

## Upcoming Community Events in SLC: JANUARY 2024

*NHH-UT has compiled a list of events happening in the SLC community this month that are related to nature and human health. If you are aware of any events that haven't been added here, please feel free to contribute to the list.*

### **Becoming Jane: The Evolution of Dr. Jane Goodall**

**Description:** Dr. Jane Goodall, DBE, founder of the Jane Goodall Institute and UN Messenger of Peace, braved the unknown to give the world a remarkable window into humankind's closest living relatives: chimpanzees. (Watch the exhibit trailer below.)

In this hands-on, transportive multimedia exhibition celebrating her extraordinary life and work, visitors will explore Dr. Goodall's early years through iconic images and a multiscreen experience and venture on an immersive projection of Tanzania's Gombe Stream National Park where she did her famous behavioral research on chimps.

Visitors will also see a life-size hologram of Dr. Goodall, enter a replica of her research tent, and learn about her current role as a leader in community-centered conservation and youth empowerment. Finally, visitors will find out what they can do today to make a positive impact in the world.

**Date:** January 3rd, 2024

**Time:** 10:00am

**Location:** Natural History Museum of Utah  
301 Wakara Way, Salt Lake City, UT 84108

**Register:** [Here!](#)

### **Solitude Nordic Nights - Solitude**

**Description:** Explore the beauty of our Nordic and snowshoe trails by the light of the moon as hundreds of torches and candles guide the way. We'll illuminate Lake Flat, Evergreen, Bypass, and Silver Lake trails.

Warm yourself among our fire pits while enjoying complimentary s'mores and hot chocolate.

Rental and trails pass rates, all ages:

Classic skis, skate skis, and snowshoe rentals - \$16

Trail passes - \$12

**Date:** January 20th, 2024

**Time:** 6:00pm-9:00pm

**Location:** Solitude Mountain Resort

**Register:** [Here!](#)

### **Yoga in the Mountains**

**Description:** Join ACE for a weekly, one-hour yoga class in the heart of the Wasatch Mountains. Each week is a unique class, hosted on the Our Lady of the Snows, weather permitting. All are welcome!

Please follow ACE on social media for updates!

Bring your own mat and if you are not feeling well, please stay home

**Date:** January 8th, 2024

**Time:** 5:30pm

**Location:** Alta Mountain Resort

**Register:** [Here!](#)

### **Draper City Winter Snowshoe/Hike Class**

**Description:** Don't let winter get you down. Escape the inversion and gray skies and join other Draper residents on a winter hike. Starting in January, Draper City Recreation will be providing a snowshoe course on our extensive trail system. This four week program features a new trail weekly to introduce the winter recreation opportunities right outside your back door! Snowshoes and poles will be provided, along with information from your guide on the area's history, flora, and fauna. The trails used are within the Protected Watershed Area. Please leave your dog at home. Who: Individuals 16 years old or older When: Each session is four weeks. Dates and times are subject to change.

**Date:** January 10th, 2024

**Time:** 9:00am-12:00pm

**Location:** Draper City

**Register:** [Here!](#)

### **Food Systems and the Environment**

**Description:** Ticket 1. 10:00AM - 12:00PM.

Complementary light breakfast.

Screening of "Susan Feniger. Forked"

*Susan Feniger. Forked is a culinary disaster film following award-winning celebrity chef Susan Feniger on her quest to bring global street food under one roof for her first solo restaurant, STREET. Shot in Vietnam, Shanghai and Los Angeles, by Feniger's longtime partner, filmmaker Liz Lachman, the film features appearances by renowned chefs such as Wolfgang Puck, Bobby Flay and Marysue Milliken. It's a personal story of starting over and about not IF one fails... but HOW.*

The screening will be followed by a fireside chat conversation with the filmmakers, Chef Susan Feniger and Liz Lachman.

-----  
Ticket 2. 12:00PM - 2:30PM.

Complementary featured brunch led by celebrity chef Susan Feniger and screenings/talks in partnership with Tangled Bank.

Short screening with discussion: "Wild Hope"

WILD HOPE is a new series of short films highlighting the intrepid changemakers who are working to restore and protect our planet. Each half-hour episode inspires audiences with stories of bold interventions, unexpected alliances, and nature's resilience. Whether tapping oysters to clean New York City waters and prevent flooding, or growing coffee to save Mozambican rainforests, the series reveals how local action can spark powerful change—and provides a refreshing dose of hope in an increasingly cynical world.

