22. **Schaefer, L. M.**, & Nooner, K. B. (2015, April). *Pilot study of the relationship between eating attitudes and brain function*. Poster session presented at the 10th Annual CSURF Showcase of Student Research and Creativity, Wilmington, NC.
23. Sapp, A., Johnson, L., **Schaefer, L. M.**, & Nooner, K. B. (2015, April). *The relation between trauma symptoms and P300 latency in EEG*. Poster session presented at the 10th Annual CSURF Showcase of Student Research and Creativity, Wilmington, NC.
24. ***Schaefer, L. M.**, Hoffman, R., & Nooner, K. B. (2015, April). *Pilot study of anxiety and brain function*. Poster session presented at the 10th Annual CSURF Showcase of Student Research and Creativity, Wilmington, NC.
25. **Schaefer, L. M.**, & Nooner, K. B. (2015, April). *Relations between anxiety, eating disorders, and trauma symptoms in college students*. Poster session presented at the 10th Annual CSURF Showcase of Student Research and Creativity, Wilmington, NC.
26. Harris, J., **Schaefer, L. M.**, Arnold, C., Wait, S., Belk, W., Hodskins, K., & Hungerford, A. (2015, March). *Maternal sensitivity and maternal control as predictors of young children's frustration and externalizing behaviors*. Poster session presented at the Society for Research in Child Development Biennial Meeting, Philadelphia, PA.
27. Harris, J., **Schaefer, L. M.**, Hodskins, K., Arnold, C., & Hungerford, A. (2013, April). *Young children's emotion regulation and externalizing behaviors: Associations with temperament and maternal control*. Poster session presented at the Society for Research in Child Development Biennial Meeting, Seattle, WA.
28. **Schaefer, L. M.**, & Hungerford, A. (2013, April). *Relations between maternal personality, parenting, and toddlers' emotion regulation and externalizing behaviors*. Poster session presented at the 8th Annual CSURF Showcase of Student Research and Creativity, Wilmington, NC.
29. *Gandhi, A., **Schaefer, L. M.**, Oliver, M., & Van Camp, C. (2013, February). *Reinforcer assessment of tasks with preschool-aged children*. Poster presented at the North Carolina Association for Behavior Analysis Annual Meeting, Wilmington, NC.
 – Awarded Best Undergraduate Poster

RESEARCH EXPERIENCE

2019-2020

Study Coordinator

Parenting Through Hardships (PaTH) Study, University of Memphis

Project Description: Currently serving as the study coordinator for an NIH-funded R15 community-based participatory research study that investigates resilience both quantitatively and qualitatively among 300 children and adolescents (ages 8-17) and their mothers who have experience with the SAVA syndemic (i.e., women experiencing intimate partner violence, living with HIV/AIDS, and/or who have disordered substance use).

Duties: Assisted with grant writing for the current NIH-funded project in the development stage of the project. Collaboratively engage with multiple community organizations to establish community partnerships. Conduct quantitative and qualitative clinical interviews with mothers and their children about their sexual, mental, and physical health. Serve as the study coordinator by leading team meetings, training and mentoring undergraduate research assistants, and grant support activities including monthly and yearly progress reporting, data collection, cleaning, and analyses. Document interview incidents (i.e., mandated reporting, accidents) by communicating with the Institutional Review Board and maintaining safety protocol procedures.

Supervisors: Idia Thurston, Ph.D. and Kathryn Howell, Ph.D., Licensed Clinical Psychologists

2018-2019

Graduate Research Assistant

Resilience Emerging Amidst Childhood Hardships Lab, University of Memphis

Duties: Assisted with ongoing research projects (see entry directly below for project details) by assisting with data collection through clinical interviews and manuscript development. Authored multiple journal articles and developed oral and poster presentations for national and international conferences as well as community partnerships based on study findings. Mentored students working in the REACH Lab through a formalized mentoring program that includes bi-weekly mentorship meetings. Led the training on specialized moderation and mediation techniques within the Hayes Process Macro. Developed a Grounded Theory qualitative research manual for the REACH Lab. Trained doctoral students on qualitative methodology including Thematic Analysis and Grounded Theory methodology.

