



**Athletics**  
Australia®

# **COACH ACCREDITATION POLICY**

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## VERSION INFORMATION

|                  |               |
|------------------|---------------|
| Date of Approval | 17/11/2023    |
| Version          | 2.0           |
| Review date      | December 2024 |
| Policy Type      | Education     |

## REVIEW OF HISTORY TABLE

| Revised on | Version | Date Endorsed | Approved By  | Content Reviewed / Purpose            |
|------------|---------|---------------|--------------|---------------------------------------|
| 22/03/2023 | 1.0     | 19/05/2023    | Blair Taylor | Policy created                        |
| 5/09/2023  | 2.0     | 17/11/2023    | Blair Taylor | Updated Coach Accreditation Framework |

## CHANGES TO THE POLICY

Changes to this policy may be submitted for review and approval by the National Education and Development Manager. Once a change has been approved, the policy will be updated in the official AA policy register on the website.

AA is committed to ensuring all policies are up-to-date and reflect current practices. The latest review date is recorded at the beginning of the policy.

## PURPOSE

The purpose of the Coach Accreditation Policy is to outline:

- The requirements to gain and maintain a coaching membership with a State/Territory Athletics Member Association.
- The Coach Education Framework currently used by Athletics Australia (AA).
- The requirements to gain a coaching accreditation (at each level of the coaching framework).

## INTRODUCTION

To be an accredited athletics coach in Australia, a coach must:

1. Be a current member of a State/Territory Athletics Member Association; and
2. Hold an AA coaching accreditation.
3. Remain in good standing with AA by adhering to this accreditation policy and other AA integrity policies.

A coaching accreditation is gained by completing an AA accredited course (sanctioned by AA and delivered by AA or one of its State/Territory Athletics Member Associations), or via the recognition of prior learning (RPL) process. The accreditation is only active if the coach is currently financial with Athletics Australia.

