



Ready, Steady, Reception!

Practitioners, help your children to have the best possible start to Reception by working on these key skills in your setting

PSED

To no longer use a dummy or bottle

Encourage parents to implement a consistent, structured bedtime

Use words to tell you how they feel

Help tidy up and put things back

Wait their turn and take turns with others

Play with things safely and without breaking them

Leave their parent or carer and know they are coming back

Know that their belongings are their own responsibility

CLL

Make a choice using words

Talk about themselves using 'I' rather than 'me'

Listen to a story from a book for a short period of time

Sit still on the carpet or floor and listen while others are talking

Know and sing along to nursery rhymes

Follow simple instructions given by an adult

Recognise their written name

Listen to and identify sounds around them

PD

Be able to dress and undress themselves: shoes, socks, trousers, coats, jumpers, t-shirts, tights, zips & buttons

Be able to open their lunchbox or bag and open any food packaging

Have an effective pencil grip

Go to the toilet independently: wipe themselves, pull their clothing back up, flush the toilet & wash their hands

Wipe their nose with a tissue then throw it away

Be independent at mealtimes: drink from an open cup, feed themselves using cutlery, cut up their own food with a knife and fork & carry a plate or tray

Hang their coat and bag on a peg

Line up one behind the other and walk in a line.