

## Mending as Metaphor- The Mending Basket

“If it can’t be reduced, reused, repaired, rebuilt, refurbished, resold, recycled, composted, it should be restricted, redesigned or removed from production” Pete Seeger

This workshop will provide time for attendees to bring a textile or piece of clothing to repair, mend, embroider, patch, or transform. There will be time to share what you brought and explore techniques and materials that have been used historically and share some ideas about creative, visible mending. We are living in an increasingly disposable culture so we will focus on the idea of treasuring what we have and discuss the idea of what is “enough”. Please bring a small sewing kit with scissors, needles, thimble and thread as well as any particular materials you want to work with. We will provide some fabrics, threads and tools as well as books to look through for inspiration.

Please join us on Saturday, May 10<sup>th</sup> from 12:00-4:00 PM.

Ojai Valley Museum

Bring a lunch and we’ll introduce ourselves over lunchtime and then work in the afternoon.

\$75.00

6 minimum – 10 maximum students

Ruth Katzenstein Souza has been holding **Mending as Metaphor** circles as well as maintaining a textile practice using found and repurposed materials.

[www.ruthkatzenstinsouza.com](http://www.ruthkatzenstinsouza.com)

“Wholeness does not mean perfection. It means embracing brokenness as an integral part of life” Parker J Palmer

**To register:** Send an email to [info@ojaivalleymuseum.org](mailto:info@ojaivalleymuseum.org) with your name and the name of this workshop. You will be emailed payment instructions.