Supervisor: Kathryn Howell, Ph.D., Licensed Clinical Psychologist

2016-2018

Lab Coordinator

Resilience Emerging Amidst Childhood Hardships Lab, University of Memphis

General Coordinator Duties: Monitored day-to-day lab operations and closely mentored and trained research assistants. Assisted with ongoing research projects and grant proposals by assisting with data collection, literature reviews, National Institutes of Health grant submissions, and manuscript development. Created SPSS syntax for all quantitative measures within multiple studies to score validated measures from clinical research interviews. Authored multiple journal articles and developed oral and poster presentations for national and international conferences as well as community partnerships based on our current and past study findings.

Supervisor: Kathryn Howell, Ph.D., Licensed Clinical Psychologist

Resilience Uniting Bereaved Youth Study: A longitudinal study conducted in collaboration with the Kemmons Wilson Center for Good Grief (a non-profit Memphis-based organization providing free grief therapy to families) investigating the impact of grief, communication, mental health, parenting,

spirituality, therapy, and coping on resilience among bereaved parents and youth (ages 8-17) utilizing both qualitative and quantitative methods.

Duties: Directly oversaw the Resilience Uniting Bereaved Youth study through managing both hospital and university Institutional Review Board communications for approval, modifications, and renewal of the study. Maintained the participant database and scheduled study interviews. Conducted clinical quantitative and qualitative interviews with bereaved youth and their caregivers. Developed presentations to communicate study goals and preliminary findings to community partner organizations.

Pregnant Mom's Empowerment Program Study: The development and evaluation of a five-week intervention program designed to meet the needs of pregnant women exposed to intimate partner violence (e.g., improve birth outcomes, success with breastfeeding, early parenting, and early childhood outcomes) and address common mental health problems (i.e., PTSD and depression) that may adversely affect women during the perinatal period and early infant development. PMEP is being conducted in collaboration with Dr. Laura Miller-Graff at the University of Notre Dame. The pilot phase of this study showed both improved maternal and early-child outcomes, as measured through the Bayley assessment. The National Institutes of Health have funded an extension of this project through a randomized control trial (\$2.5 million) of the intervention as compared to an active control condition (social support).

Duties: Served as a focus group facilitator to collect community feedback regarding the intervention during the development stage of the project. Lead a coding team in the qualitative method of Thematic Analysis to examine and identify themes from the focus group interviews and developed this data into an international conference talk and published manuscript. Assisted in the development of content for the intervention sessions. Recruited participants for the intervention from community agencies. Conducted lethality assessments and engaged in safety planning with women exposed to IPV. Served as the lead intervention program facilitator on multiple occasions for the five-week intervention. Conducted clinical interviews at four time points across the perinatal period. Administered the Bayley III assessment with infants aged 3 months and 1 year old. Created a study scoring manual, SPSS syntax, and study codebook, and composed the study methods section to facilitate publication of the pilot study findings.

Camp Hope Intervention: This project served as an empirical evaluation of Camp HOPE Tennessee (a novel, pilot camp including an enhanced curriculum based on Camp HOPE America) in collaboration with the Family Safety Center of Memphis. Camp HOPE is an evidence-based mentoring program for children experiencing family violence. The present study served as an investigation of Camp HOPE America's effectiveness in improving youth mental health and resilience through pre-camp, post-camp, and follow-up assessments with campers and a matched control group. In the third year of the project, a randomized control trial was conducted in intervention evaluation.

Duties: Assisted in the development of intervention assessment materials. Conducted clinical interviews with children (aged 7-12) and their caregivers. Served as a camp administrator, working directly with the junior counselors and campers, including leading daily therapeutic mindfulness interventions. Dissemination of parent-child interaction therapy modules to camp counselors and staff to promote effective behavioral modification at camp.

