

THE IMPACT OF H.R. 1 SNAP CUTS IN WASHINGTON



With H.R. 1, or the “One Big Beautiful Bill”, Congress has mandated the largest cuts to the Supplemental Nutrition Assistance Program (SNAP) in program history. This bill shifts **\$165 million** to our state budget, imposes work requirements on **137,000+** Washingtonians, and **decreases benefits** for families in need.

What Cuts are Coming to SNAP in Washington?

1 Expanded Work Requirements

Requirements that SNAP recipients work at least 80 hours/month will expand statewide to include:

- Adults up to age 64
- Parents with children aged 14 through 17
- Those experiencing homelessness, veterans, and former foster youth

Estimated Impact: 137,000+ Washingtonians

2 State Cost Share

Starting in 2027, Washington state will be required to cover a percentage of SNAP benefit costs, and a higher share of the program administrative costs.

Estimated Impact: \$165 million annually

3 Refugee and Asylee Eligibility

SNAP eligibility will be restricted to U.S. citizens, legal permanent residents, and a few select immigrant groups. Refugees & asylum seekers will no longer be eligible.

Estimated Impact: 33,000 Washingtonians

4 Decreased Benefit Amounts

Through a series of policy changes - for example, disallowing future updates to the Thrifty Food Plan - SNAP recipients will see lower benefits over the coming years and higher administrative barriers to maximizing their benefit amount.

Estimated Impact: Up to \$125 less in monthly benefits

Your Voice Matters – Make it Loud!

H.R. 1 dealt an unprecedented blow to SNAP, but there are still opportunities for positive change.

We need your help as we get to work on the road ahead.

Call your legislators, share SNAP impact stories, and be loud about the harm of this legislation on social media.

Access our resources to make sure everyone knows – SNAP cuts harm our communities.

