Rochester Area Community Update

The latest information for members of our local communities

June 2024

Mayo Clinic contributes more than $900,000 to support community efforts in Q2 2024

Mayo Clinic contributed more than $900,000 in the second quarter of 2024 to advance community efforts in Rochester and Olmsted County around healthcare access, mental health, economic vibrancy, youth mentorship and enrichment, addiction recovery, safe and affordable housing, literacy, education, and arts and culture.

Read the highlights at Community Relations – Our Stories.

Mayo Clinic hospitals score A grades for patient safety

All nine eligible Mayo Clinic hospitals, including Mayo Clinic in Rochester, earned A grades from The Leapfrog Group, an independent national nonprofit organization that provides safety ratings. The ratings are intended to help patients choose their preferred healthcare destinations.

"Our staff's dedication consistently reinforces Mayo Clinic as the global authority in healthcare because they
"deliver the highest quality, safety and experience," says Sean Dowdy, M.D., Mayo Clinic’s chief value officer. "Participating in the external review also helps validate staff commitment to continuously improve our Culture of Safety along with our desire to influence industry standards for safety."

'Dreaming Our Futures: Ojibwe and Očhéthi Šakówiŋ Artists and Knowledge Keepers' at Rochester Art Center

The exhibit "Dreaming Our Futures: Ojibwe and Očhéthi Šakówiŋ Artists and Knowledge Keepers" is showing at the Rochester Art Center. The exhibit features work in a wide variety of painting media and esthetic approaches by 29 artists, including Frank Big Bear, David Bradley, Awanigiizhik Bruce, Andrea Carlson, Avis Charley, Fern Cloud, Michelle Defoe, Jim Denomie, Patrick DesJarlait, Sam English, Carl Gawboy, Joe Geshick, Sylvia Houle, Oscar Howe, Waŋblí Mayášleča (Francis J. Yellow, Jr.), George Morrison, Steven Premo, Rabbett Before Horses Strickland, Cole Redhorse Taylor, Roy Thomas, Jonathan Thunder, Thomasina TopBear, Moira Villiard, Kathleen Wall, Star WallowingBull, Dyani White Hawk, Bobby Dues Wilson, Leah H. Yellowbird and Holly Young.

The exhibit will be on view through July 21. The Rochester Art Center is open Wednesday through Sunday, 11 a.m.–4 p.m. (Closed Thursday, July 4.)

"Dreaming Our Futures" is sponsored through Mayo Clinic’s Community Contributions program; the Office for Equity, Inclusion and Diversity; and the Office for Education Diversity, Equity and Inclusion.
Upcoming changes to Mayo and Gonda east entrances and Annenberg Plaza

In the coming months, Mayo Clinic will remodel the entrances on the east side of the Gonda and Mayo buildings to provide a temporary front door to Mayo Clinic's downtown campus during the construction of new facilities.

The east entrance remodeling project, set to kick off this fall, will enhance the patient arrival experience and introduce an expanded set of entry options that will continue after the new facilities are built.

The remodeled east entrance for the Mayo and Gonda buildings will offer improved shelter from the elements and an improved experience. It will also be the primary valet and shuttle drop-off and pickup point for the Mayo and Gonda buildings. Patients and visitors arriving in their own vehicles will be encouraged to use the main patient parking ramps for their arrival and departure points to reduce congestion at the east entrances.

For additional details, read a longer version of this article at Mayo Clinic Community Relations – Our Stories.

The Rochester Healthy Community Partnership, 20 years later, continues to delve into health disparities

The Rochester Healthy Community Partnership, a collaboration between Mayo Clinic and several community organizations, uses an approach in which the people being studied play an active role in collecting research. The Post Bulletin shared information about the group, its history and its successes in an April 27 article.

Read the story at the Post Bulletin.
Mayo Clinic recognized for tree stewardship in Rochester

For the second year, the Arbor Day Foundation has named Mayo Clinic in Rochester a Tree Campus Healthcare institution for its commitment to planting, nurturing and celebrating trees.

The Arbor Day Foundation is the world's largest membership nonprofit organization dedicated to planting trees. Its Tree Campus Healthcare program aims to transform community health and ultimately save lives through trees. It also recognizes healthcare institutions that support wellness through tree planting, education and community engagement.