Parenting Through Hardships Study: In collaboration with Dr. Idia Thurston at Texas A&M, the PaTH Kids study will examine approximately 300 mother-child dyads of children (ages 8-17) among mothers exposed to Substance Abuse, Violence, and AIDS/HIV (SAVA syndemic) in the Memphis community. The study aims include understanding how risk and protective factors may affect parenting practices and child outcomes, with a specific focus on what builds resilience in families exposed to hardship. This research is funded by the National Institutes of Health (\$416,009).

Duties: Recruited families from community-based locations for participation in the study. Conducted clinical interviews with children (aged 8-17) and their caregivers. Extended duties are discussed above in the study coordinator entry.

Stress in Obese Adolescents and their Resilience Study: In collaboration with Dr. Idia Thurston at Texas A&M, the SOAR study examines differences in stress and resilience among youth with and without obesity-related metabolic complications, to develop effective strategies for promoting metabolic health. This research is funded by the National Institute of Diabetes and Digestive and Kidney Diseases (\$554,974).

Duties: Conducted clinical interviews with children (aged 8-17) and their caregivers. Collected biological material through cortisol assays from study participants as a physiological measure of stress. Appropriately transferred and stored the biological material using dry ice and hospital-grade freezers.

2014-2016

Lab Coordinator

Trauma and Resilience Lab, University of North Carolina Wilmington

Project Description: Research centered around neuro-cognitive and psychosocial mechanisms involved in risk and resilience among college students following childhood trauma. This study involved a cross-sectional examination of brain function related to trauma symptoms, eating disorders, anxiety, and depression among college students.

Duties: Managed Institutional Review Board approval, participant registration, informed consent, data collection, data cleaning, data analysis, and data interpretation through multiple publications and national conference presentations. Administered and trained undergraduates in collecting electroencephalography (EEG) data. Conducted risk assessments for participants reporting suicidal ideation. Monitored day-to-day lab operations and closely mentored and trained undergraduate research assistants. Maintained our online research database using the COINS Neuroinformatics data-

management system. Created a standard operating protocol to train students in EEG and event-related potential data acquisition and analysis.

Supervisor: Kate Nooner, Ph.D., Licensed Clinical Psychologist

2012-2013

Undergraduate Research Assistant

Translational and Applied Behavioral Sciences Lab, University of North Carolina Wilmington

Project Description: An examination of the effectiveness of differential reinforcers on maladaptive behaviors displayed by preschool children.

Duties: Conducted preference assessments with preschool children. Collected behavioral data using pre-set behavioral codes and data collection software. Interpreted data through an award-winning research poster.

Supervisor: Carole Van Camp, Ph.D.

2011-2013

Undergraduate Research Assistant

Developmental Psychology Lab, University of North Carolina Wilmington

Project Description: A two-year longitudinal examination of toddlers aged 24 and 36 months examining parenting and early child socio-emotional development with a focus on individual differences in self-regulation, manifested in young children's abilities to delay gratification and manage negative emotions.

Duties: Assisted in recording and data collection during laboratory assessments with toddlers and their caregivers. Coded child frustration and maternal sensitivity using a behavioral coding system. Developed a data entry protocol for lab personnel to improve data entry practices. Authored and presented posters at local and national conferences. Authored a publication in the Colonial Academic Alliance Undergraduate Research Journal that was chosen to be included in the Undergraduate Research Commons, a showcase of outstanding undergraduate research.

Supervisor: Anne Hungerford, Ph.D.