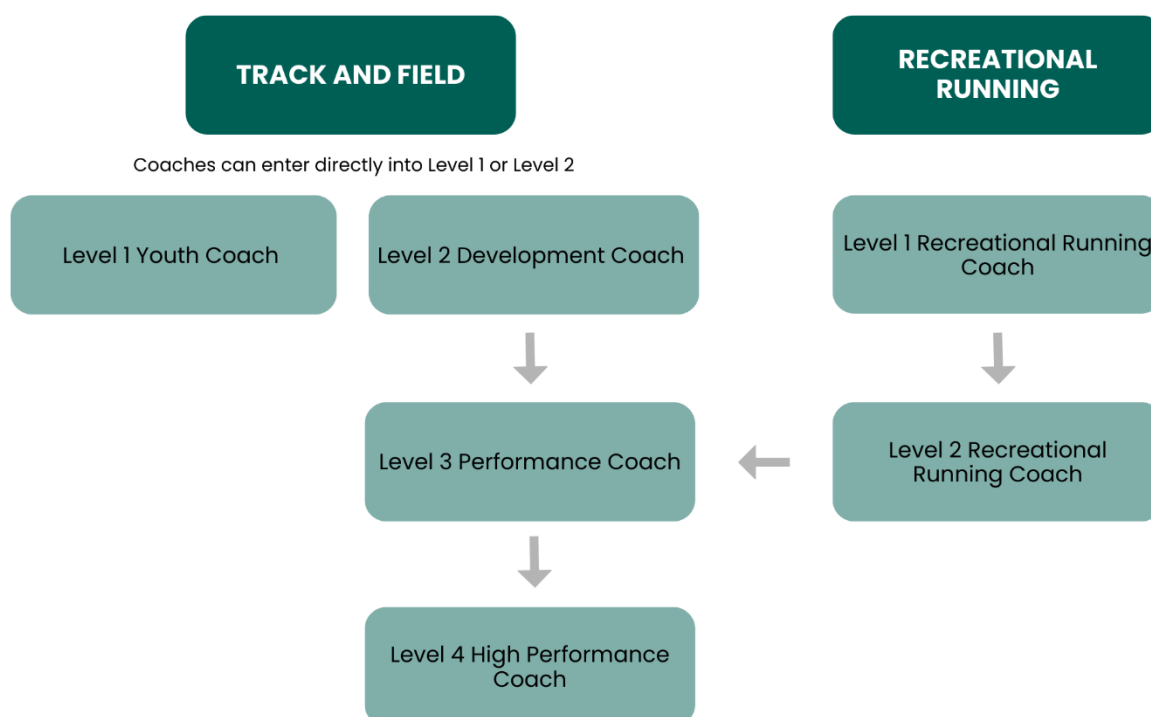
## COACH EDUCATION FRAMEWORK

Athletics Australia released the Coach Education Framework in 2009. The framework has undergone several reviews and will continue to be reviewed to ensure it reflects industry best practice in coach education.

The Coach Education Framework is competency-based, and splits athletics coaching into two streams. These are:

1. Track and Field; and
2. Recreational Running

The pathway for each of these streams is outlined below:



## GENERAL REGULATIONS

### Accreditation

A coach must successfully complete all parts of an accreditation to be awarded an AA Coach Accreditation (unless they are granted an exemption). Information regarding the specific components of each accreditation is provided later in this document.

All of our accreditations can also be attained via the Recognition of Prior Learning (RPL) process. An individual can apply for an RPL online, via the Athletics Australia website.

Please note: the RPL process is only relevant to coaches who believe they already meet the expected competencies of a specific accreditation. Coaches applying for RPL will be required to demonstrate they meet all competencies as part of the RPL assessment process.

## Membership

- Coaches must have a current membership with their State/Territory Athletics Member Association in order for their coaching accreditations to be valid.
- Coaches must renew their membership annually.
- A new coach will automatically receive 12 months free membership upon completion of their first accreditation.
  - The coach's complimentary year of membership commences on the date of completion of their first accreditation, and this date will become the annual renewal date.
  - A coach who previously held an accreditation with Athletics Australia is not eligible for 12 months free membership with their State or Territory Association and will be required to pay the full membership fees.
- The annual accreditation fee is set by Athletics Australia and each of the State/Territory Associations.
- Membership renewal is completed online, via the individual's State/Territory Athletics website.
- Coaches must have a current and valid Working with Children Check (or a valid exemption – as per the State/Territory regulations) in order to renew their membership. Coaches are responsible for updating their WWCC details to their Athletics Australia account.
- Coaches must acknowledge that they understand and agree to:
  - Member Obligations
  - Privacy Policy Declaration
  - Cancellation/Refund Policy
  - Code of Conduct
  - National Integrity Framework policies
- Coaches are able to renew their membership at any time, even if their membership has expired. Once they have renewed their membership, their coaching accreditation(s) will become active again.
- Members will receive three renewal notifications via email:
  - Email #1 – 30 days prior to their required renewal date.
  - Email #2 – 14 days prior to their required renewal date
  - Email #3 – 1 day past the renewal date advising that membership is no longer valid.

## Training Providers

- Athletics Australia has agreements with State/Territory Athletics Associations to act as training providers and deliver the face-to-face components of accreditation courses. Athletics Australia provides all course material to the State/Territory Association for distribution to the contracted presenter.
- The State/Territory Association is primarily responsible for training the Presenter; however, Athletics Australia will assist with training/upskilling where appropriate.
- Course Presenters are employed or contracted by the State/Territory Athletics Association.
- Athletics Australia is responsible for creating online courses on the Athletics Learning Centre.

## Benefits

Accredited AA coaches receive a wide range of benefits, including:

- Formal recognition of their coaching qualifications. This includes an encrypted digital accreditation card, which acts as proof of accreditation.
- 12 months free AA accreditation and membership with their relevant State / Territory athletics association upon completion of their first coaching accreditation.
- Coaching insurance, including:
  - Public liability insurance up to \$30,000,000 for any one occurrence.
  - Products liability insurance up to \$30,000,000 for any one insurance period.
  - Professional indemnity insurance up to \$10,000,000 for any one insurance period.
  - Personal injury insurance (further information here).
- Free entry to the Australian Athletics Championships (only for coaches with an athlete competing).
- Access to online coach education via the Athletics Australia Learning Centre.
- Eligibility to attend Professional Development seminars hosted by Athletics Australia and your state Athletics Association.
- Eligibility to be selected as a coach on an Australian national team.
- Eligibility to coach in Primary Schools as part of the Sporting Schools initiative.
- Eligibility to coach in athletics clubs across Australia.

