

The Victoria Youth Clinic Society

Job Title: Youth Clinic Counsellor

Work Site: 546 Yates

Reports to: Senior Counsellor

Prepared Date: April 16, 2024

Approved by: Director of Clinical Care & Practice; Director of Programs &

Operations

Approved Date: April 16, 2024

Revised:

Reviewed:

Summary

The Victoria Youth Clinic Society, lead agency for Foundry Victoria is seeking a Master's Level Youth Clinic Counsellor. We have two openings, one maternity leave position and one permanent position. Both are full time, equivalent to 37.5 hours per week.

Foundry Victoria is an integrated youth and young adult service delivery model comprising primary care, mental health, substance use, social services and peer support. This position works independently and as part of a robust interdisciplinary primary care team to provide advanced level clinician interventions.

This position acts a clinical resource in the area of mental health, substance use and social determinants of health. Participates in intake assessment, treatment, intervention, drop-in counselling and therapeutic groups to youth aged 12-24. The Counsellor will establish supportive and trusting relationships that promote mental health and wellness and reduce client risk within a stepped care model and on a drop-in basis.

The clinician maintains related records and statistics and provides reports to the Director of Clinical Care & Practice as needed.

Qualifications

The requirements listed below are representative of the knowledge, skill, and/or ability required to perform each essential duty satisfactorily.

Education and Experience

Masters' Degree in a relevant health-related discipline such as Social Work, Clinical Counselling, or Clinical Psychology from an accredited university. Two (2) years' recent, related experience working with youth and young adults across the mental health and substance use continuum including experience with interventions and evidence-based treatment modalities, or an equivalent combination of education, training and experience. Eligible for registration with affiliated professional body.

Knowledge, Skills, and Abilities

To perform the job successfully the candidate must be able to consistently demonstrate each essential duty satisfactorily. The successful candidate will have the ability to work with any client regardless of behaviors, beliefs, and values that may differ from their own and have a belief that people have the capacity to change and grow.

- Demonstrated competence in working with high-risk youth and young adults who struggle with mental health and/or substance use issues
- Provides individual, family, and group counseling using therapeutic techniques depending on client need following the single session model
- Operates from a trauma informed, client-centered, harm reduction, cultural safety practice
- Experience working with BIPOC and LGBTQIA2S+ communities, including Indigenous and/or trans young people and families.
- Demonstrated ability to complete screening and comprehensive assessments for mental health, substance use, suicide, high risk behaviors, and psychosocial assessments using standardized frameworks and tools
- Demonstrated ability to use evidence-based intervention strategies for youth presenting with mental health, substance use and other concerns, including both counseling and case management
- Skilled in providing crisis intervention support to youth and families
- Demonstrated experience working in interdisciplinary health teams
- Ability to work in fast paced environment

- Knowledge of community agencies and ability to consult and refer youth and families to community partners
- Ability to collaborate and consult within interdisciplinary team to provide needed services to youth and families
- Ability to maintain proper records
- Comfortable providing education and consultation to clients, families, schools and partners
- Strong understanding of human services ethics with regard to confidentiality and appropriate boundaries
- Ability to prioritize and organize workload
- Ability to take initiative and exercise judgement
- Works well independently
- Strong technical skills
- Ability to demonstrate strong communication and interpersonal skills
- Comprehensive knowledge of acts such as the Mental Health Act, Child, Family and Community Services Act, pertinent regulations, policies and procedures and other statutory duties
- Knowledge of CBT, DBT, EFFT, SFBT is an asset

Other Job Requirements

- The Counselor must be able to work flexible hours to accommodate walk in hours of the clinic Monday to Friday
- The Victoria Youth Clinic Society, lead agency for Foundry Victoria, has implemented a
 mandatory COVID-19 vaccination policy to help keep our employees and community safe.
 Confirmation of full vaccination effective October 24th, 2021 is required from anyone accepting
 employment with Foundry Victoria. Accommodations will be made for those individuals who
 can't be vaccinated for reasons protected by the BC Human Rights Code. A request for an
 accommodation can be made after the employment has been offered.
- A clear criminal record from the Justice Institute of BC for working with vulnerable youth
- The Clinician will follow the Code of Ethics and the Mission Statement of the Victoria Youth Clinic Society and Foundry
- Formulates and implements care and treatment plans through methods such as negotiating a
 process for achieving goals, collaborating with members of the interprofessional team(s) and
 evaluating goals while maintaining respect for client dignity, self-determination and
 independence.
- Provides treatment services including brief intervention, crisis intervention, psychotherapy, family work, education, and support according to a variety of theoretical models to clients and their informal support network as required by methods such as assessing situation, eliciting concerns, exploring emotional response to illness, identifying goals and expectations, reviewing client and learning needs, assisting with understanding of illness, teaching coping strategies, and consulting with colleagues when required. Applies the principles of Trauma-informed and culturally safe care.
- Other duties as required

Diversity

The Victoria Youth Clinic Society welcomes applications from all qualified applicants including but not limited by those of any sex, race, orientation, or disability. Multilingual skills and multicultural competence are assets.

Compensation

Competitive salary and benefit package.

Salary Range: 38.00 – 44.00/per hour

Please send cover letter and CV to hr@foundryvictoria.ca

The position is to be filled as soon as the best candidate for the job is selected. Only candidates selected for interview will be contacted.