GRANT FUNDING AND SUBMISSIONS

2015

Summer Research Grant

Research & Creativity Awards, University of North Carolina Wilmington

Amount: \$4,400

ACADEMIC SERVICE

2019-2021

Diversity Equity and Inclusion Committee LGBTQ+ Task Force Member

2018

Developed a Presentation on Program Diversity Initiatives

2018

Program Representative for the ISTSS Graduate Student Fair

2018

Moderator for the International Society for Traumatic Stress Studies Meeting

2017-2019

Coordinator of the Doctoral Program Clinical Skills Building Lab

2017

Moderator for the National Conference of Undergraduate Research

2015-2016

Student Member of the Admissions Committee

2014-2015 Graduate Coordinator Assistant

LEADERSHIP AND INVOLVEMENT

2022-Present **Cape Fear Psychological Association**
Member at Large

2018-2020 **Graduate Student Coordinating Committee Officer**
Member at Large (September 2019-2021)
Clinical Student Representative (May 2018-September 2019)

2016-2018 **University of Memphis Wellness Committee**

2014-2016 **Psychology Graduate Student Association**
President (May 2015-May 2016)
Secretary (August 2014-May 2015)

2011-2013 **Psi Chi: International Honor Society in Psychology**

2010-2013 **Student Honors Advisory Council**
Secretary (August 2011- May 2013)

EDITORIAL EXPERIENCE

2022-2023 **Consulting Editor**
Journal of Health Service Psychology (JHSP)

2017-2021 **Ad Hoc Reviewer**
Death Studies
Journal of Interpersonal Violence
Journal of Child and Family Studies
Children and Youth Services Review
Child Abuse & Neglect
Journal of Clinical Psychiatry

MENTORSHIP EXPERIENCE

2019-Present Chelsea Lucas, *Primary Graduate Student Mentor*

2019-2020 Sandra Paris, *Primary Graduate Student Mentor*

2018-2019 Taylor Napier, *Primary Graduate Student Mentor*

2016-2019 Candice Crossnine, *Primary Graduate Student Mentor*

2017-2018 Hannah Shoemaker, *Primary Graduate Student Mentor*

2015-2016 Katie Kerupetski, *Undergraduate Honors Project Mentor*

PROFESSIONAL AFFILIATIONS

2020 *National Register of Health Service Psychologists*

2019 *Division 36, American Psychological Association*

2018 *Society for a Science of Clinical Psychology*

2017 *International Society for Traumatic Stress Studies*

2017 *Division 12, American Psychological Association*

2017	<i>Section 10, American Psychological Association</i>
2015	<i>Association for Behavior and Cognitive Therapies</i>
2013	<i>Association for Psychological Science</i>
2013	<i>North Carolina Association for Behavior Analysis</i>
2012	<i>American Psychological Association</i>

PROFESSIONAL DEVELOPMENT

- The Telehealth Delivery of Trauma-Focused Cognitive Behavioral Therapy presented by Dr. Reagan Stewart, Dr. Nicola Herting, and Dr. Paula Condol, Completed: February 2021
- Telepsychology Best Practices 101: Clinical Evaluation and Care: Cultural Competencies; Documentation - Segment #3 presented by Dr. Marlene M. Maheu, Completed: March 2020
- Telepsychology Best Practices 101: Clinical Evaluation and Care: Cultural Competencies; Documentation - Segment #2 presented by Dr. Marlene M. Maheu, Completed: March 2020
- Telepsychology Best Practices 101: Clinical Evaluation and Care: Cultural Competencies; Documentation - Segment #1 presented by Dr. Marlene M. Maheu, Completed: March 2020
- Psychotherapy Skills Training
Presented biweekly by Neil Aronov, Ph.D. a full-time practicing licensed clinical psychologist, August 2016 to May 2020
- Psychology Department Diversity Forum
Presented monthly by Randy Floyd, Ph.D., August 2017 to May 2020
- A Transdiagnostic Treatment: Introduction to Radically-Open Dialectical Behavior Therapy Training from Danielle Doucette, Ph.D., Completed: August 2019
- Acceptance and Commitment Therapy
Full-Day Clinical Workshop provided by Dr. Kelly Wilson, Completed: March 2019
- Department of Child Services Mandatory Child Abuse Reporting
Training from The University of Tennessee Knoxville, Completed: March 2019
- Psychotropics: Understanding Their Use and Practical Clinical Psychopharmacology
Training from Jack Morgan, M.D., Completed: August 2018
- Dialectical Behavior Therapy Milieu and AVIS-R Coaching from Daybreak Treatment Center
Training from Madison Sheppard and Gary Del Conte, Ph.D., Completed: August 2018
- Comprehensive Dialectical Behavior Therapy Online Training from Psychwire,
Clinical Training provided by Marsha Linehan, Completed: June 2018
- Resilience Seminar for Providers and Organizational Leaders
Full-Day Workshop provided by Dr. Michael Ungar, Completed: May 2018
- Cognitive Behavioral Therapy: From Action to Insight and Back Again
Full-Day Clinical Workshop provided by Dr. Steve Holland, Completed: April 2018
- Part 1: The DBT-PE Protocol for PTSD: Addressing Barriers to Treatment
Training from Dr. Andrea Stone, Dr. Lara Schuster Effland, and Jenni Schaefer
Completed: January 2018
- Part 2: The DBT-PE Protocol for PTSD: Addressing Barriers to Treatment
Training from Dr. Andrea Stone, Dr. Lara Schuster Effland, and Jenni Schaefer
Completed: January 2018