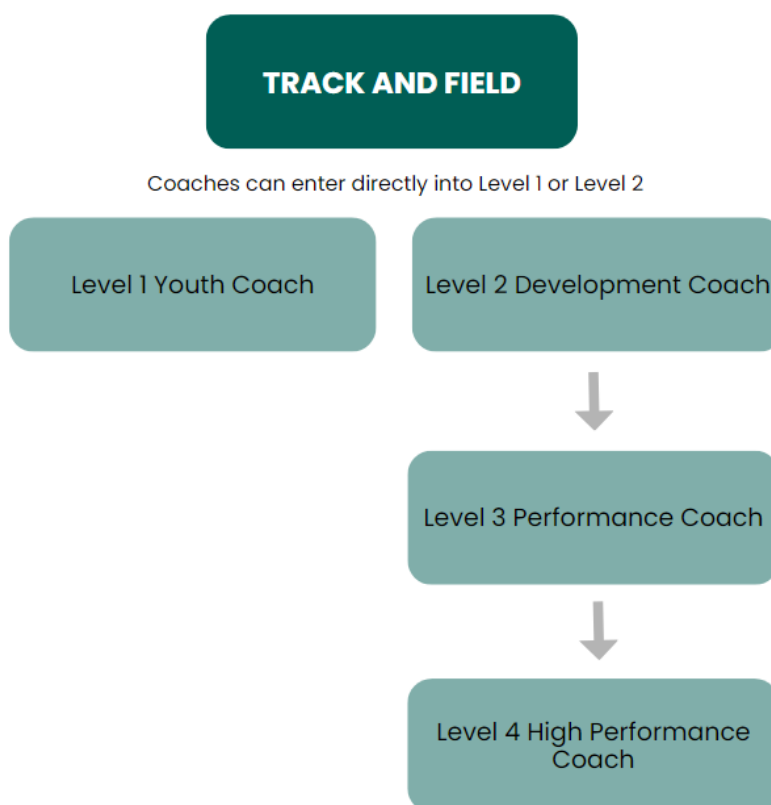
*Please note: a coach is only eligible to receive member benefits if their membership is current.*

## TRACK AND FIELD

### OVERVIEW

The Track and Field coaching stream is structured in a non-sequential manner, offering a variety of entry points (Level 1 Youth Coach and Level 2 Development Coach). This flexibility enables coaches to pursue an accreditation that aligns with the age and skill level of the athletes they intend to coach.

Once a coach has completed a track and field coaching accreditation, they have the opportunity for ongoing advancement by engaging in additional education that is directly applicable to their coaching context. For a detailed list of recommended Track and Field progression pathways, please refer to Appendix A.





## LEVEL 1 YOUTH COACH ACCREDITATION

- The Level 1 Youth Coach accreditation is designed for coaches who want to work with athletes aged 3-12 years old, and/or want to be involved in the early stages of athlete development ([Fundamentals I](#) and [Fundamentals II](#) in Athletics Australia's *Training and Competition Guidelines for Children and Adolescents*).
- The primary objective of a Youth Coach is to utilise a games-based approach to develop fundamental movement skills (such as running, jumping, and throwing) and foster physical literacy in an encouraging environment.
- Youth Coaches specialise in roles within Sporting Schools programs, Primary Schools, and Little Athletics centres.

### Requirements

To gain a Level 1 Youth Coach accreditation, a coach must meet the following criteria:

- Be 16 years or older.