"Spending time in green space has been proven to better health outcomes and reduce stress for staff and caretakers," said Dan Lambe, chief executive of the Arbor Day Foundation. "We're proud of Mayo Clinic for going above and beyond to provide these benefits to their community."

Read more about the award at Community Relations — Our Stories.

Mayo Clinic promotes sleep hygiene at Lourdes High School Mental Health and Wellness Fair

Mayo Clinic recently participated in the Lourdes High School Mental Health and Wellness Fair. The event helped expand students’ understanding of mental health and wellness resources available to them.

Mayo Clinic staff Toria Lodzinski, a social worker and Tina Cornell, a nurse, hosted a table at the event to talk to students about sleep hygiene and strategies to improve sleep quality. They explained how sleep hygiene is a crucial aspect of overall well-being. Sleep hygiene refers to healthy sleep habits that promote restful sleep and contribute to better mental and physical health. These include recognizing sleep stealers such as screen time, caffeine and sugar, and irregular sleep schedules. Students also received practical tips on improving their sleep. More than 120 students who attended the event left with tips on improving their sleep to support good mental well-being and overall health.

We invite you to share your volunteer needs on Mayo Clinic’s volunteer platform, Mayo Clinic Cares. Mayo Clinic Cares supports Mayo Clinic's mission and values by connecting staff with
nonprofit organizations in the community that have volunteer needs. The program promotes staff involvement with community outreach while supporting efforts to advance diversity, equity and inclusion.

Visit Mayo Clinic Community Relations to learn how to set up an account and enter events.

**Mayo Clinic accelerates staff parking expansion in Rochester**

Mayo Clinic plans to build two new staff parking ramps on its Rochester campuses. The new Saint Marys Campus ramp will significantly expand parking capacity for staff there, while the downtown ramp will help offset the anticipated impact when major construction begins as part of Bold. Forward. Unbound. in Rochester.

"We are pleased to provide additional parking for our staff," says Natalie Caine, chief administrative officer of Mayo Clinic in Rochester. "These new ramps and other parking options in the works will help improve accessibility for staff."

Maps and more information on timelines can be found here.

**Mayo Clinic recognizes Pride Month**

Mayo Clinic will light its buildings in rainbow hues on Friday, June 28, in recognition of Pride Month. That includes Mayo Clinic Hospital in Arizona, the main entrance at Mayo Clinic in Florida, the Plummer Building in Rochester, and Mayo Clinic Health System buildings in Albert Lea and Austin, Faribault, Owatonna and La Crosse.

Pride Month is celebrated each June to support those who identify as LGBTQ+. Pride Month and the LGBTQ+ human rights movement came to be in the aftermath of the 1969 Stonewall Riots in New York City. The riots were a series of violent confrontations that began in the early hours of June 28, 1969, between police and gay rights activists outside the Stonewall Inn in the Greenwich Village section of New York City.
June/July Plummer building lighting schedule

<table>
<thead>
<tr>
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<tr>
<td>June 7</td>
<td>World Caring Day</td>
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<td>June 19</td>
<td>Juneteenth</td>
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<td>June 25</td>
<td>Vitiligo Awareness</td>
<td>Purple</td>
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<tr>
<td>June 28</td>
<td>Pride Month</td>
<td>Red, orange, yellow, green, blue and purple</td>
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<tr>
<td>July 4</td>
<td>Independence Day</td>
<td>Red, white and blue</td>
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Upcoming Sponsored Events

Juneteenth hosted by the NAACP Rochester Branch
Saturday, June 15, 12–5 p.m.
Rev. Dr. Martin Luther King Jr. Park

Thursdays Downtown
Every Thursday from June 13 – August 15 (except July 4)
11 a.m.–8:30 p.m.
1st Avenue Southwest – 3rd Street Southwest – Peace Plaza

2024 Twin Cities Pride Festival and Parade
Saturday, June 29, 10 a.m.–7 p.m. and Sunday, June 30, 10 a.m.–6 p.m.
Loring Park

Mayo Clinic participating in Rochesterfest Grand Parade

Rochesterfest is celebrating its 41st year, and this year's theme is "Live Your Dream." Mayo Clinic's own Dr. Ashok Patel is the chair for Rochesterfest this year. The Grand Parade will take place on Saturday, June 29 at 2 p.m.

Rochesterfest events occur throughout the area from June 22–30, with a musical lineup in Soldiers Field from June 25–29.