Part 3: The DBT-PE Protocol for PTSD: Addressing Barriers to Treatment

Training from Dr. Andrea Stone, Dr. Lara Schuster Effland, and Jenni Schaefer

Completed: January 2018

Care: Child Adult Relationship Enhancement: Building Skills to Strengthen Trauma Recovery in Children and Youth

Full-Day Clinical Workshop from Dr. Robin Eurwitch, Dr. Christina Warner-Metzger, and Dr. Steven Berkowitz Completed: November 2017

The DBT-Prolonged Exposure Protocol: New Approach for the Treatment of PTSD and Complex Comorbidities

Training from Dr. Andrea Stone, Dr. Lara Schuster Effland, and Jenni Schaefer, Completed: November 2017

Treating Emotion Dysregulation in Patients with Co-occurring PTSD and Eating Disorders Who Report a History of Childhood Trauma Workshop, Completed: November 2017

Dialectical Behavior Therapy Training from Behavioral Tech, Completed: August 2017

MMPI-2 and MMPI-RF Workshop

One-day workshop from Neil Aronov, Ph.D. designed to develop skills for using the MMPI-2 and MMPI-RF, Completed: March 2017

Mindfulness-Based Stress Reduction Workshop

Three Day Workshop presented by licensed clinical psychologist Dr. Robert Baldwin Completed: December 2016

Suicide Prevention Training: Kognito's At Risk for College Students Training

Completed: September 2016

Gender Identity Issues in Therapy

Full-day workshop from Katherine Bracken, Ph.D. designed to develop skills in working with LGBTQ+ clients, Completed: July 2016

SUPERVISED TRAINING EXPERIENCES

2020-2021

Clinical Resident

APA-Accredited Medical College of Georgia-Charlie Norwood VAMC Psychology Internship Program, Augusta, GA

Outpatient Assessment and Treatment

Setting: *Department of Psychiatry and Health Behavior Outpatient Clinic, Medical College of Georgia, Augusta, GA*

Duties: Provided individual and family psychotherapy with children, adolescents, and adults. Co-led two dialectical behavior therapy groups for adolescents and adults. Implemented techniques from evidence-based treatments with individual clients including behavioral activation, acceptance and commitment therapy, mindfulness, motivational interviewing, parent training, cognitive behavioral therapy, and dialectical behavior therapy. Provided psychological and psychoeducational assessments for children and adolescents within an outpatient setting. Integrated the clinical interview and assessment findings into a comprehensive report with treatment recommendations and resources. Received individual supervision with licensed clinical psychologists.