### Course Components

The components of the Level 1 Youth Coach accreditation are listed below.

| Task                | Description  |
|---------------------|--|
| 1. Practical course | <ul style="list-style-type: none"> <li>o Attend a one-day face-to-face course <i>or</i> five 1-hour online sessions.</li> </ul>  |
| 2. Online course    | <ul style="list-style-type: none"> <li>o Complete the Level 1 Youth Coach online modules.</li> <li>o Complete the PBTRs – Child Protection and Safeguarding online course.</li> </ul>  |
| 3. Assessment task  | <ul style="list-style-type: none"> <li>o Complete the online assessment task (planning assignment).</li> <li>o Athletics Australia strongly recommends that coaches complete 30 hours of practical coaching in a club, school, professional or private setting before receiving their Level 1 coaching accreditation.</li> </ul> |

Once the above tasks have been completed, the following actions will take place:

- The Level 1 Youth Coach accreditation will be added to the individual's Athletics Australia account and the national database.
- An accreditation certificate will become available for download from the coach's Athletics Australia account (accessible via the website).

### Progression Pathway

For the ongoing advancement of Level 1 Youth Coaches, it is strongly recommended that coaches complete the following courses. These courses will provide coaches with valuable insights, knowledge, and practical skills that will further enhance their ability to work effectively with athletes between the ages of 3 and 12 years.

| Bronze Tier   | Silver Tier   | Gold Tier  |
|---|---|--|
| <ul style="list-style-type: none"> <li>• Coaching in Little Athletics</li> <li>• Provide CPR (HLTAID009)</li> <li>• Technical Model - Track</li> <li>• Technical Model - Field</li> <li>• Run Active Upskilling</li> <li>• Coaching Athletes with a Disability</li> </ul> | <ul style="list-style-type: none"> <li>• Harassment &amp; Discrimination</li> <li>• Development and Maturation</li> <li>• iCoach Kids Essentials</li> <li>• Advanced Kids' Athletics</li> </ul> | <ul style="list-style-type: none"> <li>• Provide First Aid (HLTAID011)</li> <li>• ASCA Level 1</li> <li>• Gymnastics Australia – Fundamental Gymnastics Coach course</li> <li>• Introduction to Anatomy</li> <li>• Planning and Periodisation</li> </ul> |

*Please be aware that these courses are recommendations only. Coaches have the flexibility to complete and be recognised for education that is relevant to their coaching environment.*

### LEVEL 2 DEVELOPMENT COACH ACCREDITATION

- The Level 2 Development Coach accreditation is designed for coaches interested in working with athletes aged 12+ years old, and/or want to be involved in the [Introduction to Training](#) and [Training I \(General\)](#) stages of development (outlined in Athletics Australia's *Training and Competition Guidelines for Children and Adults*).
- The primary objective of a Development Coach is to teach athletes the technical model of Track and Field events and develop biomotor abilities.
- Development Coaches offer structured, coach-led practices designed to improve performance and prepare athletes for local, regional, and state level competitions.
- Development Coaches specialise in roles in Little Athletics centres, Senior Athletics clubs, Masters Athletics clubs, as well as primary and high school settings (working as a Track and Field coach). They may also provide private coaching.

## Requirements

To gain a Level 2 Development Coach accreditation, a coach must meet the following criteria:

- Be 16 years or older.

## Course Components

The components of the Level 2 Development Coach accreditation are listed below.

| Task                        | Description   |
|-----------------------------|---|
| 1. Practical course (DAY 1) | o Attend a one-day face-to-face course.   |
| 2. Practical course (DAY 2) | o Attend a one-day face-to-face course <i>or</i> five online sessions.  |
| 3. Online course            | o Complete the Level 2 online modules.  |
| 4. Assessment task          | <ul style="list-style-type: none"> <li>o Complete a multiple-choice assessment.</li> <li>o Complete a seasonal plan.</li> <li>o Complete the practical coaching assessment (signed off by an approved assessor).</li> </ul> <p>We strongly recommended that the assessor supervises coach for the duration of a season (1 year) before signing off on the assessment.</p> |

Once the above tasks have been completed, the following actions will take place:

- The Level 2 Development Coach accreditation will be added to the individual's Athletics Australia account and the national database.
- An accreditation certificate will become available for download from the coach's Athletics Australia account (accessible via the website).

