

TRAIL ACCESSIBILITY & INCLUSION SERVICES



Community Geographics is committed to broadening participation in outdoor recreation for people of all abilities. We maintain free-to-use and award-winning trails websites, like MaineTrailFinder.com, and provide mapping support services and trainings to a range of land managers, land trusts, and other nonprofit trails organizations.

We offer the following community learning opportunities for trail maintaining organizations that are interested in reducing physical and informational barriers that make it difficult—especially for individuals living with disabilities—to more fully access and enjoy their lands and trails. In every activity, we seek to build awareness and understanding of the diverse experiences, needs, and challenges of disabled trail users whose experiences have not less central to discussions about the creation and maintenance of the trails.



Trail Assessments

How can my organization improve access to our existing trails? In-field trail assessments, conducted by Enock Glidden, focus on identifying physical barriers and solutions for making trail experiences more accessible for trail users primarily with physical disabilities. Community Geographics delivers a written report and interactive map showing access barriers as well as suggestions to reduce and/or eliminate them.



Guided Trail Assessments

What does it look like to create spaces that are more inviting, inclusive, and supportive of people living with diverse disabilities? While conducting a trail assessment, participants will have the opportunity to walk and roll with Community Geographics staff and collaborating trail enthusiasts who navigate the outdoors differently. Physical trail, infrastructure, and communications barriers will be identified during the walk with the goal of teaching participants how to identify and address barriers and look at trails in new ways.

Add on: Trail assessment report and interactive map

Add on: Adaptive equipment is provided for participants to try



Guided Walks

Walk and roll with Community Geographics staff and collaborating Accessibility Ambassadors (in Maine) to gain insights into the experiences of trail enthusiasts who use mobility assistance equipment for their adventures. These guided walks, for the 8-10 participants, will provide an opportunity for “conversation in motion,” sharing and observing, and discussion. Staff will point out physical barriers and suggest concrete strategies for improving on-trail access as well as trailhead communications. These experiences can be tailored and organized at trails for individuals who use mobility aids.

Speaking & Panel Presentations

Community Geographics staff regularly share their experiences through speaking engagements and as panelists. Enock Glidden, in his *Outdoors for All* presentation, offers up ideas for how to make outdoor spaces more accessible beyond what the law requires. He shares experiences as a wheelchair user and how he navigates trails that are not deemed accessible. Enock shares his firm belief that “it is possible to have an accessible outdoor world without taking away the challenge of hiking for all.” *(Re)Considering Trail Access* panel discussions explore the personal experiences of trail users living with different disabilities and point to solutions that help with “moving the needle” with making outdoor recreation more accessible.

Workshops & Trainings

Community Geographics offers full- and part-day workshops that blend elements from all above activities—trail assessments, guided walks, discussion—making for impactful, custom learning experiences.

MEET OUR LEADERS

Enock Glidden (he, him, his) Outdoor Accessibility Specialist

Enock can be found adventuring every season of the year throughout his home state of Maine. As a person born with a disability, Enock is a passionate advocate for making trails more accessible for all. He hikes extensively, assessing and writing about his experiences through the Maine Trail Finder website. Named by *Maine Magazine* as a Mainer of the Year in 2022, Enock’s work as a Maine Trail Finder Accessibility Ambassador has challenged, broadened, and transformed land managers’ understanding about who uses their trails.

Kara Wooldrik (she, her, hers) Outdoor Inclusion Specialist

Kara has focused her career on creating experiences that inspire and equip people to create communities that are more healthy, equitable, just and sustainable for people and nature alike. For 25 years Kara has brought her training and experience as an educator to her leadership roles in US-based conservation and transportation organizations, facilitating processes and groups of stakeholders to work toward healthier and more connected and inclusive communities, from the neighborhood level to a global scale.



Reach out for more information! | CommunityGeo.com | 207.813.2600