Supervisor: Christopher Drescher, Ph.D., Lindsey West, Ph.D., All Licensed Clinical Psychologists

Augusta University Student Counseling & Psychological Services

Setting: *Student Counseling & Psychological Services, Augusta, GA*

Duties: Engaged in both brief and long-term evidence-based intervention with college students through interpersonal group therapy and individual therapy. Served as the group process observer for interpersonal group therapy. Implemented techniques from evidence-based treatments with individual clients including behavioral activation, acceptance and commitment therapy, mindfulness and relaxation training, motivational interviewing, and cognitive-behavioral therapy. Developed a student workshop on interpersonal relationships skills based on DBT that is still being used one year later. Received individual and group supervision with a licensed clinical psychologist.

Supervisor: William Hight, Ph.D., Licensed Clinical Psychologist

Clinical Health Psychology

Setting: *Children's Hospital of Georgia, Pediatric Cancer, and Blood Disorder Center, Augusta, GA*

Duties: Provided consultation and liaison services with the Pediatric Cancer and Blood Disorder Center for children, adolescents, and their families diagnosed with pediatric sickle cell disease and other hemoglobinopathies. Provided brief intervention through psychoeducation regarding medication adherence and pain management strategies such as progressive muscle relaxation, guided imagery, and diaphragmatic breathing.

Supervisors: Christopher Drescher, Ph.D., Licensed Clinical Psychologist, and Nnenna Ukachi Badamosi, M.D., Pediatric Hematologist & Oncologist

Clinical Health Psychology

Setting: *Children's Hospital of Georgia, Division of Pediatric Gastroenterology, Pediatrics Division, Augusta, GA*

Duties: Provided consultation and liaison services with young patients experiencing abdominal pain and gastroenterology concerns. Engaged in brief assessment for mental health diagnoses that could be contributing to their symptoms. Provided brief intervention tailored to each patient at the regularly scheduled visits.

Supervisors: Candace Best, Ph.D., Licensed Clinical Psychologist

2018-2020

Graduate Clinician (5 hrs./wk.)

The Exchange Club Family Center/Kindred Place, Memphis, TN

Setting: Non-profit community-based setting where evidence-based and trauma-informed mental health services are offered for children and adults exposed to family violence within culturally underserved populations. Individual counseling, group therapy, and program initiatives center around the prevention and treatment of child abuse and intimate partner violence.

Duties: Conducted psychotherapy intake assessments, engaged in evidence-based treatment planning, and provided individual therapy to children, adults, and families. Implemented techniques from evidence-based treatments with individual clients including trauma-focused cognitive behavioral therapy, behavioral activation, acceptance and commitment therapy, mindfulness and relaxation training, motivational interviewing, parent training, parent-child interaction therapy, and dialectical behavior therapy. Received individual and group supervision with a licensed clinical psychologist. Received child-centered play therapy training and supervision while conducting therapy with children.

Supervisor: Catherine Collins, Ph.D., Licensed Clinical Psychologist

2017-2020

Graduate Clinician (5-15 hrs./wk.)

Psychological Services Center, Memphis, TN

Setting: A community outpatient training clinic providing psychotherapeutic and psychological assessment services for children, adolescents, families, and adults from the racially/ethnically diverse Memphis community.

Duties: Administered psychological, psychoeducational, personality, cognitive, and behavioral assessments and composed integrated psychological reports. Engaged in case formulation and treatment planning with clients across the lifespan. Conducted weekly therapy utilizing empirically supported treatments including cognitive behavioral therapy, behavioral activation for depression, interpersonal therapy, parent-child interaction therapy, exposure therapy for social anxiety and panic disorder, dialectical behavior therapy, acceptance and commitment therapy, behavioral family systems therapy, parent management training, motivational interviewing, exposure and response prevention, exposure-based treatments for specific phobias, and trauma-focused cognitive behavioral therapy. Regularly monitored client progress by utilizing validated assessments. Served as the on-call clinician for crisis appointments for clients in duress and conducted thorough risk assessments. Composed weekly session notes and comprehensive intake/closing reports. Provided training and peer supervision to junior clinicians.