## Progression Pathway

For the ongoing advancement of Level 2 Development Coaches, it is strongly recommended that coaches complete the following courses. These courses will provide coaches with valuable insights, knowledge, and practical skills that will further enhance their ability to work effectively with athletes aged 12 and 15 years.

| Bronze  | Silver   | Gold   |
|---|--|--|
| <ul style="list-style-type: none"> <li>• Coaching in Little Athletics</li> <li>• Provide CPR (HLTAID009)</li> <li>• Novo Athletics Upskilling</li> <li>• Fosbury Flop Update</li> </ul> | <ul style="list-style-type: none"> <li>• ALTIS Foundation Course</li> <li>• Event-Specific Course</li> <li>• Introduction to Biomechanics</li> <li>• Sport Psychology</li> </ul> | <ul style="list-style-type: none"> <li>• Provide First Aid (HLTAID011)</li> <li>• ASCA Level 1</li> <li>• Applied Event-Specific Biomechanics</li> </ul> |

|   |   |  |
|---|---|--|
| <ul style="list-style-type: none"> <li>• Coaching Female Athletes</li> <li>• Coaching Masters Athletes</li> <li>• Anti-Doping Coach Course</li> </ul> | <ul style="list-style-type: none"> <li>• Advanced Planning</li> </ul> |  |
|---|---|--|

*Please be aware that these courses are recommendations only. Coaches have the flexibility to complete and be recognised for education that is relevant to their coaching environment.*

### LEVEL 3 PERFORMANCE COACH ACCREDITATION

- The Level 3 Performance Coach accreditation is designed for coaches interested in working with athletes aged 15+ years old, and/or want to be involved in the [Training II \[Specific\]](#) stage of development (outlined in Athletics Australia’s *Training and Competition Guidelines for Children and Adults*).
- The primary objective of a Performance Coach is to prepare athletes for successful performances at national and international competitions. They achieve this by applying a range of skills, knowledge, and techniques, including biomechanics, loading and recovery, nutrition, plyometrics, strength and conditioning, sport psychology, and periodisation.
- For coaches at this level, competitions become increasingly important, and there is an emphasis on helping athletes balance social, psychological, and cognitive aspects of life with training and competition.
- Performance Coaches often hold senior coaching positions in Senior Athletics clubs and high schools. They may also offer private Track and Field coaching.

### Requirements

To gain a Level 3 Performance Coach accreditation, a coach must meet the following criteria:

- Be 18 years or older.
- Hold the Level 2 Development Coach accreditation.

## Course Components

The components of the Level 3 Performance Coach accreditation are listed below.

**Please note:** it is recommended to complete the accreditation in the following order, however this is not required.

|                                | Task                               | Description   |
|--------------------------------|------------------------------------|---|
| PART 1:<br>THEORY              | 1. Practical course                | <ul style="list-style-type: none"> <li>○ Attend the two-day face-to-face course (DAY 1 &amp; 2).</li> </ul>   |
|                                | 2. Core online modules             | <ul style="list-style-type: none"> <li>○ Complete the Level 3 Core online modules.</li> </ul>   |
|                                | 3. Assessment task                 | <ul style="list-style-type: none"> <li>○ Complete a multiple choice assessment.</li> <li>○ Complete a self-reflection task.</li> </ul>  |
| PART 2:<br>EVENT-SPECIFIC      | 4. Event-Specific practical course | <ul style="list-style-type: none"> <li>○ Attend a two-day face-to-face course in your chosen discipline (DAY 3 &amp; 4): <ul style="list-style-type: none"> <li>▪ Middle &amp; Long Distance</li> <li>▪ Sprints, Relays, &amp; Hurdles</li> <li>▪ Jumps</li> <li>▪ Throws</li> <li>▪ Trail and Ultra Marathon</li> </ul> </li> </ul>            |
|                                | 5. Event-Specific online modules   | <ul style="list-style-type: none"> <li>○ Complete the Level 3 Event-Specific online module (in your chosen discipline): <ul style="list-style-type: none"> <li>▪ Middle &amp; Long Distance</li> <li>▪ Sprints, Relays, &amp; Hurdles</li> <li>▪ Jumps</li> <li>▪ Throws</li> <li>▪ Trail and Ultra Marathon</li> </ul> </li> </ul>             |
|                                | 6. Assessment task                 | <ul style="list-style-type: none"> <li>○ Complete a short answer assessment.</li> <li>○ Create a seasonal plan.</li> <li>○ Complete the practical coaching assessment (signed off by an approved assessor).<br/>We strongly recommended that the assessor supervises the coach for the duration of a season (1 year) before signing.</li> </ul> |
| PART 3:<br>ADDITIONAL LEARNING | 7. Elective modules                | <ul style="list-style-type: none"> <li>○ Accumulate 50 Continuous Professional Development (CPD) points through the successful completion of online courses focused on various performance-related subjects.</li> </ul>   |

