



# Walk, Bike and Roll to School

## Getting Started:

Starting a walk or bike to school program involves planning, coordination, and collaboration with partners. Here are a few steps to get started:

### 1. Gather Support:

- Engage school administration, parents and guardians and community members through meetings, newsletters, or social media.

### 2. Form a Committee:

- Define roles and responsibilities for each committee member.

### 3. Conduct a Safety Assessment:

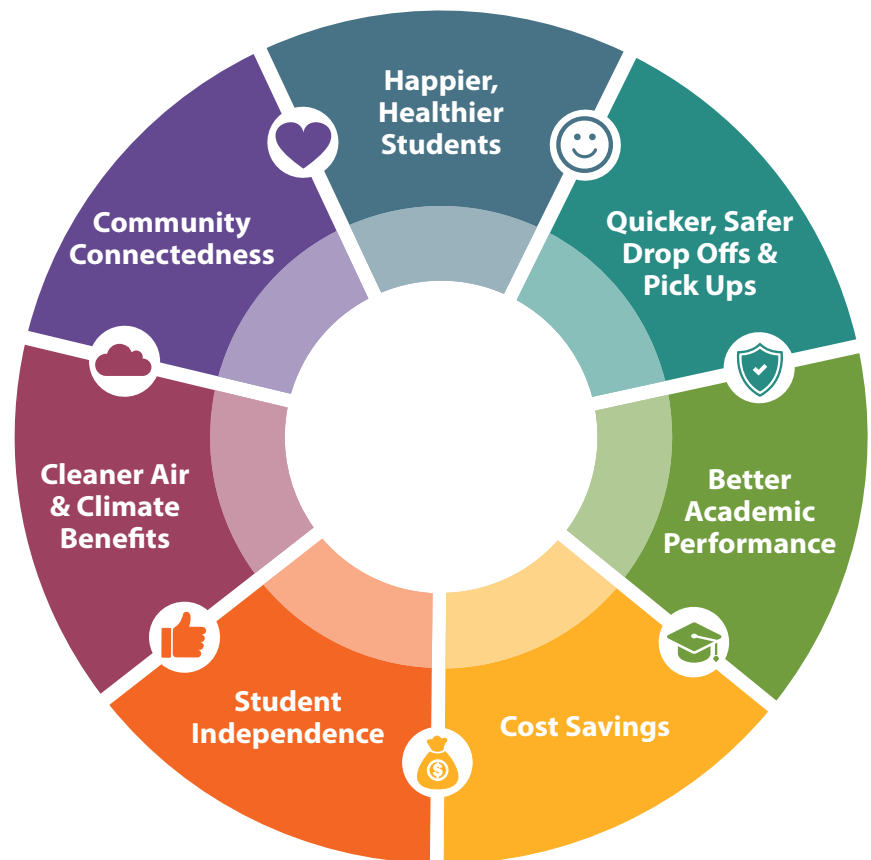
- Identify safe walking routes to school.
- Complete a [Walkability Checklist](#).
- Address any safety concerns such as traffic hazards or lack of crosswalks.
- Partner with local law enforcement for safety awareness campaigns.

### 4. Implement Walking Groups:

- [Organize walking school buses or bicycle trains](#) where parents supervise groups of children walking to school together.
- Evaluate availability and set a schedule for walking or biking groups, which can be organized on a daily, weekly, or monthly basis.

### 5. Data Collection:

- [Collect data](#) on the number of participants, frequency of participation, and feedback from parents and students.
- Use this data to assess the program's impact and make necessary improvements. Data is useful to apply for [grant funding](#).



## Challenges? Here are some solutions.

Challenges	Solutions
<b>Children live too far from the school</b>	<p>Create a <a href="#">Walking School Bus</a> from a remote location. Select a starting point, such as a church, park, or other well-known landmark as a meet and walk location.</p> <p>This can be done often on a regular schedule, or several times a year. Buses or parents can drop off students at the location and volunteers or school staff walk them to school as a group.</p>
<b>No buy in from administration</b>	<p>A supportive administration can open doors for program implementation and build volunteer, staff, and student support.</p> <ul style="list-style-type: none"><li>• <a href="#">Create a program plan</a> and outline for the administration to review.</li><li>• Contact the <a href="#">Kansas Safe Routes to School Coordinator</a> for examples of successful walking and biking initiatives in Kansas.</li></ul>
<b>Lack of volunteers</b>	<ul style="list-style-type: none"><li>• <a href="#">Identify staff at the school</a> who would be willing to help.</li><li>• Recruit <a href="#">parents/guardians</a> and PTO/PTA members to volunteer.</li><li>• Invite community members from local neighborhoods or older students to walk with children.</li><li>• Research grant funding for volunteer stipends.</li></ul>
<b>Safety concerns</b>	<p>Use sidewalks or paths whenever possible.</p> <ul style="list-style-type: none"><li>• <a href="#">Offer education</a> to children and adults on the appropriate way to navigate the streets when walking or biking to school.</li><li>• Choose the route with the fewest streets to cross. <a href="#">Avoid crossing busy or high-speed streets.</a></li><li>• Consider the possibility of a <a href="#">crossing guard</a>.</li></ul>