Supervisors: Neil Aronov, Ph.D., Kristoffer S. Berlin, Ph.D., Kathryn Howell, Ph.D., John Leite, Ph.D., All Licensed Clinical Psychologists

2016-2020

Clinical Interviewer and Intervention Facilitator (5-10 hrs./wk.)

Resilience Emerging Amidst Childhood Hardship Lab, Memphis, TN

Setting: University-based laboratory conducting clinical interventions with children exposed to family violence and pregnant women exposed to intimate partner violence, as well as clinical research with mothers experiencing SAVA (i.e., substance abuse, intimate partner violence, and HIV/AIDS) and their children, bereaved youth, and children exposed to family violence.

Duties: Conducted both quantitative and qualitative clinical interviews with children and their caregivers through both in-person and teleconferencing mediums. Conducted and manually scored the Bayley Scales of Infant and Toddler Development with 3-month-old and 1-year-old children. Conducted thorough risk assessments and developed safety plans for issues regarding self-

harm, suicidality, lethality, and child abuse. Conducted lethality assessments for women experiencing intimate partner violence. Communicated with the Tennessee Department of Children's Services and completed incident reports for the Institutional Review Board after engaging in mandated reporting.

Supervisors: Kathryn Howell, Ph.D., and Idia Thurston, Ph.D., Licensed Clinical Psychologists

2018-2019 Psychological Assessment Examiner (10 hrs./wk)

Behavioral Science Consulting, Memphis, TN

Setting: Private assessment practice performing clinical evaluations for individuals filing mental health-related disability claims.

Duties: Conducted clinical interviews and mental status exams in addition to comprehensive assessments (i.e., intellectual, achievement, and cognitive) with individuals seeking Social Security Disability from the Department of Intellectual and Developmental Disabilities in Tennessee. Conducted individual record reviews and wrote comprehensive diagnostic integrated reports.

Supervisors: William Fulliton, Ph.D., Jessica Myszak, Ph.D., and Paula Miller, Ph.D., Licensed Psychologists

Summer Graduate Clinician (5 hrs./wk.)

2017 & 2018

Daybreak Treatment Center, Germantown, TN

Setting: Partial hospitalization program utilizing dialectical behavior therapy (DBT) for children and adolescents presenting with suicidality, non-suicidal self-injury, emotion dysregulation, mood instability, psychotic disorders, depression, anxiety, substance use, family conflict, and school refusal.

Duties: Led dialectical behavior therapy groups, including morning group therapy, dialectical behavior therapy skills training group, problem-solving group, and milieu therapy for both child and adolescent groups. Completed psychotherapy notes and calculated patient points for the milieu program. Assisted in the management and organization of clinical records for patients. Completed concurrent insurance reviews with managed care providers. Assisted the administrative staff in monitoring insurance claims and communicated with health insurance agencies to maintain in-network status.

Supervisor: Garry S. Del Conte, Psy.D., ABPP, DBT-LBC Certified Clinician, Licensed Clinical Psychologist

Summer Co-Facilitator for an Adolescent DBT Group (5 hrs./wk.)

2016

Chrysalis Center for Counseling & Eating Disorder Treatment, Wilmington, NC

Setting: Private practice specializing in the treatment of eating disorders.

Duties: Co-facilitated a dialectical behavior therapy skills training group with adolescent girls within an outpatient private practice setting specializing in the treatment of eating disorders. Consulted with a licensed clinical psychologist regarding group dynamics and treatment considerations. Completed and filed psychotherapy group notes for each group member.

Supervisor: Kate Nooner, Ph.D., Licensed Clinical Psychologist

2014-2016 Clinical Interviewer (5 hrs./wk.)

University of North Carolina Wilmington, NC

Setting: University-based laboratory conducting neurocognitive research with college students exposed to childhood maltreatment.

Duties: Conducted structured interviews with college participants. Conducted comprehensive risk assessments among participants endorsing suicidal ideation. Escorted participants with active suicidal ideation and intent to the on-campus counseling center.

Supervisor: Kate Nooner, Ph.D., Licensed Clinical Psychologist