Once the above tasks have been completed, the following actions will take place:

- The below accreditations will be added to the individual's Athletics Australia account:
  - Level 3 Performance Coach accreditation  
*AND*
  - The relevant discipline(s):
    - Specialisation - Middle & Long Distance
    - Specialisation - Sprints, Relays, & Hurdles
    - Specialisation - Throws
    - Specialisation - Trail and Ultra Marathon
    - Specialisation – Jumps
- An accreditation certificate will become available for download from the coach's Athletics Australia account (accessible via the website).

#### LEVEL 4 HIGH PERFORMANCE COACH ACCREDITATION

- Entry to the Level 4 High Performance accreditation is by application only.
- The Level 4 High Performance Coach accreditation is designed for coaches working with high performance athletes who are targeting major international competitions.
- The primary objective of a High Performance Coach is to prepare athletes for successful performances at international competitions. This is achieved through effective coordination of high performance support services, collaborating with athlete representatives, and implementing best-practice coaching principles for elite athletes.
- Opportunities for High Performance Coaches include head coaching roles in senior athletics clubs and/or employment as a High Performance coach in Athletics (or other sports). Additionally, they may pursue roles as secondary school Sports Directors.

#### Requirements

To gain a Level 4 High Performance Coach accreditation, a coach must also meet the following criteria:

- Be 25 years or older.
- Hold the Level 3 Performance Coach accreditation.
- Be the current primary personal coach to an athlete who has been selected for a recent major international competition (including but not limited to World Athletics U20 Championships, World Para-Athletics Championships, World Athletics Championships, Paralympic Games, Olympic Games, World Athletics Indoor Championships, World Athletics Cross Country Championships, World Athletics Road Running Championships, Commonwealth Games).
- Have a minimum of 5 years coaching experience (at any level).

### Desirable criteria:

- Be currently coaching an athlete in the National Athlete Support Structure (NASS).
- Be currently completing the AIS High Performance Coach program.
- Be nominated by the AIS as an 'Identified Coach' in a target event group.
- Be a part of the 'Elite Athlete to Coach Transition' program.
- Be part of Athletics Australia's 'Women in High Performance Coaching' program.

### Course Components

The components of the Level 4 High Performance Coach accreditation are listed below.

| Task                                  | Description   |
|---------------------------------------|---|
| 1. High Performance Mentoring Program | <ul style="list-style-type: none"> <li>o Successful completion of Athletics Australia's 12-month High Performance Mentoring Program, including approval from the candidate's assigned mentor.</li> </ul>  |
| 2. Core High Performance modules      | <ul style="list-style-type: none"> <li>o Completion of the following Core High Performance modules: <ul style="list-style-type: none"> <li>▪ Coach Wellbeing</li> <li>▪ Eating Disorder in Sport</li> <li>▪ Applied Strength and Conditioning for Track and Field</li> <li>▪ Applied Event-Specific Biomechanics</li> <li>▪ Planning and Load Management</li> <li>▪ Working with Athlete Representatives</li> <li>▪ Town Hall Education Sessions</li> </ul> </li> </ul> |
| 3. Individual Coach Development Plan  | <ul style="list-style-type: none"> <li>o Development of an Individual Coach Development Plan and participation in relevant formal and informal education to develop identified areas for improvement.</li> </ul>  |
| 4. Community Coach Development        | <ul style="list-style-type: none"> <li>o Engage in community education (for example, delivering courses, presenting seminars, or creating educational content).</li> </ul>  |

Applicants must also be willing and able to commit to the following responsibilities:

- 10 hours per month dedicated to formal coursework and mentoring.
- 10 hours per month dedicated to informal mentoring and personal reflection.
- Be open to the support and guidance provided through the relationship with their mentor.
- Participate in all core aspects of the program, either virtually or face-to-face.
- Agree to update their mentor on progress towards personal targets within a framework of ongoing personal review.
- Keep a reflective journal/workbook to be shared with their mentor and designated/agreed members of Athletics Australia's High-Performance Staff.
- Adhere to Athletics Australia's quality coaching and ethical practices.

