



Welcome to the latest newsletter from The Bravest Path

A courage building consultancy focused on smart risk-taking and brave leadership.

In this issue: What helps increase Retention?



Retention is a challenge in many NHS organisations.

With quiet quitting and the complexity of navigating complex, pressurised systems and hierarchies, clinicians are exercising their choices now more than ever, and at huge cost to patients and teams.

What if you could give them a development programme that not only greatly increased their chances of staying, but also helped them thrive in life and work?

When we give people the skills and confidence to reconnect to their purpose, navigate tricky conversations and speak up, practice self-compassion and let go of what others might think, they transform their current situations. Engagement, fulfilment and retention rise.

It's proven time and time again - nearly 2 in 3 of our participants* from Braver than Before ® are more likely to stay at their organisation having completed this development.

* Average data taken from all cohorts Feb - Nov '23. 60% reported they are more likely to stay at their Trust as a result of undertaking this development.

Can you afford not to invest in your people?

Curious to find out more? Get in touch at info@thebravestpath.com.

Early bird pricing for 2024 cohorts ends 15th December 2023.

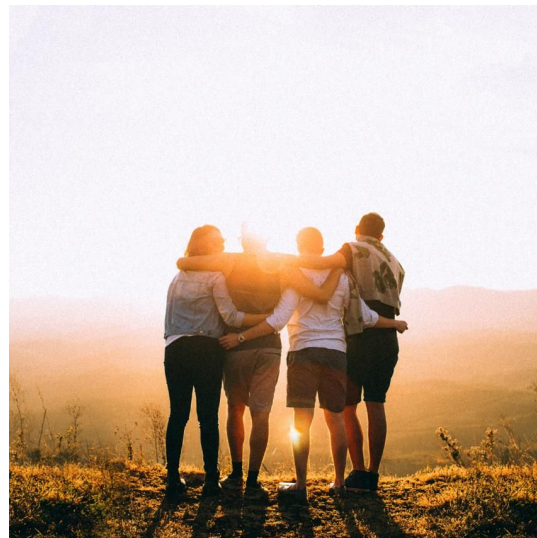
Testimonials from previous participants:

"The learning curve has at times been steep...I've learned to take risks that are smart, listen to my inner mentor, and the strategies have been brilliant to help build resilience and have braver conversations."

"I've learnt that courage isn't the absence of fear, but the persistence to act despite this. I need to advocate for my wellbeing and take care of myself too!"

"This course has really helped me quieten the voices in my head and be more confident. I'm having more brave conversations in the moment!"

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The Bravest Path - A courage building consultancy focused on smart risk-taking and brave leadership. Through research and real life we cultivate emotional intelligence and cultures of psychological safety, resulting in happier and higher performing individuals and organisations.

[Visit our website](#) to learn more about us and our programmes.

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