

prescription SAFETY eyewear



At Lake and Valley Optical, we have the experience and knowledge to help you see clearer and safer with comfort and value. Our Certified Optical Dispensers provide prescription safety eyewear to a wide variety of organisations and workplaces. From food processing to glue manufacturing, or from a mine site to a University laboratory, we have experience in a variety of workplaces.

ORDERING OPTIONS FOR YOUR CONVENIENCE

- Visit one of our practice locations for one-on-one attention from our Optical Dispensers between Monday and Saturday.
- Organise an Optical Dispenser to visit your workplace with all the samples and equipment needed to accurately dispense the eyewear. Onsite appointments available between 5.00am and 7.00pm
- Use our digital ordering system and have accurately dispensed prescription safety eyewear to anyone, anywhere in the world, simply.
- Or order online if you've had eyewear through us previously or if you have all the information required.

Make ordering simple by choosing the option, or a combination of options to suit your workplace. Let us help with a custom process to suit your needs.

FRAME CHOICE

We offer you one of the largest ranges of safety frames in Australia. Most suppliers offer one manufacturer for you to choose from. With products from 4 of the largest certified manufacturers in Australia, you have over 120 frames options to select from.

LENS CHOICE

There's an extensive range of lens options to compliment the individual prescription requirements and job tasks of each wearer. Your lenses will be manufactured using the latest technologies from some of the largest optical lens laboratories in

LENS OPTIONS

- **SV = Single Vision:** A lens with only one power and therefore one focal length. Perfect for one aspect of your visual needs, they can be suited to reading or long distance.
- BF = Bifocal: As it suggests, it has two focal lengths.
 Usually, one for distance and one for near, it offers the wearer some flexibility while wearing the eyewear most of the time. Not used as readily today, but still a good option for some applications and job tasks.
- PR = Progressive: This option provides the wearer with the most flexible choice as it includes all powers between near (bottom) and distance (top) with a progressive transitional change between them. Sometimes called multifocals or PALS this lens type if probably the most popular.
- **EF = Extended Focus**: Sometimes called occupation progressives or enhanced reader, this lens is a reading lens with a twist. It offers two reading distances, usually one at 40-50cm and the other at 70-90cm. Great for the computer, workshop, control room or office.
- **AF = Anti-Fatigue:** A single vision distance lens with a specific boost in the lower portion to aid with closer tasks like reading and devices.

LENS COLOURS

- Clear: No colour, UV protection
- Sunglass: Two options available, polarising and dye tint (varies between manufacturers)
- Photosensitive: Changes colour based on exposure to UV light. Sometimes called Transitions or Sensity

CLEAR SIGHT. SAFE SIGHT.
ON SITE.





