

Working Intuition

This course focuses on how intuition works, and how it can be activated to bring more meaning and joy into your creative leadership



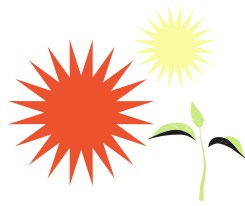
Creative people often lead by intuition. Even though we live in a time of hyper-rationalization, where almost every form of work is subject to the latest trends in business strategy, a lot of creative decision-making is still driven by intuition.

Intuition comes from practice. You develop intuition as you develop skills and gain knowledge. It is a heightened fusion of habit and know-how that can look like magic when it works. Intuition may sound like a small clear voice, or it may feel like instinct, the way a juggler “just knows” where all the balls are in their airborne trajectory. Your intuition can go off like an alarm bell ringing: wake up! The goal of this course is to support a deeper awareness of your own intuition and how it works, and also to provide tools to sharpen your intuitive decision-making as a creative leader. You will also learn when to question your own instincts. With practice, you will become more confident in using intuition as a guide in transforming your working life.

Who is this course for?

This course is for creative professionals who would like to be transformational leaders in their own practices, or for the organizations, institutions and audiences they serve.

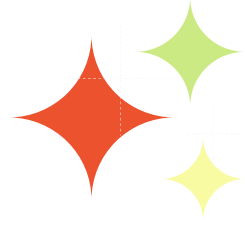
Are you working to make change in your workplace, but keep running into obstacles or going in circles? Maybe a slight shift in where you place your attention might bring new energy to your efforts. Have you experienced a pattern of challenging relationships with bosses and colleagues? There might be unspoken agreements or expectations at work, which you can renegotiate. Are you working in a creative role you are good at, but which no longer inspires you? It could be time to reconnect with what satisfaction feels like for you. If any of these questions resonate, then this course is designed to resource and inspire you!



How does the course work?

The course is offered in three 2hr sessions, for a maximum of 10 participants. Each session builds on the others, however, the course is structured so that each session stands alone. You may join all the sessions that feel relevant for you. Each meeting addresses a key challenge related to accessing and using your intuition and provides a practical tool or concept for more intuitive or emotionally intelligent decision-making. You are invited to bring a tricky question, or difficult decision of your own to be workshopped within the context of the course.

Sessions will be recorded and made available for a short time for registered participants only.



Offerings

Sessions take place on Fridays, 2, 9 & 16 in June 2023
12PM New York / 6PM Berlin

Where do I place my attention?

10 participants, 2 hours



How can you gain more awareness and control over where you place your attention? What's the difference between intuition and anxiety? Or intuition and distraction?

Unspoken Agreements

10 participants, 2 hours



How can you identify the hidden contracts you make with yourself and others, about how you will do your work and what success means to you? How can you renegotiate hidden contracts?

What is enough and when to quit?

10 participants, 2 hours



How do you know when you've done enough? What does satisfaction feel like? And if everything hasn't gone the way you wanted, how do you bow out gracefully?