*Followed by*

Featured Panel Discussions: Environmental Storytelling: Hope & Inspiration

-----  
Ticket 3. 2:30PM-4:30PM.

A series of unforgettable panels and dialogues including

- Fireside conversations with Surprise Celebrity Guests talking about the importance of food and environmental impact programming.
- Fireside Chat/Panel in Collaboration with Ahold Delaize. Theme and Speakers TBD.
- A Celebration Fireside Chat Discussion with Celebrity Chefs and Filmmakers Simon English & Oliver English about the official launch of FEEDING TOMORROW
- Fireside Chat/Panel in Collaboration with Nature's Fynd. Theme and Speakers TBD.

-----  
Ticket 4. 4:30PM-6:00PM. In Partnership with The Farmlink Project  
Screening of "Abundance"

*During the largest food crisis in a century, a group of college students step up to help those facing hunger. Their small local effort inspires hope nationally and motivates 600+ students to drop everything to feed millions of families. Within months, the project scales larger than anyone could have imagined and the students find themselves on the front lines of fighting hunger. As food bank lines grow across the country and college finals approach, do the students have what it takes to create a long term solution?*

-Fireside Chat Panel with Filmmakers

-----  
Ticket 5. 6:00PM-10:00PM. Evening Screening, Fireside Chat, Delicious Food, and Evening Music Reception in Partnership with Common Ground Partnership

Big Picture Ranch and Area 23a present a screening of Common Ground

Common Ground is hopeful and uplifting story of the pioneers of the “Regenerative Movement” who produce tremendous quantities of nutritionally dense food and are working to balance the climate – all while bringing our entire ecosystem back to life. The film explores how Americans from different walks of life, different political backgrounds, and different parts of the country share one thing in common –the very soil beneath their feet. The film investigates the power of “regenerative” farming systems –from large to small-scale farmers who are the champions of soil health as the key to unlocking more (and healthier) food to feed America and the world. Cast includes Laura Dern, Rosario Dawson, Jason Momoa, Woody Harrelson, Ian Somerhalder, and Donald Glover.

-Fireside Chat with Common Ground Filmmakers Josh and Rebecca Tickell

-Delicious Drinks, Amazing Food, Unforgettable Reception and Live Music Celebration

*Tickets are free but by invitation only. To request an invitation please email Kenzie Wade at [Kenzie@FoodTank.com](mailto:Kenzie@FoodTank.com). Food Tank members automatically are granted tickets for the entire day -- you can join today by visiting [FoodTank.com/Join](https://www.foodtank.com/join).*

**Date:** January 20th, 2024

**Time:** 10:00am-10:00pm

**Location:** Sundance Mountain Resort

**Register:** [Purchase tickets here!](#)

### **Winter Garden Walk**

**Description:** Sensing the Seasons: Our senses can lead us to amazing discoveries! Come along with Tracy Aviary educators to experience how our senses enhance our exploration and join us in a round of Nature Show & Tell!

**Date:** January 27th, 2024

**Time:** 10:30am-12:00pm

**Location:** Conservation Garden Park

**Register:** [Purchase tickets here!](#)

### **Fins & Fur 10th Annual Ice Fishing**

**Description:** Join us for the 10th annual Fins & Fur Ice Fishing Derby! Located at East Canyon Reservoir, it's a perfect opportunity to get outside and enjoy the beauty of the outdoors, while catching fish and winning great prizes and cash. Registration begins November 1st. Visit [finsandfurguiding.com](http://finsandfurguiding.com) for the registration link and for more information.

**Date:** January 27, 2024

**Time:** 8:00am-1:00pm

**Location:** 5535 UT-66  
5535 Utah 66 Morgan, UT 84050

**Register:** [Tickets Here!](#)

### **January Moonlight Snowshoe Tour**

**Description:** *This walk will take place in-person on snowshoes (as weather permits) on the Swaner Preserve.*

Join a Swaner Naturalist to explore the wetlands of the Preserve at night to view the full moon from a unique perspective! This walk is a great way to get onto the Preserve and learn all about the unique winter and nighttime adaptations of the animals who call Swaner home.

Terrain is variable: Please dress for the weather and come prepared with warm hiking shoes or boots, snow pants, a hat, and mittens.

Space is limited, please reserve your spot early.

Snowshoes can be rented when you arrive at the EcoCenter for \$5/pair.

**Date:** January 25th, 2024

**Time:** 6:00-7:30pm

**Location:** Swaner Preserve and EcoCenter

**Register:** [Here!](#)