Armourx 7106

Colours: Purple
Lens: SV, BF, PR, ER



B713

Colours: Brown/Black
Lens: SV, BF, PR



B805

Colours: Clear Lens: SV, BF, PR



B807

Colours: Black/Grey
Lens: SV, BF, PR



B808

Colours: Grey/Black & Red Lens: SV, BF, PR



B809

Colours: Crystal/Black
Lens: SV, BF, PR



Baxter

Colours: Black/Blue
Lens: SV, BF



Blades

Colours: Gunmetal & Black

Lens: SV, BF



CO 108

Colours: Gunmetal

Lens: SV, BF, PR, EF, AF



CO 200

Colours: Gunmetal

Lens: SV, BF, PR, EF, AF



CO 202

Colours: Gunmetal
Lens: SV, BF, PR, EF, AF



CO 207

Colours: Gunmetal Lens: SV, BF, PR, EF, AF



CO 333B

Colours: Black & Black/Stripe

Lens: SV, BF



CO 360

Colours: Charcoal & Grey/Crystal

Lens: SV, BF, PR, EF, AF



CO 404

Colours: Black/Clear
Lens: SV, BF



CO 525

Colours: Black/Gunmetal

Lens: SV, BF,



CO i-Amour

Colours: Black Lens: SV, BF, PR



Contour

Colours: Black Lens: SV



Cypha

Colours: Black & Gunmetal

Lens: SV, BF



Empyr

Colours: Gunmetal & Blue Lens: SV, BF, PR, ER



FCS 03

Colours: Dark Gunmetal Lens: SV, BF, PR, ER



FCS 06

Colours: Brown & Silver
Lens: SV, BF, PR, ER



FCS 07

Colours: Gunmetal & Brown

Lens: SV, BF, PR, ER



FCT 02

Colours: Gunmetal

Lens: SV, BF, PR, ER



Glacier

Colours: Shiny Black Lens: SV, BF



Harper

Colours: Grey/Blue & Grey/Yellow

Lens: SV, BF, PR



JA Lightning

Colours: Burgundy & Matt Black

Lens: SV, BF, PR, EF



JA Thunder

Colours: Navy & Matt Black Lens: SV, BF, PR, EF



Kick

Colours: Shiny Dark Tortoise Matt Black/Grey & Matt Black/Orange

Lens: SV, BF, PR



Klassee

Colours: Crystal/Nave

Lens: SV, BF, PR



Kover

Colours: Black/Navy
Lens: SV, BF, PR



Kurt

Colours: Grey/Yellow Lens: SV, BF, PR



Matador Harley

Colours: Black/Red, Black/Green, Black/Blue & Matt Black

Lens: SV, BF, PR, EF



Matador Loco

Colours: Black & Crystal

Lens: SV, BF, PR, EF



Matador Mojo

Colours: Black/Grey, Black/Red & Matt Black

Lens: SV, BF



Matador Nova

Colours: Black, Purple & Crystal

Lens: SV, BF, PR, EF



Matador Rio

Colours: Black/Blue, Black/Grey, Black/Orange & Black/Yellow

Lens: SV, BF, PR



Matador Siege

Colours: Matt Black & Crystal

Lens: SV, BF, PR, EF



Neo

Colours: Gunmetal

Lens: SV, BF



NTS 07

Colours: Blue & Gunmetal

Lens: SV, BF, PR, ER



OG 210

Colours: Brown & Black Lens: SV, BF, PR



Colours: Black, Brown, Purple & Pink/Grey

Lens: SV, BF, PR, EF, AF



OG 220 with Seal

Colours: Black/Clear Lens: SV, BF, PR, EF, AF



On Guard 240

Colours: Black SV, BF Lens:



Point Break

Colours: Purple & Matt Black Lens: SV, BF, PR, EF, AF



Spicy

Colours: Black/Green, Black/Blue & Light Tortoise

Lens: SV, BF, PR



Stealth

Colours: Black/Grey & Matt Black

Lens: SV, BF



SW 06

Colours: Brown/Orange, Black & Yellow/Black

Lens: SV, BF, PR, ER



SW 07

Colours: Grey/Yellow Lens: SV, BF, PR, ER



SW 10

Colours: Brown Lens: SV, BF



Trifecta

Colours: Black, Gunmetal/Blue

Lens: SV, BF, PR



Twister

Colours: Gunmetal & Black

Lens: SV, BF



UF Cannon

Colours: Matt Black & Navy Blue

Lens: SV, BF, PR, EF, AF



UF Cobra

Colours: Matt Black

Lens: SV, BF, PR, ER



UF Cyclone

Colours: Black/Grey
Lens: SV, BF, PR, ER



UF Glock

Colours: Black/Crystal

Lens: SV, BF, PR, ER



UF Harpoon

Colours: Brown
Lens: SV, BF, PR, ER



UF Jackal

Colours: Blue

Lens: SV, BF, PR, ER



UF Lynx

Colours: Tortoise Shell & Black/Pink

Lens: SV, BF, PR, EF, AF



UF Sabre

Colours: Matt Black & Gunmetal

Lens: SV, BF, PR, EF, AF



UF Sparky

Colours: Clear, Black & Pink Lens: SV, BF, PR, EF, AF



UF Twister

Colours: Burgundy, Tortoise Shell, Black, Clear & Pink

Lens: SV, BF, PR, EF, AF



UF Warhead

Colours: Black/Red & Matt Black

Lens: SV, BF, PR, EF, AF



UF Whirlwind

Colours: Grey/Woodgrain, Black & Navy

Lens: SV, BF, PR, ER, AF



Winks

Colours: Smoke & Clear Lens: SV, BF, PR, EF, AF



Xtra

Colours: Crystal/Black
Lens: SV, BF, PR



Zion

Colours: Light Gunmetal
Lens: SV, BF





CLEAR SIGHT • SAFE SIGHT • ON SITE



LAKE MACQUARIE/NEWCASTLE

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