Once the above tasks have been completed, the following actions will take place:

- The Level 4 – High Performance Coach accreditation will be added to the individual's Athletics Australia account.
- An accreditation certificate will become available for download from the coach's Athletics Australia account (accessible via the website).

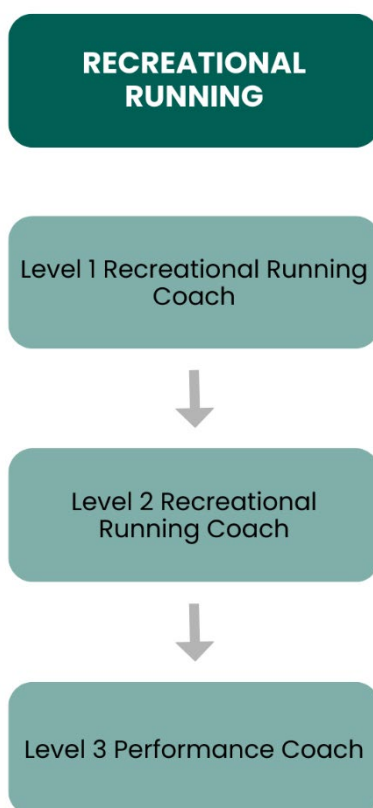
## RECREATIONAL RUNNING

### OVERVIEW

The Recreational Running coaching stream is structured in a sequential manner, with coaches needing to complete the Level 1 Recreational Running accreditation before advancing to Level 2.

Recreational Running coaches who wish to coach high level runners (with specific performance goals) are eligible to enrol directly in the Level 3 Performance Coach course within the Track and Field stream.

Please note - athletes in the Recreational Running stream are 18+ years old.





## LEVEL 1 RECREATIONAL RUNNING COACH ACCREDITATION

- The Level 1 Recreational Running accreditation is designed for coaches who are interested in preparing athletes for long-distance running events, spanning 3 to 5.5kms.
- Level 1 Recreational Running coaches primarily work with beginner runners, aged 18 and above.

### Requirements

To gain the Level 1 Recreation Running Coach accreditation, a coach must meet the following criteria:

- Be 16 years or older.

### Course Components

The components of the Level 1 Recreational Running Coach accreditation are listed below.

| Task                | Description   |
|---------------------|---|
| 1. Practical course | <ul style="list-style-type: none"> <li>o Attend a one-day face-to-face course <i>or</i> five 1-hour online sessions.</li> </ul>   |
| 2. Online course    | <ul style="list-style-type: none"> <li>o Complete the Level 1 Recreational Running Coach online modules.</li> </ul>   |
| 3. Assessment task  | <ul style="list-style-type: none"> <li>o Complete a short answer assessment.</li> <li>o Athletics Australia strongly recommends that coaches complete 30 hours of practical coaching in a club, school, professional or private setting before receiving their Level 1 coaching accreditation.</li> </ul> |

Once the above tasks have been completed, the following actions will take place:

- The Level 1 Recreational Running Coach accreditation will be added to the individual's Athletics Australia account.
- An accreditation certificate will become available for download from the coach's Athletics Australia account (accessible via the website).

## LEVEL 2 RECREATIONAL RUNNING COACH ACCREDITATION

- The Level 2 Recreational Running accreditation is an extension of the Level 1 Recreational Running course.
- It is designed for coaches who are interested in preparing athletes for long-distance running events, spanning 5 to 42 kms (Marathon).
- Level 2 Recreational Running coaches primarily work with intermediate level runners aged 18 and above.

### Requirements

To gain the Level 2 Recreation Running Coach accreditation, a coach must meet the following criteria:

- Be 16 years or older.
- Hold the Level 1 Recreational Running Coach accreditation.

