



Intern Training & Supervision Program 2023

About The Lomi Psychotherapy Clinic

The Lomi Psychotherapy Clinic is a California Licensed Psychology Clinic serving Sonoma County as an affordable, non-profit counseling clinic and training program for Marriage & Family Therapist, Clinical Social Worker, Professional Clinical Counselor, and Psychologist Trainees and Associates. We offer positions for pre- and post-Masters and Doctoral level interns. Each year, the Lomi Clinic provides over 10,000 hours of mental health care to our community. Clinic interns and staff provide brief and long-term therapy to individuals adults, adolescents, and children, and couples and families. Group therapy and psychoeducational classes are also offered.

For over thirty-five years, the Lomi Psychotherapy Clinic has served a diverse population in terms of socioeconomic, cultural, ethnic, racial, religious, gender identity, and sexual orientation status. We have a grant-supported program offering short-term therapy for persons who are impoverished or homeless, and we also receive referrals from local social agencies, schools, hospitals and crisis clinics.

Lomi's Training Program

Our training program is designed to provide trainees, practicum students, and registered associates with a strong foundation of knowledge and clinical skills for working effectively with clients in a community mental health agency setting. Training objectives include understanding the theoretical foundations of psychology, the therapeutic relationship, and key stages and processes of therapy. Treatment planning is focused on understanding each client in his/her/their uniqueness, and collaboration with the client is stressed. Although the focus of the Lomi Psychotherapy Clinic is a mindfulness-based somatic perspective, we embrace an integrative approach to mental health care. Interns are encouraged to consider their work with clients from psychodynamic, family systems, cognitive-behavioral, trauma-informed, and attachment perspectives. Staff members represent a wide range of theoretical orientations, and we support each therapist's individual approach to providing ethical, effective services for clients.

During the training year, interns solidify their basic skills of observation and assessment, relationship building, treatment planning, and delivery of interventions from several theoretical perspectives. Interns discuss and engage in exercises designed to build their understanding and skills in the following areas: therapeutic frame; case formulation; assessment, diagnosis and treatment planning; use of specific interventions; awareness of one's own personal process; and evaluation of therapy effectiveness. Specific attention is given to the development of good skills in maintaining case records and documentation practices; consultation with other professionals; and ethical and legal issues including informed consent, confidentiality, and mandated reporting.

Training Logistics

The training program consists of a 12-month commitment of a minimum of 20 hours per week. Interns maintain a caseload of 10–12 clients. Each week, interns participate in three hours of didactic training, one hour of individual supervision, and two hours of group supervision. The required trainings take place on Fridays between 11:00 a.m. and 4:00 p.m. Supervision groups meet on Tuesday, Wednesday, and Thursday. Interns will be assigned to group and individual supervision times and an intern's schedule need to be flexible enough to be able to meet all of the program requirements.

How to Apply to the Lomi Psychotherapy Clinic Internship Program

- Applicants should mail or email a cover letter, resume, and at least three current letters of recommendation.
- Please review our website at lomi.org before applying.
- A minimum of one year's experience working in a clinical (or related) setting including doing ongoing, supervised work with clients is required.
- Applicants invited to the interview stage of the process will meet with members of the clinic staff and will demonstrate their skills in a role-play and brief case presentation.

For LMFT, LCSW, and LPCC Applications, or for additional information, please contact:

Thomas Pope, LMFT, Clinical Director
(707) 579-0465 ext. 225, tpope@lomi.org

For Psychologist Applications, or for additional information, please contact:

Dr. Cheryl Nygard, Psy.D, Director of Doctoral Intern Program
(707) 579-0465 ext. 309, cnygard@lomi.org

BAPIC & CAPIC Applicants

Applicants in these programs should follow CAPIC and BAPIC Uniform Application procedures, including a resume, three current letters of recommendation from professionals who are familiar with the applicant's clinical work, and a letter describing the applicant's interest in working with the population we serve and within the specific focus of our training program. Please review our website at lomi.org before applying.