### Course Components

The components of the Level 2 Recreational Running Coach accreditation are listed below.

| Task                | Description  |
|---------------------|--|
| 1. Practical course | <ul style="list-style-type: none"> <li>o Attend a one-day face-to-face course <i>or</i> five online sessions.</li> </ul>   |
| 2. Online course    | <ul style="list-style-type: none"> <li>o Complete the Level 2 Recreational Running online modules.</li> </ul>  |
| 3. Assessment task  | <ul style="list-style-type: none"> <li>o Complete a short answer assessment.</li> <li>o Complete the practical coaching assessment (signed off by an approved assessor).<br/>We strongly recommended that the assessor supervises coach for the duration of a season (1 year) before signing off on the assessment.</li> </ul> |

Once the above tasks have been completed, the following actions will take place:

- The Level 2 Recreational Running Coach accreditation will be added to the individual's Athletics Australia account.
- An accreditation certificate will become available for download from the coach's Athletics Australia account (accessible via the website).

### LEVEL 3 PERFORMANCE COACH ACCREDITATION

- The recommended progression pathway for a Level 2 Recreational Running Coach is to complete the Level 3 Performance Coach Accreditation within the Track and Field coaching stream.
- This progression is appropriate for coaches who are interested in coaching high level athletes and preparing them for national and international level events.
- Detailed information regarding the Level 3 Performance Coach accreditation is available on page 12-14.

## APPENDIX A

Track and Field recommended progression pathways.

*Please note – these are recommendations only. A coach has the flexibility to complete additional training/education that is directly applicable to their coaching context.*

### TRACK AND FIELD ACCREDITATION

|        | Level 1 Youth Coach<br>(ages 3-12)  | Level 2 Development Coach<br>(ages 12-15)  | Level 3 Performance Coach<br>(ages 15+)   | Level 4 High Performance Coach<br>(NASS athletes)   |
|--------|---|--|---|---|
| Bronze | <ul style="list-style-type: none"> <li>Coaching in Little Athletics</li> <li>Provide CPR (HLTAID009)</li> <li>Technical Model - Track</li> <li>Technical Model - Field</li> <li>Run Active Upskilling</li> <li>Coaching Athletes with a Disability</li> </ul> | <ul style="list-style-type: none"> <li>Coaching in Little Athletics</li> <li>Provide CPR (HLTAID009)</li> <li>Novo Athletics Upskilling</li> <li>Fosbury Flop Update</li> <li>Coaching Female Athletes</li> <li>Coaching Masters Athletes</li> <li>Anti-Doping Coach Course</li> </ul> | <ul style="list-style-type: none"> <li>Applied Event-Specific Biomechanics</li> <li>Provide CPR (HLTAID009)</li> <li>Provide First Aid (HLTAID011)</li> </ul> |   |
| Silver | <ul style="list-style-type: none"> <li>Harassment &amp; Discrimination</li> <li>Development and Maturation</li> <li>iCoach Kids Essentials</li> <li>Advanced Kids' Athletics</li> </ul>   | <ul style="list-style-type: none"> <li>ALTIS Foundation Course</li> <li>Event-Specific Course</li> <li>Introduction to Biomechanics</li> <li>Sport Psychology</li> <li>Advanced Planning</li> </ul>  | <ul style="list-style-type: none"> <li>ASCA Level 1</li> <li>Year 1 Coaching Elite Units</li> </ul>   | <ul style="list-style-type: none"> <li>Year 2 - High Performance Course</li> <li>UQ Grad Cert. in Coaching</li> </ul> |
| Gold   | <ul style="list-style-type: none"> <li>Provide First Aid (HLTAID011)</li> <li>ASCA Level 1</li> <li>Gymnastics Australia - Fundamental Gymnastics Coach</li> <li>Introduction to Anatomy</li> <li>Planning and Periodisation</li> </ul>                       | <ul style="list-style-type: none"> <li>Provide First Aid (HLTAID011)</li> <li>ASCA Level 1</li> <li>Applied Event-Specific Biomechanics</li> </ul>   | <ul style="list-style-type: none"> <li>Tertiary Qualifications in Coaching</li> <li>Athletes Authority Mentorship</li> <li>ASCA Level 2</li> </ul>            | <ul style="list-style-type: none"> <li>Senior High Performance Coach</li> </ul>                                       |